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| **KVINNER JUNIOR 22** | **101** |

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| **60m E** |  |

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| 7.88 | Linn Helene Bakke | 91 | Nadderud | 18.06.2005 |
| 8.12 | Tonje Moen | 00 | Asker/Fø | 11.06.2017 |
| 8.27 | Kristine Heggelund | 76 | Jessheim | 27.09.1990 |
| 8.34 | Tone Lauritzen | 76 | Jessheim | 26.09.1991 |
| 8.38 | Liv Anita Mikkelborg | 80 | Sofiemyr | 24.07.1994 |
| 8.48 | Victoria Hillveg | 86 | Asker/Fø | 10.09.2000 |
| 8.49 | Lene Kristin Nyland | 74 | Jessheim | 26.09.1991 |
| 8.59 | Emilie Hov Andreassen | 00 | Nadderud | 14.06.2014 |
| 8.59 | Solveig Emilie Johansen | 03 | Jessheim | 17.09.2017 |
| 8.62 | Tonje Oliversen | 91 | Lillehammer/Ss | 25.06.2005 |
| 8.71 | Munda Mkanda | 94 | Bjørkelangen | 10.06.2007 |
| 8.73 | Sofie Schancke Krauss | 98 | Jessheim | 20.05.2012 |
| 8.78 | Heidi Stubbs Holdal | 92 | Lillehammer/Ss | 24.06.2006 |
| 8.80 | Hedda Algarheim Tverås | 01 | Nadderud | 13.06.2015 |
| 8.85 | Astrid Knudsen Walstad | 11 | Lillestrøm | 13.05.2023 |
| 8.86 | Kari Robøle | 86 | Asker/Fø | 17.08.2002 |
| 8.90 | Mari Steen Myrvang | 06 | Oslo/Bi | 17.07.2019 |
| 8.91 | Elisabeth Langrusten | 86 | Asker/Fø | 23.08.2003 |
| 8.94 | Silje Disserud | 91 | Asker/Fø | 28.05.2005 |
| 8.94 | Liv Kristina Holter | 97 | Jessheim | 04.06.2011 |
| 8.94 | Linnea Bratteng | 07 | Rjukan | 12.09.2021 |
| 8.96 | Tonje Berg | 85 | Jessheim | 27.05.1999 |
| 8.96 | Hanna Rimstad | 10 | Oslo/Bi | 03.06.2023 |
| 8.97 | Kristin Urnes | 75 | Sofiemyr | 08.08.1989 |
| 9.02 | Heidi Stubbs Holdal | 92 | Jessheim | 18.08.2005 |
| 9.03 | Charlotte Oliversen | 91 | Lillehammer/Ss | 25.06.2005 |
| 9.03 | Linnea Børresen Lecomte | 07 | Jessheim | 03.06.2021 |
| 9.05 | Elene Teresa Haugan-Teixeira | 07 | Rjukan | 06.09.2020 |
| 9.06 | Ingelin Johnsen | 03 | Jessheim | 17.09.2017 |
| 9.08 | Mathilde Marie Solberg | 99 | Nadderud | 15.06.2013 |

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| **KVINNER JUNIOR 22** | **102** |

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| **60m M** |  |

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| --- | --- | --- | --- | --- |
| 8.0 | Kari Mo | 38 | Sandvika/Ka | 04.09.1955 |
| 8.0 | Winnie Lindner | 44 | Jessheim | 02.07.1962 |
| 8.0 | Inger Birgitte Reppe | 68 | Larvik/Lo | 05.09.1982 |
| 8.1 | Ingrid Sundby | 39 | Stavanger/St | 14.09.1957 |
| 8.1 | Anne Lise Aas | 41 | Sandvika/Ka | 28.06.1959 |
| 8.1 | Kristine Heggelund | 76 | Jessheim | 09.06.1990 |
| 8.2 | Astrid Sundby | 42 | Jessheim | 21.09.1963 |
| 8.2 | Kristin Brekke | 65 | Lillestrøm | 08.09.1979 |
| 8.2 | Tone Sæthermoen | 69 | Kløfta | 22.09.1983 |
| 8.2 | Lene Kristin Nyland | 74 | Jessheim | 25.09.1989 |
| 8.2 | Tone Lauritzen | 76 | Bjørkelangen | 09.06.1990 |
| 8.3 | Marie Belsvik | 36 | Lillestrøm | 03.09.1955 |
| 8.3 | Eva Myrvang | 42 | Sandvika/Ka | 28.06.1959 |
| 8.3 | Hilde Verpe | 63 | Bergen/Fa | 22.08.1976 |
| 8.3 | Linn Helene Bakke | 91 | Jessheim | 16.08.2004 |
| 8.4 | Ingrid Sundby | 39 | Jessheim | 19.09.1954 |
| 8.4 | Ragnhild Sundby | 44 | Sandvika/Ka | 22.06.1958 |
| 8.4 | Borghild Hansen | 45 | Jessheim | 30.08.1959 |
| 8.4 | Kari Fjeldberg | 68 | Rolvsrud | 19.09.1982 |
| 8.4 | Liv Anita Mikkelborg | 80 | Jessheim | 01.06.1993 |
| 8.5 | Dagny Vethal | 40 | Sandvika/Ka | 25.06.1955 |
| 8.5 | Inge Sand | 43 | Oslo/Bi | 09.09.1956 |
| 8.5 | Åshild Sørum | 39 | Jessheim | 17.06.1956 |
| 8.5 | Vera Martinsen | 47 | Lillestrøm | 28.06.1960 |
| 8.5 | Anne Berit Eik | 49 | Jessheim | 16.08.1964 |
| 8.5 | Grethe Uhlen | 49 | Jessheim | 16.08.1964 |
| 8.5 | Liv Knutsen | 52 | Lillestrøm | 10.09.1966 |
| 8.5 | Anne Mette Olsen | 54 | Nannestad | 04.06.1970 |
| 8.5 | Gro Verpe | 63 | Strømmen | 11.06.1975 |
| 8.5 | Cecilie Laake | 66 | Lillestrøm | 08.09.1979 |
| 8.5 | Guri Fjeldberg | 69 | Kløfta | 22.09.1983 |
| 8.5 | Eva Cathrine Torvund | 69 | Jessheim | 29.09.1986 |
| 8.5 | Tonje Oliversen | 91 | Jessheim | 09.06.2005 |
| 8.6 | Liv Jensen | 40 | Jessheim | 04.10.1955 |
| 8.6 | Berit Børresen | 48 | Råholt | 22.09.1963 |
| 8.6 | Kari Wang | 56 | Lillestrøm | 19.09.1970 |
| 8.6 | Anita Melbye | 58 | Lillestrøm | 19.09.1970 |
| 8.6 | Kristin Bogstad | 64 | Strømmen | 04.06.1979 |
| 8.6 | Cora Halsan | 47 | Lillestrøm | 28.06.1960 |
| 8.6 | Anita Melbye | 58 | Jessheim | 19.09.1971 |
| 8.6 | Anne Beate Kogstad | 63 | Lørenfallet | 27.05.1975 |
| 8.6 | Cecilie Laake | 66 | Lørenfallet | 23.09.1978 |
| 8.6 | Kari Fjeldberg | 68 | Rolvsrud | 13.09.1981 |
| 8.6 | Kristin Urnes | 75 | Jessheim | 04.09.1988 |

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| **KVINNER JUNIOR 22** | **103** |

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| **100m E** |  |

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| --- | --- | --- | --- | --- |
| 12.05 | Linn Helene Bakke | 91 | Oslo/Bi | 15.06.2007 |
| 12.51 | Betina Nilssen | 92 | Lillehammer/Ss | 24.06.2007 |
| 12.58 | Summer Steinsrud | 01 | Nadderud | 17.06.2018 |
| 12.59 | Vår Åsheim | 99 | Oslo/Bi | 18.03.2018 |
| 12.67 | Birgitte Kjuus | 99 | Oslo/Bi | 18.07.2018 |
| 12.77 | Tonje Toen | 00 | Lillestrøm | 27.05.2017 |
| 12.99 | Charlotte Grasmoe | 96 | Lillehammer/Ss | 21.06.2015 |
| 13.04 | Inger Birgitte Reppe | 68 | Nadderud | 19.06.1983 |
| 13.08 | Liv Anita Mikkelborg | 80 | Bjørkelangen | 17.09.1994 |
| 13.18 | Tone Lauritzen | 76 | Jessheim | 27.08.1992 |
| 13.18 | Solveig Emilie Johansen | 04 | Lillestrøm | 26.05.2018 |
| 13.19 | Lene Kristin Nyland | 74 | Lillehammer/Ss | 24.06.1990 |
| 13.21 | Kristine Heggelund | 76 | Jessheim | 28.05.1991 |
| 13.22 | Linnea Bratteng | 07 | Lillehammer/Ss | 25.06.2023 |
| 13.24 | Kari Ingelin Sjøstrøm Johnsen | 03 | Lillehammer/Ss | 23.06.2019 |
| 13.29 | Mina-Marie Finsveen | 07 | Nittedal | 19.08.2023 |
| 13.43 | Marthe Sand | 98 | Lillehammer/Ss | 16.06.2020 |
| 13.42 | Susann Bakke | 92 | Nadderud | 08.06.2008 |
| 13.45 | Emilie Hov Andreassen | 00 | Lillestrøm | 24.05.2014 |
| 13.57 | Ragnhild Hammeren | 90 | Nadderud | 06.06.2008 |
| 13.64 | Frida Kristine Forberg | 92 | Jessheim | 02.06.2008 |
| 13.65 | Heidi Stubbs Holdal | 92 | Nadderud | 09.06.2008 |
| 13.65 | Sofie Skancke Krauss | 98 | Lillestrøm | 25.05.2013 |
| 13.68 | Elèn Linchausen Skar | 06 | Oslo/Bi | 28.08.2022 |
| 13.75 | Victoria Hillveg | 86 | Bjørkelangen | 21.05.2000 |
| 13.77 | Kari Robøle | 86 | Lillehammer/Ss | 30.06.2002 |
| 13.78 | Frida Rimstad | 07 | Lillestrøm | 21.01.2022 |
| 13.81 | Tonje Oliversen | 91 | Lillehammer/Ss | 26.06.2005 |
| 13.86 | Siri-Anne Lund | 69 | Oslo/Bi | 21.07.1988 |
| 13.94 | Munda Mkanda | 94 | Lillestrøm | 14.06.2008 |
| 13.94 | Ann Kristin Aslakrud | 94 | Nadderud | 14.06.2015 |
| 14.10 | Ida Berg Hansen | 92 | Jessheim | 02.06.2008 |
| 14.11 | Sigrid Nyland | 87 | Jessheim | 23.09.2002 |
| 14.12 | Hedda Algarheim Tverås | 01 | Lillehammer/Ss | 21.06.2015 |
| 14.20 | Liv Kristina Holter | 97 | Lillehammer/Ss | 20.06.2010 |
| 14.23 | Mathilde Marie Solberg | 99 | Lillestrøm | 25.05.2013 |
| 14.25 | Elisabeth Langrusten | 86 | Jessheim | 19.08.2002 |
| 14.26 | Ebba Beyer | 98 | Lillestrøm | 24.05.2014 |
| 14.31 | Liv Kristina Holter | 97 | Lillehammer/Ss | 26.06.2011 |
| 14.33 | Silje Disserud | 91 | Lillehammer/Ss | 25.06.2005 |
| 14.36 | Mari Solbrekken | 87 | Jessheim | 13.06.2005 |
| 14.36 | Hanna Schultze Toverud | 96 | Lillehammer/Ss | 26.06.2011 |
| 14.43 | Martine Lystad | 91 | Lillehammer/Ss | 25.06.2005 |
| 14.44 | Kristin Urnes | 75 | Jessheim | 29.09.1990 |
| 14.46 | Tuva Forsbacka | 09 | Lillehammer/Ss | 25.06.2023 |

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| **KVINNER JUNIOR 22** | **104** |

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| **100m M** |  |

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| 12.3 | Summer Steinsrud | 01 | Fagernes | 01.06.2020 |
| 12.5 | Inger Birgitte Reppe | 68 | Bjørkelangen | 30.08.1987 |
| 12.7 | Kari Mo | 38 | Oslo/Bi | 16.05.1955 |
| 12.8 | Lene Kristin Nyland | 74 | Bjørkelangen | 09.09.1989 |
| 13.0 | Winnie Lindner | 44 | Moss/Me | 18.09.1962 |
| 13.0 | Kristine Heggelund | 76 | Jessheim | 01.06.1993 |
| 13.0 | Liv Anita Mikkelborg | 80 | Jessheim | 22.09.1994 |
| 13.0 | Tone Lauritzen | 76 | Jessheim | 24.09.1992 |
| 13.1 | Hilde Verpe | 63 | Strømmen | 20.06.1976 |
| 13.2 | Ingrid Sundby | 39 | Sarpsborg | 03.06.1956 |
| 13.2 | Kristin Brekke | 65 | Oslo/Bi | 10.06.1981 |
| 13.2 | Anne Knutsen | 67 | Oslo/St | 19.08.1981 |
| 13.2 | Kristin Andersen | 70 | Jessheim | 28.05.1986 |
| 13.3 | Siri-Anne Lund | 69 | Jessheim | 27.07.1988 |
| 13.4 | Astrid Sundby | 42 | Strømmen | 21.09.1963 |
| 13.4 | Marit Wiig | 49 | Råholt | 12.06.1966 |
| 13.4 | Linne Helene Bakke | 91 | Jessheim | 20.09.2004 |
| 13.5 | Marie Belsvik | 36 | Sandvika/Ka | 10.06.1955 |
| 13.5 | Ragnhild Sundby | 44 | Jessheim | 16.06.1959 |
| 13.5 | Anne Lise Aas | 41 | Jessheim | 17.06.1959 |
| 13.5 | Vera Martinsen | 47 | Strømmen | 03.09.1961 |
| 13.5 | Eva Cathrine Torvund | 69 | Lillestrøm | 02.07.1983 |
| 13.6 | Åshild Sørum | 39 | Kløfta | 08.06.1955 |
| 13.6 | Eva Myrvang | 42 | Kløfta | 10.06.1959 |
| 13.6 | Grethe Uhlen | 49 | Jessheim | 13.06.1965 |
| 13.6 | Anne Mette Olsen | 54 | Jessheim | 02.07.1971 |
| 13.6 | Marit Rogstad | 69 | Oslo/Bi | 06.06.1983 |
| 13.6 | Ellen Undseth | 73 | Hønefoss | 13.09.1986 |
| 13.7 | Liv Knutsen | 52 | Råholt | 27.08.1966 |
| 13.8 | Anne Berit Eik | 49 | Jessheim | 16.08.1964 |
| 13.8 | Kari Fjeldberg | 68 | Nadderud | 18.06.1982 |
| 13.8 | Guri Fjeldberg | 69 | Nadderud | 22.06.1985 |
| 13.8 | Elisabeth Langrusten | 86 | Bjørkelangen | 31.05.2003 |
| 13.9 | Marie Belsvik | 36 | Lillestrøm | 21.08.1954 |
| 13.9 | Berit Børresen | 48 | Lillestrøm | 24.08.1963 |
| 13.9 | Kari Fjeldberg | 68 | Oslo/La | 16.05.1985 |
| 13.9 | Ragnhild Sundby | 44 | Sandvika/Ka | 20.09.1958 |
| 13.9 | Marit Ørvik | 50 | Jessheim | 16.08.1964 |
| 13.9 | Cecilie Laake | 66 | Jessheim | 01.09.1980 |
| 13.9 | Britt Folge | 66 | Jessheim | 01.09.1980 |
| 13.9 | Hilde Johansen | 66 | Jessheim | 01.09.1980 |
| 13.9 | Hege Rustad | 70 | Oslo/La | 08.09.1985 |
| 13.9 | Tonje Berg | 85 | Jessheim | 13.06.2000 |
| 13.9 | Kari Robøle | 86 | Bjørkelangen | 31.05.2003 |

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| **KVINNER JUNIOR 22** | **105** |

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| **200m E** |  |

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| --- | --- | --- | --- | --- |
| 24.55 | Linn Helene Bakke | 91 | Esjberg, DEN | 01.09.2007 |
| 25.35 | Vår Åsheim | 99 | Oslo/Bi | 18.07.2018 |
| 25.38 | Birgitte Kjuus | 99 | Asker/Fø | 04.06.2016 |
| 25.53 | Betina Nilssen | 92 | Lillehammer/Ss | 20.06.2008 |
| 25.72 | Summer Steinsrud | 01 | Nittedal | 13.06.2020 |
| 26.00 | Vår Åsheim | 99 | Lillehammer/Ss | 17.06.2016 |
| 26.12 | Tonje Moen | 00 | Lillehammer/Ss | 23.06.2017 |
| 26.31 | Kari Ingelin Sjøstrøm Johnsen | 03 | Nadderud | 15.06.2019 |
| 26.75 | Solveig Emilie Johansen | 03 | Prestfoss | 24.08.2019 |
| 26.84 | Inger Birgitte Reppe | 68 | Oslo/Bi | 09.08.1984 |
| 26.85 | Mina-Marie Finsveen | 07 | Jessheim | 11.08.2023 |
| 26.86 | Emilie Hov Andreassen | 00 | Oslo/Bi | 09.08.2015 |
| 26.98 | Charlotte Grasmo | 96 | Brandbu | 27.06.2015 |
| 27.17 | Liv Anita Mikkelborg | 80 | Jessheim | 03.08.1995 |
| 27.36 | Frida Rimstad | 07 | Jesshieim | 11.08.2023 |
| 27.37 | Elèn Linchausen Skar | 06 | Nadderud | 11.06.2022 |
| 27.66 | Frida Kristine Forberg | 92 | Lillehammer/Ss | 20.06.2008 |
| 27.68 | Tone Lauritzen | 76 | Jessheim | 03.08.1995 |
| 27.70 | Linnea Sjøstrøm Johansen | 06 | Oslo/St | 11.09.2022 |
| 27.74 | Kristine Heggelund | 76 | Jessheim | 28.05.1992 |
| 27.82 | Tonje Oliversen | 91 | Lillehammer/Ss | 23.06.2005 |
| 27.89 | Marthe Sand | 98 | Jessheim | 04.06.2020 |
| 28.03 | Lene Kristin Nyland | 74 | Jessheim | 19.05.1990 |
| 28.47 | Susann Bakke | 92 | Oslo/Bi | 17.08.2008 |
| 28.48 | Kari Fjeldberg | 68 | Oslo/Bi | 09.08.1984 |
| 28.50 | Ida Berg Hansen | 92 | Lillehammer/Ss | 20.06.2008 |
| 28.60 | Rikke Gustavson | 93 | Jessheim | 25.10.2010 |
| 28.65 | Hanna Schultze Toverud | 96 | Ski | 13.08.2011 |
| 28.83 | Linnea Bratteng | 07 | Nittedal | 21.08.2021 |
| 28.93 | Silje Disserud | 91 | Lillehammer/Ss | 23.06.2005 |
| 29.00 | Sofie Rostad | 94 | Jessheim | 25.05.2010 |
| 29.01 | Natalie Nordbech Jøransen | 07 | Ås | 01.05.2022 |
| 29.06 | Hanna Rimstad | 10 | Rud | 18.06.2023 |
| 29.16 | Vilde Svardal | 01 | Asker/Fø | 06.06.2015 |
| 29.18 | Mathilde Marie Solberg | 99 | Nadderud | 14.06.2013 |
| 29.22 | Astrid KnudsenWalstad | 11 | Lillestrøm | 13.05.2023 |
| 29.30 | Kari Robøle | 86 | Asker/Fø | 18.08.2002 |
| 29.33 | Hedda Algarheim Tverås | 01 | Lillestrøm | 31.05.2015 |
| 29.46 | Hermine Opsahl Torgersen | 10 | Jessheim | 11.08.2023 |
| 29.47 | Martine Lystad | 91 | Lillehammer/Ss | 23.06.2005 |
| 29.54 | Amalie Westby Liestøl | 02 | Lillestrøm | 31.05.2015 |
| 29.61 | Charlotte Oliversen | 91 | Lillehammer/Ss | 24.06.2004 |
| 29.81 | Kristin Urnes | 75 | Jessheim | 27.09.1990 |
| 29.70 | Mari Solbrekken | 87 | Jessheim | 12.04.2004 |
| 29.73 | Liv Kristina Holter | 97 | Lillestrøm | 28.08.2010 |

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| **KVINNER JUNIOR 22** | **106** |

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| **200m M** |  |

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| 25.6 | Summer Steinsrud | 01 | Fagernes | 01.06.2020 |
| 26.1 | Betina Nilssen | 92 | Jessheim | 04.06.2007 |
| 26.6 | Lene Kristin Nyland | 74 | Bjørkelangen | 10.09.1989 |
| 26.7 | Kari Mo | 38 | Sandvika/Ka | 16.08.1955 |
| 26.8 | Inger Birgitte Reppe | 68 | Oslo/Bi | 26.08.1984 |
| 27.3 | Tone Lauritzen | 76 | Jessheim | 26.09.1994 |
| 27.4 | Kristine Heggelund | 76 | Ski | 24.08.1991 |
| 27.7 | Kirsten Andersen | 70 | Jessheim | 01.08.1986 |
| 27.9 | Winnie Lindner | 44 | Lillestrøm | 29.06.1960 |
| 27.9 | Victoria Hillveg | 86 | Ski | 16.09.2000 |
| 28.0 | Grethe Uhlen | 49 | Jessheim | 15.08.1964 |
| 28.0 | Anne Mette Olsen | 54 | Strømmen | 05.09.1971 |
| 28.1 | Frida Kristine Forberg | 92 | Jessheim | 04.06.2007 |
| 28.2 | Berit Dønnum | 41 | Lillestrøm | 24.08.1963 |
| 28.2 | Ellen Undseth | 73 | Jessheim | 25.09.1986 |
| 28.3 | Kristin Brekke | 65 | Strømmen | 24.08.1979 |
| 28.4 | Berit Børresen | 48 | Lillestrøm | 24.08.1963 |
| 28.4 | Inger Lise Borgen | 64 | Oslo/Bi | 28.08.1983 |
| 28.5 | Anne Lise Aas | 41 | Lillestrøm | 29.06.1960 |
| 28.7 | Eva Myrvang | 42 | Nannestad | 06.06.1959 |
| 28.7 | Kristin Bogstad | 64 | Lillestrøm | 08.09.1979 |
| 28.7 | Marit Rogstad | 67 | Oslo/Bi | 24.08.1982 |
| 28.7 | Kari Fjeldberg | 68 | Jessheim | 02.10.1982 |
| 28.8 | Eva Cathrine Torvund | 69 | Nadderud | 30.05.1985 |
| 28.9 | Anne Berit Eik | 49 | Jessheim | 16.08.1964 |
| 29.0 | Tove Dønnum | 40 | Kløfta | 03.09.1960 |
| 29.0 | Ragnhild Sundby | 44 | Kløfta | 03.09.1960 |
| 29.0 | Astrid Sundby | 42 | Råholt | 31.08.1963 |
| 29.0 | Marit Rogstad | 67 | Moss/Me | 02.06.1984 |
| 29.2 | Åshild Sørum | 39 | Jessheim | 10.09.1961 |
| 29.2 | Marit Wiig | 49 | Oslo/Bi | 13.06.1965 |
| 29.2 | Cecilie Laake | 66 | Oslo/Bi | 30.08.1979 |
| 29.2 | Heidi Bogstad | 67 | Larvik/Lo | 05.09.1982 |
| 29.3 | Hege Rustad | 70 | Oslo/La | 08.09.1985 |
| 29.3 | Grethe Uhlen | 49 | Strømmen | 22.08.1965 |
| 29.3 | Elisabeth Langrusten | 86 | Jessheim | 19.08.2002 |
| 29.4 | Liv Knutsen | 52 | Råholt | 28.08.1966 |
| 29.6 | Ingrid Møinichen | 48 | Jessheim | 16.08.1964 |
| 29.7 | Liv Kristina Holter | 97 | Jessheim | 03.09.2010 |

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| **KVINNER JUNIOR 22** | **107** |

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| **300m E** |  |

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| 40.90 | Summer Steinsrud | 01 | Oslo/Bi | 07…06.2020 |
| 41.49 | Emilie Hov Andreassen | 00 | Göteborg, SWE | 06.07.2015 |
| 42.00 | Inger Birgitte Reppe | 68 | Oslo/La | 07.05.1988 |
| 43.20 | Liv Anita Mikkelborg | 80 | Skien | 05.08.1995 |
| 44.45 | Solveig Emilie Johansen | 03 | Nesodden | 29.08.2019 |
| 45.25 | Lene Kristin Nyland | 74 | Skien | 11.09.1990 |
| 45.42 | Natalie Nordbech Jøransen | 07 | Göteborg, SWE | 18.06.2022 |
| 48.65 | Victoria Børresen | 98 | Oslo/Bi | 20.09.2012 |
| 49.54 | Hanna Schultze Toverød | 96 | Nadderud | 06.05.2014 |
| 52.50 | Hilde Gustavson | 87 | Jessheim | 18.04.2002 |

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| **300m M** |  |

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| --- | --- | --- | --- | --- |
| 51.5 | Anne Kamstrup Hovind | 88 | Jessheim | 15.04.2002 |
| 52.3 | Silje Ekroll Jahren | 88 | Jessheim | 15.04.2002 |

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| **KVINNER JUNIOR 22** | **108** |

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| **400m E** |  |

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| --- | --- | --- | --- | --- |
| 55.75 | Vår Åsheim | 99 | Göteborg, SWE | 30.06.2018 |
| 58.13 | Emilie Hov Andreassen | 00 | Hamar | 18.05.2016 |
| 58.93 | Liv Anita Mikkelborg | 80 | Lillehammer/Ss | 24.06.1995 |
| 59.12 | Caroline Foss Høistad | 98 | Lillehammer/Ss | 20.06.2015 |
| 59.28 | Inger Birgitte Reppe | 68 | Nadderud | 12.08.1984 |
| 59.72 | Summer Steinsrud | 01 | Oslo/Bi | 15.07.2020 |
| 59.83 | Kari Ingelin Sjøstrøm Johnsen | 03 | Nadderud | 16.06.2019 |
| 60.21 | Betina Nilssen | 92 | Jessheim | 18.08.2008 |
| 60.75 | Veronica Undseth | 94 | Lillehammer/Ss | 20.06.2015 |
| 61.17 | Therese Tærud | 96 | Lillehammer/Ss | 26.09.2013 |
| 61.71 | Frida Kristin Forberg | 92 | Lillehammer/Ss | 21.06.2008 |
| 61.84 | Elèn Linchausen Skar | 06 | Nadderud | 12.06.2022 |
| 62.28 | Guri Fjeldberg | 69 | Nadderud | 12.08.1984 |
| 62.39 | Inger Lise Borgen | 64 | Oslo/Bi | 11.08.1983 |
| 62.98 | Maren Fald Gården | 88 | Lillehammer/Ss | 24.06.2006 |
| 63.27 | Ragnhild Hammeren | 90 | Jessheim | 18.08.2008 |
| 63.76 | Kari Fjeldberg | 68 | Nadderud | 12.08.1984 |
| 63.97 | Linnea Sjøstrøm Johansen | 06 | Nadderud | 12.06.2022 |
| 64.51 | Elisabeth Langrusten | 86 | Jessheim | 14.06.2004 |
| 64.77 | Natalie Nordbech Jøransen | 07 | Rud | 18.06.2023 |
| 65.65 | Unn Hoel | 69 | Nadderud | 12.08.1984 |
| 65.88 | Maren Fald Gården | 88 | Lillehammer/Ss | 26.06.2004 |
| 65.96 | Helena Seland Myhre | 97 | Oslo/Bi | 19.09.2013 |
| 66.31 | Mathea Edle Olsen | 05 | Nittedal | 25.08.2018 |
| 66.37 | Hege Rustad | 70 | Nadderud | 11.08.1985 |
| 66.53 | Tonje Berg | 85 | Lillehammer/Ss | 01.07.2001 |
| 66.77 | Ida Berg Hansen | 92 | Jessheim | 18.08.2008 |
| 67.02 | Hilde Gustavson | 87 | Oslo/Bi | 28.08.2005 |
| 67.86 | Hanna Schultze Toverød | 96 | Lillehammer/Ss | 22.05.2013 |
| 68.11 | Kari Robøle | 86 | Jessheim | 27.05.2002 |
| 68.35 | Mia Jenny Østreng | 03 | Lillehammer/Ss | 22.06.2019 |
| 68.75 | Ida Berg Hansen | 92 | Lillehammer/Ss | 23.06.2007 |
| 71.43 | Marie Tømmerberg | 91 | Lillehammer/Ss | 23.06.2007 |
| 72.69 | Victoria Børresen | 98 | Oslo/Bi | 18.08.2012 |

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| **KVINNER JUNIOR 22** | **109** |

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| **400m M** |  |

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| --- | --- | --- | --- | --- |
| 61.1 | Inger Lise Borgen | 64 | Nadderud | 23.08.1982 |
| 62.1 | Grethe Uhlen | 49 | Lillestrøm | 22.08.1964 |
| 62.1 | Kari Fjeldberg | 68 | Romedal | 26.05.1984 |
| 62.2 | Berit Dønnum | 41 | Sandvika/Ka | 31.08.1963 |
| 62.6 | Anne Kjersti Kvamme | 66 | Nadderud | 19.08.1985 |
| 62.7 | Elisabeth Langrusten | 86 | Bjørkelangen | 31.05.2003 |
| 63.6 | Kristin Bogstad | 64 | Lillehammer/Ss | 07.08.1980 |
| 63.6 | Nina Holm | 64 | Nadderud | 23.08.1982 |
| 64.1 | Unn Hoel | 69 | Jessheim | 22.06.1984 |
| 64.2 | Kristin Jensen | 70 | Oslo/Bi | 21.05.1987 |
| 64.5 | Marit Rogstad | 67 | Stenungsund, SWE | 21.07.1983 |
| 64.8 | Kari Fjeldberg | 68 | Romedal | 02.06.1985 |
| 64.9 | Marit Wiig | 49 | Råholt | 27.08.1966 |
| 65.1 | Inger Anne Nerhagen | 57 | Oslo/Bi | 07.06.1973 |
| 65.2 | Inger Birgitte Reppe | 68 | Strømmen | 17.08.1983 |
| 65.6 | Grete Vegel | 47 | Lillestrøm | 22.08.1964 |
| 66.2 | Kirsten Andersen | 70 | Jessheim | 24.07.1986 |
| 66.4 | Kristin Bogstad | 65 | Årnes | 27.05.1981 |
| 66.8 | Lene Kristin Nyland | 74 | Jessheim | 29.09.1987 |
| 67.0 | Anne Mette Olsen | 54 | Nannestad | 04.06.1970 |
| 67.1 | May Britt Engenes | 53 | Nannestad | 04.06.1970 |
| 67.1 | Vibeke Aarflot | 69 | Oslo/Bi | 21.05.1987 |
| 67.5 | Winnie Lindner | 44 | Råholt | 26.08.1961 |
| 67.2 | Helena Seland Myhre | 97 | Jessheim | 30.05.2013 |
| 67.4 | Turid Seime | 44 | Årnes | 17.08.1958 |
| 67.7 | Winnie Lindner | 44 | Lillestrøm | 24.09.1960 |
| 67.9 | Tove Dønnum | 40 | Jessheim | 24.09.1960 |
| 68.0 | Torill Henriksen | 61 | Lillestrøm | 28.07.1974 |
| 68.5 | Åshild Sørum | 39 | Råholt | 26.08.1961 |
| 69.3 | Ragnhild Dahl | 50 | Råholt | 13.06.1964 |
| 69.3 | Gro Verpe | 62 | Lillestrøm | 02.06.1975 |
| 69.4 | Eva Myrvang | 42 | Jessheim | 17.06.1959 |
| 69.4 | Liv Knutsen | 52 | Nannestad | 25.06.1969 |
| 69.5 | Anne Lise Aas | 41 | Jessheim | 24.09.1960 |
| 69.6 | Anne Karin Fagertun | 46 | Jessheim | 20.09.1959 |
| 69.6 | Maren Eriksen Skappel | 96 | Jessheim | 30.05.2013 |
| 69.8 | Karin Kvamme | 58 | Jessheim | 04.10.1970 |
| 70.0 | Anne Lise Aas | 41 | Jessheim | 19.09.1959 |
| 71.7 | Victoria Børresen | 98 | Jessheim | 30.05.2013 |
| 72.4 | Eli Jensen | 62 | Lillestrøm | 02.06.1963 |
| 72.5 | Ingvild Fjeldheim | 75 | Jessheim | 03.10.1988 |
| 72.6 | Anne Gro Digerud | 52 | Råholt | 13.08.1966 |

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| **KVINNER JUNIOR 22** | **110** |

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| **600m** |  |

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| --- | --- | --- | --- | --- |
| 1:33.50 | Amalie Sæten | 97 | Bergen/Fa | 22.05.2019 |
| 1:36.65 | Wilma Anna Torbiôrnssen | 07 | Rjukan | 11.09.2021 |
| 1:37.97 | Emilie Hov Andreassen | 00 | Lillestrøm | 24.05.2014 |
| 1:39.47 | Liv Anita Mikkelborg | 80 | Lillehammer/Ss | 10.09.1994 |
| 1:41.42 | Julie Hammer | 04 | Hamar | 08.09.2018 |
| 1:42.76 | Sina Sandholt | 92 | Nadderud | 16.06.2006 |
| 1:43.5 | Karin Kvamme | 58 | Bergen/Fa | 22.08.1971 |
| 1:43.57 | Andrea Udnes Weng | 92 | Nadderud | 16.06.2006 |
| 1:43.77 | Amalie Westby Liestøl | 02 | Lillehammer/Ss | 21.06.2015 |
| 1:46.0 | Inger Anne Nerhagen | 57 | Lillestrøm | 12.08.1973 |
| 1:46.07 | Hermine Opsahl Torgersen | 10 | Oslo/Bi | 04.06.2023 |
| 1:46.22 | Caroline Foss Høistad | 98 | Nadderud | 06.05.2014 |
| 1:46.45 | Vilde Svardal | 01 | Lillestrøm | 30.05.2015 |
| 1:47.1 | Ellen Undseth | 73 | Kløfta | 27.05.1986 |
| 1:47.39 | Astrid Knudsen Walstad | 11 | Rud | 17.06.2023 |
| 1:47.71 | Tuva Forsbacka | 09 | Jessheim | 12.08.2023 |
| 1:47.9 | Hege Lundring | 73 | Kløfta | 27.05.1986 |
| 1:48.41 | Charlotte Oliversen | 81 | Oslo/La | 20.06.2004 |
| 1:48.62 | Tonje Oliversen | 91 | Nadderud | 17.06.2005 |
| 1:48.7 | Karin Kvamme | 58 | Lørenfallet | 13.06.1972 |
| 1:48.88 | Helena Seland Myhre | 97 | Nadderud | 06.05.2014 |
| 1:49.1 | Torill Henriksen | 61 | Rolvsrud | 08.06.1974 |
| 1:49.32 | Anniken Alnæs | 94 | Lillestrøm | 14.06.2008 |
| 1:49.52 | Mathea Edle Rundgren Olsen | 06 | Nittedal | 16.09.2018 |
| 1:50.4 | Gro Verpe | 62 | Oslo/Bi | 02.09.1975 |
| 1:50.78 | Natalie Norbech Johansen | 07 | Jessheim | 07.08.2021 |
| 1:50.87 | Mia Nygaard Østreng | 03 | Jessheim | 23.05.2020 |
| 1:52.51 | Linnea Børresen Lecomte | 07 | Jessheim | 30.08.2021 |
| 1:52.97 | Malene Fjellestad | 97 | Nadderud | 07.05.2013 |
| 1:53.24 | Solveig Emilie Johansen | 03 | Lillestrøm | 31.05.2015 |
| 1:53.71 | June Laake | 04 | Lillestrøm | 29.05.2016 |
| 1:54.06 | Heidi Kristine Halling | 97 | Nadderud | 03.05.2012 |
| 1:54.15 | Marie Tømmerberg | 91 | Nadderud | 17.06.2005 |
| 1:54.19 | Hedda Algarheim Tverås | 01 | Lillestrøm | 24.05.2014 |
| 1:54.7 | Maria Ulvestad | 91 | Lørenfallet | 06.09.2005 |
| 1:54.71 | Hanne Rimstad | 10 | Göteborg, SWE | 17.06.2022 |
| 1:55.1 | Elisabeth Langrusten | 86 | Jessheim | 31.07.2008 |
| 1:56.16 | Mia Jenny Østreng | 04 | Lillehammer/Ss | 12.07.2016 |
| 1:56.52 | Victoria Børresen | 98 | Oslo/Bi | 24.09.2012 |
| 1:56.63 | Maren Eriksen Skappel | 96 | Nadderud | 03.05.2012 |
| 1:56.9 | Bente Henriksen | 59 | Lørenfallet | 13.06.1972 |
| 1:57.62 | Silje Disserud | 91 | Jessheim | 13.06.2005 |
| 1:57.91 | Silje Christine Berg-Knutsen | 05 | Nadderud | 12.06.2016 |
| 1:58.08 | Pernille Dahl | 91 | Jessheim | 13.06.2005 |
| 1:58.20 | Tonje Berg | 85 | Jessheim | 22.05.2000 |

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| **KVINNER JUNIOR 22** | **111** |

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| **800m** |  |

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| --- | --- | --- | --- | --- |
| 2:04.80 | Amalie Sæten | 97 | Oslo/Bi | 07.06.2018 |
| 2:12.30 | Wilma Torbjørnsson | 07 | Oslo/Bi | 29.08.2023 |
| 2:12.87 | Veronica Undseth | 94 | Oslo/Bi | 28.06.2015 |
| 2:14.31 | Pia Bålsrud | 95 | Oslo/Bi | 24.06.2016 |
| 2:14.94 | Emilie Hov Andreassen | 00 | Göteborg, SWE | 03.07.2015 |
| 2:15.42 | Liv Anita Mikkelborg | 80 | Åkrestrømmen | 26.08.1995 |
| 2:18.48 | Sina Sandholt | 92 | Oslo/Bi | 15.06.2007 |
| 2:18.67 | Caroline Foss Høistad | 98 | Nadderud | 13.06.2015 |
| 2:19.7 | Unn Hoel | 69 | Nadderud | 17.06.1983 |
| 2:20.1 | Nina Holm | 64 | Oslo/St | 28.07.1982 |
| 2:20.3 | Berit Dønnum | 40 | Oslo/Bi | 21.08.1963 |
| 2:20.2 | Inger Lise Borgen | 64 | Larvik/Lo | 05.09.1982 |
| 2:21.57 | Silje Gundersen | 92 | Oslo/Bi | 15.06.2007 |
| 2:21.63 | Elisabeth Langrusten | 86 | Nadderud | 15.06.2003 |
| 2:22.0 | Inger Lise Borgen | 64 | Jessheim | 24.06.1981 |
| 2:22.0 | Inger Birgitte Reppe | 68 | Florø | 16.09.1984 |
| 2:22.24 | Gunn Vilberg | 66 | Oslo/Bi | 19.06.1984 |
| 2:22.5 | Kari Fjeldberg | 68 | Oslo/Bi | 19.06.1984 |
| 2:22.66 | Emilie Hov Andreassen | 00 | Brandbu | 06.08.2016 |
| 2:22.7 | Kristin Jensen | 70 | Jessheim | 28.06.1987 |
| 2:22.8 | Line Røen | 66 | Jessheim | 01.08.1986 |
| 2:23.83 | Kamilla Bråthen | 77 | Lillehammer/Ss | 30.06.1991 |
| 2:24.24 | Therese Tærud | 96 | Lillehammer/Ss | 22.05.2013 |
| 2:24.9 | Kristin Bogstad | 64 | Jessheim | 22.09.1985 |
| 2:25.18 | Julie Hammer | 04 | Nittedal | 11.05.2018 |
| 2:25.3 | Hilde Rustad | 66 | Oslo/Bi | 31.05.1979 |
| 2:25.69 | Maren Feld Gården | 88 | Byrkjelo | 27.08.2006 |
| 2:25.8 | Ingjerd Vestengen | 65 | Halden | 10.05.1980 |
| 2:26.02 | Frida Kristine Forberg | 92 | Nadderud | 07.06.2008 |
| 2:26.69 | Amalie Westby Liestøl | 02 | Lillehammer/Ss | 19.06.2016 |
| 2:26.7 | Guri Fjeldberg | 69 | Sandnes | 23.06.1984 |
| 2:26.8 | Grethe Uhlen | 49 | Oslo/Bi | 13.05.1965 |
| 2:27.3 | Kristin Jensen | 70 | Oslo/La | 16.05.1985 |
| 2:27.4 | May Britt Engenes | 53 | Strømmen | 05.09.1971 |
| 2:27.65 | Julie Flatner Hansen | 99 | Göteborg, SWE | 27.06.2014 |
| 2:27.9 | Ellen Undseth | 73 | Hønefoss | 13.09.1986 |
| 2:28.3 | Inger Anne Nerhagen | 57 | Oslo/Jo | 13.06.1973 |
| 2:28.3 | Silje Ekroll Jahren | 88 | Lørenfallet | 06.06.2006 |
| 2:28.6 | Grete Vegel | 47 | Jessheim | 30.08.1964 |
| 2:28.7 | Marit Rogstad | 67 | Moss/Me | 03.06.1984 |
| 2:28.73 | Vilde Svardal | 01 | Oslo/Bi | 08.08.2015 |
| 2:29.35 | Hege Lundring | 73 | Sofiemyr | 10.06.1989 |
| 2:29.54 | Helena Seland Myhre | 97 | Lillehammer/Ss | 07.09.2013 |
| 2:29.6 | Kari Fjeldberg | 68 | Oslo/Bi | 08.06.1982 |
| 2:30.32 | Mia Jenny Østreng | 03 | Nadderud | 15.06.2019 |

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| **KVINNER JUNIOR 22** | **112** |

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| **1000m** |  |

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| --- | --- | --- | --- | --- |
| 3:05.1 | Hilde Rustad | 66 | Oslo/Bi | 20.08.1979 |
| 3:17.59 | Kristin Jensen | 70 | Nadderud | 12.08.1984 |
| 3:27.45 | June Røhme | 03 | Nittedal | 16.05.2018 |
| 3:27.5 | Kamilla Bråthen | 77 | Nannestad | 14.06.1989 |
| 3:29.0 | Ingvild Fjeldheim | 75 | Nannestad | 14.06.1989 |
| 3:48.51 | Anette Kiran | 82 | Lillehammer/Ss | 23.06.1994 |
| 3:50.6 | Ane Kamstrup Hovind | 88 | Jessheim | 19.08.2002 |
| 3:58.3 | Hanne Frydenlund | 76 | Nannestad | 14.06.1989 |

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| **1000m MX** |  |

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| 2:55.57 | Wilma Thorbjørnsson | 07 | Rud | 04.05.2023 |

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| **KVINNER JUNIOR 22** | **113** |

|  |  |
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| **1500m** |  |

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| --- | --- | --- | --- | --- |
| 4:16.43 | Amalie Sæten | 97 | Huizingen, BEL | 24.08.2019 |
| 4:25.50 | Wilma Torbjørnsson | 07 | Oslo/Bi | 15.06.2023 |
| 4:36:86 | Julie Hammer | 04 | Prestfoss | 25.08.2019 |
| 4:37.69 | Veronica Undseth | 94 | Jessheim | 04.06.2015 |
| 4:40.72 | Caroline Foss Høistad | 98 | Hamar | 18.05.2016 |
| 4:41.89 | Silje Ekroll Jahren | 88 | Oslo/Bi | 14.07.2009 |
| 4:43.04 | Pia Bålsrud | 95 | Jessheim | 01.06.2017 |
| 4:43.68 | Nina Holm | 64 | Oslo/Bi | 29.07.1984 |
| 4:48.98 | Kamilla Bråthen | 77 | Åkrestrømmen | 27.07.1995 |
| 4:50.0 | Hilde Rustad | 66 | Oslo/Bi | 03.09.1980 |
| 4:50.7 | Liv Anita Mikkelborg | 80 | Jessheim | 29.05.1995 |
| 4:52.9 | Ann Kristin Halvorsen | 63 | Oslo/St | 07.06.1982 |
| 4:53.7 | Inger Lise Borgen | 64 | Oslo/St | 21.05.1981 |
| 4:54.0 | Gunn Vilberg | 66 | Jessheim | 08.06.1984 |
| 4:54.88 | Tina Moen | 00 | Jessheim | 02.06.2016 |
| 4:55.4 | Line Røen | 66 | Jessheim | 29.05.1986 |
| 4:55.64 | Emilie Hov Andreassen | 00 | Jessheim | 04.06.2015 |
| 4:58.6 | Hanne Sørensen | 63 | Jessheim | 11.06.1982 |
| 5:00.2 | Hege Lundring | 73 | Jessheim | 13.06.1990 |
| 5:00.6 | Line Røen | 66 | Jessheim | 08.06.1984 |
| 5:01.0 | Wenche Moen | 65 | Jessheim | 24.08.1983 |
| 5:01.8 | Torbjørg Muri | 62 | Jessheim | 16.06.1982 |
| 5:03.20 | Hermine Opsahl Torgersen | 10 | Tønsberg/Gr | 20.05.2023 |
| 5:02.49 | Sina Sandholt | 92 | Lillehammer/Ss | 22.06.2007 |
| 5:04.0 | Elisabeth Langrusten | 86 | Jessheim | 12.06.2003 |
| 5:04.3 | Unn Hoel | 69 | Oslo/Bi | 23.08.1982 |
| 5:04.7 | Ingjerd Vestengen | 65 | Jessheim | 08.06.1984 |
| 5:06.49 | Julie Flatner Hansen | 99 | Lillehammer/Ss | 19.06.2014 |
| 5:07.06 | Mia Jenny Østreng | 03 | Oslo/Bi | 15.07.2020 |
| 5:09.06 | Silje Gundersen | 92 | Lillehammer/Ss | 22.06.2007 |
| 5:09.2 | Hege Melby | 68 | Jessheim | 13.06.1986 |
| 5:09.8 | Anne Grethe Bjørnsveen | 71 | Jessheim | 13.06.1988 |
| 5:09.6 | Nina Østvold | 66 | Jessheim | 16.06.1982 |
| 5:09.9 | Bente Aarflot | 72 | Jessheim | 15.06.1992 |
| 5:10.15 | Andrea Udnes Weng | 92 | Nadderud | 18.06.2006 |
| 5:11.6 | Inger Johanne Haugen | 60 | Jessheim | 09.06.1980 |
| 5:12.7 | Frida Kristine Forberg | 92 | Jessheim | 12.06.2008 |
| 5:13.1 | Torill Evensen | 67 | Herlev, DEN | 20.06.1986 |
| 5:13.3 | Kristin Jensen | 70 | Jessheim | 09.09.1985 |
| 5:13.3 | Torunn Larsen | 68 | Jessheim | 13.06.1986 |
| 5:14.09 | Helena Seland Myhre | 97 | Lillehammer/Ss | 18.06.2015 |
| 5:14.1 | Målfrid Olsen | 65 | Strømmen | 24.08.1979 |
| 5:14.8 | Oda Wennemo | 92 | Jessheim | 12.06.2008 |
| 5:15.47 | Ann-Kristin Ullerud | 66 | Grimstad | 20.06.1987 |
| 5:16.1 | Hildegunn Bjerkan | 63 | Jessheim | 09.06.1978 |

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| **KVINNER JUNIOR 22** | **114** |

|  |  |
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| **2000m** |  |

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| --- | --- | --- | --- | --- |
| 6:26,31 | Julie Hammer | 04 | Göteborg, SWE | 30.06.2019 |
| 6:27.51 | Wilma Torbjørnsson | 07 | Nadderud | 10.06.2022 |
| 6:44.57 | Kamilla Bråthen | 77 | Haugesund | 02.08.1992 |
| 6:55.1 | Hilde Rustad | 66 | Jessheim | 11.08.1980 |
| 6:57.78 | Julie Flatner Hansen | 99 | Göteborg, SWE | 29.06.2014 |
| 7:07.90 | Anniken Gjerde Alnes | 94 | Nadderud | 13.06.2009 |
| 7:11.43 | Elisabeth Langrusten | 86 | Bergen/Fa | 09.09.2001 |
| 7:14.33 | Silje Gundersen | 92 | Kristiansand | 26.08.2007 |
| 7:19.37 | Heidi Halling | 97 | Nadderud | 15.06.2012 |
| 7:24.20 | Mia Jenny Østreng | 03 | Jessheim | 12.08.2018 |
| 7:33.6 | Malene Fjellestad | 97 | Jessheim | 27.08.2013 |
| 7:48.86 | Maren Fald Gården | 88 | Bergen/Fa | 13.09.2003 |

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| **KVINNER JUNIOR 22** | **115** |

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| **3000m** |  |

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| 9:39.57 | Wilma Torbjørnsson | 07 | Sandnes | 27.08.2023 |
| 9:52.09 | Julie Hammer | 04 | Prestfoss | 25.08.2019 |
| 10:08.2 | Kamilla Bråthen | 77 | Jessheim | 19.08.1996 |
| 10:25.1 | Hilde Rustad | 66 | Jessheim | 20.08.1979 |
| 10:32.6 | Hilde Rustad (Høgbakken) | 66 | Raufoss | 30.08.1981 |
| 10:35.29 | Nina Holm | 64 | Oslo/Bi | 09.08.1984 |
| 10:35.6 | Hege Melby | 68 | Jessheim | 22.08.1990 |
| 10:42.34 | Silje Ekroll Jahren | 88 | Moss/Me | 02.09.2005 |
| 10:42.4 | Ingjerd Vestengen | 65 | Oslo/St | 27.06.1984 |
| 10:45.8 | Anne Karin Halvorsen | 63 | Årnes | 26.05.1982 |
| 10:45.8 | Wenche Moen | 65 | Jessheim | 19.08.1983 |
| 10:48.5 | Hanne Sørensen | 63 | Jessheim | 20.08.1982 |
| 10:51.0 | Line Røen | 66 | Jessheim | 15.08.1986 |
| 10:51.0 | Hege Lundring | 73 | Nadderud | 09.06.1990 |
| 10:54.41 | Tina Moen | 00 | Nadderud | 10.06.2016 |
| 10:55.1 | Målfrid Olsen | 66 | Jessheim | 20.08.1979 |
| 10:58.4 | Inger Lise Borgen | 64 | Larvik/Lo | 09.10.1982 |
| 10:58.53 | Caroline Høistad Foss | 98 | Lillehammer/Ss | 21.06.2014 |
| 10:58.8 | Bente Aarflot | 72 | Jessheim | 20.08.1993 |
| 10:59.4 | Nina Holm | 65 | Jessheim | 19.08.1983 |
| 11:05.72 | Elisabeth Langrusten | 86 | Nadderud | 14.06.2002 |
| 11:07.9 | Tone Rosenberg | 63 | Jessheim | 18.08.1980 |
| 11:19.71 | Julie Flatner Hansen | 99 | Hamar | 23.05.2015 |
| 11:21.1 | Bente Iren Solberg | 61 | Jessheim | 18.08.1980 |
| 11:14.9 | Gunn Vilberg | 66 | Jessheim | 07.09.1984 |
| 11:14.9 | Kristin Bogstad | 64 | Jessheim | 07.09.1984 |
| 11:15.0 | Bente Tenold | 62 | Jessheim | 19.08.1983 |
| 11:16.7 | Nina Østvold | 66 | Jessheim | 20.08.1982 |
| 11:16.74 | Elise Mobrenna | 05 | Jessheim | 05.08.2022 |
| 11:19.2 | Torunn Larsen | 68 | Jessheim | 15.08.1986 |
| 11:31.70 | Stine Elisabeth Rajala | 92 | Oslo/Bi | 17.08.2012 |
| 11:34.4 | Gunn Vilberg | 66 | Jessheim | 19.08.1988 |
| 11:35.4 | Torbjørg Muri | 62 | Jessheim | 21.08.1981 |
| 11:40.90 | Malene Fjellestad | 97 | Lillehammer/Ss | 08.09.2013 |
| 11:41.3 | Lene Anette Haugen | 72 | Jessheim | 19.08.1988 |
| 11:42.6 | Nina Holm | 64 | Jessheim | 15.08.1986 |
| 11:44.0 | Kathrine Huuse | 69 | Jessheim | 21.08.1987 |
| 11:45.5 | Ann Kristin Ullerud | 66 | Jessheim | 15.08.1986 |
| 11:47.8 | Heidi Bredengen | 71 | Jessheim | 21.08.1989 |
| 11:48.9 | Anne-Grethe Bjørnsveen | 71 | Jessheim | 19.08.1988 |
| 11:50.8 | Heidi Anett Solberg | 65 | Jessheim | 18.08.1980 |
| 11:53.1 | Nina Sand | 74 | Jessheim | 22.08.1990 |
| 11:53.8 | Tone Rosenberg | 63 | Jessheim | 20.08.1982 |
| 11:59.4 | Elisabeth Moum | 67 | Jessheim | 19.08.1983 |

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| **KVINNER JUNIOR 22** | **116** |

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| **5000m** |  |

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| --- | --- | --- | --- | --- |
| 18:58.9 | Line Røen | 66 | Jessheim | 03.09.1987 |
| 20:03.2 | StineElisabeth Rajala | 92 | Ås | 10.10.2012 |
| 21:21.98 | Elise Mobrenna | 05 | Kongsvinger | 06.07.2022 |

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| **80m hekk 76.2 cm E** |  |

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| --- | --- | --- | --- | --- |
| 11.91 | Tonje Moen | 00 | Sandnes | 03.09.2016 |
| 12.07 | Inger Birgitte Reppe | 68 | Bergen/Fa | 19.08.1984 |
| 12.16 | Summer Steinsrud | 01 | Bergen/Fa | 02.09.2017 |
| 12.64 | Frida Rimstad | 07 | Jessheim | 12.08.2023 |
| 12.31 | Vår Åsheim | 99 | Lillestrøm | 12.09.2015 |
| 12.98 | Victoria Hillveg | 86 | Stjørdal | 26.08.2000 |
| 13.31 | Marit Rogstad | 67 | Oslo/Bi | 25.05.1983 |
| 13.62 | Kristin Urnes | 75 | Lillehammer/Ss | 22.06.1990 |
| 15.31 | Siv Anita Engh | 85 | Asker/Fø | 09.09.2000 |
| 15.80 | Tonje Berg | 85 | Jessheim | 22.05.2000 |
| 16.00 | Ebba Beyer | 98 | Nadderud | 14.06.2014 |
| 17.19 | Mari Jellum | 79 | Oslo/La | 21.06.1994 |

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| **80m hekk 76.2 cm M** |  |

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| --- | --- | --- | --- | --- |
| 12.0 | Inger Birgitte Reppe | 68 | Oslo/Bi | 19.06.1984 |
| 13.2 | Tone Sæthermoen | 69 | Larvik/Lo | 04.09.1982 |
| 13.3 | Guri Fjeldberg | 69 | Oslo/La | 19.09.1984 |
| 13.4 | Astrid Sundby | 42 | Jessheim | 29.09.1964 |
| 13.6 | Kristin Urnes | 75 | Jessheim | 17.09.1989 |
| 13.9 | Winnie Lindner | 44 | Strømmen | 14.09.1961 |
| 14.4 | Ragnhild Sundby | 44 | Råholt | 21.08.1960 |
| 14.8 | Liv Jensen | 40 | Jessheim | 12.08.1956 |
| 14.8 | Anne Berit Eik | 49 | Jessheim | 16.08.1964 |
| 14.9 | Unn Henriksen | 42 | Jessheim | 16.06.1957 |
| 14.9 | Tove Dønnum | 40 | Strømmen | 22.09.1962 |
| 15.0 | Grete Uhlen | 49 | Jessheim | 16.08.1964 |
| 15.2 | Ingrid Sundby | 39 | Strømmen | 26.08.1956 |
| 15.5 | Aase Alstad | 48 | Råholt | 22.09.1963 |
| 15.6 | Ingrid Møinichen | 48 | Jessheim | 16.08.1964 |
| 15.7 | Åshild Sørum | 39 | Nannestad | 06.09.1959 |
| 15.8 | Kari Fjeldberg | 68 | Strømmen | 05.08.1981 |
| 15.9 | Inge Sund | 43 | Kløfta | 10.08.1958 |
| 16.1 | Anne Lise Aas | 41 | Jessheim | 30.08.1959 |
| 16.1 | Gro Verpe | 62 | Lørenfallet | 21.06.1975 |
| 16.3 | Cora Halsan | 47 | Jessheim | 06.10.1963 |
| 16.5 | Eva Myrvang | 42 | Jessheim | 19.06.1959 |
| 16.6 | Marit Wiig | 49 | Jessheim | 20.08.1966 |
| 16.9 | Borghild Hansen | 45 | Kløfta | 10.08.1958 |

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| **KVINNER JUNIOR 22** | **117** |

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| **100m hekk 84 cm E** |  |

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| 13.95 | Tonje Moen | 00 | Oslo/Bi | 07.06.2018 |
| 14.34 | Inger Birgitte Reppe | 68 | Grimstad | 25.06.1988 |
| 15.88 | Summer Steisrud | 01 | San Diego, USA | 07.04.2021 |
| 17.82 | Kristin Urnes | 75 | Sofiemyr | 05.08.1992 |

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| **100m hekk 84 cm M** |  |

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| 14.3 | Inger Birgitte Reppe | 68 | Grimstad | 25.06.1988 |
| 17.6 | Marit Rogstad | 67 | Oslo/Bi | 26.05.1982 |
| 17.7 | Inger Birgitte Reppe | 68 | Oslo/St | 28.09.1983 |

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| **200m hekk 76.2 cm E** |  |

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| 34.48 | Linnea Bratteng | 07 | Rjukan | 12.09.2021 |
| 35.88 | Vår Åsheim | 99 | Jessheim | 01.09.2013 |

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| **200m hekk 76.2 cm M** |  |

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| 32.8 | Tone Sæthermoen | 69 | Jessheim | 02.10.1982 |
| 34.1 | Inger Birgitte Reppe | 68 | Jessheim | 01.10.1984 |
| 34.6 | Kari Fjeldberg | 68 | Jessheim | 03.10.1983 |
| 34.9 | Marit Rogstad | 67 | Jessheim | 02.10.1982 |
| 36.3 | Guri Fjeldberg | 69 | Jessheim | 02.10.1982 |

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| **300m hekk 76.2 cm E** |  |

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| 43.29 | Vår Åsheim | 99 | Lillestrøm | 27.05.2018 |
| 48.66 | Natalie Nordbech Jøransen | 07 | Bergen/Fa | 08.09.2023 |
| 49.83 | Frida Rimstad | 07 | Jessheim | 12.08.2023 |
| 52.31 | Ida Berg-Hansen | 92 | Lillestrøm | 24.08.2008 |
| 52.52 | Tonje Berg | 85 | Jessheim | 19.08.2001 |
| 53.54 | Victoria Børresen | 98 | Oslo/Bi | 26.09.2014 |
| 56.81 | Madeleine Kristiansen | 06 | Jessheim | 30.08.2021 |

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| **300m hekk 76.2 cm M** |  |

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| --- | --- | --- | --- | --- |
| 53.1 | Ida Berg-Hansen | 92 | Jessheim | 31.07.2008 |
| 57.2 | Frida Frøseth Larsen | 92 | Jessheim | 31.07.2008 |
| 60.5 | Lillian Buraas | 91 | Jessheim | 31.07.2008 |

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| **KVINNER JUNIOR 22** | **118** |

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| **400m hekk 76.2 cm E** |  |

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| 60.14 | Vår Åsheim | 99 | Oslo/Bi | 05.07.2018 |
| 65.66 | Summer Steinsrud | 01 | San Diego, USA | 07.04.2021 |
| 70.76 | Marit Rogstad | 67 | Raufoss | 24.06.1984 |
| 74.14 | Natalie Nordbech Jøransen | 07 | Ås | 01.05.2022 |

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| **400m hekk 76.2 cm M** |  |

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| 69.4 | Kari Fjeldberg | 68 | Lørenfallet | 01.09.1983 |
| 70.0 | Marit Rogstad | 67 | Oslo/Bi | 12.06.1984 |
| 79.4 | Kari Fjeldberg | 68 | Lørenfallet | 01.09.1984 |

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| **1500m hinder 76.2 cm** |  |

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| --- | --- | --- | --- | --- |
| 4:59.50 | Julie Hammer | 04 | Göteborg, SWE | 28.06.2019 |
| 5:07.62 | Wilma Thorbjørnsson | 07 | Bergen/Fa | 08.09.2023 |
| 5:36.83 | Mia Østreng | 03 | Jessheim | 07.09.2019 |

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| **2000m hinder 76.2 cm** |  |

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| 6:56.44 | Julie Hammer | 04 | Jessheim | 18.06.2019 |
| 7:26.64 | Tina Moen | 00 | Göteborg, SWE | 03.07.2016 |
| 7:39.16 | Caroline Foss Høistad | 98 | Lillestrøm | 12.09.2015 |
| 7:50.58 | Mia Jenny Østreng | 03 | Jessheim | 29.09.2020 |
| 8:18.64 | Helene Seland Myhre | 97 | Lillestrøm | 12.09.2015 |
| 8:49.55 | Heidi Kristine Halling | 97 | Lillestrøm | 12.09.2015 |

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| **KVINNER JUNIOR 22** | **119** |

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| **5km landevei** |  |

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| --- | --- | --- | --- | --- |
| 16:14 | Wilma Torbjørnsson | 07 | Jessheim | 28.10.2023 |
| 17:55 | Julie Hammer | 04 | Jessheim | 01.09.2018 |
| 20:19 | Dorthe Enebakk | 04 | Jessheim | 03.10.2020 |
| 20:41 | Hermine Opsal Torgersen | 10 | Jessheim | 30.09.2023 |
| 22:54 | Kaisa Ellevold | 08 | Jessheim | 30.09.2023 |
| 23:02 | Marie Næss | 00 | Jessheim | 03.10.2020 |
| 23:39 | Natalie Norbech Jøransen | 07 | Jessheim | 02.10.2021 |
| 24:08 | Kaja Brekke | 03 | Jessheim | 02.09.2017 |
| 24:28 | Astrid Knudsen Walstad | 11 | Jessheim | 30.09.2023 |

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| **10km landevei** |  |

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| 33.54 | Wilma Torbjørnsson | 07 | Hole | 21.10.2023 |
| 38:16 | Mathilde Hagen | 00 | Oslo | 28.08.2021 |
| 39:33 | Andrea Norheim | 03 | Oslo | 15.09.2018 |
| 42:07 | Elisa Mobrenna | 05 | Jessheim | 21.05.2023 |
| 51:30 | Jenny Slåstad | 09 | Jessheim | 30.09.2023 |
| 51:34 | Frøya Nor Holmsen | 06 | Jessheim | 14.11.2021 |
| 54:39 | Anna Søderholm | 07 | Jessheim | 01.10.2022 |
| 54:46 | Anna Sofie Rutle | 96 | Jessheim | 18.11.2018 |

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| **Halvmaraton 21098m** |  |

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| 1:24:52 | Mathilde Hagen | 00 | Sand | 27.06.2021 |
| 1:26:54 | Stine Elisabeth Rajala | 92 | Fruca, ESP | 03.02.2013 |
| 1:30:06 | Bente Tenold | 62 | Oslo | 27.08.1983 |
| 1:33:38 | Line Røen | 66 | Oslo | 12.09.1987 |
| 1:42:42 | Heidi Blakkisrud | 69 | Oslo | 13.09.1986 |
| 1:53:40 | Ann-Kristin Ullerud | 66 | Oslo | 12.09.1987 |

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| **Maraton 42195m** |  |

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| 3:21:26 | Bente Tenold | 62 | Oslo | 03.07.1982 |

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| **KVINNER JUNIOR 22** | **120** |

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| **Høyde** |  |

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| --- | --- | --- | --- | --- |
| 1.71 | Anita Dale | 76 | Lillehammer/Ss | 26.06.1994 |
| 1.68 | Anne Mette Olsen | 54 | Lillestrøm | 19.08.1972 |
| 1.68 | Kristin Urnes | 75 | Grimstad | 09.07.1989 |
| 1.68 | Hanna Rimstad | 10 | Arvika, SWE | 23.07.2023 |
| 1.61 | Guri Fjeldberg | 69 | Moss/Me | 02.06.1984 |
| 1.60 | Kari Fjeldberg | 68 | Strømmen | 02.06.1984 |
| 1.60 | Linn Helene Bakke | 91 | Oslo/La | 19.05.2005 |
| 1.60 | Mari Steen Myrvang | 06 | Nittedal | 16.09.2018 |
| 1.58 | Tove Dønnum | 40 | Drammen/Ma | 17.08.1962 |
| 1.56 | Siv Anita Engh | 856 | Porsgrunn/Kj | 19.08.2000 |
| 1.56 | Frida Rimstad | 07 | Göteborg, SWE | 19.06.2022 |
| 1.55 | Ebba Beyer | 98 | Nadderud | 15.06.2014 |
| 1.52 | Inger Birgitte Reppe | 68 | Moss/Me | 02.06.1984 |
| 1.50 | Marit Rogstad | 67 | Kirkenær | 23.05.1983 |
| 1.50 | Tone Lauritzen | 76 | Lillehammer/Ss | 27.06.1992 |
| 1.50 | Victoria Hillveg | 86 | Jessheim | 23.08.1999 |
| 1.47 | Astrid Sundby | 42 | Strømmen | 21.09.1963 |
| 1.45 | Liv Knutsen | 52 | Lillestrøm | 04.09.1966 |
| 1.45 | Marit Rogstad | 67 | Kirkenær | 19.05.1984 |
| 1.45 | Ingrid Maudal | 82 | Oslo/Bi | 31.05.1997 |
| 1.45 | Linnea Bratteng | 07 | Oslo/Bi | 28.05.2022 |
| 1.43 | Kari Mo | 38 | Oslo/Jo | 17.06.1955 |
| 1.42 | Ingrid Sundby | 39 | Råholt | 20.09.1957 |
| 1.40 | Kari Furuseth | 45 | Jessheim | 26.08.1962 |
| 1.40 | Gro Verpe | 62 | Fana | 23.08.1976 |
| 1.40 | Tone Sæthermoen | 69 | Larvik/Lo | 04.09.1982 |
| 1.40 | Unn Hoel | 68 | Kirkenær | 23.05.1983 |
| 1.40 | Kristin Bogstad | 64 | Rolvsrud | 15.06.1985 |
| 1.40 | Sofie Rostad | 94 | Jessheim | 25.05.2010 |
| 1.40 | Liv Kristina Holter | 97 | Oslo/Bi | 15.08.2010 |
| 1.38 | Åshild Sørum | 39 | Lillestrøm | 23.08.1954 |
| 1.38 | Anne Lise Aas | 41 | Jessheim | 10.06.1959 |
| 1.38 | Anne Berit Eik | 49 | Jessheim | 15.08.1964 |
| 1.38 | Marit Ørvik | 50 | Lillestrøm | 10.09.1966 |
| 1.38 | Hilde Ødemark | 64 | Årnes | 28.08.1979 |
| 1.37 | Grethe Uhlen | 49 | Råholt | 01.07.1964 |
| 1.36 | Winnie Lindner | 44 | Strømmen | 22.09.1962 |

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| **KVINNER JUNIOR 22** | **121** |

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| **Stav** |  |

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| --- | --- | --- | --- | --- |
| 4.13 | Birgitte Kjuus | 99 | Oslo/Bi | 28.06.2019 |
| 3.30 | Sara Bålsrud | 97 | Haugesund | 31.07.2015 |
| 3.00 | Sofie Schancke Krauss | 98 | Lillestrøm | 31.05.2015 |
| 3.00 | Hanna Rimstad | 10 | Rjukan | 02.09.2023 |
| 2.80 | Tonje Berg | 85 | Lillehammer/Ss | 27.06.2002 |
| 2.71 | Marie Øverlie | 08 | Sandnes | 25.08.2023 |
| 2.70 | Siv Anita Engh | 85 | Jessheim | 20.06.2002 |
| 2.60 | Kristin Urnes | 75 | Jessheim | 22.05.1989 |
| 2.20 | Sofie Rostad | 97 | Jessheim | 26.05.2011 |
| 2.10 | Hermine Opsahl Torgersen | 10 | Lillehammer/Ss | 23.06.2023 |
| 1.95 | Mari Jellum | 79 | Jessheim | 26.09.1994 |
| 1.80 | Guri Fjeldberg | 69 | Jessheim | 06.07.1987 |
| 1.70 | Tina Moen | 00 | Jessheim | 04.06.2014 |

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| **KVINNER JUNIOR 22** | **122** |

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| **Lengde** |  |

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| 5.66 | Birgitte Kjuus | 99 | Oslo/Bi | 17.07.2019 |
| 5.59 | Frida Rimstad | 07 | Rud | 27.08.2022 |
| 5.38 | Linn Helene Bakke | 91 | Oslo/Bi | 19.08.2007 |
| 5.35 | Inger Birgitte Reppe | 68 | Oslo/La | 09.09.1984 |
| 5.22 | Guri Fjeldberg | 69 | Nadderud | 11.08.1985 |
| 5.15 | Tone Lauritzen | 77 | Kongsvinger/Gj | 23.05.1992 |
| 5.13 | Kristine Heggelund | 76 | Haugesund | 05.08.1992 |
| 5.09 | Tove Dønnum | 40 | Strømmen | 17.09.1962 |
| 5.07 | Winnie Lindner | 44 | Jessheim | 29.09.1962 |
| 5.06 | Lene Kristin Nyland | 74 | Nadderud | 09.06.1990 |
| 5.04 | Anne Mette Olsen | 54 | Kongsvinger/Gj | 20.06.1971 |
| 5.04 | Marit Rogstad | 67 | Raufoss | 18.08.1984 |
| 4.98 | Marie Belsvik | 36 | Borgen | 05.09.1954 |
| 4.96 | Kristin Urnes | 75 | Nadderud | 19.06.1992 |
| 4.92 | Kristine Heggelund | 76 | Nadderud | 18.06.1993 |
| 4.88 | Liv Knutsen | 52 | Tønsberg | 18.09.1966 |
| 4.86 | Anne Berit Eik | 49 | Strømmen | 08.09.1964 |
| 4.85 | Astrid Sundby | 42 | Råholt | 31.08.1963 |
| 4.84 | Ragnhild Sundby | 44 | Sandvika/Ka | 17.09.1960 |
| 4.84 | Heidi Bogstad | 67 | Kirkenær | 21.05.1983 |
| 4.84 | Tone Sæthermoen | 69 | Larvik/Lo | 25.06.1985 |
| 4.82 | Kristin Urnes | 75 | Ski | 25.08.1991 |
| 4.82 | Betina Nilssen | 92 | Jessheim | 22.09.2007 |
| 4.79 | Kari Mo | 38 | Lillestrøm | 11.06.1955 |
| 4.77 | Ragnhild Sundby | 44 | Oslo/Jo | 12.09.1959 |
| 4.76 | Kari Fjeldberg | 68 | Oslo/Bi | 07.06.1983 |
| 4.75 | Hilde Verpe | 63 | Jessheim | 04.08.1977 |
| 4.75 | Kristin Urnes | 75 | Nadderud | 09.06.1990 |
| 4.75 | Anita Dale | 76 | Jessheim | 23.09.1993 |
| 4.74 | Anita Melbye | 58 | Lillestrøm | 20.09.1970 |
| 4.74 | Mari Solbrekken | 87 | Lillehammer/Ss | 24.06.2005 |
| 4.71 | Liv Jensen | 40 | Jessheim | 03.10.1954 |
| 4.67 | Eva Cathrine Torvund | 69 | Strømmen | 20.06.1984 |
| 4.65 | Kristin Brekke | 65 | Årnes | 20.08.1979 |
| 4.65 | Grethe Arnegård | 69 | Oslo/La | 16.05.1985 |
| 4.63 | Eva Cathrine Torvund | 69 | Strømmen | 01.06.1985 |
| 4.63 | Mari Solbrekken | 87 | Jessheim | 25.09.2003 |
| 4.61 | Anne Berit Eik | 49 | Strømmen | 21.08.1965 |
| 4.59 | Ingrid Sundby | 39 | Jessheim | 11.07.1956 |
| 4.63 | Cora Halsan | 47 | Sandvika/Ka | 17.09.1960 |
| 4.58 | Kristin Brekke | 65 | Halden | 10.05.1981 |
| 4.57 | Silje Disserud | 91 | Jessheim | 23.09.2006 |
| 4.56 | Åshild Sørum | 39 | Råholt | 21.08.1957 |
| 4.56 | Silje Disserud | 91 | Årnes | 27.05.2009 |
| 4.53 | Vår Åsheim | 99 | Lillestrøm | 09.06.2013 |

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| **KVINNER JUNIOR 22** | **123** |

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| **Tresteg** |  |

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| --- | --- | --- | --- | --- |
| 11.91 | Birgitte Kjuus | 99 | Ravnanger | 30.07.2016 |
| 11.44 | Frida Rimstad | 07 | Trondheim/St | 12.08.2022 |
| 10.74 | Tone Lauritzen | 76 | Oslo/Bi | 17.07.1995 |
| 10.45 | Kristin Urnes | 75 | Jessheim | 01.09.1993 |
| 10.44 | Kristine Heggelund | 76 | Jessheim | 06.07.1992 |
| 9.90 | Frida Forberg | 92 | Jessheim | 22.09.2007 |
| 9.85 | Victoria Hillveg | 86 | Jessheim | 24.09.1999 |
| 9.85 | Siv Anita Engh | 85 | Bjørkelangen | 01.06.2002 |
| 9.24 | Sofie Skancke Krauss | 98 | Jessheim | 30.05.2013 |
| 9.17 | Tonje Berg | 85 | Asker/Fø | 10.09.2000 |
| 9.16 | Vår Åsheim | 99 | Göteborg, SWE | 28.06.2014 |
| 9.01 | Natalie Norbech Jøransen | 07 | Oslo/St | 24.09.2021 |
| 8.71 | Tonje Berg | 85 | Asker/Fø | 05.09.1999 |
| 8.44 | Solveig Emilie Johansen | 03 | Nesodden | 29.08.2019 |
| 8.29 | Amalie Westby Liestøl | 02 | Jessheim | 28.08.2016 |
| 8.12 | Sofie Rostad | 94 | Nadderud | 08.05.2008 |
| 7.72 | Julie Flatner | 99 | Jessheim | 30.05.2013 |

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| **KVINNER JUNIOR 22** | **124** |

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| **Kule 4 kg** |  |

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| 13.46 | Hanna Emilie Hjeltnes | 04 | Kristiansand | 10.09.2021 |
| 11.45 | Silje Disserud | 91 | Oslo/Bi | 16.08.2008 |
| 11.30 | Guri Fjeldberg | 69 | Jessheim | 06.07.1987 |
| 11.23 | Astrid Sundby | 42 | Oslo/Fr | 17.08.1968 |
| 10.16 | Linn Helene Bakke | 91 | Jessheim | 18.08.2008 |
| 10.09 | Tove Dønnum | 40 | Jessheim | 16.09.1962 |
| 9.84 | Ingvei Sæter | 38 | Kløfta | 05.09.1960 |
| 9.64 | Runa Nordahl | 56 | Rolvsrud | 04.05.1976 |
| 9.49 | Berit Wethal | 34 | Jessheim | 12.08.1956 |
| 9.25 | Åshild Sørum | 39 | Oslo/Bi | 12.06.1961 |
| 9.17 | Anne Berit Eik | 49 | Råholt | 29.07.1964 |
| 9.13 | Ebba Beyer | 98 | Lillestrøm | 28.05.2016 |
| 9.02 | Winnie Lindner | 44 | Strømmen | 22.09.1962 |
| 8.88 | Anne Lise Aas | 41 | Jessheim | 08.06.1959 |
| 8.81 | Anita Dale | 76 | Jessheim | 27.09.1993 |
| 8.80 | Bente Honne | 43 | Strømmen | 16.09.1962 |
| 8.65 | Liv Jensen | 40 | Råholt | 10.08.1956 |
| 8.65 | Ragnhild Sundby | 44 | Lillestrøm | 08.07.1960 |
| 8.59 | Marit Rogstad | 67 | Lillestrøm | 12.09.1981 |
| 8.57 | Ingrid Maudal | 82 | Jessheim | 22.06.1998 |
| 8.52 | Tonje Berg | 85 | Jessheim | 19.08.2002 |
| 8.50 | Ylva Rognstad | 98 | Overhalla | 02.08.2013 |
| 8.49 | Ingrid Sundby | 42 | Jessheim | 28.05.1958 |
| 8.40 | Inger Birgitte Reppe | 68 | Lørenfallet | 18.06.1985 |
| 8.37 | Vera Martinsen | 47 | Råholt | 23.09.1962 |
| 8.29 | Eva Myrvang | 41 | Jessheim | 19.06.1959 |
| 8.20 | Anita Aasheim | 66 | Kirkenær | 30.05.1981 |
| 8.17 | Kristin Urnes | 75 | Jessheim | 18.05.1992 |
| 8.15 | Grete Vegel | 47 | Jessheim | 05.06.1964 |
| 8.14 | Ragnhild Sundby | 44 | Jessheim | 30.08.1959 |
| 8.13 | Turid Seime | 44 | Jessheim | 23.08.1958 |
| 8.08 | Monique Sevilhaug | 69 | Jessheim | 29.08.1986 |
| 8.06 | Cecilie Laake | 66 | Strømmen | 14.06.1981 |
| 8.04 | Ragnhild Dahl | 50 | Jessheim | 15.08.1964 |
| 8.01 | Anita Aasheim | 66 | Jessheim | 17.08.1980 |
| 7.85 | Kari Wang | 56 | Lillestrøm | 26.09.1971 |
| 7.85 | Tone Sæthermoen | 69 | Jessheim | 26.09.1988 |
| 7.79 | Ragnhild Dahl | 50 | Strømmen | 21.08.1965 |
| 7.72 | Berit Haug | 38 | Hønefoss | 20.06.1959 |
| 7.65 | Anne Gro Digerud | 52 | Nannestad | 04.06.1970 |
| 7.60 | Karin Lund | 41 | Jessheim | 22.06.1960 |
| 7.57 | Anne Marie Scheie | 50 | Strømmen | 25.06.1976 |
| 7.48 | Borghild Hansen | 45 | Jessheim | 29.08.1959 |

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| **KVINNER JUNIOR 22** | **125** |

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| **Diskos 1 kg** |  |

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| 46.56 | Hanna Emilie Hjeltnes | 04 | Haderslev, DEN | 03.06.2023 |
| 35.40 | Guri Fjeldberg | 69 | Jessheim | 29.09.1986 |
| 34.98 | Astrid Sundby | 42 | Gjøvik | 22.09.1964 |
| 31.46 | Tove Dønnum | 40 | Ski | 25.06.1960 |
| 30.37 | Ingvei Sæter | 38 | Jessheim | 25.09.1960 |
| 29.79 | Ingrid Sundby | 36 | Raufoss | 01.07.1956 |
| 27.84 | Tonje Berg | 85 | Jessheim | 14.06.2004 |
| 27.38 | Runa Nordahl | 56 | Hvam | 22.05.1976 |
| 26.00 | Winnie Lindner | 44 | Jessheim | 02.07.1962 |
| 25.96 | Turid Seime | 44 | Årnes | 17.08.1958 |
| 25.62 | Åshild Sørum | 39 | Skotterud | 24.07.1960 |
| 25.59 | Eva Myrvang | 41 | Jessheim | 17.06.1959 |
| 25.23 | Silje Disserud | 91 | Nadderud | 16.06.2007 |
| 25.06 | Ingrid Maudal | 82 | Jessheim | 11.07.1998 |
| 24.93 | Bente Honne | 43 | Strømmen | 16.09.1962 |
| 24.90 | Anne Lise Aas | 41 | Jessheim | 19.09.1959 |
| 24.78 | Anita Aasheim | 66 | Løken | 27.05.1981 |
| 24.65 | Ebba Beyer | 98 | Lillestrøm | 28.05.2016 |
| 24.10 | Tone Sæthermoen | 69 | Kløfta | 22.09.1983 |
| 24.11 | Ragnhild Sundby | 45 | Kløfta | 10.06.1959 |
| 24.06 | Mabel Owren | 51 | Strømmen | 29.09.1965 |
| 23.86 | Anita Melbye | 58 | Jessheim | 18.09.1971 |
| 23.68 | Borghild Hansen | 45 | Jessheim | 01.08.1959 |
| 23.46 | Anita Dale | 76 | Jessheim | 27.09.1993 |
| 23.03 | Anne Gro Digerud | 52 | Strømmen | 31.08.1968 |
| 22.78 | Anita Aasheim | 66 | Jessheim | 01.09.1980 |
| 22.42 | Marit Ørvik | 50 | Jessheim | 15.08.1964 |
| 22.31 | Ingrid Sundby | 39 | Lillestrøm | 22.08.1954 |
| 22.20 | Liv Jensen | 40 | Jessheim | 16.06.1957 |
| 22.04 | Marit Wiig | 49 | Blaker/Br | 18.06.1967 |
| 21.90 | Anne Berit Eik | 49 | Jessheim | 16.08.1965 |
| 21.88 | Kristin Urnes | 75 | Jessheim | 27.09.1993 |
| 21.64 | Irene Schultze | 67 | Jessheim | 01.09.1982 |
| 21.12 | Marit Rogstad | 67 | Jessheim | 05.09.1983 |
| 21.54 | Nina Næss | 51 | Lillestrøm | 10.09.1966 |
| 20.92 | Kristine Heggelund | 76 | Bjørkelangen | 10.06.1990 |
| 20.88 | Marit Wiig | 49 | Råholt | 12.06.1966 |
| 20.76 | Inger Birgitte Reppe | 68 | Rolvsrud | 19.09.1982 |
| 20.66 | Marit Rogstad | 67 | Jessheim | 02.10.1982 |
| 20.28 | Tove Sundby | 51 | Strømmen | 22.08.1965 |
| 20.25 | Kari Mo | 38 | Jessheim | 28.08.1955 |
| 20.16 | Liv Laache | 46 | Nannestad | 28.07.1962 |
| 20.11 | Ragnhild Dahl | 50 | Jessheim | 15.08.1964 |
| 20.06 | Liv Knutsen | 52 | Råholt | 23.06.1968 |

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| **KVINNER JUNIOR 22** | **126** |

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| **Slegge 4 kg** |  |

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| 33.16 | Hanna Emilie Hjeltnes | 04 | Jessheim | 02.09.2023 |
| 32.78 | Linn Helene Bakke | 91 | Tønsberg/Gr | 03.08.2007 |
| 32.08 | Runa Nordahl | 56 | Strømmen | 18.06.1976 |
| 28.43 | Silje Disserud | 91 | Göteborg, SWE | 30.06.2007 |
| 25.35 | Hanna Emilie Hjeltnes | 04 | Jessheim | 18.10.2018 |
| 23.88 | Guri Fjeldberg | 69 | Rolvsrud | 18.09.1986 |
| 23.15 | Siv Anita Engh | 85 | Lillestrøm | 09.05.2001 |
| 21.83 | Tonje Berg | 85 | Heggedal/Gj | 26.08.2000 |

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| **Spyd 600 g Ny type fra og med 1999** |  |

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| 36.96 | Hanna Emilie Hjeltnes | 04 | Bergen/Fa | 09.09.2023 |
| 36.45 | Silje Disserud | 91 | Nadderud | 10.06.2007 |
| 32.56 | Tonje Berg | 85 | Lillehammer/Ss | 02.07.2000 |
| 26.66 | Silje Disserud | 91 | Lillehammer/Ss | 25.06.2006 |
| 26.65 | Ebba Beyer | 98 | Jessheim | 02.09.2014 |
| 26.23 | Tonje Berg | 85 | Jessheim | 13.06.2005 |
| 24.29 | Linn Helene Bakke | 91 | Årnes | 12.09.2007 |
| 22.56 | Katrine Hoff | 91 | Jessheim | 22.05.2006 |
| 20.43 | Siv Anita Engh | 85 | Lillestrøm | 09.05.2001 |
| 20.07 | Katrine Hoff | 91 | Lillehammer/Ss | 24.06.2007 |
| 18.94 | Linn Helene Bakke | 91 | Jessheim | 22.05.2006 |
| 18.49 | Mari Solbrekken | 87 | Jessheim | 13.06.2005 |
| 15.70 | Silje Breen | 95 | Jessheim | 23.08.2012 |
| 15.69 | Helena Seland Myhre | 97 | Jessheim | 23.08.2012 |
| 10.27 | Malene Fjeldstad | 97 | Jessheim | 23.08.2012 |

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| **KVINNER JUNIOR 22** | **127** |

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| **Spyd 600 g Gammel type tom. 1998** |  |

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| --- | --- | --- | --- | --- |
| 45.62 | Runa Nordahl | 56 | Jessheim | 09.06.1976 |
| 35.26 | Ragnhild Sundby | 44 | Råholt | 17.08.1965 |
| 35.12 | Eva Cathrine Torvund | 69 | Jessheim | 01.08.1987 |
| 34.00 | Astrid Sundby | 42 | Oslo/Fr | 17.08.1964 |
| 33.88 | Kristine Heggelund | 76 | Asker/Fø | 12.09.1992 |
| 33.12 | Elisabeth Sandaunet | 78 | Jessheim | 23.09.1993 |
| 33.10 | Guri Fjeldberg | 69 | Jessheim | 04.06.1987 |
| 32.02 | Kristin Urnes | 75 | Bjørkelangen | 25.05.1990 |
| 30.16 | Åshild Sørum | 39 | Årnes | 17.08.1958 |
| 30.00 | Eva Catrine Torvund | 69 | Strømmen | 27.06.1984 |
| 29.07 | Winnie Lindner | 44 | Jessheim | 29.09.1962 |
| 28.82 | Ingrid Sundby | 39 | Råholt | 20.09.1959 |
| 28.26 | Tove Dønnum | 40 | Jessheim | 13.09.1959 |
| 28.00 | Nina Næss | 51 | Jessheim | 13.09.1965 |
| 26.95 | Turid Seime | 44 | Jessheim | 28.05.1958 |
| 26.50 | Åshild Sørum | 39 | Råholt | 26.08.1961 |
| 25.90 | Inger Birgitte Reppe | 68 | Oslo/St | 05.07.1985 |
| 25.26 | Grete Vegel | 47 | Råholt | 13.06.1964 |
| 24.20 | Marit Wiig | 49 | Råholt | 28.08.1966 |
| 24.08 | Marit Rogstad | 67 | Moss/Me | 03.06.1984 |
| 23.35 | Eva Myrvang | 42 | Jessheim | 07.06.1959 |
| 23.02 | Tove Dønnum | 40 | Årnes | 17.08.1958 |
| 22.88 | Cora Halsan | 47 | Jessheim | 07.09.1962 |
| 22.73 | Grethe Uhlen | 49 | Jessheim | 20.07.1964 |
| 22.72 | Irene Schultze | 67 | Gardermoen | 27.06.1981 |
| 22.60 | Vera Martinsen | 47 | Jessheim | 12.05.1965 |
| 22.18 | Randi Sydtangen | 67 | Jessheim | 22.06.1984 |
| 22.16 | Kristin Bråten | 74 | Lillehammer/Ss | 25.06.1989 |
| 22.07 | Liv Jensen | 40 | Jessheim | 05.06.1957 |
| 21.97 | Aase Alstad | 48 | Jessheim | 12.05.1965 |
| 21.30 | Tone Sæthermoen | 69 | Jessheim | 29.09.1987 |
| 21.72 | Marit Wiig | 49 | Jessheim | 16.08.1964 |
| 20.72 | Liv Jensen | 40 | Lillestrøm | 22.08.1954 |
| 20.52 | Tove Sundby | 51 | Strømmen | 22.08.1965 |

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| **7-kamp M 80m h-Kule-Høyde/200m** | **Lengde-Spyd-800m** |

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| 3759 | Marit Rogstad | 67 | Moss/Me | 02-03.06.1984 |
| 17.0+1.7(84)-1.44-6.98(4)-29.0/4.66-18.06(600)-2:28.7 | | | |

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| **KVINNER JUNIOR 22** | **128** |

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| **4x100m E** |  |

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| 50.07 | J18 |  | Tromsø/Va | 24.05.2008 |
| Susann Bakke92-Linn Helene Bakke91-Betina Nilssen92-Ragnhild Hammeren90 | | | |

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| 50.35 | J16 |  | Lonevåg | 27.05.2007 |
| Heidi Stubs Holdal92-Linn Helene Bakke91-Betina Nilssen92-Frida Forberg92 | | | |

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| 50.63 | J18 |  | Tromsø/Va | 25.05.2008 |
| Heidi Stubs Holdal92-Ragnhild Hammeren90-Betina Nilssen92-Linn Helene Bakke91 | | | |

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| 51.93 | J16 |  | Tromsø/Va | 25.05.2008 |
| Heidi Stubs Holdal92-Susann Bakke92-Betina Nilssen92-Frida Forberg92 | | | |

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| 52.15 | K20 |  | Jessheim | 20.05.2012 |
| Charlotte Grasmo96-Betina Nilssen92-Ann-Kristin Aslakrud95-Pia Bålsrud95 | | | |

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| 52.43 | J16 |  | Ås | 04.06.2022 |
| Linnea Bratteng07-Elèn Linchausen06-Linnèa Johansen06-Natalie Jøransen07 | | | |

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| 52.87 | J18 |  | Steinkjer/Gu | 22.05.2010 |
| Rikke Gustavson93-Susann Bakke92-Betina Nilssen92-Frida Forberg92 | | | |

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| 53.07 | J16 |  | Nadderud | 19.06.1983 |
| Heidi Bogstad67-Inger Birgitte Reppe68-Marit Rogstad67-Kari Fjeldberg68 | | | |

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| 53.20 | J16 |  | Larvik/Lo | 31.05.2015 |
| Tonje Moen00-Ivy Møller00-Mathilde Marie Solberg99-Vår Åsheim99 | | | |

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| 53.26 | J16 |  | Lonevåg | 27.05.2007 |
| Heidi Stubs Holdal92-Linn Helene Bakke91-Ida Berg Hansen92-Marie Tømmerberg91 | | | |

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| 54.60 | J16 |  | Drammen/Ma | 28.05.2011 |
| Rikke Gustavson97-Ann Kristin Aslakrud94-Pia Bålsrud95-Hanna Schultze96 | | | |

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| 54.69 | J16 |  | Drammen | 29.05.2011 |
| Charlotte Grasmo96-Maren Grytbakk95-Pia Bålsrud95-Hanna Schultze96 | | | |

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| 54.72 | J19 Finale |  | Jessheim | 19.05.2012 |
| Charlotte Grasmo96-Rikke Gustavson93-Ann-Kristin Aslakrud94-Ida Tonhaugen95 | | | |

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| 55.34 | J19 Forsøk |  | Jessheim | 19.05.2012 |
| Charlotte Grasmo96-Rikke Gustavson93-Ann-Kristin Aslakrud94-Ida Tonhaugen95 | | | |

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| 56.31 | J16 Forsøk |  | Jessheim | 20.05.2012 |
| Charlotte Grasmo96-Eli Bekken97-Sara Bålsrud97-Helena Seland Myhre97 | | | |

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| **KVINNER JUNIOR 22** | **129** |

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| **4x100m E forts.** |  |

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| 56.70 | J16 |  | Asker/Fø | 23.08.2003 |
| ? | | | |

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| 57.59 | J14 |  | Lillestrøm | 28.05.2017 |
| Solveig Emilie Johansen03-Kari Johansen03-June Laake04-Kaja Bones03 | | | |

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| 58.99 | J16 |  | Jessheim | 27.05.2002 |
| Hilde Gustavsen87-Kari Robøle86-Elisabeth Langrusten86-Mari Birkelund86 | | | |

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| **4x100m M** |  |

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| 52.8 | J17 |  | Mosjøen | 29.07.1984 |
| Guri Fjeldberg69-Inger Birgitte Reppe68-Kari Fjeldberg68-Marit Rogstad67 | | | |

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| 52.9 | J17 |  | Jessheim | 17.09.1985 |
| Kari Fjeldberg68-Eva Cathrine Torvund69-Inger Birgitte Reppe68-Hege Rustad70 | | | |

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| 53.1 | J19 |  | Oslo/Bi | 14.08.1955 |
| Kari Mo38-Åshild Sørum39-Marie Belsvik36-Ingrid Sundby39 | | | |

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| 53.1 | J19 |  | Jessheim | 20.09.1987 |
| Eva Cathrine Torvund69-Inger Birgitte Reppe 68-Kristin Jensen70-Lena Nyland74 | | | |

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| 53.7 | J16 |  | Jessheim | 19.09.1983 |
| Heidi Bogstad67-Marit Rogstad67-Inger Birgitte Reppe68-Kari Fjeldberg68 | | | |

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| 53.8 | J17-18 |  | Jessheim | 11.09.1986 |
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| 54.1 | J13-14 |  | Strømmen | 06.09.1979 |
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| 55.2 | J19 |  | Gjøvik | 05.06.1955 |
| Kari Mo38-Åshild Sørum39-Marie Belsvik36-Ingrid Sundby39 | | | |

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| 55.2 | J13-14 |  | Jessheim | 19.09.1983 |
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| 55.7 | J15-16 |  | Strømmen | 25.09.1985 |
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| 56.3 | J15-16 |  | Rolvsrud | 09.09.1980 |
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| **KVINNER JUNIOR 22** | **130** |

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| **4x100m M forts.** |  |

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| 56.6 | J13-14 |  | Strømmen | 26.08.1971 |
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| 58.3 | J15-16 |  | Jessheim | 11.09.1986 |
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| 54.7 | J17-18 |  | Strømmen | 25.09.1985 |
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| 59.1 | J13-14 |  | Lillestrøm | 03.09.1975 |
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| 59.9 | J13-14 |  | Strømmen | 25.09.1985 |
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| **4x200m** |  |

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| 2:08.3 | J17 |  | Nannestad | 04.06.1970 |
| Anne Mette Olsen54-Inger Anne Nerhagen57-May Britt Engenes53-Anita Melbye58 | | | |

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| **4x400m** |  |

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| 3:50.91 | J18 |  | Trondheim/St | 22.05.2016 |
| Vår Åsheim99-Emilie Hov Andreassen00-Birgitte Kjuus99-Caroline Foss Høistad98 | | | |

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| 3:54.74 | K21 |  | Nesodden | 19.05.2018 |
| Vår Åsheim99-Amalie Sæten97-Emilie Hov Andreassen00-Caroline Foss Høistad98 | | | |

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| 4:02.04 | K21 |  | Larvik/Lo | 30.05.2015 |
| Veronica Undseth94-Vår Åsheim99-Pia Bålsrud95-Emilie Hov Andreassen00 | | | |

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| 4:02.88 | K19 |  | Larvik/Lo | 31.05.2015 |
| Vår Åsheim99-Emilie Hov Andreassen00-Caroline Foss Høistad98-Charlotte Grasmo96 | | | |

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| 4:04.08 | K19 |  | Nesodden | 19.05.2018 |
| Vår Åsheim99-Emilie Hov Andreassen00-Solveig E. Johansen03-Summer Steinsrud01 | | | |

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| 4:21.22 | J15 |  | Ås | 05.06.2022 |
| Linnea Bratteng07-Natalie Jøransen07-Wilma Torbjørnsson07-Synne Markussen07 | | | |

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| 4:21.8 | J17 |  | Jessheim | 17.09.1985 |
| Kari Fjeldberg68-Hege Rustad70-Eva Cathrin Torvund69-Inger Birgitte Reppe68 | | | |

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| 4:23.3 | J19 |  | Lørenfallet | 01.09.1981 |
| Bente Krakeli62-Anne Karin Halvorsen63-Inger Birgitte Reppe68-Torbjørg Muri62 | | | |

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| **KVINNER JUNIOR 22** | **131** |

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| **3x800m** |  |

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| 7:38.2 | J19 |  | Årnes | 09.09.1981 |
| Torbjørg Muri62-Inger Lise Borgen64-Ann Karin Halvorsen63 | | | |

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| 7:55.76 | J17 |  | Asker/Fø | 21.08.2004 |
| Maren Fald Gården88-Hilde Gustavson87-Silje Ekroll Jahren88 | | | |

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| 8:10.51 | J16 |  | Asker/Fø | 23.08.2003 |
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| 8:24.43 | J12 |  | Asker/Fø | 23.08.2003 |
| Tonje Oliversen91-Christine Nerhagen91-Charlotte Oliversen91 | | | |

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| 8:43.02 | J16 |  | Jessheim | 27.05.2002 |
| Elisabeth Langrusten86-Mari Birkelund86-Hilde Gustavsen87 | | | |

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| 8:45.65 | J13-14-1.lag |  | Jessheim | 27.05.2002 |
| Anne Hovind88-Kari Robøle86-Silje Ekroll Jahren88 | | | |

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| 9:13.13 | J13-14-2.lag |  | Jessheim | 27.05.2002 |
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| **4x800m** |  |

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| 9:22.33 | K21 |  | Larvik/Lo | 31.05.2015 |
| Pia Bålsrud95-Caroline Foss Høistad98-Veronica Undseth94-Emilie Hov Andreassen00 | | | |

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| 9:43.42 | J20 |  | Nadderud | 07.07.1984 |
| Nina Holm64-Kari Fjeldberg68-Gunn Vilberg66-Line Røen66 | | | |

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| 9:49.75 | J18 |  | Trondheim/St | 21.05.2016 |
| Emilie Hov Andreassen00-ina Moen00-Marie Næss00-Caroline Foss Høistad98 | | | |

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| 10:21.13 | J17 |  | Lonevåg | 27.05.2007 |
| Silje Gundersen92-Frida Forberg92-Cathrine Gundersen90-Sina Sandholt92 | | | |

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| 10:34.89 | J18 |  | Drammen/Ma | 28.05.2011 |
| Sofie Rostad94-Andrea Furuseth96-Ingrid Hannestad93-Maren Eriksen Skappel96 | | | |

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| 10:34.65 | J19 |  | Jessheim | 19.05.2012 |
| Ingrid Hannestad93-Sofie Rostad93-Vilde Alfarrustad96-Heidi Halling97 | | | |

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| 11:00.05 | K20 |  | Jessheim | 20.05.2012 |
| Sofie Rostad94-Stine Granerud92-Anne Lillegård73-Hedda Alfarrustad96 | | | |

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| **KVINNER JUNIOR 22** | **132** |

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| **4x1500m** |  |

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| 21:18.9 | J20 |  | Jessheim | 23.08.1986 |
| Hege Melby68-Line Røen66-Ann Kristin Ullerud66-Gunn Vilberg66 | | | |

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| 22:09.7 | J19 |  | Jessheim | 17.09.1985 |
| Line Røen66-Elisabeth Moum67-Ann Kristin Ullerud66-Kristen Jensen70 | | | |

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| **1000m** |  |

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| 2:15.10 | K21 |  | Byrkjelo | 19.08.2018 |
| Tonje Moen00-Birgitte Kjuus99-Vår Åsheim99-Amalie Sæten97 | | | |

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| 2:17.67 | J19 |  | Bergen/Fa | 03.09.2017 |
| Tonje Moen00-Summer Steinsrud01-Vår Åsheim99-Caroline Foss Høistade98 | | | |

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| 2:21.65 | K19 |  | Oslo/Bi | 26.08.2018 |
| Tonje Moen00-Summer Steinsrud01-Solveig Johansen03-Vår Åsheim99 | | | |

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| 2:26.74 | J16 |  | Bergen/Fa | 10.09.2023 |
| Linnea Bratteng07-Synne Markussen07-Natalie Jøransen07-Wilma Thorbjørnsson07 | | | |

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| 2:28.2 | J16 |  | Årnes | 19.08.1984 |
| Eva Torvund69-Gunn Vilberg69-Kari Fjeldberg68-Inger Birgitte Reppe68 | | | |

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| 2:29.77 | J16 |  | Trondheim/St | 14.08.2022 |
| Linnea Bratteng07-Linnea Johansen06-Synne Markussen07-Elèn Skar06 | | | |

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| 2:31.1 | J16 |  | Jessheim | 19.08.1983 |
| Heidi Bogstad67-Marit Rogstad67-Inger Birgitte Reppe68-Kari Fjeldberg68 | | | |

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| 2:34.40 | J18 |  | Ravnanger | 02.09.2012 |
| Anne Aslakrud94-Sara Bålsrud97-Charlotte Grasmo96-Pia Bålsrud95 | | | |

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| 2:34.42 | J19 |  | Jessheim | 08.09.2019 |
| Tonje Moen00-Rayana Yangulbaeva04-Kari Ingelin Johansen03-Hannah Lindtorp02 | | | |

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| 2:35.50 | J18 |  | Asker/Fø | 21.08.2004 |
| Silje Scheie Bråthen91-Mari Solbrekken88-Hilde Gustavsen87-Elisabeth Langrusten86 | | | |

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| 2:35.53 | J18 |  | Moss/Me | 04.09.2005 |
| Lillian Langseth88-Mari Solbrekken87-Hilde Gustavson87-Maren Fald Gården90 | | | |

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| 2:35.86 | J16 |  | Fredrikstad | 28.08.2011 |
| Ida Tohaugen95-Charlotte Grasmo96-Hanna Schultze96-Pia Bålsrud95 | | | |

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| **KVINNER JUNIOR 22** | **133** |

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| **1000m forts.** |  |

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| 2:35.97 | J17 |  | Kristiansand | 17.08.2003 |
| Hilde Gustavsen87-Kari Robøle86-Mari Solbrekken87-Elisabeth Langrusten86 | | | |

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| 2:36.04 | J19 |  | Trondheim | 01.08.2004 |
| Mari Solbrekken87-Tonje Berg85-Hilde Gustavsen87-Elisabeth Langrusten86 | | | |

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| 2:36.5 | J16 |  | Rolvsrud | 09.09.1970 |
| Anne Mette Olsen54-Inger Anne Nerhagen57-May Britt Engenes53-Anita Melby58 | | | |

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| 2:37.66 | J19 |  | Fagernes | 15.08.2004 |
| Hilde Gustavsen87-Tonje Berg85-Mari Solbrekken87Elisabeth Langrusten86 | | | |

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| 2:38.3 | J17-18 |  | Strømmen | 25.09.1985 |
| ? | | | |

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| 2:38.53 | J18 |  | Nadderud | 15.06.2003 |
| Hilde Gustavsen87-Kari Robøle86-Tonje Berg85-Elisabeth Langrusten86 | | | |

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| 2:39.9 | J15-16 |  | Strømmen | 25.09.1985 |
| ? | | | |

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| 2:41.82 | J18 |  | Fredrikstad/Li | 28.08.2011 |
| Ann Kristin Aslakrud94-Rikke Gustavsen97-Sofie Rostad93-Andrea Furuseth96 | | | |

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| 2:45.92 | J16 |  | Nadderud | 15.06.2003 |
| Christiane Kværner87-Anne K. Hovind88-Maren Fald Gården88-Hilde Gustavsen87 | | | |

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| 2:48.0 | J17-18 |  | Jessheim | 11.09.1986 |
| ? | | | |

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| **KVINNER JUNIOR 22** | **134** |

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| **INNENDØRS** |  |

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| **60m E** |  |

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| --- | --- | --- | --- | --- |
| 7.85 | Linn Helene Bakke | 91 | Karlstad, SWE | 27.01.2008 |
| 8.01 | Tonje Moen | 00 | Rud | 20.01.2018 |
| 8.02 | Birgitte Kjuus | 99 | Hvam | 14.01.2017 |
| 8.03 | Betina Nilssen | 92 | Oslo/Ek | 06.12.2008 |
| 8.08 | Summer Steinsrud | 01 | Hvam | 25.01.2020 |
| 8.13 | Inger Birgitte Reppe | 68 | Askim | 31.01.1987 |
| 8.16 | Vår Åsheim | 99 | Lillestrøm | 30.01.2016 |
| 8.18 | Lene Kristin Nyland | 74 | Oslo/Ek | 10.03.1990 |
| 8.19 | Liv Anita Mikkelborg | 80 | Lillestrøm | 19.02.1995 |
| 8.25 | Kirsten Andersen | 70 | Askim | 01.02.1986 |
| 8.27 | Linnea Sjøstrøm Johansen | 06 | Hvam | 04.02.2023 |
| 8.33 | Charlotte Grasmoe | 96 | Steinkjer | 09.03.2013 |
| 8.34 | Tone Lauritzen | 76 | Stange | 18.03.1995 |
| 8.38 | Emilie Hov Andreassen | 00 | Rud | 05.12.2015 |
| 8.38 | Kari Ingelin Sjøstrøm Johnsen | 03 | Stange | 22.03.2019 |
| 8.41 | Victoria Hillveg | 86 | Oslo/Ek | 02.12.2000 |
| 8.44 | Elèn Linchausen Skar | 06 | Hvam | 22.01.2022 |
| 8.52 | Frida Kristine Forberg | 92 | Lillestrøm | 29.03.2009 |
| 8.52 | Solveig Emilie Johansen | 04 | Hvam | 10.12.2016 |
| 8.53 | Charlotte Grasmoe | 96 | Rud | 08.03.2014 |
| 8.61 | Ebba Beyer | 98 | Stange | 16.03.2013 |
| 8.67 | Lena Opaker | 69 | Oslo/Ek | 18.02.1990 |
| 8.67 | Munda Mkanda | 94 | Lillestrøm | 20.01.2007 |
| 8.68 | Lisa Kazonza | 95 | Stange | 16.03.2013 |
| 8.69 | Oda Rognstad | 05 | Hvam | 26.01.2019 |
| 8.70 | Mari Solbrekken | 87 | Stange | 13.03.2004 |
| 8.70 | Silje Disserud | 91 | Lillestrøm | 17.02.2007 |
| 8.72 | Sunniva Murberg | 99 | Stange | 16.03.2013 |
| 8.74 | Kari Robøle | 86 | Stange | 16.03.2002 |
| 8.74 | Hanne Rimstad | 10 | Rud | 25.11.2023 |
| 8.75 | Elisabeth Langrusten | 86 | Stange | 15.03.2003 |
| 8.76 | Sofie Skancke Krauss | 98 | Stange | 04.02.2012 |
| 8.76 | Astrid Walstad | 11 | Hvam | 02.12.2023 |
| 8.77 | Linnea Bratteng | 07 | Stange | 12.02.2022 |
| 8.79 | Rikke Gustavson | 93 | Trondheim/Ra | 12.03.2011 |
| 8.78 | Susann Bakke | 92 | Stange | 08.03.2008 |
| 8.79 | Hanna Nyheim | 79 | Lillestrøm | 19.02.1995 |
| 8.81 | Tonje Oliversen | 91 | Stange | 13.03.2004 |
| 8.84 | Hedda Algarheim Tverås | 01 | Lillestrøm | 31.01.2015 |
| 8.90 | Sara Isabella Bertheussen | 07 | Hvam | 03.12.2022 |
| 8.90 | Karoline Bakkerud | 06 | Hvam | 04.02.2023 |
| 8.91 | Liv Kristina Holter | 97 | Lillestrøm | 33.01.2010 |

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| **KVINNER JUNIOR 22** | **135** |

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| **INNENDØRS** |  |

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| **60m M** |  |

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| --- | --- | --- | --- | --- |
| 7.9 | Inger Birgitte Reppe | 68 | Lillestrøm | 16.03.1986 |
| 8.1 | Kirsten Andersen | 70 | Lillestrøm | 16.03.1986 |
| 8.2 | Tone Lauritzen | 76 | Lillestrøm | 06.03.1994 |
| 8.3 | Lene Kristin Nyland | 74 | Lillestrøm | 15.03.1987 |
| 8.3 | Liv Anita Mikkelborg | 80 | Lillestrøm | 06.03.1994 |
| 8.5 | Tone Lauritzen | 76 | Lillestrøm | 18.02.1990 |
| 8.7 | Kristin Urnes | 75 | Lillestrøm | 22.01.1989 |

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| **100m E** |  |

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| --- | --- | --- | --- | --- |
| 12.43 | Linn Helene Bakke | 91 | Drammen | 01.03.2008 |
| 12.96 | Summer Steinsrud | 01 | Drammen | 05.01.2020 |
| 13.01 | Betina Nilssen | 92 | Drammen | 03.02.2008 |

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| **100m M** |  |

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| 12.8 | Inger Birgitte Reppe | 68 | Drammen | 17.01.1988 |

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| **KVINNER JUNIOR 22** | **136** |

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| **INNENDØRS** |  |

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| **200m E** |  |

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| 25.54 | Betina Nilssen | 92 | Stange | 09.03.2008 |
| 25.55 | Vår Åsheim | 99 | Rud | 09.02.2019 |
| 25.74 | Linn Helene Bakke | 91 | Stange | 19.03.2006 |
| 25.91 | Summer Steinsrud | 01 | Rud | 08.03.2020 |
| 26.59 | Kari Ingelin Sjøstrøm Johnsen | 03 | Stange | 24.03.2019 |
| 26.79 | Liv Anita Mikkelborg | 80 | Stange | 18.03.1995 |
| 26.86 | Tonje Moen | 00 | Steinkjer | 28.02.2016 |
| 26.89 | Solveig Emilie Johansen | 03 | Rud | 11.02.2018 |
| 26.98 | Emilie Hov Andreassen | 00 | Rud | 05.02.2015 |
| 27.63 | Elèn Linchausen Skar | 06 | Rud | 13.02.2022 |
| 27.79 | Frida Forberg | 92 | Stange | 09.03.2008 |
| 27.83 | Charlotte Grasmoe | 96 | Stange | 17.03.2013 |
| 28.15 | Victoria Hillveg | 86 | Stange | 04.02.2001 |
| 28.17 | Liv Anita Mikkelborg | 80 | Drammen | 03.03.1994 |
| 28.48 | Lene Kristin Nyland | 74 | Oslo/Ek | 10.03.1990 |
| 28.50 | Linnea Sjøstrøm Johansen | 06 | Stange | 13.03.2022 |
| 28.58 | Hanna Rimstad | 10 | Rud | 25.11.2023 |
| 28.69 | Mari Solbrekken | 87 | Stange | 14.03.2004 |
| 28.70 | Tonje Oliversen | 91 | Stange | 19.03.2006 |
| 28.80 | Munda Mkanda | 94 | Stange | 09.03.2008 |
| 28.81 | Sofie Skancke Krauss | 98 | Stange | 17.03.2013 |
| 28.81 | Natalie Nordbech Jøransen | 07 | Hvam | 02.12.2023 |
| 28.85 | Frida Kristine Forberg | 92 | Stange | 20.03.2011 |
| 28.90 | Lisa Kazonza | 95 | Stange | 17.03.2013 |
| 29.02 | Oda Rognstad | 05 | Hvam | 26.01.2019 |
| 29.04 | Sara Isabella Bertheussen | 07 | Hvam | 02.12.2023 |
| 29.28 | Astrid Helene Walstad | 11 | Hvam | 05.02.2023 |
| 29.66 | Linnea Lecomte | 07 | Hvam | 02.12.2023 |
| 29.68 | Linnea Børresen Lecomte | 07 | Hvam | 05.02.2023 |
| 29.74 | Heidi Stubbs Holdal | 92 | Stange | 19.03.2006 |
| 29.79 | Hedda Algarheim Tverås | 01 | Stange | 22.03.2015 |
| 29.83 | Silje Disserud | 91 | Stange | 19.03.2006 |
| 29.90 | Hilde Gustavson | 87 | Stange | 16.03.2003 |
| 30.03 | Rikke Gustavson | 93 | Stange | 20.03.2011 |
| 30.09 | Julie Hammer | 04 | Hvam | 09.12.2017 |
| 30.15 | Victoria Børresen | 98 | Karlstad, SWE | 22.02.2012 |
| 30.20 | Hanna Schultze Toverud | 96 | Trondheim/Ra | 20.03.2011 |
| 30.24 | Hermine Opsahl Torgersen | 10 | Rud | 12.02.2023 |
| 30.35 | Heidi Bogstad | 67 | Oslo/Ek | 22.01.1983 |
| 30.42 | Marthe Skau | 98 | Stange | 17.03.2013 |
| 30.50 | Elena Teresa Haugan-Teixeira | 07 | Rud | 09.02.2020 |
| 30.66 | Tonje Berg | 85 | Stange | 05.03.2000 |
| 30.69 | Sophie Mannion | 05 | Hvam | 26.01.2019 |

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| **KVINNER JUNIOR 22** | **137** |

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| **INNENDØRS** |  |

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| **300m E** |  |

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| 40.18 | Vår Åsheim | 99 | Hvam | 26.01.2019 |

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| **400m E** |  |

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| 56.84 | Vår Åsheim | 99 | Rud | 10.02.2018 |
| 58.19 | Summer Steinsrud | 01 | Rud | 08.02.2020 |
| 59.96 | Emilie Hov Andreassen | 00 | Hvam | 16.01.2016 |
| 61.74 | Caroline Foss Høistad | 98 | Steinkjer | 09.03.2018 |
| 62.62 | Pia Bålsrud | 95 | Rud | 11.01.2015 |
| 63.04 | Elisabeth Langrusten | 86 | Stange | 29.03.2003 |
| 64.74 | Kari Fjeldberg | 68 | Askim | 10.02.1985 |
| 65.51 | Sofie Skancke Krauss | 98 | Rud | 11.01.2015 |
| 66.31 | Natalie Nordbech Jøransen | 07 | Rud | 29.01.2022 |
| 67.10 | Helena Seland Myhre | 97 | Rud | 11.01.2015 |
| 68.76 | Hege Rustad | 70 | Askim | 10.02.1985 |
| 70.50 | Unn Hoel | 69 | Askim | 10.02.1985 |

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| **KVINNER JUNIOR 22** | **138** |

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| **INNENDØRS** |  |

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| **600m** |  |

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| 1:33.31 | Emilie Hov Andreassen | 00 | Rud | 05.12.2015 |
| 1:36.43 | Caroline Foss Høistad | 98 | Hvam | 14.01.2017 |
| 1:38.30 | Wilma Torbjørnsson | 06 | Hvam | 04.12.2021 |
| 1:43.35 | Julie Hammer | 04 | Hvam | 09.12.2017 |
| 1:44.06 | Kari Ingelin Sjørstrøm Johansen | 03 | Hvam | 25.01.2020 |
| 1:47.36 | Vilde Svardahl | 01 | Stange | 21.03.2015 |
| 1:48.41 | Hilde Gustavson | 87 | Stange | 13.03.2006 |
| 1:48.66 | Hermine Opsahl Torgernsen | 10 | Rud | 11.02.2023 |
| 1:50.00 | Helena Seland Myhre | 97 | Jessheim | 06.12.2014 |
| 1:50.49 | Victoria Børresen | 98 | Stange | 04.02.2012 |
| 1:50.60 | Amalie Westby Liestøl | 02 | Stange | 21.03.2015 |
| 1:50.93 | Natalie Norbech Jøransen | 07 | Hvam | 06.03.2021 |
| 1:51.03 | Malene Fjellestad | 97 | Stange | 16.03.2013 |
| 1:51.22 | Vilde Svardahl | 01 | Stange | 22.03.2014 |
| 1:52.25 | Tonje Oliversen | 91 | Stange | 13.03.2004 |
| 1:53.28 | Ida Berg Hansen | 92 | Stange | 17.03.2007 |
| 1:53.22 | Hedda Algarheim Tverås | 01 | Stange | 22.03.2014 |
| 1:53.06 | Natalie Jøransen | 07 | Stange | 11.03.2023 |
| 1:53.46 | Heidi Kristine Halling | 97 | Stange | 17.04.2012 |
| 1:54.62 | Tuva Forsbacka | 97 | Stange | 11.03.2023 |
| 1:57.21 | Solveig Emilie Johansen | 03 | Stange | 21.03.2015 |
| 1:57.24 | Hanna Rimstad | 10 | Rud | 12.02.2022 |
| 1:57.37 | Mia Jenny Østreng | 04 | Hvam | 10.12.2016 |
| 1:57.46 | Silje Christine Berg-Knutsen | 05 | Stange | 17.03.2018 |
| 1:57.53 | Charlotte Oliversen | 91 | Stange | 13.03.2004 |
| 1:58.71 | Sofie Rostad | 94 | Oslo/Ek | 01.12.2007 |
| 1:59.85 | June Laake | 04 | Rud | 05.12.2015 |
| 2:00.35 | Oline Soma Slåstad | 07 | Hvam | 06.03.2021 |
| 2:00.35 | Madeleine Kristiansen | 06 | Hvam | 06.03.2021 |

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| **KVINNER JUNIOR 22** | **139** |

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| **INNENDØRS** |  |

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| **800m** |  |

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| 2:09.22 | Amalie Sæten | 97 | Rud | 11.02.2018 |
| 2:12.97 | Wilma Anna Torbjørnsson | 07 | Hvam | 02.12.2023 |
| 2:16.44 | Veronica Undseth | 94 | Ulsteinvik | 07.03.2015 |
| 2:17.92 | Caroline Foss Høistad | 98 | Hvam | 06.02.2016 |
| 2:19.6 | Nina Holm | 64 | Oslo/Ek | 03.03.1984 |
| 2:19.67 | Emilie Hov Andreassen | 00 | Rud | 15.02.2015 |
| 2:25.9 | Inger Birgitte Reppe | 68 | Drammen | 10.02.1985 |
| 2:26.2 | Guri Fjeldberg | 69 | Drammen | 10.02.1985 |
| 2:28.08 | Elisabeth Langrusten | 86 | Stange | 16.03.2003 |
| 2:30.12 | Sina Sandholt | 92 | Drammen | 17.12.2006 |
| 2:30.2 | Liv Anita Mikkelborg | 80 | Oslo/Ek | 15.01.1994 |
| 2:31.69 | Andrea Furuseth | 96 | Ulsteinvik | 07.03.2015 |
| 2:32.93 | Malene Fjellestad | 97 | Steinkjer | 09.03.2013 |
| 2:36.10 | Hilde Gustavson | 87 | Drammen | 11.12.2006 |
| 2:36.26 | Silje Gundersen | 92 | Drammen | 17.12.2006 |
| 2:37.28 | Hermine Opsahl Torgersen | 10 | Rud | 14.01.2023 |
| 2:37.43 | Heidi Kristine Halling | 97 | Sandnes | 10.03.2012 |
| 2.39.16 | Tonje Berg | 85 | Stange | 26.01.2002 |
| 2:41.24 | Victoria Børresen | 98 | Steinkjer | 09.03.2013 |
| 2:44.69 | Marie Tømmerberg | 91 | Drammen | 17.12.2006 |
| 2:46.91 | Maren Eriksen Skappel | 96 | Sandnes | 10.03.2012 |
| 2:47.29 | Tonje Oliversen | 91 | Stange | 24.01.2004 |
| 2:56.18 | Hedda Algharheim Tverås | 01 | Rud | 11.01.2014 |
| 3:00.5 | Katrine Finstad | 75 | Drammen | 07.12.1988 |

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| **1000m** |  |

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| 3:17.72 | Hermine Opsahl Torgersen | 10 | Gøteborg, SWE | 02.12.2023 |

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| **1500m** |  |

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| 4:28.01 | Amalie Sæten | 97 | Rud | 10.02.2019 |
| 4:30.11 | Wilma Anna Torbjørnsson | 07 | Gøteborg, SWE | 11.02.2023 |
| 4:51.33 | Caroline Foss Høistad | 98 | Hvam | 16.01.2016 |
| 4:55.71 | Tina Moen | 00 | Hvam | 16.01.2016 |
| 4:56.3 | Nina Holm | 64 | Oslo/Ek | 21.01.1984 |
| 5:17.01 | Helena Seland Myhre | 97 | Hvam | 16.01.2016 |
| 5:17.58 | Frida Kristine Forberg | 92 | Karlstad, SWE | 16.02.2008 |
| 5:25.2 | Malene Fjellestad | 97 | Rud | 11.01.2015 |
| 5:26.20 | Heidi Kristine Halling | 97 | Sandnes | 09.03.2012 |
| 5:44.19 | Elise Eggum | 06 | Hvam | 04.02.2023 |
| 5:55.06 | Marie Tømmerberg | 91 | Stange | 13.01.2007 |

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| **KVINNER JUNIOR 22** | **140** |

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| **INNENDØRS** |  |

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| **3000m** |  |

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| 11:35.42 | Ingeborg Nordaune | 97 | Rud | 10.02.2018 |

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| **60m hekk 84 cm E** |  |

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| 8.75 | Inger Birgitte Reppe | 68 | Askim | 21.02.1988 |
| 8.81 | Tonje Moen | 00 | Rud | 20.01.2018 |
| 9.15 | Vår Åsheim | 99 | Rud | 03.03.2017 |
| 10.38 | Marit Rogstad | 67 | Oslo/Ek | 22.01.1983 |
| 11.34 | Tonje Berg | 85 | Karlstad, SWE | 17.02.2002 |

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| **60m hekk 84 cm M** |  |

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| 10.2 | Kristin Urnes | 75 | Lillestrøm | 22.02.1992 |

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| **100m hekk 84 cm M** |  |

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| 15.0 | Inger Birgitte Reppe | 68 | Drammen | 10.01.1987 |
| 17.1 | Guri Fjeldberg | 69 | Drammen | 09.02.1985 |

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| **KVINNER JUNIOR 22** | **141** |

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| **INNENDØRS** |  |

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| **Høyde** |  |

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| --- | --- | --- | --- | --- |
| 1.65 | Kristin Urnes | 75 | Lillestrøm | 11.01.1992 |
| 1.65 | Anita Dale | 76 | Askim | 05.03.1994 |
| 1.65 | Linn Helene Bakke | 91 | Stange | 05.03.2005 |
| 1.62 | Hanna Rimstad | 10 | Hvam | 02.12.2023 |
| 1.60 | Guri Fjeldberg | 69 | Lillestrøm | 12.01.1985 |
| 1.58 | Anne Mette Olsen | 54 | Fredrikstad/Ko | 22.01.1972 |
| 1.56 | Siv Anita Engh | 85 | Stange | 10.02.2002 |
| 1.55 | Ebba Beyer | 98 | Rud | 11.01.2014 |
| 1.55 | Mari Steen Myrvang | 06 | Hvam | 26.01.2019 |
| 1.55 | Frida Rimstad | 07 | Ulsteinvik | 05.03.2023 |
| 1.50 | Kari Fjeldberg | 68 | Lillestrøm | 19.01.1986 |
| 1.50 | Victoria Hillveg | 86 | Karlstad, SWE | 06.02.2000 |
| 1.50 | Siv Anita Engh | 85 | Lillestrøm | 25.02.2001 |
| 1.47 | Inger Birgitte Reppe | 68 | Drammen | 09.02.1985 |
| 1.40 | Astrid Sundby | 42 | Oslo/Hu | 04.04.1964 |
| 1.40 | Tonje Berg | 85 | Lillestrøm | 25.02.2001 |
| 1.40 | Linnea Bratteng | 07 | Stange | 12.03.2022 |
| 1.35 | Tone Lauritzen | 76 | Lillestrøm | 18.02.1990 |
| 1.35 | Ingrid Maudal | 82 | Lillestrøm | 03.03.1996 |
| 1.34 | Lise Mette Holme | 83 | Jevnaker | 25.03.1995 |
| 1.30 | Kirsten Ladegård | 56 | Lillestrøm/Pl | 15.02.1070 |
| 1.30 | Karoline Hertzenberg | 89 | Stange | 10.03.2002 |
| 1.30 | Vår Åsheim | 99 | Lillestrøm | 28.01.2012 |
| 1.25 | Inger Anne Nerhagen | 57 | Lillestrøm/Pl | 15.02.1970 |
| 1.25 | Heidi Huse | 89 | Lillestrøm | 02.03.2002 |
| 1.25 | Sofie Rostad | 94 | Stange | 08.03.2008 |
| 1.25 | Natalie Norbech Jøransen | 07 | Hvam | 26.01.2019 |

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| **Stav** |  |

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| --- | --- | --- | --- | --- |
| 3.95 | Birgitte Kjuus | 99 | Rud | 01.12.2018 |
| 3.50 | Sara Bålsrud | 97 | Hvam | 12.02.2016 |
| 3.10 | Sofie Skancke Krauss | 98 | Ulsteinvik | 08.03.2015 |
| 2.90 | Hanne Rimstad | 10 | Rud | 25.11.2023 |
| 2.70 | Tonje Berg | 85 | Stange | 08.02.2003 |
| 2.70 | Marie Øverli | 08 | Hvam | 02.12.2023 |
| 2.40 | Kristin Urnes | 75 | Lillestrøm | 22.02.1992 |
| 2.30 | Siv Anita Engh | 85 | Karlstad, SWE | 17.02.2002 |
| 2.20 | Hermine Opsahl Torgersen | 10 | Gøteborg, SWE | 03.12.2023 |

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| **KVINNER JUNIOR 22** | **142** |

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| **INNENDØRS** |  |

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| **Lengde** |  |

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| --- | --- | --- | --- | --- |
| 5.52 | Inger Birgitte Reppe | 68 | Lillestrøm | 16.03.1986 |
| 5.48 | Guri Fjeldberg | 69 | Drammen | 10.02.1985 |
| 5.29 | Frida Rimstad | 07 | Ulsteinvik | 04.03.2023 |
| 5.22 | Tone Lauritzen | 76 | Stange | 28.02.1995 |
| 5.11 | Tone Sæthermoen | 69 | Oslo/Ek | 04.02.1984 |
| 5.07 | Lene Kristin Nyland | 74 | Oslo/Ek | 25.03.1990 |
| 5.00 | Birgitte Kjuus | 99 | Rud | 03.12.2016 |
| 4.97 | Anne Mette Olsen | 54 | Lillestrøm/Pl | 29.03.1971 |
| 4.80 | Mari Solbrekken | 87 | Oslo/Ek | 06.03.2004 |
| 4.80 | Silje Disserud | 91 | Lillestrøm | 26.01.2008 |
| 4.79 | Frida Kristine Forberg | 92 | Lillestrøm | 29.03.2009 |
| 4.78 | Victoria Hillveg | 86 | Jevnaker | 01.04.2000 |
| 4.76 | Marit Rogstad | 67 | Oslo/Ek | 04.02.1984 |
| 4.72 | Kari Fjeldberg | 68 | Oslo/Ek | 04.02.1874 |
| 4.70 | Tonje Berg | 85 | Lillestrøm | 12.03.2000 |
| 4.68 | Kari Fjeldberg | 68 | Oslo/Ek | 22.01.1983 |
| 4.63 | Anita Melbye | 58 | Lillestrøm/Pl | 29.03.1971 |
| 4.63 | May Britt Mehlen | 57 | Lillestrøm/Pl | 29.03.1971 |
| 4.60 | Grethe Arnegård | 69 | Oslo/Ek | 04.02.1984 |
| 4.60 | Summer Steinsrud | 01 | Hvam | 16.01.2016 |
| 4.52 | Frida Forberg | 92 | Stange | 08.03.2008 |
| 4.47 | Vår Åsheim | 99 | Lillestrøm | 26.01.2013 |
| 4.45 | Hanne Nyheim | 79 | Lillestrøm | 19.02.1995 |
| 4.41 | Kari Wang | 56 | Lillestrøm/Pl | 15.02.1970 |
| 4.41 | Hilde Gustavson | 87 | Lillestrøm | 02.03.2002 |
| 4.18 | Ebba Beyer | 98 | Rud | 06.12.2014 |
| 4.15 | Sofie Skancke Krauss | 98 | Rud | 08.03.2014 |
| 4.19 | Ingrid Maudal | 82 | Lillestrøm | 03.03.1996 |

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| **Tresteg** |  |

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| --- | --- | --- | --- | --- |
| 10.94 | Frida Rimstad | 07 | Steinkjer | 04.03.2022 |
| 10.48 | Kristin Urnes | 75 | Oslo/Ek | 09.02.1992 |
| 8.85 | Natalie Nordbech Jøransen | 07 | Rud | 13.02.2022 |

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| **KVINNER JUNIOR 22** | **143** |

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| **INNENDØRS** |  |

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| **Høyde uten tilløp** |  |

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| --- | --- | --- | --- | --- |
| 1.36 | Inger Birgitte Reppe | 68 | Sørum/Ve | 27.02.1984 |
| 1.31 | Guri Fjeldberg | 69 | Jessheim/Je | 13.03.1984 |
| 1.28 | Tone Sæthermoen | 69 | Jessheim/Je | 13.03.1984 |
| 1.26 | Linn Helene Bakke | 91 | Jessheim | 12.02.2007 |
| 1.25 | Unn Hoel | 69 | Skårer | 02.03.1985 |
| 1.25 | Kristin Urnes | 75 | Årnes/Ne | 10.02.1989 |
| 1.23 | Marit Rogstad | 67 | Skårer | 20.03.1983 |
| 1.17 | Marianne Borgen | 62 | Skedsmo/ST | 04.03.1978 |
| 1.15 | Marit Sydtangen | 67 | Jessheim/Je | 13.03.1984 |
| 1.15 | Mari Steen Myrvang | 06 | Hvam | 10.12.2020 |
| 1.13 | Eli Jensen | 62 | Årnes/Fj | 19.03.1976 |
| 1.12 | Munda Mkanda | 94 | Jessheim | 11.02.2008 |
| 1.11 | Kari Fjeldberg | 68 | Skårer | 20.03.1983 |
| 1.10 | Vibeke Aarfloth | 69 | Skårer | 20.03.1983 |
| 1.10 | Hanna Rimstad | 10 | Hvam | 22.12.2022 |
| 1.10 | Siri Fjeldberg | 71 | Fetsund/Øs | 26.03.1982 |
| 1.07 | Betina Nilssen | 92 | Jessheim | 03.03.2008 |
| 1.07 | Sofie Rostad | 94 | Jessheim | 03.03.2008 |
| 1.06 | Katrine Hoff | 91 | Jessheim | 12.02.2007 |
| 1.05 | Tove Dønnum | 40 | Strømmen | 08.04.1962 |
| 1.05 | Gro Verpe | 62 | Fetsund | 15.03.1975 |
| 1.05 | Eli Jensen | 62 | Fetsund | 15.03.1975 |
| 1.05 | Cecilie Laake | 66 | Skedsmo/ST | 04.03.1978 |
| 1.05 | Hege Rustad | 70 | Jessheim/Je | 12.03.1985 |
| 1.05 | Iren Gjerde | 84 | Lillestrøm | 19.02.1995 |
| 1.03 | Astrid Sundby | 42 | Lillestrøm/Vi | 16.03.1958 |
| 1.00 | Kari Mo | 38 | Eidsvoll | 10.03.1957 |
| 1.00 | Wenche Johannessen | 56 | Skårer/Kj | 14.02.1969 |
| 1.00 | Gro Skålerud | 75 | Årnes/Ne | 10.02.1989 |
| 1.00 | Ida Berg Hansen | 92 | Råholt | 31.10.2004 |
| 0.99 | Ida Berg Hansen | 92 | Jessheim/No | 14.03.2005 |
| 0.98 | Christine Høgbakken | 91 | Jessheim/No | 08.03.2004 |
| 0.96 | Siri Fjeldberg | 71 | Skårer | 20.03.1983 |
| 0.95 | Åshild Sørum | 39 | Lillestrøm/Vi | 04.03.1956 |
| 0.95 | Liv Jensen | 40 | Eidsvoll | 10.03.1957 |
| 0.95 | Eva Myrvang | 42 | Jessheim | 15.02.1959 |
| 0.95 | Anne Mæhlen | 68 | Haga/Fr | 17.02.1980 |
| 0.95 | Pernille Haslie | 91 | Jessheim/No | 08.03.2004 |
| 0.95 | Mari Solbrekken | 87 | Råholt | 31.10.2004 |
| 0.95 | Hilde Gustavson | 87 | Råholt | 31.10.2004 |
| 0.95 | Katrine Hoff | 91 | Råholt | 31.10.2004 |
| 0.95 | Tonje Oliversen | 91 | Jessheim/No | 14.03.2005 |
| 0.95 | Munda Mkanda | 94 | Jessheim/No | 13.02.2006 |

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| **KVINNER JUNIOR 22** | **144** |

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| **INNENDØRS** |  |

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| **Lengde uten tilløp** |  |

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| 2.64 | Inger Birgitte Reppe | 68 | Jessheim/Je | 13.03.1984 |
| 2.49 | Tone Sæthermoen | 69 | Jessheim/Je | 13.03.1984 |
| 2.49 | Silje Disserud | 91 | Jessheim | 11.02.2008 |
| 2.48 | Linn Helene Bakke | 91 | Jessheim | 12.02.2007 |
| 2.45 | Marit Rogstad | 67 | Jessheim/Je | 13.03.1984 |
| 2.45 | Guri Fjeldberg | 69 | Jessheim/Je | 10.03.1987 |
| 2.42 | Cecilie Laake | 65 | Skårer/Kj | 25.03.1979 |
| 2.41 | Betina Nilssen | 92 | Jessheim | 03.03.2008 |
| 2.39 | Tone Lauritzen | 76 | Ås/GG | 21.03.1992 |
| 2.39 | Mari Solbrekken | 87 | Råholt | 31.10.2004 |
| 2.38 | Tove Dønnum | 40 | Jessheim | 03.04.1960 |
| 2.36 | Kari Furuseth | 45 | Strømmen | 08.04.1962 |
| 2.36 | Astrid Sundby | 42 | Lillestrøm/Vi | 30.03.1963 |
| 2.36 | Unn Hoel | 69 | Jessheim/Je | 13.03.1984 |
| 2.35 | Eva Myrvang | 42 | Jessheim | 15.02.1959 |
| 2.34 | Hilde Verpe | 63 | Fetsund/Ho | 12.03.1977 |
| 2.34 | Hege Rustad | 70 | Jessheim/Je | 12.03.1985 |
| 2.31 | Marii Steen Myrvang | 06 | Rud | 02.04.2019 |
| 2.30 | Liv Jensen | 40 | Eidsvoll | 10.03.1957 |
| 2.29 | Borghild Hansen | 45 | Jessheim | 15.02.1959 |
| 2.29 | Cora Halsan | 47 | Lillestrøm | 30.03.1963 |
| 2.29 | Kristin Urnes | 75 | Lillestrøm/Sk | 27.11.1992 |
| 2.28 | Åshild Sørum | 39 | Lillestrøm/Vi | 04.03.1956 |
| 2.28 | Siri Fjeldberg | 71 | Jessheim/Je | 12.03.1985 |
| 2.27 | Gro Verpe | 62 | Fetsund | 15.03.1975 |
| 2.27 | Hege Rustad | 70 | Jessheim/Je | 13.03.1984 |
| 2.27 | Grethe Arnegård | 69 | Jessheim | 12.03.1985 |
| 2.26 | Mabel Owren | 51 | Sørumsand/Fo | 06.03.1966 |
| 2.26 | Hege Bjørndal | 73 | Jessheim/Je | 12.03.1985 |
| 2.25 | Kari Mo | 38 | Eidsvoll | 10.03.1957 |
| 2.25 | Hilde Verpe | 63 | Årnes/Fj | 19.03.1976 |
| 2.25 | Eva Cathrine Torvund | 69 | Jessheim/Je | 12.03.1985 |
| 2.25 | Lene Kristin Nyland | 74 | Jessheim/Je | 10.03.1988 |
| 2.24 | Ragnhild Sundby | 44 | Jessheim | 03.04.1960 |
| 2.24 | Heidi Bogstad | 67 | Jessheim/Je | 13.03.1984 |
| 2.24 | Anne Støverud | 69 | Jessheim/Je | 12.03.1985 |
| 2.24 | Ann-Cathrin Willersrud | 71 | Jessheim/Je | 12.03.1985 |
| 2.23 | Vibeke Aarflot | 69 | Jessheim/Je | 10.03.1987 |
| 2.22 | Tonje Oliversen | 91 | Jessheim/No | 14.03.2005 |
| 2.22 | Silje Disserud | 91 | Jessheim/No | 13.03.2006 |
| 2.21 | Guri Anne Øverby | 45 | Jessheim | 15.02.1959 |
| 2.22 | Ann Catrin Wilford | 71 | Jessheim/Je | 13.03.1984 |
| 2.21 | Guri Fjeldberg | 69 | Lørenskog | 20.02.1982 |

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| **KVINNER JUNIOR 22** | **145** |

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| **INNENDØRS** |  |

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| **Kule 4** |  |

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| --- | --- | --- | --- | --- |
| 13.56 | Hanna Emilie Hjeltnes | 04 | Hvam | 02.12.2023 |
| 11.80 | Silje Disserud | 91 | Stange | 10.02.2007 |
| 11.35 | Guri Fjeldberg | 69 | Drammen | 10.01.1987 |
| 10.27 | Astrid Sundby | 42 | Oslo/Hu | 04.04.1964 |
| 10.26 | Linn Helene Bakke | 91 | Drammen | 02.03.2008 |
| 9.61 | Ebba Beyer | 98 | Rud | 06.02.2016 |
| 8.00 | Inger Birgitte Reppe | 68 | Drammen | 09.02.1985 |
| 7.71 | Norunn Elise Bamrud | 92 | Stange | 14.03.2009 |
| 7.18 | Anita Melbye | 58 | Jessheim | 02.02.1974 |
| 6.92 | Hilde Gustavson | 87 | Lillestrøm | 26.02.2005 |

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| **5-kamp M 100mh-Kule 4-Høyde/Lengde-800** |  |

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| 3170 | Inger Birgitte Reppe | 68 | Drammen | 09-10.02.1985 |
| 15.2(84)-8.00(4)1.47/5.34-2:25.9 | | | |

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| **KVINNER JUNIOR 22** | **146** |

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| **INNENDØRS** |  |

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| **4x100m E** |  |

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| 56.20 | J14 |  | Stange | 05.03.2005 |
| Linn Helene Bakke91-Charlotte Oliversen91-Tonje Oliversen91-Cathrine Hoff91 | | | |

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| 60.88 | J13 |  | Hvam | 10.12.2016 |
| Solveig Johansen03-Ida Johanne Folsland02-June Laake04-Mia Jenny Østreng03 | | | |

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| 61:63 | Ull/Kisa IL | 16 | Stange | 12.03.2022 |
| Hanna Hjeltnes11-Lea Hammer10-Hanna Rimstad10-Hermine Opsahl Torgersen10 | | | |

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| 61.91 | J13 |  | Jessheim | 26.05.2005 |
| Heidi Holdal92-Tonje Hansen92-Ida Berg Hansen92-Munda Mkanda94 | | | |

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| 66.25 | J11 |  | Stange | 12.03.2016 |
| Silje Berg-Knutsen05-Oda Gladheim05-Oda Rognstad05-Sophie Mannion05 | | | |

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| **4x200m** |  |

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| 1:52.59 | J16 |  | Steinkjer | 06.03.2022 |
| Elèn Skar06-Natalie Jøransen07-Synne Markussen07-Linnea Johansen06 | | | |

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| 1:53.14 | K19 |  | Steinkjer | 10.03.2013 |
| Ann Aslaksen94-Charlotte Grasmoe96-Pia Bålsrud95-Sofie Schancke Krauss96 | | | |

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| 1:56.8 | J16 |  | Oslo/Ek | 22.01.1983 |
| Inger Birgitte Reppe68-Heidi Bogstad67-Marit Rogstad67-Kari Fjeldberg68 | | | |

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| 2:24.38 | J13 |  | Stange | 16.03.2013 |
| Tonje Moen00-Tina Moen00-June Laake04-Carina Walskrå00 | | | |

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| **1000m** |  |

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| 2:38.86 | J15 |  | Stange | 19.03.2006 |
| Linn Helene Bakke91-Silje Disserud91-Mari Tømmerberg91-Tonje Oliversen91 | | | |

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| 2:40.33 | J16 |  | Trondheim/Ra | 12.03.2011 |
| Maren Grytbakk95-Ida Tonhaugen95-Pia Bålsrud95-Hanna Toverud96 | | | |

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| 2:50.47 | J18 |  | Stange | 01.02.2009 |
| Silje Disserud91-Betina Nilssen92-Ida Berg Hansen92-Frida Forberg92 | | | |

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| **KVINNER JUNIOR 19** | **147** |

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| **60m E** |  |

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| --- | --- | --- | --- | --- |
| 7.88 | Linn Helene Bakke | 91 | Nadderud | 18.06.2005 |
| 8.12 | Tonje Moen | 00 | Asker/Fø | 11.06.2017 |
| 8.27 | Kristine Heggelund | 76 | Jessheim | 27.09.1990 |
| 8.34 | Tone Lauritzen | 76 | Jessheim | 26.09.1991 |
| 8.38 | Liv Anita Mikkelborg | 80 | Sofiemyr | 24.07.1994 |
| 8.48 | Victoria Hillveg | 86 | Asker/Fø | 10.09.2000 |
| 8.49 | Lene Kristin Nyland | 74 | Jessheim | 26.09.1991 |
| 8.59 | Emilie Hov Andreassen | 00 | Nadderud | 14.06.2014 |
| 8.59 | Solveig Emilie Johansen | 03 | Jessheim | 17.09.2017 |
| 8.62 | Tonje Oliversen | 91 | Lillehammer/Ss | 25.06.2005 |
| 8.71 | Munda Mkanda | 94 | Bjørkelangen | 10.06.2007 |
| 8.73 | Sofie Schancke Krauss | 98 | Jessheim | 20.05.2012 |
| 8.80 | Hedda Algarheim Tverås | 01 | Nadderud | 11.06.2015 |
| 8.78 | Heidi Stubbs Holdal | 92 | Lillehammer/Ss | 24.06.2006 |
| 8.85 | Astrid Knudsen Walstad | 11 | Lillestrøm | 13.05.2023 |
| 8.86 | Kari Robøle | 86 | Asker/Fø | 17.08.2002 |
| 8.90 | Mari Steen Myrvang | 06 | Oslo/Bi | 17.07.2019 |
| 8.91 | Elisabeth Langrusten | 86 | Asker/Fø | 23.08.2003 |
| 8.94 | Silje Disserud | 91 | Asker/Fø | 28.05.2005 |
| 8.94 | Liv Kristina Holter | 97 | Jessheim | 04.06.2011 |
| 8.94 | Linnea Bratteng | 07 | Rjukan | 12.09.2021 |
| 8.96 | Tonje Berg | 85 | Jessheim | 27.05.1999 |
| 8.96 | Hanna Rimstad | 10 | Oslo/Bi | 03.06.2023 |
| 8.97 | Kristin Urnes | 75 | Sofiemyr | 08.08.1989 |
| 9.02 | Heidi Stubbs Holdal | 92 | Jessheim | 18.08.2005 |
| 9.03 | Charlotte Oliversen | 91 | Lillehammer/Ss | 25.06.2005 |
| 9.03 | Linnea Børresen Lecomte | 07 | Jessheim | 03.06.2021 |
| 9.05 | Elene Teresa Haugan-Teixeira | 07 | Rjukan | 06.09.2020 |
| 9.06 | Kari Ingelin Sjøstrøm Johnsen | 03 | Jessheim | 17.09.2017 |
| 9.08 | Mathilde Marie Solberg | 99 | Nadderud | 15.06.2013 |

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| **KVINNER JUNIOR 19** | **148** |

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| **60m M** |  |

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| --- | --- | --- | --- | --- |
| 8.0 | Kari Mo | 38 | Sandvika/Ka | 04.09.1955 |
| 8.0 | Winnie Lindner | 44 | Jessheim | 02.07.1962 |
| 8.0 | Inger Birgitte Reppe | 68 | Larvik/Lo | 05.09.1982 |
| 8.1 | Ingrid Sundby | 39 | Stavanger/St | 14.09.1957 |
| 8.1 | Anne Lise Aas | 41 | Sandvika/Ka | 28.06.1959 |
| 8.1 | Kristine Heggelund | 76 | Jessheim | 09.06.1990 |
| 8.2 | Kristin Brekke | 65 | Lillestrøm | 08.09.1979 |
| 8.2 | Tone Sæthermoen | 69 | Kløfta | 22.09.1983 |
| 8.2 | Lene Kristin Nyland | 74 | Jessheim | 25.09.1989 |
| 8.2 | Tone Lauritzen | 76 | Bjørkelangen | 09.06.1990 |
| 8.3 | Marie Belsvik | 36 | Lillestrøm | 03.09.1955 |
| 8.3 | Astrid Sundby | 42 | Stavanger/St | 04.09.1957 |
| 8.3 | Eva Myrvang | 42 | Sandvika/Ka | 28.06.1959 |
| 8.3 | Hilde Verpe | 63 | Bergen/Fa | 22.08.1976 |
| 8.3 | Linn Helene Bakke | 91 | Jessheim | 16.08.2004 |
| 8.4 | Ingrid Sundby | 39 | Jessheim | 19.09.1954 |
| 8.4 | Ragnhild Sundby | 44 | Sandvika/Ka | 22.06.1958 |
| 8.4 | Borghild Hansen | 45 | Jessheim | 30.08.1959 |
| 8.4 | Kari Fjeldberg | 68 | Rolvsrud | 19.09.1982 |
| 8.4 | Liv Anita Mikkelborg | 80 | Jessheim | 01.06.1993 |
| 8.5 | Dagny Vethal | 40 | Sandvika/Ka | 25.06.1955 |
| 8.5 | Åshild Sørum | 39 | Jessheim | 17.06.1956 |
| 8.5 | Inge Sand | 43 | Oslo/Bi | 09.09.1956 |
| 8.5 | Vera Martinsen | 47 | Lillestrøm | 28.06.1960 |
| 8.5 | Anne Berit Eik | 49 | Jessheim | 16.08.1964 |
| 8.5 | Grethe Uhlen | 49 | Jessheim | 16.08.1964 |
| 8.5 | Liv Knutsen | 52 | Lillestrøm | 10.09.1966 |
| 8.5 | Anne Mette Olsen | 54 | Nannestad | 04.06.1970 |
| 8.5 | Gro Verpe | 63 | Strømmen | 11.06.1975 |
| 8.5 | Cecilie Laake | 66 | Lillestrøm | 08.09.1979 |
| 8.5 | Guri Fjeldberg | 69 | Kløfta | 22.09.1983 |
| 8.5 | Eva Cathrine Torvund | 69 | Jessheim | 29.09.1986 |
| 8.5 | Tonje Oliversen | 91 | Jessheim | 09.06.2005 |
| 8.6 | Liv Jensen | 40 | Jessheim | 04.10.1955 |
| 8.6 | Berit Børresen | 48 | Råholt | 22.09.1963 |
| 8.6 | Kari Wang | 56 | Lillestrøm | 19.09.1970 |
| 8.6 | Anita Melbye | 58 | Lillestrøm | 19.09.1970 |
| 8.6 | Kristin Bogstad | 64 | Strømmen | 04.06.1979 |
| 8.6 | Cora Halsan | 47 | Lillestrøm | 28.06.1960 |
| 8.6 | Anita Melbye | 58 | Jessheim | 19.09.1971 |
| 8.6 | Anne Beate Kogstad | 63 | Lørenfallet | 27.05.1975 |
| 8.6 | Cecilie Laake | 66 | Lørenfallet | 23.09.1978 |
| 8.6 | Kari Fjeldberg | 68 | Rolvsrud | 13.09.1981 |
| 8.6 | Kristin Urnes | 75 | Jessheim | 04.09.1988 |
| 8.2 | Kari Mo | 38 | Råholt | 20.09.1957 |

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| **KVINNER JUNIOR 19** | **149** |

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| **100m E** |  |

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| 12.05 | Linn Helene Bakke | 91 | Oslo/Bi | 15.06.2007 |
| 12.51 | Betina Nilssen | 92 | Lillehammer/Ss | 24.06.2007 |
| 12.58 | Summer Steinsrud | 01 | Nadderud | 17.06.2018 |
| 12.59 | Vår Åsheim | 99 | Oslo/Bi | 18.07.2018 |
| 12.67 | Birgitte Kjuus | 99 | Oslo/Bi | 18.07.2018 |
| 12.77 | Tonje Moen | 00 | Lillestrøm | 27.05.2017 |
| 12.99 | Charlotte Grasmoe | 96 | Lillehammer/Ss | 21.06.2015 |
| 13.04 | Inger Birgitte Reppe | 68 | Nadderud | 19.06.1983 |
| 13.08 | Liv Anita Mikkelborg | 80 | Bjørkelangen | 17.09.1994 |
| 13.18 | Tone Lauritzen | 76 | Jessheim | 27.08.1992 |
| 13.18 | Solveig Emilie Johansen | 03 | Lillestrøm | 26.05.2018 |
| 13.19 | Lene Kristin Nyland | 74 | Lillehammer/Ss | 24.06.1990 |
| 13.21 | Kristine Heggelund | 76 | Jessheim | 28.05.1991 |
| 13.22 | Linnea Bratteng | 07 | Lillehammer/Ss | 25.06.2023 |
| 13.24 | Kari Ingelin Sjøstrøm Johnsen | 03 | Lillehammer/Ss | 23.06.2019 |
| 13.29 | Mina-Marie Finsveen | 07 | Nittedal | 19.08.2023 |
| 13.41 | Linnea Sjøstrøm Johansen | 06 | Göteborg, SWE | 18.06.2022 |
| 13.42 | Susann Bakke | 92 | Nadderud | 08.06.2008 |
| 13.45 | Emilie Hov Andreassen | 00 | Lillestrøm | 24.05.2014 |
| 13.57 | Ragnhild Hammeren | 90 | Nadderud | 06.06.2008 |
| 13.64 | Frida Kristine Forberg | 92 | Jessheim | 02.06.2008 |
| 13.65 | Heidi Stubbs Holdal | 92 | Nadderud | 09.06.2008 |
| 13.65 | Sofie Skancke Krauss | 98 | Lillestrøm | 25.05.2013 |
| 13.65 | Tonje Moen | 00 | Lillehammer/Ss | 21.06.2015 |
| 13.68 | Elèn Linchausen Skar | 06 | Oslo/Bi | 28.08.2022 |
| 13.75 | Victoria Hillveg | 86 | Bjørkelangen | 21.05.2000 |
| 13.77 | Kari Robøle | 86 | Lillehammer/Ss | 30.06.2002 |
| 13.78 | Frida Rimstad | 07 | Lillestrøm | 21.05.2022 |
| 13.81 | Tonje Oliversen | 91 | Lillehammer/Ss | 26.06.2005 |
| 13.86 | Siri-Anne Lund | 69 | Oslo/Bi | 21.07.1988 |
| 13.94 | Munda Mkanda | 94 | Lillestrøm | 14.06.2008 |
| 14.10 | Ida Berg Hansen | 92 | Jessheim | 02.06.2008 |
| 14.11 | Sigrid Nyland | 87 | Jessheim | 23.09.2002 |
| 14.12 | Hedda Algarheim Tverås | 01 | Lillehammer/Ss | 21.06.2015 |
| 14.20 | Liv Kristina Holter | 97 | Lillehammer/Ss | 20.06.2010 |
| 14.23 | Mathilde Marie Solberg | 99 | Lillestrøm | 25.05.2013 |
| 14.25 | Elisabeth Langrusten | 86 | Jessheim | 19.08.2002 |
| 14.26 | Ebba Beyer | 98 | Lillestrøm | 24.05.2014 |
| 14.31 | Liv Kristina Holter | 97 | Lillehammer/Ss | 26.06.2011 |
| 14.31 | Natalie Nordbech Jøransen | 07 | Jessheim | 07.08.2022 |
| 14.33 | Silje Disserud | 91 | Lillehammer/Ss | 25.06.2005 |
| 14.36 | Mari Solbrekken | 87 | Jessheim | 13.06.2005 |
| 14.36 | Hanna Schultze Toverud | 96 | Lillehammer/Ss | 26.06.2011 |
| 14.43 | Martine Lystad | 91 | Lillehammer/Ss | 25.06.2005 |
| 14.44 | Kristin Urnes | 75 | Jessheim | 29.09.1990 |

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| **KVINNER JUNIOR 19** | **150** |

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| **100m M** |  |

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| 12.3 | Summer Steinsrud | 01 | Fagernes | 01.06.2020 |
| 12.5 | Inger Birgitte Reppe | 68 | Bjørkelangen | 30.08.1987 |
| 12.7 | Kari Mo | 38 | Oslo/Bi | 16.05.1955 |
| 12.8 | Lene Kristin Nyland | 74 | Bjørkelangen | 09.09.1989 |
| 13.0 | Winnie Lindner | 44 | Moss/Me | 18.09.1962 |
| 13.0 | Kristine Heggelund | 76 | Jessheim | 01.06.1993 |
| 13.0 | Liv Anita Mikkelborg | 80 | Jessheim | 22.09.1994 |
| 13.0 | Tone Lauritzen | 76 | Jessheim | 24.09.1992 |
| 13.1 | Hilde Verpe | 63 | Strømmen | 20.06.1976 |
| 13.2 | Ingrid Sundby | 39 | Sarpsborg | 03.06.1956 |
| 13.2 | Kristin Brekke | 65 | Oslo/Bi | 10.06.1981 |
| 13.2 | Anne Knutsen | 67 | Oslo/St | 19.08.1981 |
| 13.2 | Kristin Andersen | 70 | Jessheim | 28.05.1986 |
| 13.3 | Siri-Anne Lund | 69 | Jessheim | 27.07.1988 |
| 13.4 | Marit Wiig | 49 | Råholt | 12.06.1966 |
| 13.4 | Linne Helene Bakke | 91 | Jessheim | 20.09.2004 |
| 13.5 | Marie Belsvik | 36 | Sandvika/Ka | 10.06.1955 |
| 13.5 | Ragnhild Sundby | 44 | Jessheim | 16.06.1959 |
| 13.5 | Anne Lise Aas | 41 | Jessheim | 17.06.1959 |
| 13.5 | Vera Martinsen | 47 | Strømmen | 03.09.1961 |
| 13.5 | Eva Cathrine Torvund | 69 | Lillestrøm | 02.07.1983 |
| 13.6 | Åshild Sørum | 39 | Kløfta | 08.06.1955 |
| 13.6 | Eva Myrvang | 42 | Kløfta | 10.06.1959 |
| 13.6 | Grethe Uhlen | 49 | Jessheim | 13.06.1965 |
| 13.6 | Marit Wiig | 49 | Strømmen | 21.08.1965 |
| 13.6 | Anne Mette Olsen | 54 | Jessheim | 02.07.1971 |
| 13.6 | Marit Rogstad | 69 | Oslo/Bi | 06.06.1983 |
| 13.6 | Ellen Undseth | 73 | Hønefoss | 13.09.1986 |
| 13.7 | Liv Knutsen | 52 | Råholt | 27.08.1966 |
| 13.8 | Anne Berit Eik | 49 | Jessheim | 16.08.1964 |
| 13.8 | Kari Fjeldberg | 68 | Nadderud | 18.06.1982 |
| 13.8 | Guri Fjeldberg | 69 | Nadderud | 22.06.1985 |
| 13.8 | Elisabeth Langrusten | 86 | Bjørkelangen | 31.05.2003 |
| 13.9 | Astrid Sundby | 42 | Jessheim | 15.09.1959 |
| 13.9 | Berit Børresen | 48 | Lillestrøm | 24.08.1963 |
| 13.9 | Kari Fjeldberg | 68 | Oslo/La | 16.05.1985 |
| 13.9 | Ragnhild Sundby | 44 | Sandvika/Ka | 20.09.1958 |
| 13.9 | Marit Ørvik | 50 | Jessheim | 16.08.1964 |
| 13.9 | Cecilie Laake | 66 | Jessheim | 01.09.1980 |
| 13.9 | Britt Folge | 66 | Jessheim | 01.09.1980 |
| 13.9 | Hilde Johansen | 66 | Jessheim | 01.09.1980 |
| 13.9 | Hege Rustad | 70 | Oslo/La | 08.09.1985 |
| 13.9 | Tonje Berg | 85 | Jessheim | 13.06.2000 |
| 13.9 | Kari Robøle | 86 | Bjørkelangen | 31.05.2003 |

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| **KVINNER JUNIOR 19** | **151** |

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| **200m E** |  |

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| --- | --- | --- | --- | --- |
| 24.55 | Linn Helene Bakke | 91 | Esjberg, DEN | 01.09.2007 |
| 25.35 | Vår Åsheim | 99 | Oslo/Bi | 18.07.2019 |
| 25.38 | Birgitte Kjuus | 99 | Asker/Fø | 04.06.2016 |
| 25.53 | Betina Nilssen | 92 | Lillehammer/Ss | 20.06.2008 |
| 25.72 | Summer Steinsrud | 01 | Nittedal | 13.06.2020 |
| 26.12 | Tonje Moen | 00 | Lillehammer/Ss | 23.06.2017 |
| 26.31 | Kari Ingelin Sjøstrøm Johnsen | 03 | Nadderud | 15.06.2019 |
| 26.75 | Solveig Emilie Johansen | 03 | Prestfoss | 24.08.2019 |
| 26.84 | Inger Birgitte Reppe | 68 | Oslo/Bi | 09.08.1984 |
| 26.85 | Mina-Marie Finsveen | 07 | Jessheim | 11.08.2023 |
| 26.86 | Emilie Hov Andreassen | 00 | Oslo/Bi | 09.08.2015 |
| 26.98 | Charlotte Grasmo | 96 | Brandbu | 27.06.2015 |
| 27.17 | Liv Anita Mikkelborg | 80 | Jessheim | 03.08.1995 |
| 27.33 | Elèn Linchausen Skar | 06 | Göteborg, SWE | 19.06.2022 |
| 27.36 | Frida Rimstad | 07 | Jessheim | 11.08.2023 |
| 27.44 | Linnea Sjøstrøm Johansen | 06 | Göteborg, SWE | 19.06.2022 |
| 27.66 | Frida Kristine Forberg | 92 | Lillehammer/Ss | 20.06.2008 |
| 27.68 | Tone Lauritzen | 76 | Jessheim | 03.08.1995 |
| 27.74 | Kristine Heggelund | 76 | Jessheim | 28.05.1992 |
| 27.82 | Tonje Oliversen | 91 | Lillehammer/Ss | 23.06.2005 |
| 28.03 | Lene Kristin Nyland | 74 | Jessheim | 19.05.1990 |
| 28.47 | Susann Bakke | 92 | Oslo/Bi | 17.08.2008 |
| 28.48 | Kari Fjeldberg | 68 | Oslo/Bi | 09.08.1984 |
| 28.50 | Ida Berg Hansen | 92 | Lillehammer/Ss | 20.06.2008 |
| 28.60 | Rikke Gustavson | 93 | Jessheim | 25.10.2010 |
| 28.65 | Hanna Schultze Toverud | 96 | Ski | 13.08.2011 |
| 28.83 | Linnea Bratteng | 07 | Nittedal | 21.08.2021 |
| 28.93 | Silje Disserud | 91 | Lillehammer/Ss | 23.06.2005 |
| 29.00 | Sofie Rostad | 94 | Jessheim | 25.05.2010 |
| 29.01 | Natalie Nordbech Jøransen | 07 | Ås | 01.05.2022 |
| 29.06 | Hanna Rimstad | 10 | Rud | 18.06.2023 |
| 29.16 | Vilde Svardahl | 01 | Asker/Fø | 06.06.2015 |
| 29.18 | Mathilde Marie Solberg | 99 | Nadderud | 14.06.2013 |
| 29.22 | Astrid Knudsen Walstad | 11 | Lillestrøm | 13.05.2023 |
| 29.30 | Kari Robøle | 86 | Asker/Fø | 18.08.2002 |
| 29.33 | Hedda Algarheim Tverås | 01 | Lillestrøm | 31.05.2015 |
| 29.46 | Hermine Opsahl Torgersen | 10 | Jessheim | 11.08.2023 |
| 29.47 | Martine Lystad | 91 | Lillehammer/Ss | 23.06.2005 |
| 29.54 | Amalie Westby Liestøl | 02 | Lillestrøm | 31.05.2015 |
| 29.59 | Linnea Bratteng | 07 | Arvika, SWE | 23.07.2022 |
| 29.61 | Charlotte Oliversen | 91 | Lillehammer/Ss | 24.06.2004 |
| 29.81 | Kristin Urnes | 75 | Jessheim | 27.09.1990 |
| 29.70 | Mari Solbrekken | 87 | Jessheim | 12.04.2004 |
| 29.73 | Liv Kristina Holter | 97 | Lillestrøm | 28.08.2010 |
| 29.75 | Christine Nerhagen | 91 | Lillehammer/Ss | 24.06.2004 |

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| **KVINNER JUNIOR 19** | **152** |

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| **200m M** |  |

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| 25.6 | Summer Steinsrud | 01 | Fagernes | 01.06.2020 |
| 26.1 | Betina Nilssen | 92 | Jessheim | 04.06.2007 |
| 26.6 | Lene Kristin Nyland | 74 | Bjørkelangen | 10.09.1989 |
| 26.7 | Kari Mo | 38 | Sandvika/Ka | 16.08.1955 |
| 26.8 | Inger Birgitte Reppe | 68 | Oslo/Bi | 26.08.1984 |
| 27.3 | Tone Lauritzen | 76 | Jessheim | 26.09.1994 |
| 27.4 | Kristine Heggelund | 76 | Ski | 24.08.1991 |
| 27.7 | Kirsten Andersen | 70 | Jessheim | 01.08.1986 |
| 27.9 | Winnie Lindner | 44 | Lillestrøm | 29.06.1960 |
| 27.9 | Victoria Hillveg | 86 | Ski | 16.09.2000 |
| 28.0 | Grethe Uhlen | 49 | Jessheim | 15.08.1964 |
| 28.0 | Anne Mette Olsen | 54 | Strømmen | 05.09.1971 |
| 28.1 | Frida Kristine Forberg | 92 | Jessheim | 04.06.2007 |
| 28.2 | Ellen Undseth | 73 | Jessheim | 25.09.1986 |
| 28.3 | Kristin Brekke | 65 | Strømmen | 24.08.1979 |
| 28.4 | Berit Børresen | 48 | Lillestrøm | 24.08.1963 |
| 28.4 | Inger Lise Borgen | 64 | Oslo/Bi | 28.08.1983 |
| 28.5 | Anne Lise Aas | 41 | Lillestrøm | 29.06.1960 |
| 28.7 | Eva Myrvang | 42 | Nannestad | 06.06.1959 |
| 28.7 | Kristin Bogstad | 64 | Lillestrøm | 08.09.1979 |
| 28.7 | Marit Rogstad | 67 | Oslo/Bi | 24.08.1982 |
| 28.7 | Kari Fjeldberg | 68 | Jessheim | 02.10.1982 |
| 28.8 | Inger Lise Borgen | 64 | Årnes | 01.07.1981 |
| 28.8 | Eva Cathrine Torvund | 69 | Nadderud | 30.05.1985 |
| 28.9 | Anne Berit Eik | 49 | Jessheim | 16.08.1964 |
| 29.0 | Ragnhild Sundby | 44 | Kløfta | 03.09.1960 |
| 29.0 | Marit Rogstad | 67 | Moss/Me | 02.06.1984 |
| 29.2 | Marit Wiig | 49 | Oslo/Bi | 13.06.1965 |
| 29.2 | Cecilie Laake | 66 | Oslo/Bi | 30.08.1979 |
| 29.2 | Heidi Bogstad | 67 | Larvik/Lo | 05.09.1982 |
| 29.3 | Hege Rustad | 70 | Oslo/La | 08.09.1985 |
| 29.3 | Elisabeth Langrusten | 86 | Jessheim | 19.08.2002 |
| 29.4 | Liv Knutsen | 52 | Råholt | 28.08.1966 |
| 29.6 | Ingrid Møinichen | 48 | Jessheim | 16.08.1964 |
| 29.7 | Liv Kristina Holter | 97 | Jessheim | 03.09.2010 |
| 29.8 | May Britt Engenes | 53 | Strømmen | 03.09.1969 |
| 29.9 | Mari Solbrekken | 87 | Jessheim | 16.08.2004 |
| 29.9 | Ingrid Sundby | 39 | Lillestrøm | 04.09.1955 |

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| **KVINNER JUNIOR 19** | **153** |

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| **300m E** |  |

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| 40.90 | Summer Steinsrud | 01 | Oslo/Bi | 07.06.2020 |
| 41.49 | Emilie Hov Andreassen | 00 | Göteborg, SWE | 06.07.2015 |
| 43.20 | Liv Anita Mikkelborg | 80 | Skien | 05.08.1995 |
| 44.45 | Solveig Emilie Johnsen | 03 | Nesodden | 29.08.2019 |
| 45.25 | Lene Kristin Nyland | 74 | Skien | 11.09.1990 |
| 45.42 | Natalie Nordbech Jøransen | 07 | Göteborg, SWE | 18.06.2022 |
| 48.65 | Victoria Børresen | 98 | Oslo/Bi | 20.09.2012 |
| 49.54 | Hanna Schultze Toverød | 96 | Nadderud | 06.05.2014 |
| 52.50 | Hilde Gustavson | 87 | Jessheim | 18.04.2002 |

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| **300m M** |  |

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| --- | --- | --- | --- | --- |
| 51.5 | Anne Kamstrup Hovind | 88 | Jessheim | 15.04.2002 |
| 52.3 | Silje Ekroll Jahren | 88 | Jessheim | 15.04.2002 |

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| **KVINNER JUNIOR 19** | **154** |

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| **400m E** |  |

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| --- | --- | --- | --- | --- |
| 55.75 | Vår Åsheim | 99 | Göteborg, SWE | 30.06.2018 |
| 58.13 | Emilie Hov Andreassen | 00 | Hamar | 18.05.2016 |
| 58.93 | Liv Anita Mikkelborg | 80 | Lillehammer/Ss | 24.06.1995 |
| 59.12 | Caroline Foss Høistad | 98 | Lillehammer/Ss | 20.06.2015 |
| 59.28 | Inger Birgitte Reppe | 68 | Nadderud | 12.08.1984 |
| 59.72 | Summer Steinsrud | 01 | Oslo/Bi | 15.07.2020 |
| 59.83 | Kari Ingelin Sjøstrøm Johnsen | 03 | Nadderud | 16.06.2019 |
| 60.21 | Betina Nilssen | 92 | Jessheim | 18.08.2008 |
| 61.17 | Therese Tærud | 96 | Lillehammer/Ss | 26.09.2013 |
| 61.55 | Liv Anita Mikkelborg | 80 | Jessheim | 31.08.1998 |
| 61.71 | Frida Kristin Forberg | 92 | Lillehammer/Ss | 21.06.2008 |
| 61.94 | Elèn Linchausen Skar | 06 | Nadderud | 12.06.2022 |
| 62.28 | Guri Fjeldberg | 69 | Nadderud | 12.08.1984 |
| 62.39 | Inger Lise Borgen | 64 | Oslo/Bi | 11.08.1983 |
| 62.98 | Maren Fald Gården | 88 | Lillehammer/Ss | 24.06.2006 |
| 63.27 | Ragnhild Hammeren | 90 | Jessheim | 18.08.2008 |
| 63.76 | Kari Fjeldberg | 68 | Nadderud | 12.08.1984 |
| 63.97 | Linnea Sjøstrøm Johansen | 06 | Nadderud | 12.06.2022 |
| 64.51 | Elisabeth Langrusten | 86 | Jessheim | 14.06.2004 |
| 64.77 | Natalie Nordbech Jøransen | 07 | Rud | 18.06.2023 |
| 65.65 | Unn Hoel | 69 | Nadderud | 12.08.1984 |
| 65.88 | Maren Fald Gården | 88 | Lillehammer/Ss | 26.06.2004 |
| 65.96 | Helena Seland Myhre | 97 | Oslo/Bi | 19.09.2013 |
| 66.31 | Mathea Edle Olsen | 05 | Nittedal | 25.08.2018 |
| 66.37 | Hege Rustad | 70 | Nadderud | 11.08.1985 |
| 66.53 | Tonje Berg | 85 | Lillehammer/Ss | 01.07.2001 |
| 66.77 | Ida Berg Hansen | 92 | Jessheim | 18.08.2008 |
| 67.02 | Hilde Gustavson | 87 | Oslo/Bi | 28.08.2005 |
| 67.86 | Hanna Schultze Toverød | 96 | Lillehammer/Ss | 22.05.2013 |
| 68.11 | Kari Robøle | 86 | Jessheim | 27.05.2002 |
| 68.35 | Mia Jenny Østreng | 03 | Lillehammer/Ss | 22.06.2019 |

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| **KVINNER JUNIOR 19** | **155** |

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| **400m M** |  |

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| --- | --- | --- | --- | --- |
| 61.1 | Inger Lise Borgen | 64 | Nadderud | 23.08.1982 |
| 62.1 | Grethe Uhlen | 49 | Lillestrøm | 22.08.1964 |
| 62.1 | Kari Fjeldberg | 68 | Romedal | 26.05.1984 |
| 62.6 | Anne Kjersti Kvamme | 66 | Nadderud | 19.08.1985 |
| 62.7 | Elisabeth Langrusten | 86 | Bjørkelangen | 31.05.2003 |
| 63.6 | Kristin Bogstad | 64 | Lillehammer/Ss | 07.08.1980 |
| 63.6 | Nina Holm | 64 | Nadderud | 23.08.1982 |
| 64.1 | Unn Hoel | 69 | Jessheim | 22.06.1984 |
| 64.2 | Kristin Jensen | 70 | Oslo/Bi | 21.05.1987 |
| 64.5 | Marit Rogstad | 67 | Stenungsund, SWE | 21.07.1983 |
| 64.8 | Kari Fjeldberg | 68 | Romedal | 02.06.1985 |
| 64.9 | Marit Wiig | 49 | Råholt | 27.08.1966 |
| 65.1 | Inger Anne Nerhagen | 57 | Oslo/Bi | 07.06.1973 |
| 65.2 | Inger Birgitte Reppe | 68 | Strømmen | 17.08.1983 |
| 65.6 | Grete Vegel | 47 | Lillestrøm | 22.08.1964 |
| 66.2 | Kirsten Andersen | 70 | Jessheim | 24.07.1986 |
| 66.4 | Kristin Bogstad | 65 | Årnes | 27.05.1981 |
| 66.8 | Lene Kristin Nyland | 74 | Jessheim | 29.09.1987 |
| 67.0 | Anne Mette Olsen | 54 | Nannestad | 04.06.1970 |
| 67.1 | May Britt Engenes | 53 | Nannestad | 04.06.1970 |
| 67.1 | Vibeke Aarflot | 69 | Oslo/Bi | 21.05.1987 |
| 67.5 | Winnie Lindner | 44 | Råholt | 26.08.1961 |
| 67.2 | Helena Seland Myhre | 97 | Jessheim | 30.05.2013 |
| 67.7 | Winnie Lindner | 44 | Lillestrøm | 24.09.1960 |
| 68.0 | Torill Henriksen | 61 | Lillestrøm | 28.07.1974 |
| 67.4 | Turid Seime | 44 | Årnes | 17.08.1958 |
| 69.3 | Ragnhild Dahl | 50 | Råholt | 13.06.1964 |
| 69.3 | Gro Verpe | 62 | Lillestrøm | 02.06.1975 |
| 69.4 | Eva Myrvang | 42 | Jessheim | 17.06.1959 |
| 69.4 | Liv Knutsen | 52 | Nannestad | 25.06.1969 |
| 69.5 | Åshild Sørum | 39 | Sandvika/Ka | 20.09.1958 |
| 69.5 | Anne Lise Aas | 41 | Jessheim | 24.09.1960 |
| 69.6 | Anne Karin Fagertun | 46 | Jessheim | 20.09.1959 |
| 69.6 | Maren Eriksen Skappel | 96 | Jessheim | 30.05.2013 |
| 69.8 | Karin Kvamme | 58 | Jessheim | 04.10.1970 |
| 70.1 | May Britt Engenes | 53 | Råholt | 17.08.1969 |
| 71.7 | Victoria Børresen | 98 | Jessheim | 30.05.2013 |
| 72.3 | Berit Dønnum | 41 | Jessheim | 24.09.1960 |
| 72.4 | Eli Jensen | 62 | Lillestrøm | 02.06.1963 |
| 72.5 | Ingvild Fjeldheim | 75 | Jessheim | 03.10.1988 |
| 72.6 | Anne Gro Digerud | 52 | Råholt | 13.08.1966 |
| 74.5 | Vera Martinsen | 47 | Strømmen | 16.09.1962 |

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| **KVINNER JUNIOR 19** | **156** |

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| **600m** |  |

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| 1:36.65 | Wilma Anna Torbiørnssen | 07 | Rjukan | 11.09.2021 |
| 1:37.97 | Emilie Hov Andreassen | 00 | Lillestrøm | 24.05.2014 |
| 1:39.47 | Liv Anita Mikkelborg | 80 | Lillehammer/Ss | 10.09.1994 |
| 1:41.42 | Julie Hammer | 04 | Hamar | 08.09.2018 |
| 1:42.76 | Sina Sandholt | 92 | Nadderud | 16.06.2006 |
| 1:43.5 | Karin Kvamme | 58 | Bergen/Fa | 22.08.1971 |
| 1:43.57 | Andrea Udnes Weng | 92 | Nadderud | 16.06.2006 |
| 1:43.77 | Amalie Westby Liestøl | 02 | Lillehammer/Ss | 21.06.2015 |
| 1:46.0 | Inger Anne Nerhagen | 57 | Lillestrøm | 12.08.1973 |
| 1:46.07 | Hermine Opsahl Torgersen | 10 | Oslo/Bi | 04.06.2023 |
| 1:46.22 | Caroline Foss Høistad | 98 | Nadderud | 06.05.2014 |
| 1:46.45 | Vilde Svardahl | 01 | Lillestrøm | 30.05.2015 |
| 1:46.63 | Vilde Svardahl | 01 | Asker/Fø | 31.05.2014 |
| 1:47.1 | Ellen Undseth | 73 | Kløfta | 27.05.1986 |
| 1:47.39 | Astrid Knudsen Walstad | 11 | Rud | 17.06.2023 |
| 1:47.71 | Tuva Forsbacka | 09 | Jessheim | 12.08.2023 |
| 1:47.9 | Hege Lundring | 73 | Kløfta | 27.05.1986 |
| 1:48.41 | Charlotte Oliversen | 81 | Oslo/La | 20.06.2004 |
| 1:48.62 | Tonje Oliversen | 91 | Nadderud | 17.06.2005 |
| 1:48.7 | Karin Kvamme | 58 | Lørenfallet | 13.06.1972 |
| 1:48.88 | Helena Seland Myhre | 97 | Nadderud | 06.05.2014 |
| 1:49.1 | Torill Henriksen | 61 | Rolvsrud | 08.06.1974 |
| 1:49.32 | Anniken Alnæs | 94 | Lillestrøm | 14.06.2008 |
| 1:49.52 | Mathea Edle Rundgren Olsen | 06 | Nittedal | 16.09.2018 |
| 1:50.4 | Gro Verpe | 62 | Oslo/Bi | 02.09.1975 |
| 1:50.78 | Natalie Norbech Johansen | 07 | Jessheim | 07.08.2021 |
| 1:50.87 | Mia Jenny Østreng | 04 | Jessheim | 23.05.2020 |
| 1:52.51 | Linnea Børresen Lecomte | 07 | Jessheim | 30.08.2021 |
| 1:52.97 | Malene Fjellestad | 97 | Nadderud | 07.05.2013 |
| 1:53.24 | Solveig Emilie Johansen | 03 | Lillestrøm | 31.05.2015 |
| 1:53.71 | June Laake | 04 | Lillestrøm | 29.05.2016 |
| 1:54.06 | Heidi Kristine Halling | 97 | Nadderud | 03.05.2012 |
| 1:54.15 | Marie Tømmerberg | 91 | Nadderud | 17.06.2005 |
| 1:54.19 | Hedda Algarheim Tverås | 01 | Lillestrøm | 24.05.2014 |
| 1:54.7 | Maria Ulvestad | 91 | Lørenfallet | 06.09.2005 |
| 1:54.71 | Hanne Rimstad | 10 | Göteborg, SWE | 17.06.2022 |
| 1:56.52 | Victoria Børresen | 98 | Oslo/Bi | 24.09.2012 |
| 1:56.63 | Maren Eriksen Skappel | 96 | Nadderud | 03.05.2012 |
| 1:56.9 | Bente Henriksen | 59 | Lørenfallet | 13.06.1972 |
| 1:57.62 | Silje Disserud | 91 | Jessheim | 13.06.2005 |
| 1:56.91 | Silje Christine Berg-Knutsen | 05 | Nadderud | 12.06.2016 |
| 1:58.08 | Pernille Dahl | 91 | Jessheim | 13.06.2005 |
| 1:58.20 | Tonje Berg | 85 | Jessheim | 22.05.2000 |
| 1:58.3 | Linn Helene Bakke | 91 | Oslo/La | 19.05.2005 |
| 1:59.35 | Sofie Rostad | 94 | Oslo/Bi | 19.08.2007 |

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| **KVINNER JUNIOR 19** | **157** |

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| **800m** |  |

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| --- | --- | --- | --- | --- |
| 2:12.30 | Wilma Torbjørnsson | 07 | Oslo/Bi | 29.08.2023 |
| 2:14.94 | Emilie Hov Andreassen | 00 | Göteborg, SWE | 03.07.2015 |
| 2:15.42 | Liv Anita Mikkelborg | 80 | Åkrestrømmen | 26.08.1995 |
| 2:18.48 | Sina Sandholt | 92 | Oslo/Bi | 15.06.2007 |
| 2:18.57 | Caroline Foss Høistad | 98 | Nadderud | 13.06.2015 |
| 2:19.7 | Unn Hoel | 69 | Nadderud | 17.06.1983 |
| 2:20.1 | Nina Holm | 64 | Oslo/St | 28.07.1982 |
| 2:20.2 | Inger Lise Borgen | 64 | Larvik/Lo | 05.09.1982 |
| 2:21.57 | Silje Gundersen | 92 | Oslo/Bi | 15.06.2007 |
| 2:21.63 | Elisabeth Langrusten | 86 | Nadderud | 15.06.2003 |
| 2:22.0 | Inger Lise Borgen | 64 | Jessheim | 24.06.1981 |
| 2:22.0 | Inger Birgitte Reppe | 68 | Florø | 16.09.1984 |
| 2:22.24 | Gunn Vilberg | 66 | Oslo/Bi | 19.06.1984 |
| 2:22.5 | Kari Fjeldberg | 68 | Oslo/Bi | 19.06.1984 |
| 2:22.7 | Kristin Jensen | 70 | Jessheim | 28.06.1987 |
| 2:22.86 | Emilie Hov Andreassen | 00 | Brandbu | 06.08.2016 |
| 2:23.83 | Kamilla Bråthen | 77 | Lillehammer/Ss | 30.06.1991 |
| 2:23.87 | Line Røen | 66 | Oslo/Bi | 19.06.1984 |
| 2:24.24 | Therese Tærud | 96 | Lillehammer/Ss | 22.05.2013 |
| 2:25.18 | Julie Hammer | 04 | Nittedal | 11.05.2018 |
| 2:25.3 | Hilde Rustad | 66 | Oslo/Bi | 31.05.1979 |
| 2:25.69 | Maren Feld Gården | 88 | Byrkjelo | 27.08.2006 |
| 2:25.8 | Ingjerd Vestengen | 65 | Halden | 10.05.1980 |
| 2:26.02 | Frida Kristine Forberg | 92 | Nadderud | 07.06.2008 |
| 2:26.69 | Amalie Westby Liestøl | 02 | Lillehammer/Ss | 19.06.2016 |
| 2:26.7 | Guri Fjeldberg | 69 | Sandnes | 23.06.1984 |
| 2:26.8 | Grethe Uhlen | 49 | Oslo/Bi | 13.05.1965 |
| 2:27.3 | Kristin Jensen | 70 | Oslo/La | 16.05.1985 |
| 2:27.4 | May Britt Engenes | 53 | Strømmen | 05.09.1971 |
| 2:27.65 | Julie Flatner Hansen | 99 | Göteborg, SWE | 27.06.2014 |
| 2:27.9 | Ellen Undseth | 73 | Hønefoss | 13.09.1986 |
| 2:28.3 | Inger Anne Nerhagen | 57 | Oslo/Jo | 13.06.1973 |
| 2:28.3 | Silje Ekroll Jahren | 88 | Lørenfallet | 06.06.2006 |
| 2:28.6 | Grete Vegel | 47 | Jessheim | 30.08.1964 |
| 2:28.7 | Marit Rogstad | 67 | Moss/Me | 03.06.1984 |
| 2:28.73 | Vilde Svardal | 01 | Oslo/Bi | 08.08.2015 |
| 2:29.35 | Hege Lundring | 73 | Sofiemyr | 10.06.1989 |
| 2:29.54 | Helena Seland Myhre | 97 | Lillehammer/Ss | 07.09.2013 |
| 2:29.6 | Kari Fjeldberg | 68 | Oslo/Bi | 08.06.1982 |
| 2:30.32 | Mia Jenny Østreng | 03 | Nadderud | 15.06.2019 |
| 2:30.41 | Tonje Oliversen | 91 | Lillehammer/Ss | 26.06.2005 |
| 2:31.3 | Kristin Jensen | 70 | Strømmen | 10.06.1984 |
| 2:31.5 | Ellen Undseth | 73 | Jessheim | 15.08.1987 |
| 2:31.73 | Tuva Forsbacka | 09 | Lillehammer/Ss | 25.06.2023 |
| 2:31.75 | Cathrine Gundersen | 90 | Jessheim | 02.06.2008 |

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| **KVINNER JUNIOR 19** | **158** |

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| **1000m** |  |

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| 3:05.1 | Hilde Rustad | 66 | Oslo/Bi | 20.08.1979 |
| 3:17.59 | Kristin Jensen | 70 | Nadderud | 12.08.1984 |
| 3:27.45 | June Røhne | 03 | Nittedal | 16.05.2018 |
| 3:27.5 | Kamilla Bråthen | 77 | Nannestad | 14.06.1989 |
| 3:29.0 | Ingvild Fjeldheim | 75 | Nannestad | 14.06.1989 |
| 3:48.51 | Anette Kiran | 82 | Lillehammer/Ss | 23.06.1994 |
| 3:50.6 | Ane Kamstrup Hovind | 88 | Jessheim | 19.08.2002 |
| 3:58.3 | Hanne Frydenlund | 76 | Nannestad | 14.06.1989 |

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| **1000m MX** |  |

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| 2:55.57 | Wilma Torbjørnsson | 07 | Rud | 04.05.2023 |

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| **KVINNER JUNIOR 19** | **159** |

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| **1500m** |  |

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| 4:25.50 | Wilma Torbjørnsson | 07 | Oslo/Bi | 15.06.2023 |
| 4:36.86 | Julie Hammer | 04 | Prestfoss | 25.08.2019 |
| 4:40.72 | Caroline Foss Høistad | 98 | Hamar | 18.05.2016 |
| 4:45.47 | Silje Ekroll Jahren | 88 | Bergen/Fa | 23.07.2006 |
| 4:48.98 | Kamilla Bråthen | 77 | Åkrestrømmen | 27.07.1995 |
| 4:49.1 | Nina Holm | 64 | Oslo/St | 28.09.1983 |
| 4:50.0 | Hilde Rustad | 66 | Oslo/Bi | 03.09.1980 |
| 4:50.7 | Liv Anita Mikkelborg | 80 | Jessheim | 29.05.1995 |
| 4:52.9 | Ann Kristin Halvorsen | 63 | Oslo/St | 07.06.1982 |
| 4:53.7 | Inger Lise Borgen | 64 | Oslo/St | 21.05.1981 |
| 4:54.0 | Gunn Vilberg | 66 | Jessheim | 08.06.1984 |
| 4:54.88 | Tina Moen | 00 | Jessheim | 02.06.2016 |
| 4:55.4 | Line Røen | 66 | Jessheim | 29.05.1986 |
| 4:55.64 | Emilie Hov Andreassen | 00 | Jessheim | 04.06.2015 |
| 4:58.6 | Hanne Sørensen | 63 | Jessheim | 11.06.1982 |
| 5:00.2 | Hege Lundring | 73 | Jessheim | 13.06.1990 |
| 5:00.6 | Line Røen | 66 | Jessheim | 08.06.1984 |
| 5:01.0 | Wenche Moen | 65 | Jessheim | 24.08.1983 |
| 5:02.0 | Hanne Sørensen | 63 | Jessheim | 09.06.1980 |
| 5:02.49 | Sina Sandholt | 92 | Lillehammer/Ss | 22.06.2007 |
| 5:03.20 | Hermine Opsahl Torgersen | 10 | Tønsberg/Gr | 20.05.2023 |
| 5:04.0 | Elisabeth Langrusten | 86 | Jessheim | 12.06.2003 |
| 5:04.3 | Unn Hoel | 69 | Oslo/Bi | 23.08.1982 |
| 5:04.7 | Ingjerd Vestengen | 65 | Jessheim | 08.06.1984 |
| 5:06.49 | Julie Flatner Hansen | 99 | Lillehammer/Ss | 19.06.2014 |
| 5:07.06 | Mia Jenny Østreng | 03 | Oslo/Bi | 15.07.2020 |
| 5:09.06 | Silje Gundersen | 92 | Lillehammer/Ss | 22.06.2007 |
| 5:09.2 | Hege Melby | 68 | Jessheim | 13.06.1986 |
| 5:09.5 | Ann Kristin Halvorsen | 63 | Jessheim | 12.06.1981 |
| 5:09.8 | Anne Grethe Bjørnsveen | 71 | Jessheim | 13.06.1988 |
| 5:09.6 | Nina Østvold | 66 | Jessheim | 16.06.1982 |
| 5:10.15 | Andrea Udnes Weng | 92 | Nadderud | 18.06.2006 |
| 5:12.7 | Frida Kristine Forberg | 92 | Jessheim | 12.06.2008 |
| 5:12.87 | Julie Flatner Hansen | 99 | Jessheim | 04.06.2015 |
| 5:13.1 | Torill Evensen | 67 | Herlev, DEN | 20.06.1986 |
| 5:13.3 | Kristin Jensen | 70 | Jessheim | 09.09.1985 |
| 5:13.3 | Torunn Larsen | 68 | Jessheim | 13.06.1986 |
| 5:13.6 | Bente Aarflot | 72 | Jessheim | 10.06.1987 |
| 5:14.09 | Helena Seland Myhre | 97 | Lillehammer/Ss | 18.06.2015 |
| 5:14.1 | Målfrid Olsen | 65 | Strømmen | 24.08.1979 |
| 5:14.8 | Oda Wennemo | 92 | Jessheim | 12.06.2008 |
| 5:16.1 | Hildegunn Bjerkan | 63 | Jessheim | 09.06.1978 |
| 5:16.30 | Malene Fjellestad | 97 | Lillehammer/Ss | 18.06.2015 |
| 5:16.9 | Tone Rosenberg | 63 | Jessheim | 09.06.1980 |
| 5:17.2 | Kristin Bogstad | 64 | Jessheim | 12.06.1981 |

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| **KVINNER JUNIOR 19** | **160** |

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| **2000m** |  |

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| 6:26,31 | Julie Hammer | 04 | Göteborg, SWE | 30.06.2019 |
| 6.27.51 | Wilma Thorbjørnsson | 07 | Nadderud | 10.06.2022 |
| 6:44.57 | Kamilla Bråthen | 77 | Haugesund | 02.08.1992 |
| 6:55.1 | Hilde Rustad | 66 | Jessheim | 11.08.1980 |
| 6:57.78 | Julie Flatner Hansen | 99 | Göteborg, SWE | 29.06.2014 |
| 7:07.90 | Anniken Gjerde Alnes | 94 | Nadderud | 13.06.2009 |
| 7:11.43 | Elisabeth Langrusten | 86 | Bergen/Fa | 09.09.2001 |
| 7:14.33 | Silje Gundersen | 92 | Kristiansand | 26.08.2007 |
| 7:19.37 | Heidi Halling | 97 | Nadderud | 15.06.2012 |
| 7:24.20 | Mia Jenny Østreng | 03 | Jessheim | 12.08.2018 |
| 7:33.6 | Malene Fjellestad | 97 | Jessheim | 27.08.2013 |
| 7:48.86 | Maren Fald Gården | 88 | Bergen/Fa | 13.09.2003 |

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| **KVINNER JUNIOR 19** | **161** |

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| **3000m** |  |

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| 9:39.57 | Wilma Thorbjørnsson | 07 | Sandnes | 27.08.2023 |
| 9:52.09 | Julie Hammer | 04 | Prestfoss | 25.08.2019 |
| 10:08.2 | Kamilla Bråthen | 77 | Jessheim | 19.08.1996 |
| 10:25.1 | Hilde Rustad | 66 | Jessheim | 20.08.1979 |
| 10:32.6 | Hilde Rustad (Høgbakken) | 66 | Raufoss | 30.08.1981 |
| 10:40.6 | Hege Melby | 68 | Jessheim | 15.08.1986 |
| 10:42.34 | Silje Ekroll Jahren | 88 | Moss/Me | 02.09.2005 |
| 10:42.4 | Ingjerd Vestengen | 65 | Oslo/St | 27.06.1984 |
| 10:45.8 | Anne Karin Halvorsen | 63 | Årnes | 26.05.1982 |
| 10:45.8 | Wenche Moen | 65 | Jessheim | 19.08.1983 |
| 10:48.5 | Hanne Sørensen | 63 | Jessheim | 20.08.1982 |
| 10:51.0 | Hege Lundring | 73 | Nadderud | 09.06.1990 |
| 10:52.0 | Line Røen | 66 | Rolvsrud | 09.06.1984 |
| 10:54.41 | Tina Moen | 00 | Nadderud | 10.06.2016 |
| 10:55.1 | Målfrid Olsen | 66 | Jessheim | 20.08.1979 |
| 10:58.4 | Inger Lise Borgen | 64 | Larvik/Lo | 09.10.1982 |
| 10:58.53 | Caroline Høistad Foss | 98 | Lillehammer/Ss | 21.06.2014 |
| 10:59.4 | Nina Holm | 65 | Jessheim | 19.08.1983 |
| 11:05.72 | Elisabeth Langrusten | 86 | Nadderud | 14.06.2002 |
| 11:07.9 | Tone Rosenberg | 63 | Jessheim | 18.08.1980 |
| 11:14.9 | Gunn Vilberg | 66 | Jessheim | 07.09.1984 |
| 11:16.7 | Nina Østvold | 66 | Jessheim | 20.08.1982 |
| 11:16.74 | Elise Mobrenna | 05 | Jessheim | 05.08.2022 |
| 11:16.9 | Bente Aarflot | 72 | Jessheim | 22.08.1990 |
| 11:19.2 | Torunn Larsen | 68 | Jessheim | 15.08.1986 |
| 11:19.71 | Julie Flatner Hansen | 99 | Hamar | 23.05.2015 |
| 11:21.1 | Bente Iren Solberg | 61 | Jessheim | 18.08.1980 |
| 11:35.4 | Torbjørg Muri | 62 | Jessheim | 21.08.1981 |
| 11:40.90 | Malene Fjellestad | 97 | Lillehammer/Ss | 08.09.2013 |
| 11:41.3 | Lene Anette Haugen | 72 | Jessheim | 19.08.1988 |
| 11:44.0 | Kathrine Huuse | 69 | Jessheim | 21.08.1987 |
| 11:47.8 | Heidi Bredengen | 71 | Jessheim | 21.08.1989 |
| 11:48.9 | Anne-Grethe Bjørnsveen | 71 | Jessheim | 19.08.1988 |
| 11:50.8 | Heidi Anett Solberg | 65 | Jessheim | 18.08.1980 |
| 11:51.9 | Ann Kristin Ullerud | 66 | Jessheim | 20.08.1982 |
| 11:52.3 | Bente Tenold | 62 | Jessheim | 21.08.1981 |
| 11:53.1 | Nina Sand | 74 | Jessheim | 22.08.1990 |
| 11:53.8 | Tone Rosenberg | 63 | Jessheim | 20.08.1982 |
| 11:59.4 | Elisabeth Moum | 67 | Jessheim | 19.08.1983 |
| 12:00.0 | Kristin Bogstad | 64 | Jessheim | 20.08.1982 |
| 12:00.7 | Tone Rustad | 67 | Jessheim | 19.08.1983 |
| 12:06.28 | Oda Wennemo | 92 | Bjørkelangen | 10.06.2007 |
| 12:07.1 | Bente Aarflot | 72 | Jessheim | 21.08.1987 |
| 12:08.5 | Lill Hege Gimnes | 68 | Jessheim | 19.08.1983 |
| 12:12.4 | Inger Johanne Haugen | 60 | Jessheim | 22.08.1975 |

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| **KVINNER JUNIOR 19** | **162** |

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| **5000m** |  |

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| 21:21.98 | Elise Mobrenna | 05 | Kongsvinger | 06.07.2022 |
| 22:21.31 | Stine Elisabeth Rajala | 92 | Oslo/Bi | 30.06.2011 |

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| **80m hekk 76.2 cm E** |  |

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| 11.91 | Tonje Moen | 00 | Sandnes | 03.09.2016 |
| 12.07 | Inger Birgitte Reppe | 68 | Bergen/Fa | 19.08.1984 |
| 12.16 | Summer Steinsrud | 01 | Bergen/Fa | 02.09.2017 |
| 12.31 | Vår Åsheim | 99 | Lillestrøm | 12.09.2015 |
| 12.64 | Frida Rimstad | 07 | Jessheim | 12.08.2023 |
| 12.98 | Victoria Hillveg | 86 | Stjørdal | 26.08.2000 |
| 13.31 | Marit Rogstad | 67 | Oslo/Bi | 25.05.1983 |
| 13.62 | Kristin Urnes | 75 | Lillehammer/Ss | 22.06.1990 |
| 15.31 | Siv Anita Engh | 85 | Asker/Fø | 09.09.2000 |
| 15.80 | Tonje Berg | 85 | Jessheim | 22.05.2000 |
| 16.00 | Ebba Beyer | 98 | Nadderud | 14.06.2014 |
| 17.19 | Mari Jellum | 79 | Oslo/La | 21.06.1994 |

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| **80m hekk 76.2 cm M** |  |

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| 12.0 | Inger Birgitte Reppe | 68 | Oslo/Bi | 19.06.1984 |
| 13.2 | Tone Sæthermoen | 69 | Larvik/Lo | 04.09.1982 |
| 13.3 | Guri Fjeldberg | 69 | Oslo/La | 19.09.1984 |
| 13.6 | Kristin Urnes | 75 | Jessheim | 17.09.1989 |
| 13.9 | Astrid Sundby | 42 | Jessheim | 13.09.1959 |
| 13.9 | Winnie Lindner | 44 | Strømmen | 14.09.1961 |
| 14.4 | Ragnhild Sundby | 44 | Råholt | 21.08.1960 |
| 14.8 | Liv Jensen | 40 | Jessheim | 12.08.1956 |
| 14.8 | Anne Berit Eik | 49 | Jessheim | 16.08.1964 |
| 14.9 | Unn Henriksen | 42 | Jessheim | 16.06.1957 |
| 15.0 | Grete Uhlen | 49 | Jessheim | 16.08.1964 |
| 15.2 | Ingrid Sundby | 39 | Strømmen | 26.08.1956 |
| 15.5 | Aase Alstad | 48 | Råholt | 22.09.1963 |
| 15.6 | Ingrid Møinichen | 48 | Jessheim | 16.08.1964 |
| 15.8 | Kari Fjeldberg | 68 | Strømmen | 05.08.1981 |
| 15.9 | Inge Sund | 43 | Kløfta | 10.08.1958 |
| 16.1 | Anne Lise Aas | 41 | Jessheim | 30.08.1959 |
| 16.1 | Gro Verpe | 62 | Lørenfallet | 21.06.1975 |
| 16.2 | Åshild Sørum | 39 | Jessheim | 06.08.1958 |
| 16.3 | Cora Halsan | 47 | Jessheim | 06.10.1963 |
| 16.4 | Åshild Sørum | 39 | Kløfta | 15.06.1957 |
| 16.5 | Eva Myrvang | 42 | Jessheim | 19.06.1959 |
| 16.6 | Marit Wiig | 49 | Jessheim | 20.08.1966 |
| 16.9 | Borghild Hansen | 45 | Kløfta | 10.08.1958 |
| 17.1 | Torill Pedersen | 69 | Jessheim | 27.05.1982 |

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| **KVINNER JUNIOR 19** | **163** |

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| **100m hekk 84 cm E** |  |

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| 13.95 | Tonje Moen | 00 | Oslo/Bi | 07.06.2018 |
| 14.55 | Inger Birgitte Reppe | 68 | Nesbyen | 14.08.1987 |
| 17.82 | Kristin Urnes | 75 | Sofiemyr | 05.08.1992 |

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| **100m hekk 84 cm M** |  |

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| 15.1 | Inger Birgitte Reppe | 68 | Oslo/St | 14.04.1986 |
| 17.6 | Marit Rogstad | 67 | Oslo/Bi | 26.05.1982 |
| 17.7 | Inger Birgitte Reppe | 68 | Oslo/St | 28.09.1983 |

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| **200m hekk 76.2 cm E** |  |

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| 34.48 | Linnea Bratteng | 07 | Rjukan | 12.09.2021 |
| 35.88 | Vår Åsheim | 99 | Jessheim | 01.09.2013 |

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| **200m hekk 76.2 cm M** |  |

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| 32.8 | Tone Sæthermoen | 69 | Jessheim | 02.10.1982 |
| 34.1 | Inger Birgitte Reppe | 68 | Jessheim | 01.10.1984 |
| 34.6 | Kari Fjeldberg | 68 | Jessheim | 03.10.1983 |
| 34.9 | Marit Rogstad | 67 | Jessheim | 02.10.1982 |
| 36.3 | Guri Fjeldberg | 69 | Jessheim | 02.10.1982 |

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| **300m hekk 76.2 cm E** |  |

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| 43.29 | Vår Åsheim | 99 | Lillestrøm | 27.05.2018 |
| 48.66 | Natalie Nordbech Jøransen | 07 | Bergen/Fa | 08.09.2023 |
| 49.83 | Frida Rimstad | 07 | Jessheim | 12.08.2023 |
| 52.31 | Ida Berg-Hansen | 92 | Lillestrøm | 24.08.2008 |
| 52.52 | Tonje Berg | 85 | Jessheim | 19.08.2001 |
| 53.54 | Victoria Børresen | 98 | Oslo/Bi | 26.09.2014 |
| 56.81 | Madelaine Kristiansen | 06 | Jessheim | 30.08.2021 |

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| **300m hekk 76.2 cm M** |  |

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| 53.1 | Ida Berg-Hansen | 92 | Jessheim | 31.07.2008 |
| 57.2 | Frida Frøseth Larsen | 92 | Jessheim | 31.07.2008 |
| 60.5 | Lillian Buraas | 91 | Jessheim | 31.07.2008 |

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| **KVINNER JUNIOR 19** | **164** |

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| **400m hekk 76.2 cm E** |  |

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| 60.14 | Vår Åsheim | 99 | Oslo/Bi | 05.07.2018 |
| 70.76 | Marit Rogstad | 67 | Raufoss | 24.06.1984 |
| 74.14 | Natalie Nordbech Jøransen | 07 | Ås | 01.05.2022 |

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| **400m hekk 76.2 cm M** |  |

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| 69.4 | Kari Fjeldberg | 68 | Lørenfallet | 01.09.1983 |
| 70.0 | Marit Rogstad | 67 | Oslo/Bi | 12.06.1984 |
| 79.4 | Kari Fjeldberg | 68 | Lørenfallet | 01.09.1984 |

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| **1500m hinder 76.2 cm** |  |

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| 4:59.50 | Julie Hammer | 04 | Göteborg, SWE | 28.06.2019 |
| 5:07.62 | Wilma Thorbjørnsson | 07 | Sandnes | 27.08.2023 |
| 5:36.83 | Mia Østreng | 03 | Jessheim | 07.09.2019 |

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| **2000m hinder 76.2 cm** |  |

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| 6:56.44 | Julie Hammer | 04 | Jessheim | 18.06.2019 |
| 7:26.64 | Tina Moen | 00 | Göteborg, SWE | 03.07.2016 |
| 7:39.16 | Caroline Foss Høistad | 98 | Lillestrøm | 12.09.2015 |
| 7:50.58 | Mia Jenny Østreng | 03 | Jessheim | 29.09.2020 |
| 8:18.64 | Helene Seland Myhre | 97 | Lillestrøm | 12.09.2015 |
| 8:49.55 | Heidi Kristine Halling | 97 | Lillestrøm | 12.09.2015 |

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| **5km landevei** |  |

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| 16:14 | Wilma Torbjørnsson | 07 | Jessheim | 28.10.2023 |
| 17:55 | Julie Hammer | 04 | Jessheim | 01.09.2018 |
| 20:19 | Dorthe Enebakk | 04 | Jessheim | 03.10.2020 |
| 20:41 | Hermine Opsal Torgersen | 10 | Jessheim | 30.09.2023 |
| 22:54 | Kaisa Ellevold | 08 | Jessheim | 30.09.2023 |
| 23:39 | Natalie Norbech Jøransen | 07 | Jessheim | 02.10.2021 |
| 24:08 | Kaja Brekke | 03 | Jessheim | 02.09.2023 |

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| **10km landevei** |  |

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| 33:54 | Wilma Torbjørnsson | 07 | Hole | 21.10.2023 |
| 39:33 | Johanne Norheim | 03 | Jessheim | 15.09.2018 |
| 42:07 | Elisa Mobrenna | 05 | Jessheim | 21.05.2023 |
| 51:30 | Jenny Slåstad | 09 | Jessheim | 30.09.2023 |
| 51:34 | Frøya Nor Holmsen | 06 | Jessheim | 14.11.2021 |

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| **Halvmaraton 21098m** |  |

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| 1:41:01 | Stine Elisabeth Rajala | 92 | Jessheim | 20.11.2010 |
| 1:42:42 | Heidi Blakkisrud | 69 | Oslo | 13.09.1986 |
| **KVINNER JUNIOR 19** | | **165** | | |

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| **Høyde** |  |

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| --- | --- | --- | --- | --- |
| 1.71 | Anita Dale | 76 | Lillehammer/Ss | 26.06.1994 |
| 1.68 | Anne Mette Olsen | 54 | Lillestrøm | 19.08.1972 |
| 1.68 | Kristin Urnes | 75 | Grimstad | 09.07.1989 |
| 1:68 | Hanna Rimstad | 07 | Arvika, SWE | 23.07.2023 |
| 1.61 | Guri Fjeldberg | 69 | Moss/Me | 02.06.1984 |
| 1.60 | Kari Fjeldberg | 68 | Strømmen | 02.06.1984 |
| 1.60 | Linn Helene Bakke | 91 | Oslo/La | 19.05.2005 |
| 1.60 | Mari Steen Myrvang | 06 | Nittedal | 16.09.2018 |
| 1.58 | Hanna Rimstad | 10 | Göteborg, SWE | 18.06.2022 |
| 1.56 | Siv Anita Engh | 85 | Porsgrunn/Kj | 19.08.2000 |
| 1.55 | Ebba Beyer | 98 | Nadderud | 15.06.2014 |
| 1.52 | Inger Birgitte Reppe | 68 | Moss/Me | 02.06.1984 |
| 1.50 | Tove Dønnum | 40 | Jessheim | 19.09.1959 |
| 1.50 | Marit Rogstad | 67 | Kirkenær | 23.05.1983 |
| 1.50 | Tone Lauritzen | 76 | Lillehammer/Ss | 27.06.1992 |
| 1.50 | Victoria Hillveg | 86 | Jessheim | 23.08.1999 |
| 1.45 | Liv Knutsen | 52 | Lillestrøm | 04.09.1966 |
| 1.45 | Marit Rogstad | 67 | Kirkenær | 19.05.1984 |
| 1.45 | Ingrid Maudal | 82 | Oslo/Bi | 31.05.1997 |
| 1.45 | Linnea Bratteng | 07 | Oslo/Bi | 28.05.2022 |
| 1.43 | Kari Mo | 38 | Oslo/Jo | 17.06.1955 |
| 1.43 | Liv Knutsen | 52 | Råholt | 23.06.1968 |
| 1.42 | Ingrid Sundby | 39 | Råholt | 20.09.1957 |
| 1.40 | Kari Mo | 38 | Borgen | 05.09.1954 |
| 1.40 | Kari Furuseth | 45 | Jessheim | 26.08.1962 |
| 1.40 | Gro Verpe | 62 | Fana | 23.08.1976 |
| 1.40 | Tone Sæthermoen | 69 | Larvik/Lo | 04.09.1982 |
| 1.40 | Unn Hoel | 68 | Kirkenær | 23.05.1983 |
| 1.40 | Sofie Rostad | 94 | Jessheim | 25.05.2010 |
| 1.40 | Liv Kristina Holter | 97 | Oslo/Bi | 15.08.2010 |
| 1.38 | Åshild Sørum | 39 | Lillestrøm | 23.08.1954 |
| 1.38 | Astrid Sundby | 42 | Kongsvinger/Gj | 22.06.1958 |
| 1.38 | Anne Lise Aas | 41 | Jessheim | 10.06.1959 |
| 1.38 | Anne Berit Eik | 49 | Jessheim | 15.08.1964 |
| 1.38 | Marit Ørvik | 50 | Lillestrøm | 10.09.1966 |
| 1.38 | Hilde Ødemark | 64 | Årnes | 28.08.1979 |
| 1.37 | Grethe Uhlen | 49 | Råholt | 01.07.1964 |
| 1.36 | Winnie Lindner | 44 | Strømmen | 22.09.1962 |

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| **KVINNER JUNIOR 19** | **166** |

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| **Stav** |  |

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| --- | --- | --- | --- | --- |
| 4.00 | Birgitte Kjuus | 99 | Mannheim, GER | 23.06.2018 |
| 3.30 | Sara Bålsrud | 97 | Haugesund | 31.07.2015 |
| 3.00 | Sofie Schancke Krauss | 98 | Lillestrøm | 31.05.2015 |
| 3.00 | Hanna Rimstad | 10 | Rjukan | 02.09.2023 |
| 2.80 | Tonje Berg | 85 | Lillehammer/Ss | 27.06.2002 |
| 2.71 | Marie Øverlie | 08 | Sandnes | 25.08.2023 |
| 2.70 | Siv Anita Engh | 85 | Jessheim | 20.06.2002 |
| 2.60 | Kristin Urnes | 75 | Jessheim | 22.05.1989 |
| 2.20 | Sofie Rostad | 97 | Jessheim | 26.05.2011 |
| 2.10 | Hermine Opsahl Torgersen | 10 | Lillestrøm/Ss | 23.06.2023 |
| 1.95 | Mari Jellum | 79 | Jessheim | 26.09.1994 |
| 1.80 | Guri Fjeldberg | 69 | Jessheim | 06.07.1987 |
| 1.70 | Tina Moen | 00 | Jessheim | 04.06.2014 |

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| **KVINNER JUNIOR 19** | **167** |

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| **Lengde** |  |

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| --- | --- | --- | --- | --- |
| 5.61 | Birgitte Kjuus | 99 | Oslo/Bi | 05.07.2018 |
| 5.59 | Frida Rimstad | 07 | Rud | 27.08.2022 |
| 5.38 | Linn Helene Bakke | 91 | Oslo/Bi | 19.08.2007 |
| 5.35 | Inger Birgitte Reppe | 68 | Oslo/La | 09.09.1984 |
| 5.26 | Birgitte Kjuus | 99 | Ravnanger | 30.07.2016 |
| 5.22 | Guri Fjeldberg | 69 | Nadderud | 11.08.1985 |
| 5.15 | Tone Lauritzen | 77 | Kongsvinger/Gj | 23.05.1992 |
| 5.13 | Kristine Heggelund | 76 | Haugesund | 05.08.1992 |
| 5.07 | Winnie Lindner | 44 | Jessheim | 29.09.1962 |
| 5.06 | Lene Kristin Nyland | 74 | Nadderud | 09.06.1990 |
| 5.04 | Anne Mette Olsen | 54 | Kongsvinger/Gj | 20.06.1971 |
| 5.04 | Marit Rogstad | 67 | Raufoss | 18.08.1984 |
| 4.98 | Marie Belsvik | 36 | Borgen | 05.09.1954 |
| 4.96 | Kristin Urnes | 75 | Nadderud | 19.06.1992 |
| 4.92 | Kristine Heggelund | 76 | Nadderud | 18.06.1993 |
| 4.88 | Liv Knutsen | 52 | Tønsberg | 18.09.1966 |
| 4.86 | Anne Berit Eik | 49 | Strømmen | 08.09.1964 |
| 4.84 | Ragnhild Sundby | 44 | Sandvika/Ka | 17.09.1960 |
| 4.84 | Heidi Bogstad | 67 | Kirkenær | 21.05.1983 |
| 4.84 | Tone Sæthermoen | 69 | Larvik/Lo | 25.06.1985 |
| 4.82 | Kristin Urnes | 75 | Ski | 25.08.1991 |
| 4.82 | Betina Nilssen | 92 | Jessheim | 22.09.2007 |
| 4.79 | Kari Mo | 38 | Lillestrøm | 11.06.1955 |
| 4.77 | Ragnhild Sundby | 44 | Oslo/Jo | 12.09.1959 |
| 4.76 | Kari Fjeldberg | 68 | Oslo/Bi | 07.06.1983 |
| 4.75 | Hilde Verpe | 63 | Jessheim | 04.08.1977 |
| 4.75 | Kristin Urnes | 75 | Nadderud | 09.06.1990 |
| 4.75 | Anita Dale | 76 | Jessheim | 23.09.1993 |
| 4.74 | Anita Melbye | 58 | Lillestrøm | 20.09.1970 |
| 4.74 | Mari Solbrekken | 87 | Lillehammer/Ss | 24.06.2005 |
| 4.71 | Liv Jensen | 40 | Jessheim | 03.10.1954 |
| 4.67 | Eva Cathrine Torvund | 69 | Strømmen | 20.06.1984 |
| 4.65 | Kristin Brekke | 65 | Årnes | 20.08.1979 |
| 4.65 | Grethe Arnegård | 69 | Oslo/La | 16.05.1985 |
| 4.63 | Eva Cathrine Torvund | 69 | Strømmen | 01.06.1985 |
| 4.63 | Mari Solbrekken | 87 | Jessheim | 25.09.2003 |
| 4.61 | Anne Berit Eik | 49 | Strømmen | 21.08.1965 |
| 4.59 | Ingrid Sundby | 39 | Jessheim | 11.07.1956 |
| 4.64 | Astrid Sundby | 42 | Stavanger/St | 14.09.1957 |
| 4.63 | Cora Halsan | 47 | Sandvika/Ka | 17.09.1960 |
| 4.58 | Kristin Brekke | 65 | Halden | 10.05.1981 |
| 4.57 | Silje Disserud | 91 | Jessheim | 23.09.2006 |
| 4.56 | Åshild Sørum | 39 | Råholt | 21.08.1957 |
| 4.56 | Silje Disserud | 91 | Årnes | 27.05.2009 |
| 4.53 | Vår Åsheim | 99 | Lillestrøm | 09.06.2013 |

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| **KVINNER JUNIOR 19** | **168** |

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| **Tresteg** |  |

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| --- | --- | --- | --- | --- |
| 11.91 | Birgitte Kjuus | 99 | Ravnanger | 30.07.2016 |
| 11.44 | Frida Rimstad | 07 | Trondheim/St | 12.08.2022 |
| 10.74 | Tone Lauritzen | 76 | Oslo/Bi | 17.07.1995 |
| 10.45 | Kristin Urnes | 75 | Jessheim | 01.09.1993 |
| 10.44 | Kristine Heggelund | 76 | Jessheim | 06.07.1992 |
| 9.90 | Frida Forberg | 92 | Jessheim | 22.09.2007 |
| 9.85 | Victoria Hillveg | 86 | Jessheim | 24.09.1999 |
| 9.85 | Siv Anita Engh | 85 | Bjørkelangen | 01.06.2002 |
| 9.24 | Sofie Skancke Krauss | 98 | Jessheim | 30.05.2013 |
| 9.17 | Tonje Berg | 85 | Asker/Fø | 10.09.2000 |
| 9.16 | Vår Åsheim | 99 | Göteborg, SWE | 28.06.2014 |
| 9.01 | Natalie Norbech Jøransen | 07 | Oslo/St | 24.09.2021 |
| 8.71 | Tonje Berg | 85 | Asker/Fø | 05.09.1999 |
| 8.44 | Solveig Emilie Johansen | 03 | Nesodden | 29.08.2019 |
| 8.29 | Amalie Westby Liestøl | 02 | Jessheim | 28.08.2016 |
| 8.12 | Sofie Rostad | 94 | Nadderud | 08.05.2008 |
| 7.72 | Julie Flatner | 99 | Jessheim | 30.05.2013 |

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| **KVINNER JUNIOR 19** | **169** |

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| **Kule 4 kg** |  |

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| 13.46 | Hanna Emilie Hjeltnes | 04 | Kristiansand | 10.09.2021 |
| 11.30 | Guri Fjeldberg | 69 | Jessheim | 06.07.1987 |
| 11.45 | Silje Disserud | 91 | Oslo/Bi | 16.08.2008 |
| 10.60 | Astrid Sundby | 42 | Jessheim | 12.08.1961 |
| 10.16 | Linn Helene Bakke | 91 | Jessheim | 18.08.2008 |
| 9.17 | Anne Berit Eik | 49 | Råholt | 29.07.1964 |
| 9.13 | Ebba Beyer | 98 | Lillestrøm | 28.05.2016 |
| 9.02 | Winnie Lindner | 44 | Strømmen | 22.09.1962 |
| 8.88 | Anne Lise Aas | 41 | Jessheim | 08.06.1959 |
| 8.81 | Anita Dale | 76 | Jessheim | 27.09.1993 |
| 8.80 | Bente Honne | 43 | Strømmen | 16.09.1962 |
| 8.71 | Åshild Sørum | 39 | Sandvika/Ka | 20.09.1958 |
| 8.65 | Liv Jensen | 40 | Eidsvoll | 10.08.1956 |
| 8.65 | Ragnhild Sundby | 44 | Lillestrøm | 08.07.1960 |
| 8.59 | Marit Rogstad | 67 | Lillestrøm | 12.09.1981 |
| 8.57 | Ingrid Maudal | 82 | Jessheim | 22.06.1998 |
| 8.52 | Tonje Berg | 85 | Jessheim | 19.08.2002 |
| 8.50 | Ylva Rognstad | 98 | Overhalla | 02.08.2013 |
| 8.49 | Ingrid Sundby | 42 | Jessheim | 28.05.1958 |
| 8.40 | Inger Birgitte Reppe | 68 | Lørenfallet | 18.06.1985 |
| 8.37 | Vera Martinsen | 47 | Råholt | 23.09.1962 |
| 8.29 | Eva Myrvang | 41 | Jessheim | 19.06.1959 |
| 8.20 | Anita Aasheim | 66 | Kirkenær | 30.05.1981 |
| 8.17 | Kristin Urnes | 75 | Jessheim | 18.05.1992 |
| 8.15 | Grete Vegel | 47 | Jessheim | 05.06.1964 |
| 8.14 | Ragnhild Sundby | 44 | Jessheim | 30.08.1959 |
| 8.13 | Turid Seime | 44 | Jessheim | 23.08.1958 |
| 8.08 | Monique Sevilhaug | 69 | Jessheim | 29.08.1986 |
| 8.06 | Cecilie Laake | 66 | Strømmen | 14.06.1981 |
| 8.04 | Ragnhild Dahl | 50 | Jessheim | 15.08.1964 |
| 8.01 | Anita Aasheim | 66 | Jessheim | 17.08.1980 |
| 7.85 | Kari Wang | 56 | Lillestrøm | 26.09.1971 |
| 7.85 | Tone Sæthermoen | 69 | Jessheim | 26.09.1988 |
| 7.79 | Ragnhild Dahl | 50 | Strømmen | 21.08.1965 |
| 7.75 | Tove Dønnum | 40 | Jessheim | 12.07.1959 |
| 7.74 | Runa Nordahl | 56 | Blaker/Br | 13.06.1974 |
| 7.65 | Anne Gro Digerud | 52 | Nannestad | 04.06.1970 |
| 7.60 | Karin Lund | 41 | Jessheim | 22.06.1960 |
| 7.57 | Anne Marie Scheie | 50 | Strømmen | 25.06.1976 |
| 7.48 | Borghild Hansen | 45 | Jessheim | 29.08.1959 |

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| **KVINNER JUNIOR 19** | **170** |

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| **Diskos 1 kg** |  |

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| 46.56 | Hanna Emilie Hjeltnes | 04 | Haderslev, DEN | 03.06.2023 |
| 35.40 | Guri Fjeldberg | 69 | Jessheim | 29.09.1986 |
| 32.62 | Astrid Sundby | 42 | Oslo/Bi | 30.08.1961 |
| 29.88 | Tove Dønnum | 40 | Sandvika/Ka | 21.09.1958 |
| 29.45 | Ingrid Sundby | 39 | Jessheim | 16.06.1957 |
| 27.84 | Tonje Berg | 85 | Jessheim | 14.06.2004 |
| 26.00 | Winnie Lindner | 44 | Jessheim | 02.07.1962 |
| 25.96 | Turid Seime | 44 | Årnes | 17.08.1958 |
| 25.59 | Eva Myrvang | 41 | Jessheim | 17.06.1959 |
| 25.23 | Silje Disserud | 91 | Nadderud | 16.06.2007 |
| 25.24 | Tonje Berg | 85 | Jessheim | 23.09.2002 |
| 25.06 | Ingrid Maudal | 82 | Jessheim | 11.07.1998 |
| 24.93 | Bente Honne | 43 | Strømmen | 16.09.1962 |
| 24.90 | Anne Lise Aas | 41 | Jessheim | 19.09.1959 |
| 24.78 | Anita Aasheim | 66 | Løken | 27.05.1981 |
| 24.65 | Ebba Beyer | 98 | Lillestrøm | 28.05.2016 |
| 24.10 | Tone Sæthermoen | 69 | Kløfta | 22.09.1983 |
| 24.11 | Ragnhild Sundby | 45 | Kløfta | 10.06.1959 |
| 24.06 | Mabel Owren | 51 | Strømmen | 29.09.1965 |
| 24.04 | Åshild Sørum | 39 | Jessheim | 24.08.1958 |
| 23.86 | Anita Melbye | 58 | Jessheim | 18.09.1971 |
| 23.68 | Borghild Hansen | 45 | Jessheim | 01.08.1959 |
| 23.46 | Anita Dale | 76 | Jessheim | 27.09.1993 |
| 23.03 | Anne Gro Digerud | 52 | Strømmen | 31.08.1968 |
| 22.82 | Runa Nordahl | 56 | Strømmen | 15.06.1975 |
| 22.78 | Anita Aasheim | 66 | Jessheim | 01.09.1980 |
| 22.42 | Marit Ørvik | 50 | Jessheim | 15.08.1964 |
| 22.31 | Ingrid Sundby | 39 | Lillestrøm | 22.08.1954 |
| 22.20 | Liv Jensen | 40 | Jessheim | 16.06.1957 |
| 22.04 | Marit Wiig | 49 | Blaker/Br | 18.06.1967 |
| 21.90 | Anne Berit Eik | 49 | Jessheim | 16.08.1965 |
| 21.88 | Kristin Urnes | 75 | Jessheim | 27.09.1993 |
| 21.64 | Irene Schultze | 67 | Jessheim | 01.09.1982 |
| 21.12 | Marit Rogstad | 67 | Jessheim | 05.09.1983 |
| 21.54 | Nina Næss | 51 | Lillestrøm | 10.09.1966 |
| 20.92 | Kristine Heggelund | 76 | Bjørkelangen | 10.06.1990 |
| 20.88 | Marit Wiig | 49 | Råholt | 12.06.1966 |
| 20.76 | Inger Birgitte Reppe | 68 | Rolvsrud | 19.09.1982 |
| 20.66 | Marit Rogstad | 67 | Jessheim | 02.10.1982 |
| 20.28 | Tove Sundby | 51 | Strømmen | 22.08.1965 |
| 20.25 | Kari Mo | 38 | Jessheim | 28.08.1955 |
| 20.16 | Liv Laache | 46 | Nannestad | 28.07.1962 |
| 20.11 | Ragnhild Dahl | 50 | Jessheim | 15.08.1964 |
| 20.06 | Liv Knutsen | 52 | Råholt | 23.06.1968 |

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| **KVINNER JUNIOR 19** | **171** |

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| **Slegge 4 kg** |  |

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| 33.16 | Hanna Emilie Hjeltnes | 04 | Jessheim | 02.09.2023 |
| 32.78 | Linn Helene Bakke | 91 | Tønsberg/Gr | 03.08.2007 |
| 30.14 | Runa Nordahl | 56 | Løten | 11.10.1975 |
| 28.43 | Silje Disserud | 91 | Göteborg, SWE | 30.06.2007 |
| 25.35 | Hanna Emilie Hjeltnes | 04 | Jessheim | 18.10.2018 |
| 23.88 | Guri Fjeldberg | 69 | Rolvsrud | 18.09.1986 |
| 23.15 | Siv Anita Engh | 85 | Lillestrøm | 09.05.2001 |
| 21.83 | Tonje Berg | 85 | Heggedal/Gj | 26.08.2000 |

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| **Spyd 600 g Ny type fra og med 1999** |  |

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| 36.96 | Hanna Emilie Hjeltnes | 04 | Bergen/Fa | 09.09.2023 |
| 36.45 | Silje Disserud | 91 | Nadderud | 10.06.2007 |
| 32.56 | Tonje Berg | 85 | Lillehammer/Ss | 02.07.2000 |
| 26.66 | Silje Disserud | 91 | Lillehammer/Ss | 25.06.2006 |
| 26.65 | Ebba Beyer | 98 | Jessheim | 02.09.2014 |
| 24.29 | Linn Helene Bakke | 91 | Årnes | 12.09.2007 |
| 22.56 | Katrine Hoff | 91 | Jessheim | 22.05.2006 |
| 20.43 | Siv Anita Engh | 85 | Lillestrøm | 09.05.2001 |
| 20.07 | Katrine Hoff | 91 | Lillehammer/Ss | 24.06.2007 |
| 18.94 | Linn Helene Bakke | 91 | Jessheim | 22.05.2006 |
| 18.49 | Mari Solbrekken | 87 | Jessheim | 13.06.2005 |
| 15.70 | Silje Breen | 95 | Jessheim | 23.08.2012 |
| 15.69 | Helena Seland Myhre | 97 | Jessheim | 23.08.2012 |
| 10.27 | Malene Fjeldstad | 97 | Jessheim | 23.08.2012 |

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| **KVINNER JUNIOR 19** | **172** |

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| **Spyd 600 g Gammel type tom. 1998** |  |

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| --- | --- | --- | --- | --- |
| 41.34 | Runa Nordahl | 56 | Stavanger/St | 03.08.1974 |
| 35.23 | Ragnhild Sundby | 44 | Jessheim | 09.09.1961 |
| 35.12 | Eva Cathrine Torvund | 69 | Jessheim | 01.08.1987 |
| 33.88 | Kristine Heggelund | 76 | Asker/Fø | 12.09.1992 |
| 33.62 | Astrid Sundby | 42 | Jessheim | 17.06.1959 |
| 33.12 | Elisabeth Sandaunet | 78 | Jessheim | 23.09.1993 |
| 33.10 | Guri Fjeldberg | 69 | Jessheim | 04.06.1987 |
| 32.02 | Kristin Urnes | 75 | Bjørkelangen | 25.05.1990 |
| 30.16 | Åshild Sørum | 39 | Årnes | 17.08.1958 |
| 30.00 | Eva Catrine Torvund | 69 | Strømmen | 27.06.1984 |
| 29.07 | Winnie Lindner | 44 | Jessheim | 29.09.1962 |
| 29.14 | Kristin Urnes | 75 | Jessheim | 26.09.1994 |
| 28.26 | Tove Dønnum | 40 | Jessheim | 13.09.1959 |
| 28.00 | Nina Næss | 51 | Jessheim | 13.09.1965 |
| 26.95 | Turid Seime | 44 | Jessheim | 28.05.1958 |
| 25.90 | Inger Birgitte Reppe | 68 | Oslo/St | 05.07.1985 |
| 25.55 | Ingrid Sundby | 39 | Jessheim | 28.05.1958 |
| 25.26 | Grete Vegel | 47 | Råholt | 13.06.1964 |
| 24.20 | Marit Wiig | 49 | Råholt | 28.08.1966 |
| 24.08 | Marit Rogstad | 67 | Moss/Me | 03.06.1984 |
| 23.35 | Eva Myrvang | 42 | Jessheim | 07.06.1959 |
| 23.02 | Tove Dønnum | 40 | Årnes | 17.08.1958 |
| 22.88 | Cora Halsan | 47 | Jessheim | 07.09.1962 |
| 22.73 | Grethe Uhlen | 49 | Jessheim | 20.07.1964 |
| 22.72 | Irene Schultze | 67 | Gardermoen | 27.06.1981 |
| 22.60 | Vera Martinsen | 47 | Jessheim | 12.05.1965 |
| 22.18 | Randi Sydtangen | 67 | Jessheim | 22.06.1984 |
| 22.16 | Kristin Bråten | 74 | Lillehammer/Ss | 25.06.1989 |
| 22.07 | Liv Jensen | 40 | Jessheim | 05.06.1957 |
| 21.97 | Aase Alstad | 48 | Jessheim | 12.05.1965 |
| 21.30 | Tone Sæthermoen | 69 | Jessheim | 29.09.1987 |
| 21.72 | Marit Wiig | 49 | Jessheim | 16.08.1964 |
| 20.72 | Liv Jensen | 40 | Lillestrøm | 22.08.1954 |
| 20.52 | Tove Sundby | 51 | Strømmen | 22.08.1965 |

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| **7-kamp M 80m h-Kule-Høyde/200m** | **Lengde-Spyd-800m** |

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| 3759 | Marit Rogstad | 67 | Moss/Me | 02-03.06.1984 |
| 17.0+1.7(84)-1.44-6.98(4)-29.0/4.66-18.06(600)-2:28.7 | | | |

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| **KVINNER JUNIOR 19** | **173** |

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| **4x100m E** |  |

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| 50.07 | J18 |  | Tromsø/Va | 24.05.2008 |
| Susann Bakke92-Linn Helene Bakke91-Betina Nilssen92-Ragnhild Hammeren90 | | | |

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| 50.35 | J16 |  | Lonevåg | 27.05.2007 |
| Heidi Stubs Holdal92-Linn Helene Bakke91-Betina Nilssen92-Frida Forberg92 | | | |

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| 50.63 | J18 |  | Tromsø/Va | 25.05.2008 |
| Heidi Stubs Holdal92-Ragnhild Hammeren90-Betina Nilssen92-Linn Helene Bakke91 | | | |

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| 51.93 | J16 |  | Tromsø/Va | 25.05.2008 |
| Heidi Stubs Holdal92-Susann Bakke92-Betina Nilssen92-Frida Forberg92 | | | |

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| 52.43 | J16 |  | Ås | 04.06.2022 |
| Linnea Bratteng07-Elèn Linchausen06-Linnèa Johansen06-Natalie Jøransen07 | | | |

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| 52.87 | J18 |  | Steinkjer/Gu | 22.05.2010 |
| Rikke Gustavson93-Susann Bakke92-Betina Nilssen92-Frida Forberg92 | | | |

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| --- | --- | --- | --- | --- |
| 53.07 | J16 |  | Nadderud | 19.06.1983 |
| Heidi Bogstad67-Inger Birgitte Reppe68-Marit Rogstad67-Kari Fjeldberg68 | | | |

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| 53.20 | J16 |  | Larvik/Lo | 31.05.2015 |
| Tonje Moen00-Ivy Møller00-Mathilde Marie Solberg99-Vår Åsheim99 | | | |

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| 53.26 | J16 |  | Lonevåg | 27.05.2007 |
| Heidi Stubs Holdal92-Linn Helene Bakke91-Ida Berg Hansen92-Marie Tømmerberg91 | | | |

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| 54.60 | J16 |  | Drammen/Ma | 28.05.2011 |
| Rikke Gustavson97-Ann Kristin Aslakrud94-Pia Bålsrud95-Hanna Schultze96 | | | |

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| 54.69 | J16 |  | Drammen | 29.05.2011 |
| Charlotte Grasmo96-Maren Grytbakk95-Pia Bålsrud95-Hanna Schultze96 | | | |

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| 54.72 | J19 Finale |  | Jessheim | 19.05.2012 |
| Charlotte Grasmo96-Rikke Gustavson93-Ann-Kristin Aslakrud94-Ida Tonhaugen95 | | | |

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| 55.34 | J19 Forsøk |  | Jessheim | 19.05.2012 |
| Charlotte Grasmo96-Rikke Gustavson93-Ann-Kristin Aslakrud94-Ida Tonhaugen95 | | | |

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| 56.31 | J16 Forsøk |  | Jessheim | 20.05.2012 |
| Charlotte Grasmo96-Eli Bekken97-Sara Bålsrud97-Helena Seland Myhre97 | | | |

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| 56.70 | J16 |  | Asker/Fø | 23.08.2003 |
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| **KVINNER JUNIOR 19** | **174** |

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| **4x100m E forts.** |  |

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| 57.59 | J14 |  | Lillestrøm | 28.05.2017 |
| Solveig Emilie Johansen03-Kari Johansen03-June Laake04-Kaja Bones03 | | | |

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| 58.99 | J16 |  | Jessheim | 27.05.2002 |
| Hilde Gustavsen87-Kari Robøle86-Elisabeth Langrusten86-Mari Birkelund86 | | | |

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| 61.91 | J13 |  | Jessheim | 26.05.2005 |
| Heidi Holdal92-Tonje Hansen92-Ida Berg Hansen92-Munda Mkanda94 | | | |

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| 62.06 | J16 Finale |  | Jessheim | 20.05.2012 |
| Charlotte Grasmo96-Eli Bekken97-Sara Bålsrud97-Helena Seland Myhre97 | | | |

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| 62.60 | J12 |  | Lillestrøm | 30.05.2015 |
| Solveig Johansen03-June Laake04-Silje Berg-Knutsen05-Hedda Finne04 | | | |

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| **4x100m M** |  |

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| 52.8 | J17 |  | Mosjøen | 29.07.1984 |
| Guri Fjeldberg69-Inger Birgitte Reppe68-Kari Fjeldberg68-Marit Rogstad67 | | | |

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| 52.9 | J17 |  | Jessheim | 17.09.1985 |
| Kari Fjeldberg68-Eva Cathrine Torvund69-Inger Birgitte Reppe68-Hege Rustad70 | | | |

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| 53.1 | J19 |  | Oslo/Bi | 14.08.1955 |
| Kari Mo38-Åshild Sørum39-Marie Belsvik36-Ingrid Sundby39 | | | |

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| 53.1 | J19 |  | Jessheim | 20.09.1987 |
| Eva Cathrine Torvund69-Inger Birgitte Reppe 68-Kristin Jensen70-Lena Nyland74 | | | |

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| 53.7 | J16 |  | Jessheim | 19.09.1983 |
| Heidi Bogstad67-Marit Rogstad67-Inger Birgitte Reppe68-Kari Fjeldberg68 | | | |

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| 53.8 | J17-18 |  | Jessheim | 11.09.1986 |
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| 54.1 | J13-14 |  | Strømmen | 06.09.1979 |
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| 55.2 | J19 |  | Gjøvik | 05.06.1955 |
| Kari Mo38-Åshild Sørum39-Marie Belsvik36-Ingrid Sundby39 | | | |

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| 55.2 | J13-14 |  | Jessheim | 19.09.1983 |
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| **KVINNER JUNIOR 19** | **175** |

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| **4x100m M forts.** |  |

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| 55.7 | J15-16 |  | Strømmen | 25.09.1985 |
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| 56.3 | J15-16 |  | Rolvsrud | 09.09.1980 |
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| 56.6 | J13-14 |  | Strømmen | 26.08.1971 |
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| 58.3 | J15-16 |  | Jessheim | 11.09.1986 |
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| 54.7 | J17-18 |  | Strømmen | 25.09.1985 |
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| 59.1 | J13-14 |  | Lillestrøm | 03.09.1975 |
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| 59.9 | J13-14 |  | Strømmen | 25.09.1985 |
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| **4x200m** |  |

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| 2:08.3 | J17 |  | Nannestad | 04.06.1970 |
| Anne Mette Olsen54-Inger Anne Nerhagen57-May Britt Engenes53-Anita Melbye58 | | | |

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| **4x400m** |  |

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| 3:50.91 | J18 |  | Trondheim/St | 22.05.2016 |
| Vår Åsheim99-Emilie Hov Andreassen00-Birgitte Kjuus99-Caroline Foss Høistad98 | | | |

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| 4:02.04 | K21 |  | Larvik/Lo | 30.05.2015 |
| Veronica Undseth94-Vår Åsheim99-Pia Bålsrud95-Emilie Hov Andreassen00 | | | |

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| 4:02.88 | K19 |  | Larvik/Lo | 31.05.2015 |
| Vår Åsheim99-Emilie Hov Andreassen00-Caroline Foss Høistad98-Charlotte Grasmo96 | | | |

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| 4:04.08 | K19 |  | Nesodden | 19.05.2018 |
| Vår Åsheim99-Emilie Hov Andreassen00-Solveig E. Johansen03-Summer Steinsrud01 | | | |

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| 4:21.22 | J15 |  | Ås | 05.06.2022 |
| Linnea Bratteng07-Natalie Jøransen07-Wilma Torbjørnsson07-Synne Markussen07 | | | |

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| 4:21.8 | J17 |  | Jessheim | 17.09.1985 |
| Kari Fjeldberg68-Hege Rustad70-Eva Cathrin Torvund69-Inger Birgitte Reppe68 | | | |
| **KVINNER JUNIOR 19** | | **176** | | |

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| **4x400m** |  |

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| 4:23.3 | J19 |  | Lørenfallet | 01.09.1981 |
| Bente Krakeli62-Anne Karin Halvorsen63-Inger Birgitte Reppe68-Torbjørg Muri62 | | | |

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| **3x800m** |  |

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| 7:55.76 | J17 |  | Asker/Fø | 21.08.2004 |
| Maren Fald Gården88-Hilde Gustavson87-Silje Ekroll Jahren88 | | | |

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| 7:38.2 | J19 |  | Årnes | 09.09.1981 |
| Torbjørg Muri62-Inger Lise Borgen64-Ann Karin Halvorsen63 | | | |

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| 8:10.51 | J16 |  | Asker/Fø | 23.08.2003 |
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| 8:24.43 | J12 |  | Asker/Fø | 23.08.2003 |
| Tonje Oliversen91-Christine Nerhagen91-Charlotte Oliversen91 | | | |

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| 8:43.02 | J16 |  | Jessheim | 27.05.2002 |
| Elisabeth Langrusten86-Mari Birkelund86-Hilde Gustavsen87 | | | |

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| 8:45.65 | J13-14-1.lag |  | Jessheim | 27.05.2002 |
| Anne Hovind88-Kari Robøle86-Silje Ekroll Jahren88 | | | |

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| 9:13.13 | J13-14-2.lag |  | Jessheim | 27.05.2002 |
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| **4x800m** |  |

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| 9:22.33 | K21 |  | Larvik/Lo | 31.05.2015 |
| Pia Bålsrud95-Caroline Foss Høistad98-Veronica Undseth94-Emilie Hov Andreassen00 | | | |

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| 9:49.75 | J18 |  | Trondheim/St | 21.05.2016 |
| Emilie Hov Andreassen00-ina Moen00-Marie Næss00-Caroline Foss Høistad98 | | | |

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| 10:21.13 | J17 |  | Lonevåg | 27.05.2007 |
| Silje Gundersen92-Frida Forberg92-Cathrine Gundersen90-Sina Sandholt92 | | | |

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| 10:34.65 | J19 |  | Jessheim | 19.05.2012 |
| Ingrid Hannestad93-Sofie Rostad93-Vilde Alfarrustad96-Heidi Halling97 | | | |

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| 10:34.89 | J18 |  | Drammen/Ma | 28.05.2011 |
| Sofie Rostad94-Andrea Furuseth96-Ingrid Hannestad93-Maren Eriksen Skappel96 | | | |

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| **4x1500m** |  |

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| 22:09.7 | J19 |  | Jessheim | 17.09.1985 |
| Line Røen66-Elisabeth Moum67-Ann Kristin Ullerud66-Kristen Jensen70 | | | |
| **KVINNER JUNIOR 19** | | **177** | | |

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| **1000m** |  |

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| 2:17.67 | J19 |  | Bergen/Fa | 03.09.2017 |
| Tonje Moen00-Summer Steinsrud01-Vår Åsheim99-Caroline Foss Høistade98 | | | |

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| 2:21.65 | K19 |  | Oslo/Bi | 26.08.2018 |
| Tonje Moen00-Summer Steinsrud01-Solveig Johansen03-Vår Åsheim99 | | | |

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| 2:26.74 |  | 07 | Bergen/Fa | 10.09.2023 |
| Linnea Bratteng07-Synne Markussen07-Natalie Jøransen07-Wilma Thorbjørnsson07 | | | |

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| 2:28.2 | J16 |  | Årnes | 19.08.1984 |
| Eva Torvund69-Gunn Vilberg69-Kari Fjeldberg68-Inger Birgitte Reppe68 | | | |

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| 2:29.77 | J16 |  | Trondheim/St | 14.08.2022 |
| Linnea Bratteng07-Linnea Johansen06-Synne Markussen07-Elèn Skar06 | | | |

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| 2:31.1 | J16 |  | Jessheim | 19.08.1983 |
| Heidi Bogstad67-Marit Rogstad67-Inger Birgitte Reppe68-Kari Fjeldberg68 | | | |

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| 2:34.40 | J18 |  | Ravnanger | 02.09.2012 |
| Anne Aslakrud94-Sara Bålsrud97-Charlotte Grasmo96-Pia Bålsrud95 | | | |

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| 2:34.42 | J19 |  | Jessheim | 08.09.2019 |
| Tonje Moen00-Rayana Yangulbaeva04-Kari Ingelin Johansen03-Hannah Lindtorp02 | | | |

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| 2:35.50 | J18 |  | Asker/Fø | 21.08.2004 |
| Silje Scheie Bråthen91-Mari Solbrekken88-Hilde Gustavsen87-Elisabeth Langrusten86 | | | |

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| 2:35.53 | J18 |  | Moss/Me | 04.09.2005 |
| Lillian Langseth88-Mari Solbrekken87-Hilde Gustavson87-Maren Fald Gården90 | | | |

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| 2:35.86 | J16 |  | Fredrikstad | 28.08.2011 |
| Ida Tohaugen95-Charlotte Grasmo96-Hanna Schultze96-Pia Bålsrud95 | | | |

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| 2:35.97 | J17 |  | Kristiansand | 17.08.2003 |
| Hilde Gustavsen87-Kari Robøle86-Mari Solbrekken87-Elisabeth Langrusten86 | | | |

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| 2:36.04 | J19 |  | Trondheim | 01.08.2004 |
| Mari Solbrekken87-Tonje Berg85-Hilde Gustavsen87-Elisabeth Langrusten86 | | | |

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| 2:36.5 | J16 |  | Rolvsrud | 09.09.1970 |
| Anne Mette Olsen54-Inger Anne Nerhagen57-May Britt Engenes53-Anita Melby58 | | | |

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| **KVINNER JUNIOR 19** | **178** |

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| **1000m forts.** |  |

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| 2:37.66 | J19 |  | Fagernes | 15.08.2004 |
| Hilde Gustavsen87-Tonje Berg85-Mari Solbrekken87Elisabeth Langrusten86 | | | |

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| 2:38.3 | J17-18 |  | Strømmen | 25.09.1985 |
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| 2:38.53 | J18 |  | Nadderud | 15.06.2003 |
| Hilde Gustavsen87-Kari Robøle86-Tonje Berg85-Elisabeth Langrusten86 | | | |

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| 2:39.9 | J15-16 |  | Strømmen | 25.09.1985 |
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| 2:41.82 | J18 |  | Fredrikstad | 28.08.2011 |
| Ann Kristin Aslakrud94-Rikke Gustavsen97-Sofie Rostad93-Andrea Furuseth96 | | | |

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| 2:45.92 | J16 |  | Nadderud | 15.06.2003 |
| Christiane Kværner87-Anne K. Hovind88-Maren Fald Gården88-Hilde Gustavsen87 | | | |

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| 2:48.0 | J17-18 |  | Jessheim | 11.09.1986 |
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| **KVINNER JUNIOR 19** | **179** |

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| **INNENDØRS** |  |

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| **60m E** |  |

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| 7.85 | Linn Helene Bakke | 91 | Karlstad, SWE | 27.01.2008 |
| 8.01 | Tonje Moen | 00 | Rud | 20.01.2018 |
| 8.02 | Birgitte Kjuus | 99 | Hvam | 14.01.2017 |
| 8.03 | Betina Nilssen | 92 | Oslo/Ek | 06.12.2008 |
| 8.08 | Summer Steinsrud | 01 | Hvam | 25.01.2020 |
| 8.13 | Inger Birgitte Reppe | 68 | Askim | 31.01.1987 |
| 8.16 | Vår Åsheim | 99 | Lillestrøm | 30.01.2016 |
| 8.18 | Lene Kristin Nyland | 74 | Oslo/Ek | 10.03.1990 |
| 8.19 | Liv Anita Mikkelborg | 80 | Lillestrøm | 19.02.1995 |
| 8.25 | Kirsten Andersen | 70 | Askim | 01.02.1986 |
| 8.27 | Linnea Sjøstrøm Johansen | 06 | Hvam | 04.02.2023 |
| 8.33 | Charlotte Grasmoe | 96 | Steinkjer | 09.03.2013 |
| 8.34 | Tone Lauritzen | 76 | Stange | 18.03.1995 |
| 8.38 | Emilie Hov Andreassen | 00 | Rud | 05.12.2015 |
| 8.38 | Kari Ingelin Sjøstrøm Johnsen | 03 | Stange | 22-03.2019 |
| 8.41 | Victoria Hillveg | 86 | Oslo/Ek | 02.12.2000 |
| 8.44 | Elèn Linchausen Skar | 06 | Hvam | 22.01.2022 |
| 8.52 | Frida Kristine Forberg | 92 | Lillestrøm | 29.03.2009 |
| 8.52 | Solveig Emilie Johansen | 04 | Hvam | 10.12.2016 |
| 8.53 | Charlotte Grasmoe | 96 | Rud | 08.03.2014 |
| 8.61 | Ebba Beyer | 98 | Stange | 16.03.2013 |
| 8.67 | Munda Mkanda | 94 | Lillestrøm | 20.01.2007 |
| 8.68 | Lisa Kazonza | 95 | Stange | 16.03.2013 |
| 8.69 | Oda Rognstad | 05 | Hvam | 26.01.2019 |
| 8.70 | Mari Solbrekken | 87 | Stange | 13.03.2004 |
| 8.70 | Silje Disserud | 91 | Lillestrøm | 17.02.2007 |
| 8.72 | Sunniva Murberg | 99 | Stange | 16.03.2013 |
| 8.74 | Kari Robøle | 86 | Stange | 16.03.2002 |
| 8.74 | Hanna Rimstad | 10 | Rud | 25.11.2023 |
| 8.75 | Elisabeth Langrusten | 86 | Stange | 15.03.2003 |
| 8.76 | Sofie Skancke Krauss | 98 | Stange | 04.02.2012 |
| 8.76 | Astrid Helene Walstad | 11 | Hvam | 02.12.2023 |
| 8.77 | Linnea Bratteng | 07 | Stange | 12.03.2022 |
| 8.79 | Rikke Gustavson | 93 | Trondheim/Ra | 12.03.2011 |
| 8.78 | Susann Bakke | 92 | Stange | 08.03.2008 |
| 8.79 | Hanna Nyheim | 79 | Lillestrøm | 19.02.1995 |
| 8.81 | Tonje Oliversen | 91 | Stange | 13.03.2004 |
| 8.84 | Hedda Algarheim Tverås | 01 | Lillestrøm | 31.01.2015 |
| 8.90 | Sara Isabella Bertheussen | 07 | Hvam | 03.12.2022 |
| 8.90 | Karoline Bakkerud | 06 | Hvam | 04.02.2023 |
| 8.91 | Liv Kristina Holter | 97 | Lillestrøm | 33.01.2010 |
| 8.97 | Silje Scheie Bråthen | 91 | Stange | 13.03.2004 |
| 8.97 | Natalie Jøransen | 07 | Hvam | 04.02.2023 |

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| **KVINNER JUNIOR 19** | **180** |

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| **INNENDØRS** |  |

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| **60m M** |  |

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| 7.9 | Inger Birgitte Reppe | 68 | Lillestrøm | 16.03.1986 |
| 8.1 | Kirsten Andersen | 70 | Lillestrøm | 16.03.1986 |
| 8.2 | Tone Lauritzen | 76 | Lillestrøm | 06.03.1994 |
| 8.3 | Lene Kristin Nyland | 74 | Lillestrøm | 15.03.1987 |
| 8.3 | Liv Anita Mikkelborg | 80 | Lillestrøm | 06.03.1994 |
| 8.5 | Tone Lauritzen | 76 | Lillestrøm | 18.02.1990 |
| 8.7 | Kristin Urnes | 75 | Lillestrøm | 22.01.1989 |

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| **100m E** |  |

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| 12.43 | Linn Helene Bakke | 91 | Drammen | 01.03.2008 |
| 12.96 | Summer Steinsrud | 01 | Drammen | 05.01.2020 |
| 13.01 | Betina Nilssen | 92 | Drammen | 03.02.2008 |

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| **KVINNER JUNIOR 19** | **181** |

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| **INNENDØRS** |  |

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| **200m E** |  |

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| 25.54 | Betina Nilssen | 92 | Stange | 09.03.2008 |
| 25.55 | Vår Åsheim | 99 | Rud | 09.02.2019 |
| 25.74 | Linn Helene Bakke | 91 | Stange | 19.03.2006 |
| 25.91 | Summer Steinsrud | 01 | Rud | 08.03.2020 |
| 26.59 | Kari Ingelin Sjøstrøm Johnsen | 03 | Stange | 24.03.2019 |
| 26.79 | Liv Anita Mikkelborg | 80 | Stange | 18.03.1995 |
| 26.86 | Tonje Moen | 00 | Steinkjer | 28.02.2016 |
| 26.89 | Solveig Emilie Johansen | 03 | Rud | 11.02.2018 |
| 26.98 | Emilie Hov Andreassen | 00 | Rud | 05.02.2015 |
| 27.63 | Elèn Linchausen Skar | 06 | Rud | 13.02.2022 |
| 27.79 | Frida Forberg | 92 | Stange | 09.03.2008 |
| 27.83 | Charlotte Grasmoe | 96 | Stange | 17.03.2013 |
| 28.15 | Victoria Hillveg | 86 | Stange | 04.02.2001 |
| 28.17 | Liv Anita Mikkelborg | 80 | Drammen | 03.03.1994 |
| 28.48 | Lene Kristin Nyland | 74 | Oslo/Ek | 10.03.1990 |
| 28.50 | Linnea Sjøstrøm Johansen | 06 | Stange | 13.03.2022 |
| 28.58 | Hanna Rimstad | 10 | Rud | 25.11.2023 |
| 28.69 | Mari Solbrekken | 87 | Stange | 14.03.2004 |
| 28.70 | Tonje Oliversen | 91 | Stange | 19.03.2006 |
| 28.80 | Munda Mkanda | 94 | Stange | 09.03.2008 |
| 28.81 | Sofie Skancke Krauss | 98 | Stange | 17.03.2013 |
| 28.81 | Natalie Nordbech Jøransen | 07 | Hvam | 02.12.2023 |
| 28.85 | Frida Kristine Forberg | 92 | Stange | 20.03.2011 |
| 28.90 | Lisa Kazonza | 95 | Stange | 17.03.2013 |
| 29.02 | Oda Rognstad | 05 | Hvam | 26.01.2019 |
| 29.04 | Sara Isabella Bertheussen | 07 | Hvam | 02.12.2023 |
| 29.28 | Astrid Helene Walstad | 11 | Hvam | 05.02.2023 |
| 29.66 | Linnea Lacomte | 07 | Hvam | 02.12.2023 |
| 29.68 | Linnea Børresen Lacomte | 07 | Hvam | 05.02.2023 |
| 29.74 | Heidi Stubbs Holdal | 92 | Stange | 19.03.2006 |
| 29.79 | Hedda Algarheim Tverås | 01 | Stange | 22.03.2015 |
| 29.83 | Silje Disserud | 91 | Stange | 19.03.2006 |
| 29.90 | Hilde Gustavson | 87 | Stange | 16.03.2003 |
| 30.03 | Rikke Gustavson | 93 | Stange | 20.03.2011 |
| 30.09 | Julie Hammer | 04 | Hvam | 09.12.2017 |
| 30.15 | Victoria Børresen | 98 | Karlstad, SWE | 22.02.2012 |
| 30.20 | Hanna Schultze Toverud | 96 | Trondheim/Ra | 20.03.2011 |
| 30.24 | Hermine Opsahl Torgersen | 10 | Rud | 12.02.2023 |
| 30.35 | Heidi Bogstad | 67 | Oslo/Ek | 22.01.1983 |
| 30.42 | Marthe Skau | 98 | Stange | 17.03.2013 |

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| **300m E** |  |

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| 40.18 | Vår Åsheim | 99 | Hvam | 26.01.2019 |
| **KVINNER JUNIOR 19** | | **182** | | |

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| **INNENDØRS** |  |

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| **400m E** |  |

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| --- | --- | --- | --- | --- |
| 56.84 | Vår Åsheim | 99 | Rud | 10.02.2018 |
| 58.19 | Summer Steinsrud | 01 | Rud | 08.02.2020 |
| 59.96 | Emilie Hov Andreassen | 00 | Hvam | 16.01.2016 |
| 63.04 | Elisabeth Langrusten | 86 | Stange | 29.03.2003 |
| 64.74 | Kari Fjeldberg | 68 | Askim | 10.02.1985 |
| 65.51 | Sofie Skancke Krauss | 98 | Rud | 11.01.2015 |
| 66.31 | Natalie Nordbech Jøransen | 07 | Rud | 29.01.2022 |
| 67.10 | Helena Seland Myhre | 97 | Rud | 11.01.2015 |
| 68.76 | Hege Rustad | 70 | Askim | 10.02.1985 |
| 70.50 | Unn Hoel | 69 | Askim | 10.02.1985 |

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| **600m** |  |

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| 1:33.31 | Emilie Hov Andreassen | 00 | Rud | 05.12.2015 |
| 1:36.43 | Caroline Foss Høistad | 98 | Hvam | 14.01.2017 |
| 1:38.30 | Wilma Torbjørnsson | 06 | Hvam | 04.12.2021 |
| 1:43.35 | Julie Hammer | 04 | Hvam | 09.12.2017 |
| 1:44.06 | Kari Ingelin Sjøstrøm-Johansen | 03 | Hvam | 25.01.2020 |
| 1:47.36 | Vilde Svardahl | 01 | Stange | 21.03.2015 |
| 1:48.41 | Hilde Gustavson | 87 | Stange | 13.03.2006 |
| 1:48.66 | Hermine Opsahl Torgersen | 10 | Rud | 11.02.2023 |
| 1:50.00 | Helena Seland Myhre | 97 | Jessheim | 06.12.2014 |
| 1:50.49 | Victoria Børresen | 98 | Stange | 04.02.2012 |
| 1:50.60 | Amalie Westby Liestøl | 02 | Stange | 21.03.2015 |
| 1:50.93 | Natalie Norbech Jøransen | 07 | Hvam | 06.03.2021 |
| 1:51.03 | Malene Fjellestad | 97 | Stange | 16.03.2013 |
| 1:51.22 | Vilde Svardahl | 01 | Stange | 22.03.2014 |
| 1:52.25 | Tonje Oliversen | 91 | Stange | 13.03.2004 |
| 1:53.28 | Ida Berg Hansen | 92 | Stange | 17.03.2007 |
| 1:53.22 | Hedda Algarheim Tverås | 01 | Stange | 22.03.2014 |
| 1:53.46 | Heidi Kristine Halling | 97 | Stange | 17.04.2012 |
| 1:54.62 | Tuva Forsbacka | 97 | Stange | 11.03.2023 |
| 1:57.21 | Solveig Emilie Johansen | 03 | Stange | 21.03.2015 |
| 1:57.24 | Hanna Rimstad | 10 | Rud | 12.02.2022 |
| 1:57.37 | Mia Jenny Østreng | 04 | Hvam | 10.12.2016 |
| 1:57.46 | Silje Christine Berg-Knutsen | 05 | Stange | 17.03.2018 |
| 1:57.53 | Charlotte Oliversen | 91 | Stange | 13.03.2004 |
| 1:58.71 | Sofie Rostad | 94 | Oslo/Ek | 01.12.2007 |
| 1:59.85 | June Laake | 04 | Rud | 05.12.2015 |
| 2:00.35 | Oline Soma Slåsted | 07 | Hvam | 06.03.2021 |
| 2:00.35 | Madeleine Kristiansen | 06 | Hvam | 06.03.2021 |
| 2:01.81 | Norun Elise Bamrud | 92 | Stange | 17.03.2007 |

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| **KVINNER JUNIOR 19** | **183** |

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| **INNENDØRS** |  |

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| **800m** |  |

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| --- | --- | --- | --- | --- |
| 2:12.97 | Wilma Anna Torbjørnsson | 07 | Hvam | 02.12.2023 |
| 2:17.92 | Caroline Foss Høistad | 98 | Hvam | 06.02.2016 |
| 2:19.67 | Emilie Hov Andreassen | 00 | Rud | 15.02.2015 |
| 2:25.9 | Inger Birgitte Reppe | 68 | Drammen | 10.02.1985 |
| 2:26.2 | Guri Fjeldberg | 69 | Drammen | 10.02.1985 |
| 2:28.08 | Elisabeth Langrusten | 86 | Stange | 16.03.2003 |
| 2:30.12 | Sina Sandholt | 92 | Drammen | 17.12.2006 |
| 2:30.2 | Liv Anita Mikkelborg | 80 | Oslo/Ek | 15.01.1994 |
| 2:31.69 | Andrea Furuseth | 96 | Ulsteinvik | 07.03.2015 |
| 2:32.93 | Malene Fjellestad | 97 | Steinkjer | 09.03.2013 |
| 2:36.10 | Hilde Gustavson | 87 | Drammen | 11.12.2006 |
| 2:36.26 | Silje Gundersen | 92 | Drammen | 17.12.2006 |
| 2:37.43 | Heidi Kristine Halling | 97 | Sandnes | 10.03.2012 |
| 2.39.16 | Tonje Berg | 85 | Stange | 26.01.2002 |
| 2:41.24 | Victoria Børresen | 98 | Steinkjer | 09.03.2013 |
| 2:44.69 | Marie Tømmerberg | 91 | Drammen | 17.12.2006 |
| 2:46.91 | Maren Eriksen Skappel | 96 | Sandnes | 10.03.2012 |
| 2:47.29 | Tonje Oliversen | 91 | Stange | 24.01.2004 |
| 2:56.18 | Hedda Algarheim Tverås | 01 | Rud | 11.01.2014 |
| 3:00.5 | Katrine Finstad | 75 | Drammen | 07.12.1988 |

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| **1000m** |  |

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| 3:17.32 | Hermine Opsahl Torgersen | 10 | Gøteborg, SWE | 02.12.2023 |

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| **1500m** |  |

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| 4:30.11 | Wilma Anna Torbjørnsson | 07 | Gøteborg, SWE | 11.02.2023 |
| 4:51.33 | Caroline Foss Høistad | 98 | Hvam | 16.01.2016 |
| 4:55.71 | Tina Moen | 00 | Hvam | 16.01.2016 |
| 5:17.01 | Helena Seland Myhre | 97 | Hvam | 16.01.2016 |
| 5:25.2 | Malene Fjellestad | 97 | Rud | 11.01.2015 |
| 5:17.58 | Frida Kristine Forberg | 92 | Karlstad, SWE | 16.02.2008 |
| 5:26.20 | Heidi Kristine Halling | 97 | Sandnes | 09.03.2012 |
| 5:44.19 | Elise Eggum | 06 | Hvam | 04.02.2023 |
| 5:55.06 | Marie Tømmerberg | 91 | Stange | 13.01.2007 |

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| **KVINNER JUNIOR 19** | **184** |

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| **INNENDØRS** |  |

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| **60m hekk 84 cm E** |  |

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| 8.92 | Inger Birgitte Reppe | 68 | Askim | 01.02.1987 |
| 8.81 | Tonje Moen | 00 | Rud | 20.01.2018 |
| 9.15 | Vår Åsheim | 99 | Rud | 03.03.2017 |
| 10.38 | Marit Rogstad | 67 | Oslo/Ek | 22.01.1983 |
| 11.34 | Tonje Berg | 85 | Karlstad, SWE | 17.02.2002 |

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| **60m hekk 84 cm M** |  |

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| --- | --- | --- | --- | --- |
| 10.2 | Kristin Urnes | 75 | Lillestrøm | 22.02.1992 |

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| **100m hekk 84 cm M** |  |

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| --- | --- | --- | --- | --- |
| 15.0 | Inger Birgitte Reppe | 68 | Drammen | 10.01.1987 |
| 17.1 | Guri Fjeldberg | 69 | Drammen | 09.02.1985 |

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| **KVINNER JUNIOR 19** | **185** |

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| **INNENDØRS** |  |

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| **Høyde** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1.65 | Kristin Urnes | 75 | Lillestrøm | 11.01.1992 |
| 1.65 | Anita Dale | 76 | Askim | 05.03.1994 |
| 1.65 | Linn Helene Bakke | 91 | Stange | 05.03.2005 |
| 1.62 | Frida Rimstad | 06 | Hvam | 02.12.2023 |
| 1.60 | Guri Fjeldberg | 69 | Lillestrøm | 12.01.1985 |
| 1.58 | Anne Mette Olsen | 54 | Fredrikstad/Ko | 22.01.1972 |
| 1.56 | Siv Anita Engh | 85 | Stange | 10.02.2002 |
| 1.55 | Ebba Beyer | 98 | Rud | 11.01.2014 |
| 1.55 | Mari Steen Myrvang | 06 | Hvam | 26.01.2019 |
| 1.52 | Hanna Rimstad | 10 | Stange | 12.03.2022 |
| 1.50 | Kari Fjeldberg | 68 | Lillestrøm | 19.01.1986 |
| 1.50 | Victoria Hillveg | 86 | Karlstad, SWE | 06.02.2000 |
| 1.50 | Siv Anita Engh | 85 | Lillestrøm | 25.02.2001 |
| 1.47 | Inger Birgitte Reppe | 68 | Drammen | 09.02.1985 |
| 1.40 | Tonje Berg | 85 | Lillestrøm | 25.02.2001 |
| 1.40 | Linnea Bratteng | 07 | Stange | 12.03.2022 |
| 1.35 | Tone Lauritzen | 76 | Lillestrøm | 18.02.1990 |
| 1.35 | Ingrid Maudal | 82 | Lillestrøm | 03.03.1996 |
| 1.34 | Lise Mette Holme | 83 | Jevnaker | 25.03.1995 |
| 1.30 | Kirsten Ladegård | 56 | Lillestrøm/Pl | 15.02.1070 |
| 1.30 | Karoline Hertzenberg | 89 | Stange | 10.03.2002 |
| 1.30 | Vår Åsheim | 99 | Lillestrøm | 28.01.2012 |
| 1.25 | Inger Anne Nerhagen | 57 | Lillestrøm/Pl | 15.02.1970 |
| 1.25 | Heidi Huse | 89 | Lillestrøm | 02.03.2002 |
| 1.25 | Sofie Rostad | 94 | Stange | 08.03.2008 |
| 1.25 | Natalie Norbech Jøransen | 07 | Hvam | 26.01.2019 |
| 1.25 | Astrid Helene Walstad | 11 | Hvam | 03.12.2022 |

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| **Stav** |  |

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| --- | --- | --- | --- | --- |
| 3.95 | Birgitte Kjuus | 99 | Rud | 01.12.2018 |
| 3.50 | Sara Bålsrud | 97 | Hvam | 12.02.2016 |
| 3.10 | Sofie Skancke Krauss | 98 | Ulsteinvik | 08.03.2015 |
| 2.90 | Hanna Rimstad | 10 | Rud | 25.11.2023 |
| 2.70 | Tonje Berg | 85 | Stange | 08.02.2003 |
| 2.70 | Marie Øverlie | 08 | Hvam | 02.12.2023 |
| 2.40 | Kristin Urnes | 75 | Lillestrøm | 22.02.1992 |
| 2.30 | Siv Anita Engh | 85 | Karlstad, SWE | 17.02.2002 |
| 2.20 | Hermine Opsahl Torgersen | 10 | Gøteborg, SWE | 03.12.2023 |

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| **KVINNER JUNIOR 19** | **186** |

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| **INNENDØRS** |  |

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| **Lengde** |  |

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| --- | --- | --- | --- | --- |
| 5.52 | Inger Birgitte Reppe | 68 | Lillestrøm | 16.03.1986 |
| 5.48 | Guri Fjeldberg | 69 | Drammen | 10.02.1985 |
| 5.29 | Frida Rimstad | 07 | Ulsteinvik | 04.03.2023 |
| 5.22 | Tone Lauritzen | 76 | Stange | 28.02.1995 |
| 5.11 | Tone Sæthermoen | 69 | Oslo/Ek | 04.02.1984 |
| 5.07 | Lene Kristin Nyland | 74 | Oslo/Ek | 25.03.1990 |
| 5.00 | Birgitte Kjuus | 99 | Rud | 05.12.2016 |
| 4.97 | Anne Mette Olsen | 54 | Lillestrøm/Pl | 29.03.1971 |
| 4.80 | Mari Solbrekken | 87 | Oslo/Ek | 06.03.2004 |
| 4.80 | Silje Disserud | 91 | Lillestrøm | 26.01.2008 |
| 4.79 | Frida Kristine Forberg | 92 | Lillestrøm | 29.03.2009 |
| 4.78 | Victoria Hillveg | 86 | Jevnaker | 01.04.2000 |
| 4.76 | Marit Rogstad | 67 | Oslo/Ek | 04.02.1984 |
| 4.72 | Kari Fjeldberg | 68 | Oslo/Ek | 04.02.1874 |
| 4.70 | Tonje Berg | 85 | Lillestrøm | 12.03.2000 |
| 4.68 | Kari Fjeldberg | 68 | Oslo/Ek | 22.01.1983 |
| 4.63 | Anita Melbye | 58 | Lillestrøm/Pl | 29.03.1971 |
| 4.63 | May Britt Mehlen | 57 | Lillestrøm/Pl | 29.03.1971 |
| 4.60 | Grethe Arnegård | 69 | Oslo/Ek | 04.02.1984 |
| 4.60 | Summer Steinsrud | 01 | Hvam | 16.01.2016 |
| 4.52 | Frida Forberg | 92 | Stange | 08.03.2008 |
| 4.47 | Vår Åsheim | 99 | Lillestrøm | 26.01.2013 |
| 4.45 | Hanne Nyheim | 79 | Lillestrøm | 19.02.1995 |
| 4.41 | Kari Wang | 56 | Lillestrøm/Pl | 15.02.1970 |
| 4.41 | Hilde Gustavson | 87 | Lillestrøm | 02.03.2002 |
| 4.18 | Ebba Beyer | 98 | Rud | 06.12.2014 |
| 4.15 | Sofie Skancke Krauss | 98 | Rud | 08.03.2014 |
| 4.19 | Ingrid Maudal | 82 | Lillestrøm | 03.03.1996 |

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| **Tresteg** |  |

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| --- | --- | --- | --- | --- |
| 10.94 | Frida Rimstad | 07 | Steinkjer | 04.03.2022 |
| 10.48 | Kristin Urnes | 75 | Oslo/Ek | 09.02.1992 |
| 8.85 | Natalie Nordbech Jøransen | 07 | Rud | 13.02.2022 |

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| **KVINNER JUNIOR 19** | **187** |

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| **INNENDØRS** |  |

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| **Høyde uten tilløp** |  |

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| --- | --- | --- | --- | --- |
| 1.36 | Inger Birgitte Reppe | 68 | Sørum/Ve | 27.02.1984 |
| 1.31 | Guri Fjeldberg | 69 | Jessheim/Je | 13.03.1984 |
| 1.28 | Tone Sæthermoen | 69 | Jessheim/Je | 13.03.1984 |
| 1.26 | Linn Helene Bakke | 91 | Jessheim | 12.02.2007 |
| 1.25 | Unn Hoel | 69 | Skårer | 02.03.1985 |
| 1.25 | Kristin Urnes | 75 | Årnes/Ne | 10.02.1989 |
| 1.23 | Marit Rogstad | 67 | Skårer | 20.03.1983 |
| 1.17 | Marianne Borgen | 62 | Skedsmo/ST | 04.03.1978 |
| 1.15 | Marit Sydtangen | 67 | Jessheim/Je | 13.03.1984 |
| 1.15 | Mari Steen Myrvang | 06 | Hvam | 10.12.2020 |
| 1.13 | Eli Jensen | 62 | Årnes/Fj | 19.03.1976 |
| 1.12 | Munda Mkanda | 94 | Jessheim | 11.02.2008 |
| 1.11 | Kari Fjeldberg | 68 | Skårer | 20.03.1983 |
| 1.10 | Vibeke Aarfloth | 69 | Skårer | 20.03.1983 |
| 1.10 | Siri Fjeldberg | 71 | Fetsund/Øs | 26.03.1982 |
| 1.10 | Hanna Rimstad | 10 | Hvam | 22.12.2022 |
| 1.07 | Betina Nilssen | 92 | Jessheim | 03.03.2008 |
| 1.07 | Sofie Rostad | 94 | Jessheim | 03.03.2008 |
| 1.06 | Katrine Hoff | 91 | Jessheim | 12.02.2007 |
| 1.05 | Gro Verpe | 62 | Fetsund | 15.03.1975 |
| 1.05 | Eli Jensen | 62 | Fetsund | 15.03.1975 |
| 1.05 | Cecilie Laake | 66 | Skedsmo/ST | 04.03.1978 |
| 1.05 | Hege Rustad | 70 | Jessheim/Je | 12.03.1985 |
| 1.05 | Iren Gjerde | 84 | Lillestrøm | 19.02.1995 |
| 1.03 | Astrid Sundby | 42 | Lillestrøm/Vi | 16.03.1958 |
| 1.00 | Kari Mo | 38 | Eidsvoll | 10.03.1957 |
| 1.00 | Wenche Johannessen | 56 | Skårer/Kj | 14.02.1969 |
| 1.00 | Gro Skålerud | 75 | Årnes/Ne | 10.02.1989 |
| 1.00 | Ida Berg Hansen | 92 | Råholt | 31.10.2004 |
| 0.99 | Ida Berg Hansen | 92 | Jessheim/No | 14.03.2005 |
| 0.98 | Christine Høgbakken | 91 | Jessheim/No | 08.03.2004 |
| 0.96 | Siri Fjeldberg | 71 | Skårer | 20.03.1983 |
| 0.95 | Åshild Sørum | 39 | Lillestrøm/Vi | 04.03.1956 |
| 0.95 | Liv Jensen | 40 | Eidsvoll | 10.03.1957 |
| 0.95 | Eva Myrvang | 42 | Jessheim | 15.02.1959 |
| 0.95 | Anne Mæhlen | 68 | Haga/Fr | 17.02.1980 |
| 0.95 | Pernille Haslie | 91 | Jessheim/No | 08.03.2004 |
| 0.95 | Mari Solbrekken | 87 | Råholt | 31.10.2004 |
| 0.95 | Hilde Gustavson | 87 | Råholt | 31.10.2004 |
| 0.95 | Katrine Hoff | 91 | Råholt | 31.10.2004 |
| 0.95 | Tonje Oliversen | 91 | Jessheim/No | 14.03.2005 |
| 0.95 | Munda Mkanda | 94 | Jessheim/No | 13.02.2006 |

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| **KVINNER JUNIOR 19** | **188** |

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| **INNENDØRS** |  |

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| **Lengde uten tilløp** |  |

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| 2.64 | Inger Birgitte Reppe | 68 | Jessheim/Je | 13.03.1984 |
| 2.49 | Tone Sæthermoen | 69 | Jessheim/Je | 13.03.1984 |
| 2.49 | Silje Disserud | 91 | Jessheim | 11.02.2008 |
| 2.48 | Linn Helene Bakke | 91 | Jessheim | 12.02.2007 |
| 2.45 | Marit Rogstad | 67 | Jessheim/Je | 13.03.1984 |
| 2.45 | Guri Fjeldberg | 69 | Jessheim/Je | 10.03.1987 |
| 2.42 | Cecilie Laake | 65 | Skårer/Kj | 25.03.1979 |
| 2.41 | Betina Nilssen | 92 | Jessheim | 03.03.2008 |
| 2.39 | Tone Lauritzen | 76 | Ås/GG | 21.03.1992 |
| 2.39 | Mari Solbrekken | 87 | Råholt | 31.10.2004 |
| 2.36 | Kari Furuseth | 45 | Strømmen | 08.04.1962 |
| 2.36 | Unn Hoel | 69 | Jessheim/Je | 13.03.1984 |
| 2.35 | Eva Myrvang | 42 | Jessheim | 15.02.1959 |
| 2.34 | Hilde Verpe | 63 | Fetsund/Ho | 12.03.1977 |
| 2.34 | Hege Rustad | 70 | Jessheim/Je | 12.03.1985 |
| 2.31 | Mari Steen myrvang | 06 | Rud | 02.04.2019 |
| 2.30 | Liv Jensen | 40 | Eidsvoll | 10.03.1957 |
| 2.29 | Borghild Hansen | 45 | Jessheim | 15.02.1959 |
| 2.29 | Cora Halsan | 47 | Lillestrøm | 30.03.1963 |
| 2.29 | Kristin Urnes | 75 | Lillestrøm/Sk | 27.11.1992 |
| 2.28 | Åshild Sørum | 39 | Lillestrøm/Vi | 04.03.1956 |
| 2.28 | Siri Fjeldberg | 71 | Jessheim/Je | 12.03.1985 |
| 2.27 | Gro Verpe | 62 | Fetsund | 15.03.1975 |
| 2.27 | Hege Rustad | 70 | Jessheim/Je | 13.03.1984 |
| 2.27 | Grethe Arnegård | 69 | Jessheim | 12.03.1985 |
| 2.26 | Mabel Owren | 51 | Sørumsand/Fo | 06.03.1966 |
| 2.26 | Hege Bjørndal | 73 | Jessheim/Je | 12.03.1985 |
| 2.25 | Kari Mo | 38 | Eidsvoll | 10.03.1957 |
| 2.25 | Hilde Verpe | 63 | Årnes/Fj | 19.03.1976 |
| 2.25 | Eva Cathrine Torvund | 69 | Jessheim/Je | 12.03.1985 |
| 2.25 | Lene Kristin Nyland | 74 | Jessheim/Je | 10.03.1988 |
| 2.24 | Astrid Sundby | 42 | Lillestrøm/Hø | 16.03.1958 |
| 2.24 | Ragnhild Sundby | 44 | Jessheim | 03.04.1960 |
| 2.24 | Heidi Bogstad | 67 | Jessheim/Je | 13.03.1984 |
| 2.24 | Anne Støverud | 69 | Jessheim/Je | 12.03.1985 |
| 2.24 | Ann-Cathrin Willersrud | 71 | Jessheim/Je | 12.03.1985 |
| 2.23 | Vibeke Aarflot | 69 | Jessheim/Je | 10.03.1987 |
| 2.22 | Tonje Oliversen | 91 | Jessheim/No | 14.03.2005 |
| 2.22 | Silje Disserud | 91 | Jessheim/No | 13.03.2006 |
| 2.21 | Guri Anne Øverby | 45 | Jessheim | 15.02.1959 |
| 2.22 | Ann Catrin Wilford | 71 | Jessheim/Je | 13.03.1984 |
| 2.21 | Guri Fjeldberg | 69 | Lørenskog | 20.02.1982 |

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| **KVINNER JUNIOR 19** | **189** |

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| **INNENDØRS** |  |

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| **Kule 4** |  |

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| --- | --- | --- | --- | --- |
| 13.56 | Hanna Emilie Hjeltnes | 04 | Hvam | 02.12.2023 |
| 11.80 | Silje Disserud | 91 | Stange | 10.02.2007 |
| 11.35 | Guri Fjeldberg | 69 | Drammen | 10.01.1987 |
| 10.26 | Linn Helene Bakke | 91 | Drammen | 02.03.2008 |
| 9.61 | Ebba Beyer | 98 | Rud | 06.02.2016 |
| 8.00 | Inger Birgitte Reppe | 68 | Drammen | 09.02.1985 |
| 7.71 | Norunn Elise Bamrud | 92 | Stange | 14.03.2009 |
| 7.18 | Anita Melbye | 58 | Jessheim | 02.02.1974 |
| 6.92 | Hilde Gustavson | 87 | Lillestrøm | 26.02.2005 |

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| **5-kamp M100mh-Kule 4-Høyde/Lengde-800** |  |

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| 3170 | Inger Birgitte Reppe | 68 | Drammen | 09-10.02.1985 |
| 15.2(84)-8.00(4)1.47/5.34-2:25.9 | | | |

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| **KVINNER JUNIOR 19** | **190** |

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| **INNENDØRS** |  |

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| **4x100m E** |  |

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| 56.20 | J14 |  | Stange | 05.03.2005 |
| Linn Helene Bakke91-Charlotte Oliversen91-Tonje Oliversen91-Cathrine Hoff91 | | | |

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| 60.88 | J13 |  | Hvam | 10.12.2016 |
| Solveig Johansen03-Ida Johanne Folsland02-June Laake04-Mia Jenny Østreng03 | | | |

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| 61:63 | Ull/Kisa IL | 16 | Stange | 12.03.2022 |
| Hanna Hjeltnes11-Lea Hammer10-Hanna Rimstad10-Hermine Opsahl Torgersen10 | | | |

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| 66.25 | J11 |  | Stange | 12.03.2016 |
| Silje Berg-Knutsen05-Oda Gladheim05-Oda Rognstad05-Sophie Mannion05 | | | |

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| **4x200m** |  |

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| 1:52.59 | J16 |  | Steinkjer | 06.03.2022 |
| Elèn Skar06-Natalie Jøransen07-Synne Markussen07-Linnea Johansen06 | | | |

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| 1:53.14 | K19 |  | Steinkjer | 10.03.2013 |
| Ann Aslaksen94-Charlotte Grasmoe96-Pia Bålsrud95-Sofie Schancke Krauss96 | | | |

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| 1:56.8 | J16 |  | Oslo/Ek | 22.01.1983 |
| Inger Birgitte Reppe68-Heidi Bogstad67-Marit Rogstad67-Kari Fjeldberg68 | | | |

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| 2:24.38 | J13 |  | Stange | 16.03.2013 |
| Tonje Moen00-Tina Moen00-June Laake04-Carina Walskrå00 | | | |

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| **1000m** |  |

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| 2:38.86 | J15 |  | Stange | 19.03.2006 |
| Linn Helene Bakke91-Silje Disserud91-Mari Tømmerberg91-Tonje Oliversen91 | | | |

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| 2:40.33 | J16 |  | Trondheim/Ra | 12.03.2011 |
| Maren Grytbakk95-Ida Tonhaugen95-Pia Bålsrud95-Hanna Toverud96 | | | |

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| 2:50.47 | J18 |  | Stange | 01.02.2009 |
| Silje Disserud91-Betina Nilssen92-Ida Berg Hansen92-Frida Forberg92 | | | |