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| **JENTER 14** | **312** |

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| **40m M** |  |

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| --- | --- | --- | --- | --- |
| 5.9 | Lene Kristin Nyland | 74 | Jessheim | 30.05.1988 |
| 6.5 | Elisabeth Mehus | 74 | Jessheim | 19.05.1988 |

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| **60m E** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 7.88 | Linn Helene Bakke | 91 | Nadderud | 18.06.2005 |
| 8.27 | Kristine Heggelund | 76 | Jessheim | 27.09.1990 |
| 8.38 | Liv Anita Mikkelborg | 80 | Sofiemyr | 24.07.1994 |
| 8.40 | Tone Lauritzen | 76 | Jessheim | 27.09.1990 |
| 8.48 | Victoria Hillveg | 86 | Asker/Fø | 10.09.2000 |
| 8.50 | Lene Kristin Nyland | 74 | Nadderud | 13.08.1988 |
| 8.59 | Emilie Hov Andreassen | 00 | Nadderud | 14.06.2014 |
| 8.59 | Solveig Emilie Johansen | 03 | Jessheim | 17.09.2017 |
| 8.60 | Tonje Moen | 00 | Lillehammer/Ss | 21.06.2014 |
| 8.62 | Tonje Oliversen | 91 | Lillehammer/Ss | 25.06.2005 |
| 8.73 | Sofie Schancke Krauss | 98 | Jessheim | 20.05.2012 |
| 8.78 | Heidi Stubbs Holdal | 92 | Lillehammer/Ss | 24.06.2006 |
| 8.80 | Hedda Algarheim Tverås | 01 | Nadderud | 13.06.2015 |
| 8.86 | Hanna Rimstad | 10 | Bergen/Fa | 25.06.2024 |
| 8.94 | Silje Disserud | 91 | Asker/Fø | 28.05.2005 |
| 8.94 | Linnea Bratteng | 07 | Rjukan | 12.09.2021 |
| 8.94 | Liv Kristina Holter | 97 | Jessheim | 04.06.2011 |
| 8.96 | Tonje Berg | 85 | Jessheim | 27.05.1999 |
| 8.97 | Kristin Urnes | 75 | Sofiemyr | 08.08.1989 |
| 9.03 | Charlotte Oliversen | 91 | Lillehammer/Ss | 25.06.2005 |
| 9.03 | Linnea Børresen Lecomte | 07 | Jessheim | 03.06.2021 |
| 9.06 | Kari Ingelin Johnsen | 03 | Jessheim | 23.05.2017 |
| 9.08 | Mathilde Marie Solberg | 99 | Nadderud | 15.06.2013 |
| 9.16 | Martine Lystad | 91 | Lillehammer/Ss | 25.06.2005 |
| 9.17 | Amalie Westby Liestøl | 02 | Jessheim | 02.06.2016 |
| 9.19 | Ida Johanne Fosland | 02 | Jessheim | 02.06.2016 |
| 9.23 | Marie Tømmerberg | 91 | Lillehammer/Ss | 25.06.2005 |
| 9.24 | Kristin Urnes | 77 | Jessheim | 28.05.1991 |
| 9.33 | Maren Fald Gården | 88 | Lillehammer/Ss | 28.06.2002 |
| 9.28 | Haddijatou Jobe | 98 | Jessheim | 20.05.2012 |
| 9.39 | Helena Seland Myhre | 97 | Jessheim | 04.06.2011 |
| 9.41 | Siv Anita Engh | 85 | Jessheim | 23.08.1999 |
| 9.48 | Mari Jellum | 79 | Bjørkelangen | 15.05.1993 |
| 9.49 | Sara Isabella Bertheussen | 07 | Jessheim | 08.08.2021 |
| 9.58 | Ida Berg Hansen | 92 | Jessheim | 24.06.2006 |
| 9.60 | Hilde Gustavson | 87 | Jessheim | 19.08.2001 |
| 9.62 | Katrine Hoff | 91 | Oslo/Bi | 27.08.2005 |
| 9.75 | Sofie Rostad | 94 | Oslo/Bi | 16.08.2008 |
| 9.80 | Charlotte Axelsen | 92 | Jessheim | 21.08.2005 |

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| **JENTER 14** | **313** |

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| **60m M** |  |

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| --- | --- | --- | --- | --- |
| 8.0 | Inger Birgitte Reppe | 68 | Larvik/Lo | 05.09.1982 |
| 8.1 | Kristine Heggelund | 76 | Jessheim | 09.06.1990 |
| 8.2 | Kristin Brekke | 65 | Lillestrøm | 08.09.1979 |
| 8.2 | Tone Sæthermoen | 69 | Kløfta | 22.09.1983 |
| 8.2 | Tone Lauritzen | 76 | Bjørkelangen | 09.06.1990 |
| 8.3 | Lene Kristin Nyland | 74 | Nadderud | 13.08.1988 |
| 8.4 | Ragnhild Sundby | 44 | Sandvika/Ka | 22.06.1958 |
| 8.4 | Borghild Hansen | 45 | Jessheim | 30.08.1959 |
| 8.4 | Kari Fjeldberg | 68 | Rolvsrud | 19.09.1982 |
| 8.5 | Ingrid Sundby | 39 | Jessheim | 01.07.1953 |
| 8.5 | Inge Sand | 43 | Jessheim | 16.06.1957 |
| 8.5 | Liv Knutsen | 52 | Lillestrøm | 10.09.1966 |
| 8.5 | Cecilie Laake | 66 | Kløfta | 04.10.1980 |
| 8.5 | Guri Fjeldberg | 69 | Kløfta | 22.09.1983 |
| 8.5 | Tonje Oliversen | 91 | Jessheim | 09.06.2005 |
| 8.6 | Kari Wang | 56 | Lillestrøm | 19.09.1970 |
| 8.6 | Eva Cathrine Torvund | 69 | Kløfta | 22.09.1983 |
| 8.7 | Cora Halsan | 47 | Strømmen | 01.09.1961 |
| 8.7 | Marit Ørvik | 50 | Jessheim | 16.08.1964 |
| 8.7 | Ragnhild Dahl | 50 | Jessheim | 16.08.1964 |
| 8.7 | Kristin Urnes | 75 | Jessheim | 05.06.1989 |
| 8.7 | Siodine Hansen | 75 | Årnes | 21.06.1989 |
| 8.8 | Astrid Sundby | 42 | Jessheim | 27.05.1956 |
| 8.8 | Turid Seime | 44 | Jessheim | 08.06.1958 |
| 8.8 | Vera Martinsen | 47 | Strømmen | 01.09.1961 |
| 8.8 | Mabel Owren | 51 | Strømmen | 21.08.1965 |
| 8.8 | Inger Anne Nerhagen | 57 | Jessheim | 19.09.1971 |
| 8.8 | Irene Schultze | 67 | Oslo/Bi | 12.06.1981 |
| 8.9 | Grethe Uhlen | 49 | Jessheim | 22.09.1963 |
| 8.9 | Silje Disserud | 91 | Jessheim | 26.05.2005 |
| 8.9 | Anne Mette Olsen | 54 | Råholt | 15.09.1968 |
| 8.9 | Eli Bekken | 97 | Jessheim | 15.09.2011 |
| 9.0 | Unn Henriksen | 42 | Jessheim | 27.05.1956 |
| 9.0 | Britt Elton | 45 | Jessheim | 15.09.1959 |
| 9.0 | Tove Sundby | 51 | Strømmen | 21.08.1965 |
| 9.0 | Liv Marit Øye | 53 | Lillestrøm | 09.09.1967 |
| 9.0 | May Britt Mehlen | 57 | Jessheim | 18.09.1971 |
| 9.0 | Hilde Ødemark | 64 | Gardermoen | 26.08.1978 |
| 9.0 | Tonje Berg | 85 | Årnes | 07.07.1999 |
| 9.1 | Irene Belsvik | 42 | Jessheim | 27.05.1956 |
| 9.1 | Kari Jørgensen | 44 | Råholt | 28.06.1958 |
| 9.1 | Anne Majorsæter | 48 | Jessheim | 06.09.1962 |
| 9.1 | Marian Andersen | 60 | Kløfta | 04.09.1974 |
| 9.1 | Elisabeth Nyhus | 74 | Jessheim | 06.06.1988 |

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| **JENTER 14** | **314** |

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| **60m M forts.** |  |

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| --- | --- | --- | --- | --- |
| 9.1 | Mari Jellum | 79 | Jessheim | 23.09.1983 |
| 9.1 | Martine Lystad | 91 | Jessheim | 26.05.2005 |
| 9.2 | Liv Jensen | 40 | Jessheim | 28.06.1954 |
| 9.2 | Anne Marie Søberg | 45 | Jessheim | 19.06.1959 |
| 9.3 | Dagny Vethal | 40 | Jessheim | 19.09.1954 |
| 9.3 | Guri Øverby | 45 | Jessheim | 15.09.1959 |
| 9.3 | Aase Alstad | 49 | Jessheim | 11.09.1963 |
| 9.3 | Inger Berit Øye | 53 | Lillestrøm | 09.09.1967 |
| 9.3 | Thea Rutle | 92 | Jessheim | 15.06.2006 |
| 9.4 | Toril Granås | 46 | Råholt | 18.06.1960 |
| 9.4 | Bjørg Torp | 48 | Rpholt | 12.09.1962 |
| 9.4 | Anne Gro Digerud | 52 | Lillestrøm | 10.09.1966 |
| 9.4 | Ida Berg Hansen | 92 | Jessheim | 15.06.2006 |
| 9.5 | Anne Karin Fagertun | 45 | Jessheim | 15.09.1959 |
| 9.5 | Britt Røkke | 48 | Nannestad | 28.07.1962 |
| 9.5 | Line Kristin Von Hall | 75 | Jessheim | 17.09.1989 |
| 9.6 | Gerd Erlandsen | 41 | Jessheim | 28.08.1955 |
| 9.6 | Aase Alstad | 48 | Jessheim | 06.09.1962 |
| 9.6 | Maren Fald Gården | 88 | Årnes | 11.09.2002 |
| 9.7 | Ingrid Møinichen | 48 | Nannestad | 28.07.1962 |
| 9.7 | Thea Soland | 89 | Jessheim | 20.05.2003 |
| 9.8 | Densie Hagen | 44 | Råholt | 28.06.1958 |
| 9.8 | Marit Wiig | 49 | Jessheim | 11.09.1963 |

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| **80m M** |  |

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| --- | --- | --- | --- | --- |
| 11.4 | Kari Wang | 56 | Strømmen | 21.06.1970 |
| 11.5 | Siodine Hansen | 75 | Årnes | 21.06.1989 |
| 11.4 | Lene Kristin Nyland | 74 | Årnes | 22.06.1988 |
| 12.3 | Inger Anne Nerhagen | 57 | Strømmen | 20.06.1971 |

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| **100m E** |  |

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| --- | --- | --- | --- | --- |
| 12.65 | Linn Helene Bakke | 91 | Lillehammer/Ss | 26.06.2005 |
| 13.08 | Liv Anita Mikkelborg | 80 | Bjørkelangen | 17.09.1994 |
| 13.40 | Tone Lauritzen | 76 | Jessheim | 29.09.1990 |
| 13.43 | Solveig Emilie Johansen | 03 | Drammen/Ma | 27.08.2017 |
| 13.44 | Evelyn Svanøe | 10 | Lillestrøm | 25.05.2024 |
| 13.45 | Emilie Hov Andreassen | 00 | Lillestrøm | 24.05.2014 |
| 13.51 | Kristine Heggelund | 76 | Jessheim | 29.05.1990 |
| 13.74 | Lene Kristin Nyland | 74 | Sofiemyr | 03.09.1988 |
| 13.75 | Victoria Hillveg | 86 | Bjørkelangen | 21.05.2000 |
| 13.81 | Tonje Oliversen | 91 | Lillehammer/Ss | 26.06.2005 |
| 13.83 | Linnea Bratteng | 07 | Nittedal | 21.08.2021 |

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| **JENTER 14** | **315** |

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| **100m E forts.** |  |

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| --- | --- | --- | --- | --- |
| 13.94 | Munda Mkanda | 94 | Lillestrøm | 14.06.2008 |
| 13.85 | Tonje Moen | 00 | Lillestrøm | 24.05.2014 |
| 14.12 | Hedda Algarheim Tverås | 01 | Lillehammer/Ss | 21.06.2015 |
| 14.23 | Mathilde Marie Solberg | 99 | Lillestrøm | 25.05.2013 |
| 14.31 | Liv Kristina Holter | 97 | Lillehammer/Ss | 26.06.2011 |
| 14.33 | Silje Disserud | 91 | Lillehammer/Ss | 25.06.2005 |
| 14.34 | Heidi Stubbs Holdal | 92 | Lillehammer/Ss | 25.06.2006 |
| 14.38 | Kari Ingelin Johnsen | 03 | Lillestrøm | 27.05.2017 |
| 14.43 | Martine Lystad | 91 | Lillehammer/Ss | 25.06.2005 |
| 14.46 | Tuva Forsbacka | 09 | Lillehammer/Ss | 25.06.2023 |
| 14.62 | Vår Åsheim | 99 | Lillestrøm | 25.05.2013 |
| 14.71 | Charlotte Oliversen | 91 | Lillehammer/Ss | 26.06.2005 |
| 14.78 | Anne Kamstrup Hovind | 88 | Jessheim | 20.06.2002 |
| 14.86 | Kamilla Bråthen | 77 | Jessheim | 28.05.1991 |
| 15.04 | Eva Tronrud | 69 | Kirkenær | 23.05.1983 |
| 15.07 | Marie Tømmerberg | 91 | Jessheim | 13.06.2005 |
| 15.48 | Ebba Beyer | 98 | Lillestrøm | 26.05.2012 |
| 15.53 | Sara Isabella Bertheussen | 07 | Nittedal | 21.08.2021 |
| 15.56 | Maren Fald Gården | 88 | Jessheim | 20.05.2002 |
| 15.73 | Katrine Hoff | 91 | Jessheim | 22.08.2005 |
| 15.83 | Ingrid Johansen | 00 | Jessheim | 08.05.2014 |
| 15.86 | Siv Anita Engh | 85 | Bjørkelangen | 29.05.1999 |

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| **100m M** |  |

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| --- | --- | --- | --- | --- |
| 13.0 | Liv Anita Mikkelborg | 80 | Jessheim | 22.09.1994 |
| 13.1 | Inger Birgitte Reppe | 68 | Oslo/Bi | 01.08.1982 |
| 13.2 | Anne Knutsen | 67 | Oslo/St | 19.08.1981 |
| 13.4 | Kristin Brekke | 65 | Jessheim | 19.08.1979 |
| 13.5 | Vera Martinsen | 47 | Strømmen | 03.09.1961 |
| 13.5 | Eva Cathrine Torvund | 69 | Lillestrøm | 02.07.1983 |
| 13.7 | Liv Knutsen | 52 | Råholt | 27.08.1966 |
| 13.7 | Lene Kristin Nyland | 74 | Bjørkelangen | 10.08.1988 |
| 13.7 | Kristine Heggelund | 76 | Bjørkelangen | 08.08.1990 |
| 13.7 | Tone Lauritzen | 76 | Bjørkelangen | 08.08.1990 |
| 13.8 | Kari Fjeldberg | 68 | Nadderud | 18.06.1982 |
| 13.9 | Ragnhild Sundby | 44 | Sandvika/Ka | 20.09.1958 |
| 13.9 | Marit Ørvik | 50 | Jessheim | 16.08.1964 |
| 13.9 | Cecilie Laake | 66 | Jessheim | 01.09.1980 |
| 13.9 | Britt Folge | 66 | Jessheim | 01.09.1980 |
| 13.9 | Hilde Johansen | 66 | Jessheim | 01.09.1980 |
| 14.0 | Mabel Owren | 51 | Jessheim | 11.06.1965 |
| 14.0 | Silje Disserud | 91 | Jessheim | 01.10.2005 |
| 14.1 | Borghild Hansen | 45 | Jessheim | 01.08.1959 |

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| **JENTER 14** | **316** |

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| **100m M forts.** |  |

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| --- | --- | --- | --- | --- |
| 14.1 | Cora Halsan | 46 | Jessheim | 10.09.1961 |
| 14.1 | Kari Wang | 56 | Lillestrøm | 20.09.1970 |
| 14.2 | Astrid Sundby | 42 | Oslo/Bi | 11.06.1956 |
| 14.2 | Inge Sand | 43 | Jessheim | 05.06.1957 |
| 14.2 | Marian Andersen | 60 | Lillestrøm | 14.08.1974 |
| 14.2 | Tone Sæthermoen | 69 | Årnes | 06.06.1983 |
| 14.3 | Turid Seime | 44 | Jessheim | 24.08.1958 |
| 14.3 | Grethe Uhlen | 49 | Oslo/Bi | 05.10.1963 |
| 14.3 | Tove Sundby | 51 | Strømmen | 21.08.1965 |
| 14.3 | Cecilie Laake | 67 | Halden | 10.05.1981 |
| 14.4 | Ragnhild Dahl | 50 | Jessheim | 16.08.1964 |
| 14.4 | Eli Jensen | 62 | Lørenfallet | 31.08.1976 |
| 14.6 | Unn Henriksen | 42 | Oslo/Bi | 11.06.1956 |
| 14.6 | Anne Majorsæter | 48 | Råholt | 23.09.1962 |
| 14.6 | Inger Anne Nerhagen | 57 | Jessheim | 02.07.1971 |
| 14.6 | Siodine Hansen | 75 | Bjørkelangen | 10.08.1989 |
| 14.6 | Lise Mette Holme | 83 | Jessheim | 16.06.1997 |
| 14.7 | Irene Schultze | 67 | Oslo/St | 19.08.1981 |
| 14.7 | Kristin Urnes | 75 | Nannestad | 14.06.1989 |
| 14.9 | Rikke Rosenkilde | 50 | Jessheim | 29.09.1964 |
| 14.9 | Hilde Sørensen | 61 | Strømmen | 11.06.1975 |
| 14.9 | Gro Verpe | 62 | Strømmen | 19.06.1976 |
| 15.0 | Aase Alstad | 48 | Råholt | 23.09.1962 |
| 15.1 | Ingrid Møinichen | 48 | Råholt | 23.09.1962 |
| 15.1 | Tone Furuseth | 54 | Strømmen | 31.08.1968 |
| 15.2 | Kari Jørgensen | 44 | Kløfta | 10.08.1958 |
| 15.2 | Mari Jellum | 79 | Jessheim | 01.06.1993 |
| 15.6 | Hege Johansen | 75 | Nannestad | 14.06.1989 |

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| **150m E** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 21.64 | Sofie Schancke Krauss | 98 | Jessheim | 23.08.2012 |
| 22.86 | Victoria Børresen | 98 | Jessheim | 23.08.2012 |

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| --- | --- |
| **200m E** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 25.84 | Linn Helene Bakke | 91 | Lillehammer/Ss | 23.06.2005 |
| 27.21 | Solveig Emilie Johansen | 03 | Asker/Fø | 10.06.2017 |
| 27.72 | Tonje Moen | 00 | Lillehammer/Ss | 19.09.2014 |
| 27.82 | Tonje Oliversen | 91 | Lillehammer/Ss | 23.06.2005 |
| 27.85 | Emilie Hov Andreassen | 00 | Lillestrøm | 22.05.2014 |
| 27.98 | Evelyn Svanøe | 10 | Oslo/St | 11.05.2024 |
| 28.78 | Frida Kristine Forberg | 92 | Nadderud | 09.09.2006 |
| 28.83 | Linnea Bratteng | 07 | Nittedal | 21.08.2021 |

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| **JENTER 14** | **317** |

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| **200m E forts.** |  |

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| --- | --- | --- | --- | --- |
| 28.86 | Summer Steinsrud | 01 | Lillestrøm | 31.05.2015 |
| 28.93 | Silje Disserud | 91 | Lillehammer/Ss | 23.06.2005 |
| 29.16 | Vilde Svardal | 01 | Asker/Fø | 06.06.2015 |
| 29.18 | Mathilde Marie Solberg | 99 | Nadderud | 14.06.2013 |
| 29.33 | Hedda Algarheim Tverås | 01 | Lillestrøm | 31.05.2015 |
| 29.43 | Hermine Opsahl Torgersen | 10 | Lillehammer/Ss | 21.06.2024 |
| 29.47 | Martine Lystad | 91 | Lillehammer/Ss | 23.06.2005 |
| 29.70 | Charlotte Oliversen | 91 | Lillehammer/Ss | 23.06.2005 |
| 30.07 | Marie Tømmerberg | 91 | Lillehammer/Ss | 23.06.2005 |
| 30.17 | Linnea De Zillo Lecomte | 07 | Jessheim | 289.05.2021 |
| 30.21 | Maren Eriksen Skappel | 96 | Lillehammer/Ss | 17.06.2010 |
| 30.38 | Sina Sandholt | 92 | Nadderud | 09.09.2006 |
| 30.94 | Ida Johanne Fosland | 02 | Lillestrøm | 15.06.2016 |
| 31.32 | Oda Wennemo | 92 | Nadderud | 10.09.2006 |
| 32.01 | Mari Jellum | 79 | Bjørkelangen | 15.05.1993 |
| 32.04 | Ida Berg Hansen | 92 | Jessheim | 17.08.2006 |
| 32.12 | Sara Isabella Bertheussen | 07 | Nittedal | 21.08.2021 |
| 32.18 | Turid Kamstrup Hovind | 92 | Jessheim | 17.08.2006 |
| 34.13 | Ebba Beyer | 98 | Lillestrøm | 27.05.2012 |
| 33.52 | Karoline Ødemark Hov | 98 | Nadderud | 14.06.2009 |

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| **200m M** |  |

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| --- | --- | --- | --- | --- |
| 27.7 | Inger Birgitte Reppe | 68 | Oslo/Bi | 23.08.1982 |
| 27.9 | Victoria Hillveg | 86 | Ski | 16.09.2000 |
| 28.1 | Lene Kristin Nyland | 74 | Jessheim | 26.09.1988 |
| 28.3 | Kristin Brekke | 65 | Strømmen | 24.08.1979 |
| 28.4 | Linn Helene Bakke | 91 | Jessheim | 23.04.2005 |
| 28.7 | Kari Fjeldberg | 68 | Jessheim | 02.10.1982 |
| 29.2 | Ragnhild Sundby | 44 | Jessheim | 06.08.1958 |
| 29.4 | Liv Knutsen | 52 | Råholt | 28.08.1966 |
| 30.0 | Vår Åsheim | 99 | Jessheim | 30.05.2013 |
| 30.3 | Turid Seime | 44 | Jessheim | 06.08.1958 |
| 30.9 | Astrid Sundby | 42 | Råholt | 25.07.1956 |
| 30.9 | Helena Seland Myhre | 97 | Jessheim | 03.09.2011 |
| 31.0 | Maren Fald Gården | 88 | Jessheim | 19.08.2002 |
| 31.2 | Silje Disserud | 91 | Jessheim | 23.04.2005 |
| 31.2 | Maren Eriksen Skappel | 96 | Jessheim | 30.09.2010 |
| 31.5 | Tonje Berg | 85 | Jessheim | 18.09.1999 |
| 31.9 | Hilde Gustavsen | 87 | Årnes | 12.09.2001 |
| 32.9 | Sofie Ristad | 94 | Jessheim | 04.09.2008 |
| 33.0 | Elisabeth Mehus | 74 | Jessheim | 26.09.1988 |

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| **JENTER 14** | **318** |

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| **300m E** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 43.46 | Emilie Hov Andreassen | 00 | Göteborg, SWE | 29.06.2014 |
| 48.65 | Victoria Børresen | 98 | Oslo/Bi | 20.09.2012 |

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| **300m M** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 51.5 | Anne Kamstrup Hovind | 88 | Jessheim | 15.04.2002 |
| 52.3 | Silje Ekroll Jahren | 88 | Jessheim | 15.04.2002 |

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| --- | --- |
| **400m E** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 66.82 | Natalie Norbech Jøransen | 07 | Oslo/St | 24.09.2021 |

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| **400m M** |  |

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| --- | --- | --- | --- | --- |
| 67.4 | Turid Seime | 44 | Årnes | 17.08.1958 |
| 69.3 | Ragnhild Dahl | 50 | Råholt | 13.06.1964 |
| 72.6 | Anne Gro Digerud | 52 | Råholt | 13.08.1966 |
| 77.6 | Hilde Sørensen | 61 | Lillestrøm | 02.06.1975 |

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| **600m** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1:36.65 | Wilma Torbjørnsson | 07 | Rjukan | 11.09.2021 |
| 1:37.97 | Emilie Hov Andreassen | 00 | Lillestrøm | 24.05.2014 |
| 1:39.47 | Liv Anita Mikkelborg | 80 | Lillehammer/Ss | 10.09.1994 |
| 1:41.42 | Julie Hammer | 04 | Hamar | 08.09.2018 |
| 1:42.76 | Sina Sandholt | 92 | Nadderud | 16.06.2006 |
| 1:43.57 | Andrea Udnes Weng | 92 | Nadderud | 16.06.2006 |
| 1:44.96 | Amalie Westby Liestøl | 02 | Jessheim | 27.08.2016 |
| 1:45.48 | Hermine Opsahl Torgersen | 10 | Rud | 14.06.2024 |
| 1:46.45 | Vilde Svardal | 01 | Lillestrøm | 30.05.2015 |
| 1:47.5 | Inger Anne Nerhagen | 57 | Jessheim | 18.09.1971 |
| 1:47.71 | Tuva Forsbacka | 09 | Jessheim | 12.08.2023 |
| 1:48.62 | Tonje Oliversen | 91 | Nadderud | 17.06.2005 |
| 1:48.7 | Karin Kvamme | 58 | Lørenfallet | 13.06.1972 |
| 1:49.32 | Anniken Alnæs | 94 | Lillestrøm | 14.06.2008 |
| 1:50.75 | Charlotte Oliversen | 91 | Nadderud | 10.09.2005 |
| 1:50.78 | Natalie Norbech Jøransen | 07 | Jessheim | 07.08.2021 |
| 1:51.04 | Mathea Edle Olsen | 05 | Jessheim | 10.08.2019 |
| 1:52.71 | Linnea Børresen Lecomte | 07 | Jessheim | 30.08.2021 |
| 1:54.15 | Marie Tømmerberg | 91 | Nadderud | 17.06.2005 |
| 1:54.60 | Helena Seland Myhre | 97 | Lillestrøm | 03.09.2011 |
| 1:54.7 | Maria Ulvestad | 91 | Lørenfallet | 06.09.2005 |
| 1:56.52 | Victoria Børresen | 98 | Oslo/Bi | 24.09.2012 |
| 1:57.15 | Maren Eriksen Skappel | 96 | Jessheim | 25.05.2010 |

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| **JENTER 14** | **319** |

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| **600m forts.** |  |

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| 1:57.62 | Silje Disserud | 91 | Jessheim | 13.06.2005 |
| 1:58.08 | Pernille Dahl | 91 | Jessheim | 13.06.2005 |
| 1:58.3 | Linn Helene Bakke | 91 | Oslo/La | 19.05.2005 |
| 2:00.9 | Silje Ekroll Jahren | 88 | Jessheim | 15.04.2002 |
| 2:01.58 | Paniel Kifleyesus | 07 | Jessheim | 29.05.2021 |
| 2:01.76 | Madelaine Kristiansen | 06 | Jessheim | 23.05.2020 |
| 2:02.0 | Julie Flatner | 99 | Jessheim | 30.05.2013 |
| 2:02.8 | Anne Kamstrup Hovind | 88 | Jessheim | 15.04.2002 |
| 2:03.1 | Vår Åsheim | 99 | Jessheim | 30.05.2013 |
| 2:03.89 | Hanna Rimstad | 10 | Bergen/Fa | 26.05.2024 |
| 2:05.20 | Ida Berg Hansen | 92 | Jessheim | 21.08.2006 |
| 2:06.9 | Norunn Elise Bamrud | 92 | Årnes | 13.09.2006 |
| 2:07.3 | Maren Fald Gården | 88 | Jessheim | 18.04.2002 |

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| **800m** |  |

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| 2:17.12 | Wilma Torbjørnsson | 07 | Nittedal | 18.09.2021 |
| 2:19.7 | Unn Hoel | 69 | Nadderud | 17.06.1983 |
| 2:20.69 | Emilie Hov Andreassen | 00 | Lillehammer/Ss | 22.06.2014 |
| 2:21.84 | Liv Anita Mikkelborg | 80 | Sofiemyr | 13.08.1994 |
| 2:23.83 | Kamilla Bråthen | 77 | Lillehammer/Ss | 30.06.1991 |
| 2:25.0 | Hilde Rustad | 66 | Halden | 10.05.1980 |
| 2:25.18 | Julie Hammer | 04 | Nittedal | 11.05.2018 |
| 2:25.65 | Hermine Opsahl Torgersen | 10 | Lillehammer/Ss | 23.06.2024 |
| 2:26.69 | Amalie Westby Liestøl | 02 | Lillehammer/Ss | 19.06.2016 |
| 2:28.73 | Vilde Svardal | 01 | Oslo/Bi | 08.08.2015 |
| 2:29.6 | Kari Fjeldberg | 68 | Oslo/Bi | 08.06.1982 |
| 2:30.09 | Elisabeth Langrusten | 86 | Oslo/Bi | 25.09.2000 |
| 2:30.41 | Tonje Oliversen | 91 | Lillehammer/Ss | 26.06.2005 |
| 2:30.85 | Sina Sandholt | 92 | Jessheim | 22.05.2006 |
| 2:31.3 | Kristin Jensen | 70 | Strømmen | 10.06.1984 |
| 2:31.5 | Ellen Undseth | 73 | Jessheim | 15.08.1987 |
| 2:31.73 | Tuva Isabella Forsbacka | 09 | Lillehammer/Ss | 25.06.2023 |
| 2:32.8 | Hege Lundring | 73 | Jessheim | 15.08.1987 |
| 2:33.03 | Andrea Udnes Weng | 92 | Oslo/Bi | 19.08.2006 |
| 2:33.3 | Inger Birgitte Reppe | 68 | Jessheim | 03.06.1982 |
| 2:33.98 | Charlotte Oliversen | 91 | Lillehammer/Ss | 26.06.2005 |
| 2:35.9 | Hege Lundring | 72 | Haga | 05.06.1986 |
| 2:36.7 | Kristin Urnes | 75 | Jessheim | 03.09.1989 |
| 2:37.73 | Maren Fald Gården | 88 | Lillehammer/Ss | 30.06.2002 |
| 2:39.82 | Oda Wennemo | 92 | Oslo/Bi | 19.08.2006 |
| 2:40.4 | Ingvild Fjeldheim | 75 | Jessheim | 17.09.1989 |
| 2:40.5 | Line Bjørnås | 67 | Halden | 10.05.1981 |
| 2:40.8 | Gro Verpe | 62 | Lørenfallet | 31.08.1976 |

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| **JENTER 14** | **320** |

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| **800m forts.** |  |

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| 2:40.8 | Nora Mathiesen | 97 | Jessheim | 19.08.2011 |
| 2:41.67 | Victoria Børresn | 98 | Oslo/Bi | 19.08.2012 |
| 2:41.72 | Helena Seland Myhre | 97 | Nadderud | 23.09.2011 |
| 2:42.09 | Marie Tømmerberg | 91 | Lillehammer/Ss | 26.06.2005 |
| 2:42.7 | Inger Anne Nerhagen | 57 | Jessheim | 18.08.1971 |
| 2:43.0 | Turid Seime | 44 | Oslo/Bi | 30.08.1958 |
| 2:43.1 | Silje Ekroll Jahren | 88 | Jessheim | 23.09.2002 |
| 2:43.96 | Maren Eriksen Skappel | 96 | Lillehammer/Ss | 20.06.2010 |
| 2:44.9 | Lise Mette Holme | 83 | Jessheim | 18.08.1997 |
| 2:45.4 | Eli Jensen | 62 | Lørenfallet | 31.08.1976 |
| 2:46.4 | Hedda Skatvedt | 00 | Jessheim | 04.10.2004 |
| 2:47.4 | Ingvild Skolt | 85 | Jessheim | 16.08.1999 |
| 2:48.4 | Ragnhild Dahl | 50 | Jessheim | 07.10.1964 |
| 2:50.72 | Silje Disserud | 91 | Jessheim | 26.05.2005 |
| 2:55.0 | Ina Jakobsson | 80 | Jessheim | 29.08.1994 |
| 2:56.8 | Liv Kristina Holter | 97 | Jessheim | 19.09.2011 |
| 2:57.0 | Siv Anita Engh | 85 | Nittedal | 08.06.1999 |
| 2:57.1 | Kirsten Daae Wiig | 97 | Jessheim | 19.09.2011 |
| 2:57.3 | Siw Vestengen | 72 | Jessheim | 28.06.1986 |
| 2:57.64 | Hilde Gustavson | 87 | Jessheim | 19.09.2001 |
| 2:57.84 | Kaja Brekke | 03 | Oslo/Bi | 05.08.2017 |
| 3:00.1 | Tonje Berg | 85 | Jessheim | 16.08.1999 |
| 3:03.71 | Sofie Rostad | 94 | Jessheim | 08.08.2008 |
| 3:07.4 | Dagrunn Rommen | 76 | Jessheim | 27.08.1990 |
| 3:09.6 | Elise Nermo | 92 | Jessheim | 23.09.2006 |
| 3:09.82 | Christine Sørmo | 85 | Jessheim | 21.06.1999 |
| 3:11.7 | Anette Knudsen | 80 | Jessheim | 29.08.1994 |

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| **1000m** |  |

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| 3:17.59 | Kristin Jensen | 70 | Nadderud | 12.08.1984 |
| 3:29.0 | Ingvild Fjeldheim | 75 | Nannestad | 14.06.1989 |
| 3:50.6 | Ane Kamstrup Hovind | 88 | Jessheim | 19.08.2002 |

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| **1500m** |  |

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| 4:39.28 | Wilma Torbjørnsson | 07 | Nadderud | 17.09.2021 |
| 4:41.56 | Julie Hammer | 04 | Hamar | 09.09.2018 |
| 4:50.0 | Hilde Rustad | 66 | Oslo/Bi | 03.09.1980 |
| 4:59.62 | Hermine Opsahl Torgersen | 10 | Jessheim | 24.05.2024 |
| 5:06.12 | Sina Sandholt | 92 | Nadderud | 18.06.2006 |
| 5:07.7 | Kamilla Bråthen | 77 | Jessheim | 14.06.1991 |
| 5:10.15 | Andrea Udnes Weng | 92 | Nadderud | 18.06.2006 |

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| **JENTER 14** | **321** |

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| **1500m forts.** |  |

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| --- | --- | --- | --- | --- |
| 5:11.09 | Liv Anita Mikkelborg | 80 | Lillehammer/Ss | 23.06.1994 |
| 5:15.42 | Elisabeth Langrusten | 86 | Lillehammer/Ss | 29.06.2000 |
| 5:17.95 | Vilde Svardal | 01 | Jessheim | 06.09.2015 |
| 5:21.30 | Silje Christine Berg-Knutsen | 05 | Naqdderud | 16.06.2019 |
| 5:21.69 | Oda Wennemo | 92 | Nadderud | 18.06.2006 |
| 5:28.1 | Wenche Moen | 65 | Jessheim | 11.06.1979 |
| 5:45.8 | Ingvild Skolt | 85 | Jessheim | 14.06.1999 |
| 5:51.5 | Ina Jakobsson | 80 | Jessheim | 13.06.1994 |
| 6:00.0 | Anne Kamstrup Hovind | 88 | Jessheim | 13.06.2002 |
| 6:01.5 | Kjersti Hvattum | 65 | Jessheim | 11.06.1979 |
| 6:23.1 | Anne Sandvoll | 69 | Jessheim | 10.06.1983 |
| 6:24.3 | Anette Knudsen | 80 | Jessheim | 13.06.1994 |
| 6:45.0 | Dagrun Rommen | 76 | Jessheim | 13.06.1990 |

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| **2000m** |  |

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| 6:55.1 | Hilde Rustad | 66 | Jessheim | 11.08.1980 |
| 6:55.42 | Hermine Opsahl Torgersen | 10 | Gøteborg, SWE | 07.07.2024 |

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| **3000m** |  |

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| 11:45.1 | Wenche Moen | 65 | Jessheim | 20.08.1979 |
| 13:18.0 | Kjersti Hvattum | 65 | Jessheim | 20.08.1979 |
| 14:23.7 | Anne Sandvoll | 69 | Jessheim | 19.08.1983 |

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| **1000m gang** |  |

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| 6.33.10 | Natalie Norbech Jøransen | 07 | Rjukan | 11.09.2021 |

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| **5km landevei** |  |

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| --- | --- | --- | --- | --- |
| 17:30 | Wilma Torbjørnsson | 07 | Jessheim | 02.10.2021 |
| 17:55 | Julie Hammer | 04 | Jessheim | 02.09.2018 |
| 20:28 | Hermine Opsahl Torgersen | 10 | Jessheim | 28.09.2024 |
| 23:42 | Natalie Norbech Jøransen | 07 | Jessheim | 02.10.2021 |
| 24:08 | Kaja Brekke | 03 | Jessheim | 02.09.2017 |
| 24:47 | Astrid Marie Jensen | 09 | Jessheim | 10.09.2023 |

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| **10km landevei** |  |

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| 36:47 | Wilma Torbjørnsson | 07 | Hole | 16.10.2021 |
| 41:31 | Johanne Norheim | 03 | Jessheim | 02.09.2017 |

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| **JENTER 14** | **322** |

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| **60m hekk 76.2 cm E** |  |

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| --- | --- | --- | --- | --- |
| 10.14 | Tonje Moen | 00 | Jessheim | 13.09.2014 |
| 10.31 | Kristin Urnes | 75 | Grimstad | 08.07.1989 |
| 10.35 | Linnea Bratteng | 07 | Rjukan | 11.09.2021 |
| 10.41 | Hanna Rimstad | 10 | Bergen/Fa | 26.05.2024 |
| 10.46 | Vår Åsheim | 99 | Jessheim | 31.08.2013 |
| 10.47 | Hedda Algarheim Tverås | 01 | Oslo/Bi | 07.08.2015 |
| 10.66 | Mathilde Marie Solberg | 99 | Lillestrøm | 26.05.2013 |
| 11.68 | Silje Disserud | 91 | Lillehammer/Ss | 26.06.2005 |
| 11.83 | Tuva Forsbacka | 09 | Oslo/Bi | 04.06.2023 |
| 13.01 | Ida Berg Hansen | 92 | Lillehammer/Ss | 24.06.2006 |

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| --- | --- |
| **60m hekk 76.2 cm M** |  |

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| --- | --- | --- | --- | --- |
| 9.6 | Tone Sæthermoen | 69 | Kongsberg | 03.09.1983 |
| 9.6 | Linn Helene Bakke | 91 | Oslo/La | 19.05.2005 |
| 9.8 | Kristin Urnes | 75 | Sofiemyr | 10.09.1989 |
| 11.8 | Grethe Uhlen | 49 | Råholt | 22.09.1963 |
| 12.0 | Liv Knutsen | 52 | Lillestrøm | 11.09.1966 |
| 12.4 | Irene Schultze | 67 | Lørenfallet | 22.09.1980 |
| 12.6 | Ellen Undseth | 73 | Jessheim | 15.08.1987 |
| 12.9 | Tove Sundby | 51 | Strømmen | 21.08.1965 |
| 13.1 | Hege Lundring | 73 | Jessheim | 15.08.1987 |
| 12.3 | Inger Birgitte Reppe | 68 | Larvik/Lo | 05.09.1982 |
| 12.3 | Kari Fjeldberg | 68 | Larvik/Lo | 05.09.1982 |
| 12.9 | Tone Sæthermoen | 69 | Jessheim | 03.10.1983 |
| 15.2 | Ragnhild Sundby | 44 | Jessheim | 06.08.1958 |
| 15.2 | Gro Verpe | 62 | Lørenfallet | 31.08.1976 |
| 15.5 | Turid Seime | 44 | Jessheim | 24.08.1958 |
| 15.5 | Unn Henriksen | 42 | Jessheim | 21.05.1956 |
| 16.1 | Borghild Hansen | 45 | Jessheim | 30.08.1959 |
| 17.6 | Lene Kristin Nyland | 74 | Jessheim | 26.09.1988 |

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| **80m hekk 76.2 cm E** |  |

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| --- | --- | --- | --- | --- |
| 12.98 | Victoria Hillveg | 86 | Stjørdal | 26.08.2000 |

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| **80m hekk 76.2 cm M** |  |

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| --- | --- | --- | --- | --- |
| 13.6 | Kristin Urnes | 75 | Jessheim | 17.09.1989 |
| 17.2 | Tonje Berg | 85 | Bjørkelangen | 17.06.1999 |

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| **JENTER 14** | **323** |

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| **200m hekk 76.2 cm E** |  |

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| 34.48 | Linnea Bratteng | 07 | Rjukan | 12.09.2021 |
| 35.88 | Vår Åsheim | 99 | Jessheim | 01.09.2013 |

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| **1500m hinder 76.2 cm** |  |

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| --- | --- | --- | --- | --- |
| 5:05.04 | Julie Hammer | 04 | Jessheim | 19.06.2018 |

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| **Høyde** |  |

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| --- | --- | --- | --- | --- |
| 1.73 | Hanna Rimstad | 10 | Gøteborg, SWE | 07.07.2024 |
| 1.68 | Kristin Urnes | 75 | Grimstad | 09.07.1989 |
| 1.60 | Linn Helene Bakke | 91 | Oslo/La | 19.05.2005 |
| 1.56 | Kari Fjeldberg | 68 | Larvik/Lo | 05.09.1982 |
| 1.50 | Siv Anita Engh | 85 | Asker/Fø | 05.09.1999 |
| 1.48 | Guri Fjeldberg | 69 | Kløfta | 27.09.1983 |
| 1.48 | Victoria Hillveg | 86 | Nadderud | 18.06.2000 |
| 1.46 | Mari Steen Myrvang | 06 | Rjukan | 06.09.2020 |
| 1.45 | Liv Knutsen | 52 | Lillestrøm | 04.09.1966 |
| 1.45 | Ebba beyer | 98 | Lillestrøm | 27.05.2012 |
| 1.40 | Tone Sæthermoen | 69 | Løken | 28.05.1983 |
| 1.40 | Gro Verpe | 62 | Fana | 23.08.1976 |
| 1.40 | Tone Lauritzen | 76 | Jessheim | 09.06.1990 |
| 1.40 | Linnea Bratteng | 07 | Jessheim | 21.08.2021 |
| 1.39 | Ingrid Sundby | 39 | Bergen/Kr | 12.09.1953 |
| 1.35 | Randi Kulleseid | 46 | Sandvika/Ka | 25.06.1960 |
| 1.35 | Kristin Brekke | 65 | Årnes | 28.08.1979 |
| 1.35 | Anita Aasheim | 66 | Jessheim | 18.06.1980 |
| 1.35 | Liv Kristina Holter | 97 | Jessheim | 26.05.2011 |
| 1.33 | Marit Ørvik | 50 | Jessheim | 15.08.1964 |
| 1.33 | Mabel Owren | 51 | Jessheim | 11.06.1965 |
| 1.32 | Cora Halsan | 47 | Jessheim | 10.09.1961 |
| 1.31 | Eli Jensen | 62 | Årnes | 01.09.1976 |
| 1.30 | Ragnhild Sundby | 44 | Jessheim | 04.10.1958 |
| 1.30 | Borghild Hansen | 45 | Jessheim | 10.06.1959 |
| 1.30 | Kamilla Bråthen | 77 | Sofiemyr | 18.08.1991 |
| 1.30 | Sofie Rostad | 94 | Jessheim | 02.06.2008 |
| 1.28 | Turid Seime | 44 | Jessheim | 06.08.1958 |
| 1.26 | Ragnhild Dahl | 50 | Jessheim | 13.09.1964 |
| 1.25 | Vera Martinsen | 47 | Jessheim | 07.08.1961 |
| 1.25 | Inger Anne Nerhagen | 57 | Nannestad | 17.06.1971 |
| 1.25 | Marianne Borgen | 62 | Gardermoen | 17.06.1976 |
| 1.25 | Elisabeth Langrusten | 86 | Jessheim | 22.05.2000 |
| 1.25 | Natalie Norbech Jøransen | 07 | Nittedal | 21.08.2021 |
| 1.23 | Guri Øverby | 45 | Jessheim | 15.09.1959 |

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| **JENTER 14** | **324** |

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| **Høyde** |  |

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| --- | --- | --- | --- | --- |
| 1.21 | Anne Refsum | 41 | Jessheim | 04.06.1955 |
| 1.21 | Grethe Uhlen | 49 | Jessheim | 11.09.1963 |
| 1.20 | Anne Majorsæter | 48 | Jessheim | 06.09.1962 |
| 1.18 | Irene Belsvik | 42 | Jessheim | 30.09.1956 |
| 1.18 | Anne Karin Fagertun | 45 | Jessheim | 10.06.1959 |
| 1.18 | Ingrid Møinichen | 48 | Jessheim | 06.10.1962 |
| 1.15 | Tone Furuseth | 54 | Strømmen | 31.08.1968 |
| 1.12 | Kari Jørgensen | 44 | Råholt | 28.06.1958 |
| 1.10 | Densie Hagen | 44 | Råholt | 28.06.1958 |
| 1.10 | Aase Alstad | 48 | Jessheim | 06.09.1962 |
| 1.10 | Bjørg Torp | 48 | Råholt | 12.09.1962 |
| 1.10 | Marit Wiig | 49 | Jessheim | 11.09.1963 |
| 1.10 | Charlotte Axelsen | 92 | Jessheim | 21.08.2006 |

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| **Stav** |  |

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| --- | --- | --- | --- | --- |
| 3.10 | Hanna Rimstad | 10 | Jessheim | 11.08.2024 |
| 2.60 | Kristin Urnes | 75 | Jessheim | 22.05.1989 |
| 2.40 | Sofie Schancke Krauss | 98 | Lillehammer/Ss | 22.06.2012 |
| 2.20 | Sofie Rostad | 97 | Jessheim | 26.05.2011 |
| 1.70 | Tina Moen | 00 | Jessheim | 04.06.2014 |

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| **Lengde S: Sats i satsfelt** |  |

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| --- | --- | --- | --- | --- |
| 5.18 s | Tone Sæthermoen | 69 | Kløfta | 04.10.1983 |
| 5.17 s | Inger Birgitte Reppe | 68 | Årnes | 01.09.1982 |
| 5.16 s | Kristin Urnes | 75 | Jessheim | 02.09.1989 |
| 5.05 s | Tone Lauritzen | 76 | Jessheim | 27.09.1990 |
| 5.05 s | Kristine Heggelund | 76 | Jessheim | 27.09.1990 |
| 5.01 s | Lene Kristin Nyland | 74 | Bjørkelangen | 30.08.1988 |
| 5.00 s | Kari Fjeldberg | 68 | Lillestrøm | 12.09.1982 |
| 4.98 s | Munda Mkanda | 94 | Lillestrøm | 14.06.2008 |
| 4.88 | Liv Knutsen | 52 | Tønsberg | 18.09.1966 |
| 4.75 | Hilde Verpe | 63 | Jessheim | 04.08.1977 |
| 4.75 s | Cecilie Laake | 66 | Strømmen | 06.08.1980 |
| 4.71 | Liv Jensen | 40 | Jessheim | 03.10.1954 |
| 4.69 s | Linn Helene Bakke | 91 | Oslo/La | 19.05.2005 |
| 4.67 s | Irene Schultze | 67 | Krikenær | 30.05.1981 |
| 4.66 s | Guri Fjeldberg | 69 | Jessheim | 14.08.1983 |
| 4.65 | Kristin Brekke | 65 | Årnes | 20.08.1979 |
| 4.59 | Astrid Sundby | 42 | Jessheim | 28.08.1956 |
| 4.53 | Vår Åsheim | 99 | Lillestrøm | 09.06.2013 |
| 4.52 | Kari Wang | 56 | Lillestrøm | 19.09.1970 |
| 4.52 s | Christina Ellingsen | 88 | Jessheim | 20.06.2002 |

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| **JENTER 14** | **325** |

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| **Lengde S: Sats i satsfelt forts.** |  |

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| --- | --- | --- | --- | --- |
| 4.50 | Hanna Rimstad | 10 | Bergen/Fa | 25.05.2024 |
| 4.47 | Mabel Owren | 51 | Strømmen | 22.08.1965 |
| 4.45 | Ragnhild Sundby | 44 | Årnes | 16.08.1958 |
| 4.44 | Inge Sand | 43 | Jessheim | 10.08.1957 |
| 4.43 | Vera Martinsen | 47 | Hamar | 29.05.1961 |
| 4.43 | May Britt Mehlen | 57 | Jessheim | 18.09.1971 |
| 4.43 | Inger Anne Nerhagen | 57 | Jessheim | 06.06.1971 |
| 4.39 | Cora Halsan | 47 | Strømmen | 18.06.1961 |
| 4.39 | Tonje Berg | 85 | Årnes | 07.07.1999 |
| 4.37 | Borghild Hansen | 45 | Jessheim | 15.09.1959 |
| 4.36 s | Tonje Oliversen | 91 | Nadderud | 10.09.2005 |
| 4.34 | Ragnhild Dahl | 50 | Jessheim | 29.09.1964 |
| 4.34 s | Silje Disserud | 91 | Jessheim | 13.06.2005 |
| 4.28 | Linnea Børresen Lecomte | 07 | Jessheim | 03.06.2021 |
| 4.27 | Victoria Hillveg | 86 | Bjørkelangen | 21.05.2000 |
| 4.25 | Siv Anita Engh | 85 | Jessheim | 27.05.1999 |
| 4.22 | Turid Seime | 44 | Kløfta | 10.08.1958 |
| 4.19 | Liv Anita Mikkelborg | 80 | Bjørkelangen | 17.09.1994 |
| 4.18 | Tove Johansen | 41 | Jessheim | 28.08.1955 |
| 4.17 | Anne Gro Digerud | 52 | Oslo/Bi | 20.05.1966 |
| 4.16 s | Guri Arnegård | 69 | Kirkenær | 23.05.1983 |
| 4.15 | Irene Belsvik | 42 | Jessheim | 30.09.1955 |
| 4.12 | Grethe Uhlen | 49 | Oslo/Bi | 05.10.1963 |
| 4.11 | Hilde Gustavsen | 87 | Jessheim | 18.08.2001 |
| 4.05 s | Ida Berg Hansen | 92 | Jessheim | 21.08.2006 |
| 4.00 s | Sofie Rostad | 94 | Jessheim | 18.08.2008 |
| 3.99 s | Unn Hoel | 69 | Kirkenær | 23.05.1983 |
| 3.99 | Sofie Schancke Krauss | 98 | Lillestrøm | 08.09.2012 |
| 3.97 s | Andrea Udnes Weng | 92 | Årnes | 16.06.2006 |
| 3.94 | Anne Mette Olsen | 54 | Blaker/Br | 15.09.1968 |
| 3.92 | Dagny Vethal | 40 | Jessheim | 19.09.1954 |
| 3.92 | Unn Henriksen | 42 | Strømmen | 26.08.1956 |
| 3.88 | Ingrid Møinichen | 48 | Nannestad | 28.07.1962 |
| 3.83 | Anne Majorsæter | 48 | Jessheim | 06.09.1962 |
| 3.82 | Kari Jørgensen | 44 | Jessheim | 28.05.1958 |
| 3.78 s | Martine Lystad | 91 | Lillehammer/Ss | 25.06.2005 |
| 3.75 | Bjørg Torp | 48 | Nannestad | 28.07.1962 |
| 3.75 | Ebba Beyer | 98 | Jessheim | 23.06.2012 |
| 3.69 | Haddijatou Jobe | 98 | Jessheim | 20.05.2012 |
| 3.68 | Anne Karin Fagertun | 45 | Jessheim | 19.06.1959 |
| 3.68 | Marit Øye | 53 | Lillestrøm | 10.09.1967 |
| 3.66 | Britt Elton | 45 | Jessheim | 15.09.1959 |
| 3.64 | Mari Steen Myrvang | 06 | Rjukan | 05.09.2020 |

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| **JENTER 14** | **326** |

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| **Lengde S: Sats i satsfelt forts.** |  |

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| --- | --- | --- | --- | --- |
| 3.59 | Aase Alstad | 48 | Råholt | 23.09.1962 |
| 3.59 s | Mari Jellum | 79 | Blaker/Br | 27.05.1993 |
| 3.57 s | Charlotte Axelsen | 92 | Jessheim | 21.08.2006 |
| 3.52 s | Katrine Hoff | 91 | Jessheim | 25.06.2005 |
| 3.52 | Sara Isabella Bertheussen | 07 | Jessheim | 30.08.2021 |
| 3.51 | Guri Øverby | 45 | Jessheim | 15.09.1959 |
| 3.50 s | Ingvild Fjeldheim | 75 | Jessheim | 05.06.1989 |
| 3.48 | Inger Øie | 53 | Lillestrøm | 10.09.1967 |

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| **Tresteg** |  |

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| --- | --- | --- | --- | --- |
| 9.83 | Victoria Hillveg | 86 | Jessheim | 31.08.2000 |
| 9.01 | Natalie Norbech Jøransen | 07 | Oslo/St | 24.09.2021 |
| 8.71 | Tonje Berg | 85 | Asker/Fø | 05.09.1999 |
| 8.70 | Vår Åsheim | 99 | Jessheim | 30.05.2013 |
| 8.29 | Amalie Westby Liestøl | 02 | Jessheim | 28.08.2016 |
| 8.12 | Sofie Rostad | 94 | Nadderud | 08.05.2008 |
| 7.72 | Julie Flatner | 99 | Jessheim | 30.05.2013 |

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| **Kule 3 kg** |  |

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| --- | --- | --- | --- | --- |
| 12.95 | Hanna Emilie Hjeltnes | 04 | Jessheim | 11.08.2018 |
| 11.20 | Hanna Rimstad | 10 | Brandbu | 22.09.2024 |
| 10.88 | Silje Disserud | 91 | Nadderud | 10.09.2005 |
| 9.94 | Victoria Hillveg | 86 | Asker/Fø | 10.09.2000 |
| 9.88 | Ingrid Maudal | 82 | Oslo/Bi | 30.06.1996 |
| 9.83 | Hedda Algarheim Tverås | 01 | Lillestrøm | 31.05.2015 |
| 9.72 | Guri Fjeldberg | 69 | Årnes | 24.08.1983 |
| 9.49 | Anita Aasheim | 66 | Løken | 06.07.1980 |
| 9.09 | Cecilie Laake | 66 | Kløfta | 04.10.1980 |
| 8.81 | Linn Helene Bakke | 91 | Nadderud | 17.06.2005 |
| 8.42 | Ebba Beyer | 98 | Lillestrøm | 08.09.2012 |
| 8.41 | Kristin Urnes | 75 | Jessheim | 13.09.1989 |
| 8.41 | Tonje Berg | 85 | Bjørkelangen | 17.06.1999 |
| 8.40 | Lene Kristin Nyland | 74 | Årnes | 25.06.1988 |
| 8.26 | Mathilde Marie Solberg | 99 | Lillestrøm | 25.05.2013 |
| 8.09 | Norunn Elise Bamrud | 92 | Årnes | 13.09.2006 |
| 8.04 | Inger Birgitte Reppe | 68 | Lillestrøm | 12.09.1982 |
| 7.86 | Kristine Heggelund | 76 | Jessheim | 19.05.1990 |
| 7.26 | Siv Anita Engh | 85 | Jessheim | 27.05.1999 |
| 7.19 | Kari Fjeldberg | 68 | Lillestrøm | 12.09.1982 |
| 7.16 | Kristine Heggelund | 75 | Bjørkelangen | 24.08.1989 |
| 6.74 | Kristine Solsrud | 94 | Jessheim | 02.06.2008 |

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| **JENTER 14** | **327** |

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| **Kule 3 kg** |  |

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| --- | --- | --- | --- | --- |
| 6.64 | Hege Lundring | 73 | Jessheim | 15.08.1987 |
| 6.62 | Ellen Undseth | 73 | Jessheim | 15.08.1987 |
| 6.50 | Hege Christiansen | 75 | Bjørkelangen | 24.08.1989 |
| 6.35 | Line Nielsen | 82 | Jessheim | 14.09.1996 |
| 6.32 | Victoria Eriksen | 98 | Jessheim | 23.08.2012 |
| 6.30 | Katrine Hoff | 91 | Lillehammer/Ss | 24.06.2005 |
| 5.89 | Charlotte Axelsen | 92 | Jessheim | 21.08.2006 |
| 5.82 | Linnea Børresen Lecomte | 07 | Jessheim | 17.06.2021 |
| 5.55 | Christine Sørmo | 85 | Bjørkelangen | 17.06.1999 |
| 5.38 | Mari Jellum | 79 | Blaker/Br | 27.05.1993 |

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| **Kule 4 kg** |  |

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| --- | --- | --- | --- | --- |
| 10.67 | Hanna Emilie Hjeltnes | 04 | Jessheim | 27.09.2018 |
| 8.70 | Guri Fjeldberg | 69 | Jessheim | 03.10.1983 |
| 8.13 | Turid Seime | 44 | Jessheim | 23.08.1958 |
| 8.01 | Anita Aasheim | 66 | Jessheim | 17.08.1980 |
| 8.04 | Ragnhild Dahl | 50 | Jessheim | 15.08.1964 |
| 7.70 | Liv Jensen | 40 | Strømmen | 02.10.1954 |
| 7.61 | Ragnhild Sundby | 44 | Jessheim | 28.05.1958 |
| 7.48 | Borghild Hansen | 45 | Jessheim | 29.08.1959 |
| 6.97 | Marit Ørvik | 50 | Jessheim | 15.08.1964 |
| 6.94 | Nina Næss | 51 | Strømmen | 21.08.1965 |
| 6.83 | Karin Lund | 41 | Jessheim | 04.06.1955 |
| 6.66 | Anne Gro Digerud | 62 | Lillestrøm | 04.09.1966 |
| 6.65 | Mabel Owren | 51 | Strømmen | 21.08.1965 |
| 6.65 | Kari Wang | 56 | Lillestrøm | 19.09.1970 |
| 6.47 | Tove Sundby | 51 | Strømmen | 21.08.1965 |
| 6.22 | Vera Martinsen | 47 | Jessheim | 15.09.1961 |
| 6.08 | Vilgunn Abrahamsen | 49 | Råholt | 17.08.1963 |
| 5.85 | Liv Hansen | 52 | Lillestrøm | 04.09.1966 |
| 5.76 | Ingeborg Dønnum | 48 | Jessheim | 06.10.1962 |
| 5.54 | Ellen Refsum | 46 | Råholt | 20.08.1960 |
| 5.54 | Marit Wiig | 49 | Råholt | 17.08.1963 |
| 5.50 | Anne Majorsæter | 48 | Jessheim | 06.10.1962 |
| 5.38 | Bjørg Torp | 48 | Råholt | 12.09.1962 |
| 5.33 | Liv Laache | 46 | Råholt | 20.08.1960 |
| 5.32 | Ingrid Møinichen | 48 | Jessheim | 06.10.1962 |
| 5.27 | Aase Alstad | 48 | Råholt | 12.09.1962 |
| 5.15 | Inger Laache | 46 | Råholt | 20.08.1960 |

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| **JENTER 14** | **328** |

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| **Diskos 600 g** |  |

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| --- | --- | --- | --- | --- |
| 33.34 | Tonje Berg | 85 | Jessheim | 24.09.1999 |
| 31.82 | Ingrid Maudal | 82 | Oslo/Bi | 28.06.1996 |
| 27.94 | Victoria Hillveg | 86 | Asker/Fø | 10.09.2000 |
| 20.10 | Liv Anita Mikkelborg | 80 | Strømmen | 11.09.1993 |
| 16.49 | Siv Anita Engh | 85 | Jessheim | 27.05.1999 |

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| **Diskos 750 g** |  |

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| 41.22 | Hanna Emilie Hjeltnes | 04 | Nittedal | 15.09.2018 |
| 32.76 | Hanna Rimstad | 10 | Oslo/St | 15.09.2024 |
| 31.56 | Ingrid Maudal | 82 | Jessheim | 20.08.1996 |
| 23.51 | Silje Disserud | 91 | Nadderud | 10.09.2005 |
| 23.26 | Ebba Beyer | 98 | Lillestrøm | 09.09.2012 |
| 18.82 | Sofie Rostad | 94 | Jessheim | 18.08.2008 |
| 14.84 | Norunn Elise Bamrud | 92 | Jessheim | 21.08.2006 |

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| **Diskos 1 kg** |  |

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| 35.31 | Hanna Emilie Hjeltnes | 04 | Jessheim | 18.10.2018 |
| 29.64 | Guri Fjeldberg | 69 | Kløfta | 22.09.1983 |
| 25.96 | Turid Seime | 44 | Årnes | 17.08.1958 |
| 25.03 | Astrid Sundby | 42 | Raufoss | 01.07.1956 |
| 24.11 | Ragnhild Sundby | 45 | Kløfta | 10.06.1959 |
| 24.10 | Tone Sæthermoen | 69 | Kløfta | 22.09.1983 |
| 24.06 | Mabel Owren | 51 | Strømmen | 29.09.1965 |
| 23.68 | Borghild Hansen | 45 | Jessheim | 01.08.1959 |
| 22.78 | Anita Aasheim | 66 | Jessheim | 01.09.1980 |
| 22.42 | Marit Ørvik | 50 | Jessheim | 15.08.1964 |
| 20.92 | Kristine Heggelund | 76 | Bjørkelangen | 10.06.1990 |
| 20.76 | Inger Birgitte Reppe | 68 | Rolvsrud | 19.09.1982 |
| 20.28 | Tove Sundby | 51 | Strømmen | 22.08.1965 |
| 20.11 | Ragnhild Dahl | 50 | Jessheim | 15.08.1964 |
| 18.18 | Irene Schultze | 67 | Jessheim | 26.09.1981 |
| 18.18 | Kristin Urnes | 75 | Sofiemyr | 19.09.1989 |
| 17.16 | Nina Næss | 51 | Strømmen | 21.08.1965 |
| 15.98 | Anne Gro Digerud | 52 | Lillestrøm | 10.09.1966 |
| 15.20 | Berit Grønlien | 50 | Jessheim | 15.08.1964 |
| 15.02 | Ann-Cathrin Willersrud | 71 | Haga | 23.08.1985 |
| 11.92 | Lene Kristin Nyland | 74 | Strømmen | 04.06.1988 |

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| **JENTER 14** | **323** |

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| **Slegge 3 kg** |  |

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| 37.23 | Hanna Rimstad | 10 | Rud | 14.06.2024 |
| 36.39 | Hanna Emilie Hjeltnes | 04 | Heggedal/Ka | 23.09.2018 |
| 21.00 | Silje Disserud | 91 | Nadderud | 11.09.2005 |

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| **Slegge 4 kg** |  |

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| 25.35 | Hanna Emilie Hjeltnes | 04 | Jessheim | 18.10.2108 |

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| **Spyd 400 g** |  |

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| 37.74 | Guri Fjeldberg | 69 | Dingle, SWE | 24.07.1983 |
| 32.90 | Hanna Emilie Hjeltnes | 04 | Hamar | 09.09.2018 |
| 30.05 | Tonje Berg | 85 | Lillehammer/Ss | 26.06.1999 |
| 27.18 | Unn Hoel | 69 | Strømmen | 04.06.1983 |
| 25.18 | Kristin Urnes | 75 | Bjørkelangen | 09.09.1989 |
| 24.38 | Kristin Bråthen | 74 | Bjørkelangen | 30.08.1988 |
| 21.74 | Natalie Norbech Jøransen | 07 | Oslo/St | 14.08.2021 |
| 21.17 | Nora Elise Bamrud | 92 | Årnes | 13.09.2006 |
| 20.86 | Ebba Beyer | 98 | Lillehammer/Ss | 23.06.2012 |
| 18.30 | Ingrid Maudal | 82 | Hurdal | 29.05.1996 |
| 15.41 | Sofie Rostad | 94 | Oslo/Bi | 16.08.2008 |
| 15.34 | Kamilla Bråthen | 77 | Jessheim | 03.06.1991 |

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| **Spyd 500 g** |  |

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| 27.73 | Hanna Emilie Hjeltnes | 04 | Göteborg, SWE | 30.06.2018 |

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| **Spyd 600 g Ny type fra og med 1999** |  |

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| 28.84 | Hanna Emilie Hjeltnes | 04 | Jessheim | 18.10.2018 |
| 20.81 | Norunn Elise Bamrud | 92 | Nittedal | 16.09.2006 |
| 12.50 | Victoria Børresen | 98 | Jessheim | 23.08.2012 |

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| **Spyd 600 g Gammel type tom. 1998** |  |

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| --- | --- | --- | --- | --- |
| 28.00 | Nina Næss | 51 | Jessheim | 13.09.1965 |
| 26.95 | Turid Seime | 44 | Jessheim | 28.05.1958 |
| 26.42 | Guri Fjeldberg | 69 | Kløfta | 27.09.1983 |
| 26.49 | Astrid Sundby | 42 | Jessheim | 12.08.1956 |
| 25.06 | Kristine Heggelund | 76 | Bjørkelangen | 09.06.1990 |
| 22.72 | Irene Schultze | 67 | Gardermoen | 27.06.1981 |
| 20.72 | Liv Jensen | 40 | Lillestrøm | 22.08.1954 |
| 18.82 | Anne Gro Digerud | 52 | Lillestrøm | 11.09.1966 |
| 18.76 | Liv Knutsen | 52 | Lillestrøm | 11.09.1966 |
| 17.67 | Ragnhild Dahl | 50 | Jessheim | 13.09.1964 |

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| **JENTER 14** | **330** |

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| **Slengball 700 g Lang reim** |  |

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| --- | --- | --- | --- | --- |
| 36.95 | Anne Refsum | 41 | Eidsvoll | 07.09.1955 |
| 36.71 | Cora Halsan | 47 | Strømmen | 03.09.1961 |
| 39.70 | Gerd Erlandsen | 41 | Eidsvoll | 07.08.1955 |
| 36.34 | May Britt Mehlen | 57 | Jessheim | 19.09.1971 |
| 35.57 | Vera Martinsen | 47 | Jessheim | 17.08.1961 |
| 34.90 | Borghild Hansen | 45 | Jessheim | 15.09.1959 |
| 33.16 | Nina Næss | 51 | Strømmen | 22.08.1965 |
| 33.03 | Bjørg Torp | 48 | Råholt | 23.09.1962 |
| 32.14 | Kari Wang | 56 | Strømmen | 21.06.1970 |
| 31.76 | Anne Gro Digerud | 52 | Lillestrøm | 11.09.1966 |
| 30.78 | Randi Kulleseid | 46 | Råholt | 21.08.1960 |
| 29.40 | Britt Elton | 45 | Jessheim | 15.09.1959 |

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| **Slengball 1 kg Kort reim** |  |

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| --- | --- | --- | --- | --- |
| 34.10 | Tonje Berg | 85 | Jessheim | 24.09.1999 |
| 26.40 | Siv Anita Engh | 85 | Jessheim | 24.09.1999 |

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| **Slengball 1 kg Lang reim** |  |

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| --- | --- | --- | --- | --- |
| 36.66 | Astrid Sundby | 42 | Strømmen | 26.08.1956 |
| 32.05 | Bjørg Torp | 48 | Jessheim | 06.10.1962 |
| 31.23 | Ragnhild Sundby | 44 | Sandvika/Ka | 21.09.1958 |
| 30.78 | Randi Kulleseid | 46 | Jessheim | 20.06.1960 |
| 29.96 | Turid Seime | 44 | Sandvika/Ka | 21.09.1958 |
| 29.55 | Grethe Uhlen | 49 | Jessheim | 25.09.1963 |
| 29.40 | Marit Ørvik | 50 | Jessheim | 16.08.1964 |
| 29.02 | Anne Majorsæter | 48 | Råholt | 23.09.1962 |
| 29.02 | Inger Anne Nerhagen | 57 | Lillestrøm | 15.08.1971 |
| 28.11 | Tove Granås | 46 | Jessheim | 20.09.1960 |
| 27.35 | Liv Laache | 46 | Råholt | 21.08.1960 |
| 27.34 | Liv Knutsen | 52 | Blaker/Br | 21.08.1966 |
| 27.12 | Anne Mette Olsen | 54 | Blaker/Br | 15.09.1968 |
| 29.50 | Nina Næss | 51 | Jessheim | 13.09.1965 |
| 28.57 | Ragnhild Dahl | 50 | Jessheim | 16.08.1964 |
| 26.65 | Denise Hagen | 44 | Jessheim | 08.06.1958 |
| 25.95 | Liv Jensen | 40 | Borgen | 05.09.1954 |
| 25.86 | Vera Martinsen | 47 | Råholt | 26.08.1961 |
| 24.22 | Vilgunn Abrahamsen | 49 | Råholt | 17.08.1963 |
| 24.15 | Marit Wiig | 49 | Råholt | 17.08.1963 |
| 22.91 | Aase Alstad | 48 | Jessheim | 06.09.1962 |

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| **JENTER 14** | **331** |

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| **Liten ball 80 g** |  |

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| --- | --- | --- | --- | --- |
| 39.15 | Liv Jensen | 40 | Borgen | 09.08.1954 |
| 28.00 | Kristin Urnes | 75 | Nannestad | 14.06.1989 |
| 25.50 | Hege Johansen | 75 | Nannestad | 14.06.1989 |
| 24.10 | Ingvild Fjeldheim | 75 | Nannestad | 14.06.1989 |

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| **Liten ball 150 g** |  |

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| 53.71 | Tonje Berg | 85 | Nadderud | 20.06.1999 |
| 46.34 | Eva Cathrine Torvund | 69 | Fetsund/Fe | 21.06.1983 |
| 34.20 | Hege Jacobsen | 85 | Jessheim | 21.06.1999 |
| 25.97 | Mari Jellum | 79 | Jessheim | 20.09.1993 |

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| **3-kamp M 60m-Lengde-Slengball 700 g** |  |

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| --- | --- | --- | --- | --- |
| 2413 | May Britt Mehlen | 57 | Lillestrøm | 15.08.1971 |
| 9.4-4.36-33.58 | | | |

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| --- | --- | --- | --- | --- |
| 2380 | Liv Knutsen | 52 | Blaker/Br | 20.08.1966 |
| 8.7-4.28-27.34 | | | |

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| **3-kamp M 60m-Lengde-Slengball 700 g** | **forts.** |

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| --- | --- | --- | --- | --- |
| 2239 | Anne Mette Olsen | 54 | Blaker/Br | 15.09.1968 |
| 8.9-3.94-27.12 | | | |

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| --- | --- | --- | --- | --- |
| 2082 | Inger Anne Nerhagen | 57 | Lillestrøm | 15.08.1971 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 1999 | Anne Gro Digerud | 52 | Blaker/Br | 20.08.1966 |
| 9.8-3.69-30.92 | | | |

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| --- | --- | --- | --- | --- |
| 1532 | Mabel Owren | 51 | Jessheim | 11.06.1965 |
| ? | | | |

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| **3-kamp M 100m-Diskos-Høyde** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1434 | Borghild Hansen | 45 | Kløfta | 10.06.1959 |
| 14.2-21.11-1.30 | | | |
|  | | | |
| 1422 | Turid Seime | 44 | Råholt | 07.06.1958 |
| ? | | | |

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| **JENTER 14** | **332** |

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| **4-kamp M 60m-Lengde-Kule 3-800m** |  |

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| --- | --- | --- | --- | --- |
| 3480 | Tone Sæthermoen | 69 | Strømmen | 20.09.1983 |
| ? | | | |

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| 3361 | Guri Fjeldberg | 69 | Strømmen | 20.09.1983 |
| ? | | | |

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| 3398 | Inger Birgitte Reppe | 68 | Lillestrøm | 12.09.1982 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 3322 | Kari Fjeldeberg | 68 | Lillestrøm | 12.09.1982 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 2485 | Irene Schultze | 67 | Kløfta | 20.09.1981 |
| ? | | | |

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| **5-kamp M 80mh-Kule-Høyde/Lengde-200m** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 2759 | Ragnhild Sundby | 44 | Jessheim | 06-07.08.1958 |
| 29.2-15.2-1.29/4.28-7.03 | | | |
|  | | | |
| 2470 | Turid Seime | 44 | Jessheim | 06-07.08.1958 |
| 30.3-15.8-1.23-4.00-7.94 | | | |

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| **6-kamp M 60m-Lengde-Kule3** | **60m hekk 76.2-Høyde-800m** |

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| --- | --- | --- | --- | --- |
| 5422 | Kristin Urnes | 75 | Jessheim | 02-03.09.1989 |
| 8.7-5.16-8-31/10.5-1.64-2:26.0 | | | |

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| **6-kamp E 60m-Lengde-Kule 3-** | **60m hekk 76.2-Høyde-600m** |

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| --- | --- | --- | --- | --- |
| 5028 | Hanna Rimstad | 10 | Bergen/Fa | 25-26.05.2024 |
| 8.86(+0.5)-4:57(+2.4)-10.69/10.41(-1.6)-1.65-2:03.89 | | | |

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| **6-kamp M 60m-Lengde-Kule3** | **60m hekk 76.2-Høyde-600m** |

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| --- | --- | --- | --- | --- |
| 5307 | Linn Helene Bakke | 91 | Oslo/La | 18-19.05.2005 |
| 8.2-4.69-8.37/9.8-1.60-1:58.3 | | | |

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| **4-kamp kast Kule-Diskos-Slegge-Spyd** |  |

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| 3949 | Hannah Emilie Hjeltnes | 04 | Asker-Heggedal | 23.09.2018 |
| 36.38(3)-12.53(3)-40.02(750)-32.61(400) | | | |

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| **JENTER 14** | **333** |

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| **4x60m E** |  |

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| --- | --- | --- | --- | --- |
| 33.45 | J14 |  | Nadderud | 15.06.2013 |
| Vår Åsheim99-Emilie Andreassen00-Tonje Moen00-Mathilde Solberg99 | | | |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 33.64 | J14 |  | Nadderud | 18.09.2021 |
| Linnea Bratteng07-Eline Haugan07-Sara Bertheussen07-Natalie Jøransen07 | | | |

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| --- | --- | --- | --- | --- |
| 35.18 | J13-14 |  | Jessheim | 27.05.2002 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 36.72 | J14 |  | Nadderud | 15.06.2013 |
| Nikoline Handeland01-Silje Svendsen01-Hedda Tverås01-Tina Moen00 | | | |

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| 37.57 | J14 |  | Bjørkelangen | 21.05.2000 |
| ? | | | |

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| **4x60m M** |  |

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| --- | --- | --- | --- | --- |
| 34.7 | 13-14 |  | Lillestrøm | 19.09.1969 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 36.1 | J14 |  | Nittedal | 08.06.1999 |
| Christine Sørmo85-Siv Anita Engh85-Victoria Hillveg86-Tonje Berg85 | | | |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 37.5 | J14 |  | Jessheim | 26.05.2005 |
| ? | | | |

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| **4x100m E** |  |

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| --- | --- | --- | --- | --- |
| 57.59 | J14 |  | Lillestrøm | 28.05.2017 |
| Solveig Emilie Johansen03-Kari Johansen03-June Laake04-Kaja Bones03 | | | |

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| **4x100m M** |  |

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| 54.1 | J13-14 |  | Strømmen | 06.09.1979 |
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| 55.2 | J13-14 |  | Jessheim | 19.09.1983 |
| ? | | | |

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| 56.6 | J13-14 |  | Strømmen | 26.08.1971 |
| ? | | | |

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| **JENTER 14** | **334** |

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| **4x100m M** |  |

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| 59.1 | J13-14 |  | Lillestrøm | 03.09.1975 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 59.9 | J13-14 |  | Strømmen | 25.09.1985 |
| ? | | | |

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| **3x800m** |  |

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| --- | --- | --- | --- | --- |
| 8:45.65 | J13-14-1.lag |  | Jessheim | 27.05.2002 |
| Anne Hovind88-Kari Robøle86-Silje Ekroll Jahren88 | | | |

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| --- | --- | --- | --- | --- |
| 9:13.13 | J13-14-2.lag |  | Jessheim | 27.05.2002 |
| ? | | | |

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| **JENTER 14** | **335** |

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| **INNENDØRS** |  |

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| **60m E** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 8.04 | Linn Helene Bakke | 91 | Karlstad, SWE | 20.02.2005 |
| 8.31 | Astrid Helene Walstad | 11 | Stange | 22.03.2025 |
| 8.41 | Victoria Hillveg | 86 | Oslo/Ek | 02.12.2000 |
| 8.45 | Liv Anita Mikkelborg | 80 | Oslo/Ek | 15.01.1994 |
| 8.55 | Kari Ingelin Johnsen | 03 | Rud | 02.12.2017 |
| 8.58 | Solveig Emilie Johansen | 03 | Stange | 18.03.2017 |
| 8.65 | Tonje Moen | 00 | Rud | 08.02.2014 |
| 8.69 | Oda Rognstad | 05 | Hvam | 26.01.2019 |
| 8.72 | Sunniva Murberg | 99 | Stange | 16.03.2013 |
| 8.76 | Sofie Skancke Krauss | 98 | Stange | 04.02.2012 |
| 8.81 | Hanna Rimstad | 10 | Hvam | 03.02.2024 |
| 8.84 | Hedda Algarheim Tverås | 01 | Lillestrøm | 31.01.2015 |
| 9.01 | Liv Kristina Holter | 97 | Lillestrøm | 26.03.2011 |
| 9.06 | Charlotte Oliversen | 91 | Stange | 05.03.2005 |
| 9.11 | Vår Åsheim | 99 | Lillestrøm | 26.01.2013 |
| 9.14 | Ingrid Maudal | 82 | Stange | 16.03.1996 |
| 9.15 | Vilde Langaas-Pedersen | 11 | Hvam | 25.01.2025 |
| 9.23 | Sophie Mannion | 05 | Hvam | 26.01.2019 |
| 9.23 | Ylva Sophie Granberg | 11 | SDtange | 22.03.2025 |
| 9.26 | Ida Johanne Folsland | 02 | Hvam | 10.12.2016 |
| 9.28 | Haddyjatou Jobe | 98 | Stange | 04.02.2012 |
| 9.28 | Amanda Johanne Ekren | 05 | Hvam | 07.12.2019 |
| 9.50 | Helena Seland Myhre | 97 | Lillestrøm | 26.03.2011 |
| 9.54 | Sara Isabella Bertheussen | 07 | Hvam | 06.03.2021 |
| 9.58 | Katrine Hoff | 91 | Stange | 05.03.2005 |
| 9.72 | Sofie Rostad | 94 | Stange | 08.03.2008 |
| 9.91 | Ida Berg Hansen | 92 | Stange | 18.03.2006 |

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| **60m M** |  |

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| 8.3 | Liv Anita Mikkelborg | 80 | Lillestrøm | 06.03.1994 |
| 8.5 | Tone Lauritzen | 76 | Lillestrøm | 18.02.1990 |
| 8.7 | Kristin Urnes | 75 | Lillestrøm | 22.01.1989 |
| 9.0 | Hege Rustad | 70 | Oslo/Ek | 04.02.1984 |

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| **200m E** |  |

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| --- | --- | --- | --- | --- |
| 26.86 | Linn Helene Bakke | 91 | Stange | 06.04.2005 |
| 27.38 | Solveig Emilie Johansen | 03 | Hvam | 09.12.2017 |
| 27.65 | Astrid Helene Walstad | 11 | Hvam | 26.01.2025 |
| 27.72 | Evelyn Svanøe | 10 | Hvam | 07.12.2024 |
| 27.74 | Emilie Hov Andreassen | 00 | Rud | 09.02.2014 |
| 28.13 | Tonje Moen | 00 | Stange | 23.03.2014 |

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| **JENTER 14** | **336** |

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| **INNENDØRS** |  |

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| **200m E forts.** |  |

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| 28.17 | Liv Anita Mikkelborg | 80 | Drammen | 03.03.1994 |
| 28.24 | Evelyun Svanøe | 10 | Stange | 17.03.2024 |
| 28.32 | Kari Ingelin Johnsen | 03 | Hvam | 09.12.2017 |
| 28.80 | Munda Mkanda | 94 | Stange | 09.03.2008 |
| 28.91 | Hanna Rimstad | 10 | Stange | 17.03.2024 |
| 29.02 | Oda Rognstad | 05 | Hvam | 26.01.2019 |
| 29.08 | Hermine Opsahl Torgersen | 10 | Rud | 09.02.2024 |
| 29.29 | Victoria Hillveg | 86 | Oslo/Ek | 15.01.2000 |
| 29.66 | Vår Åsheim | 99 | Stange | 03.02.2013 |
| 29.74 | Heidi Stubbs Holdal | 92 | Stange | 19.03.2006 |
| 29.79 | Hedda Algarheim Tverås | 01 | Stange | 22.03.2015 |
| 30.15 | Victoria Børresen | 98 | Karlstad, SWE | 22.02.2012 |
| 30.69 | Sophie Mannion | 05 | Hvam | 26.01.2019 |
| 30.95 | Tuva Forsbacka | 09 | Hvam | 05.02.2023 |
| 31.03 | Ylva Granberg | 11 | Rud | 08.02.2025 |
| 31.60 | Helena Seland Myhre | 97 | Stange | 20.03.2011 |
| 32.17 | Sara Isabella Bertheussen | 07 | Hvam | 06.03.2021 |
| 32.71 | Ida Johanne Folsland | 02 | Hvam | 16.01.2016 |
| 32.98 | Haddyjatou Jobe | 98 | Stange | 05.03.2012 |
| 33.98 | Ebba Beyer | 98 | Stange | 18.03.2012 |

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| **600m** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1:38.30 | Wilma Torbjørnsson | 07 | Hvam | 04.12.2021 |
| 1:41.86 | Emilie Hov Andreassen | 00 | Rud | 08.02.2014 |
| 1:47.36 | Vilde Svardahl | 01 | Stange | 21.03.2015 |
| 1:48.81 | Hermine Opsahl Torgersen | 10 | Rud | 10.02.2024 |
| 1:50.49 | Victoria Børresen | 98 | Stange | 04.02.2012 |
| 1:50.93 | Natalie Norbech Jøransen | 07 | Hvam | 06.03.2021 |
| 1:55.44 | Hanna Rimstad | 10 | Rud | 27.01.2024 |
| 2:00.35 | Oline Soma Slåstad | 07 | Hvam | 06.03.2021 |
| 2:03.46 | Sofie Rostad | 94 | Stange | 08.03.2008 |

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| **800m** |  |

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| --- | --- | --- | --- | --- |
| 2:30.12 | Sina Sandholt | 92 | Drammen | 17.12.2006 |
| 2:30.2 | Liv Anita Mikkelborg | 80 | Oslo/Ek | 15.01.1994 |
| 2:36.26 | Silje Gundersen | 92 | Drammen | 17.12.2006 |

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| **1000m** |  |

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| --- | --- | --- | --- | --- |
| 3:11.43 | Hermne Opsahl Torgersen | 10 | Gøteborg, SWE | 01.12.2024 |
| 3:19.33 | Emilie Hov Andreassen | 00 | Rud | 11.01.2014 |
| 3:25.70 | Victoria Børresen | 98 | Karlstad, SWE | 21.02.2012 |

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| **JENTER 14** | **337** |

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| **INNENDØRS** |  |

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| **60m hekk 76.2 cm E** |  |

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| 9.92 | Linn Helene Bakke | 91 | Lillestrøm | 29.01.2005 |
| 10.12 | Hanna Rimstad | 10 | Rud | 27.01.2024 |
| 10.22 | Victoria Hillveg | 86 | Karlstad, SWE | 06.02.2000 |
| 10.47 | Hermine Opsahl Torgersen | 10 | Hvam | 04.02.2024 |
| 10.63 | Vår Åsheim | 99 | Lillestrøm | 26.01.2013 |
| 10.81 | Tonje Moen | 00 | Rud | 09.02.2014 |
| 11.75 | Tuva Forsbacka | 09 | Hvam | 05.02.2023 |
| 12.62 | Sofie Rostad | 94 | Lillestrøm | 26.01.2008 |
| 12.63 | Amanda Johanne Ekren | 05 | Hvam | 07.12.2019 |
| 12.97 | Helena Seland Myhre | 97 | Lillestrøm | 26.03.2011 |

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| **Høyde** |  |

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| --- | --- | --- | --- | --- |
| 1.67 | Hanne Rimstad | 10 | Stockholm, SWE | 15.12.2024 |
| 1.65 | Linn Helene Bakke | 91 | Stange | 05.03.2005 |
| 1.50 | Victoria Hillveg | 86 | Karlstad, SWE | 06.02.2000 |
| 1.50 | Astrid Helene Walstad | 11 | Stange | 22.03.2025 |
| 1.35 | Tone Lauritzen | 76 | Lillestrøm | 18.02.1990 |
| 1.35 | Ingrid Maudal | 82 | Lillestrøm | 03.03.1996 |
| 1.30 | Kirsten Ladegård | 56 | Lillestrøm/Pl | 15.02.1070 |
| 1.25 | Sofie Rostad | 94 | Stange | 08.03.2008 |
| 1.24 | Ylva Sophie Granberg | 11 | Hvam | 26.02.2025 |

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| **Stav** |  |

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| 3.03 | Hanna Rimstad | 10 | Hvam | 04.02.2024 |

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| **Lengde** |  |

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| 5.18 s | Linn Helene Bakke | 91 | Lillestrøm | 29.01.2005 |
| 5.07 s | Kristin Urnes | 75 | Lillestrøm | 12.03.1989 |
| 4.98 | Astrid Helene Knudsen | 11 | Rud | 08.02.2025 |
| 4.78 | Victoria Hillveg | 86 | Jevnaker | 01.04.2000 |
| 4.65 | Hanna Rimstad | 10 | Stange | 17.03.2024 |
| 4.63 | May Britt Mehlen | 57 | Lillestrøm/Pl | 29.03.1971 |
| 4.47 | Vår Åsheim | 99 | Lillestrøm | 26.01.2013 |
| 4.41 | Kari Wang | 56 | Lillestrøm/Pl | 15.02.1970 |
| 4.19 | Ingrid Maudal | 82 | Lillestrøm | 03.03.1996 |
| 3.89 | Ylva Sophie Granberg | 11 | Hvam | 26.01.2025 |
| 3.89 | Vilde Langaas-Pedersen | 11 | Hvam | 26.022025 |
| 3.88 s | Katrine Hoff | 91 | Lillestrøm | 09.04.2005 |
| 3.77 | Ebba Beyer | 98 | Stange | 18.03.2012 |
| 3.62 | Tina Moen | 00 | Lillestrøm | 25.01.2014 |
| 3.45 | Helena Seland Myhre | 97 | Stange | 20.03.2011 |
| **JENTER 14** | | **338** | | |

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| **INNENDØRS** |  |

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| **Høyde uten tilløp** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1.26 | Tone Sæthermoen | 69 | Skårer | 20.03.1983 |
| 1.25 | Kristin Urnes | 75 | Årnes/Ne | 10.02.1989 |
| 1.21 | Hanna Rimstad | 10 | Hvam | 31.12.2024 |
| 1.20 | Linn Helene Bakke | 91 | Råholt | 31.10.2005 |
| 1.18 | Guri Fjeldberg | 69 | Jessheim | 20.03.1983 |
| 1.15 | Mari Steen Myrvang | 06 | Hvam | 10.12.2020 |
| 1.13 | Eli Jensen | 62 | Årnes/Fj | 19.03.1976 |
| 1.12 | Munda Mkanda | 94 | Jessheim | 11.02.2008 |
| 1.10 | Inger Birgitte Reppe | 68 | Fetsund/Øs | 26.03.1982 |
| 1.10 | Kari Fjeldberg | 68 | Fetsund | 26.03.1982 |
| 1.10 | Vibeke Aarfloth | 69 | Skårer | 20.03.1983 |
| 1.07 | Sofie Rostad | 94 | Jessheim | 03.03.2008 |
| 1.00 | Gro Skålerud | 75 | Årnes/Ne | 10.02.1989 |
| 0.95 | Siri Fjeldberg | 71 | Jessheim/Je | 12.03.1985 |
| 0.95 | Tonje Oliversen | 91 | Jessheim/No | 14.03.2005 |
| 0.85 | Astrid Sundby | 42 | Lillestrøm/Vi | 04.03.1956 |
| 0.85 | Ida Berg Hansen | 92 | Jessheim/No | 13.03.2005 |
| 0.85 | Inge Sand | 43 | Eidsvoll | 10.03.1957 |
| 0.80 | Irene Belsvik | 42 | Lillestrøm/Vi | 04.03.1956 |

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| **Lengde uten tilløp** |  |

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| --- | --- | --- | --- | --- |
| 2.43 | Tone Sæthermoen | 69 | Skårer | 20.03.1983 |
| 2.40 | Cecilie Laake | 66 | Lørenskog | 26.03.1980 |
| 2.34 | Hilde Verpe | 63 | Fetsund/Ho | 12.03.1977 |
| 2.29 | Borghild Hansen | 45 | Jessheim | 15.02.1959 |
| 2.28 | Siri Fjeldberg | 71 | Jessheim/Je | 12.03.1985 |
| 2.27 | Hege Rustad | 70 | Jessheim/Je | 13.03.1984 |
| 2.26 | Gro Verpe | 62 | Årnes/Fj | 19.03.1976 |
| 2.25 | Lene Kristin Nyland | 74 | Jessheim/Je | 10.03.1988 |
| 2.24 | Ann-Cathrin Willersrud | 71 | Jessheim/Je | 12.03.1985 |
| 2.23 | Kristin Urnes | 75 | Jessheim/Je | 16.03.1989 |
| 2.22 | Tonje Oliversen | 91 | Jessheim/No | 14.03.2005 |
| 2.21 | Guri Anne Øverby | 45 | Jessheim | 15.02.1959 |
| 2.19 | Astrid Sundby | 42 | Lillestrøm/Vi | 04.03.1956 |
| 2.19 | Ragnhild Sundby | 44 | Lillestrøm/Hø | 16.03.1958 |
| 2.18 | Charlotte Oliversen | 91 | Jessheim/No | 14.03.2005 |
| 2.16 | Munda Mkunda | 94 | Jessheim | 11.02.2008 |
| 2.15 | Anne Gro Digerud | 52 | Sørumsand/Fo | 06.03.1966 |
| 2.13 | Ann Kristin Palm | 66 | Lørenskog | 26.03.1980 |
| 2.12 | Irene Belsvik | 42 | Lillestrøm/Vi | 04.03.1956 |
| 2.11 | Inge Sand | 43 | Eidsvoll | 10.03.1957 |

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| **JENTER 14** | **339** |

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| **INNENDØRS** |  |

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| **Lengde uten tilløp** |  |

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| --- | --- | --- | --- | --- |
| 2.11 | Kristin Brekke | 65 | Fetsund | 10.03.1979 |
| 2.08 | Mabel Owren | 50 | Strømmen | 03.03.1964 |
| 2.07 | Hege Johannesen | 75 | Jessheim/Je | 16.03.1989 |
| 2.05 | Kari Jørgensen | 44 | Lillestrøm/Hø | 16.03.1958 |
| 2.05 | Sofie Rostad | 94 | Jessheim | 11.02.2008 |
| 2.03 | Liv Knutsen | 52 | Sørumsand/Bi | 06.03.1966 |
| 2.02 | Unn Henriksen | 42 | Lillestrøm/Vi | 04.03.1956 |
| 2.02 | Ida Berg Hansen | 92 | Jessheim/No | 13.03.2006 |
| 2.01 | Heidi Stubbs Holdal | 92 | Jessheim/No | 13.02.2006 |
| 1.98 | Tove Johansen | 41 | Jessheim | 06.03.1955 |
| 1.98 | Marie Tømmerberg | 91 | Jessheim/No | 14.03.2005 |
| 1.94 | Gro Skålerud | 75 | Jessheim/J | 16.03.1989 |
| 1.92 | Silje Berg Knutsen Utendørs | 05 | Jessheim | 16.09.2019 |
| 1.87 | Britt Elton | 45 | Jessheim | 15.02.1959 |
| 1.85 | Amanda Ekrem Utendørs | 05 | Jessheim | 16.09.2019 |
| 1.80 | Ida Berg Hansen | 92 | Jessheim/No | 13.02.2006 |
| 1.73 | Guri Øverby | 45 | Jessheim | 15.02.1959 |

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| **Kule 3 kg** |  |

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| --- | --- | --- | --- | --- |
| 13.11 | Hanna Emilie Hjeltnes | 04 | Karlstad, SWE | 15.12.2018 |
| 11.78 | Ella Hjeltnes | 11 | Uddevalla, SWE | 11.01.2025 |
| 11.63 | Hanna Rimstad | 10 | Stockholm, SWE | 15.12.2024 |
| 9.64 | Vitoria Hillveg | 86 | Oslo/Ek | 02.12.2000 |
| 9.64 | Hedda Algarheim Tverås | 01 | Stange | 21.03.2015 |
| 9.50 | Ebba Beyer | 98 | Oslo/Bi | 01.12.2012 |
| 9.32 | Linn Helene Bakke | 91 | Lillestrøm | 29.01.2005 |
| 8.94 | Ingrid Maudal | 82 | Lillestrøm | 03.03.1996 |
| 8.19 | Munda Mkunda | 94 | Lillestrøm | 26.01.2008 |
| 6.69 | Katrine Hoff | 91 | Stange | 05.03.2005 |
| 6.56 | Ylva Sophie Granberg | 11 | Stange | 22.03.2025 |

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| **4-kamp** |  |

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| 3426 | Hanna Rimstad | 10 | Rud | 27.01.2024 |
| 10.12-4.59-11.36-1:55.44 | | | |

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| **JENTER 14** | **340** |

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| **INNENDØRS** |  |

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| **4x100m E** |  |

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| 56.20 | J14 |  | Stange | 05.03.2005 |
| Linn Helene Bakke91-Charlotte Oliversen91-Tonje Oliversen91-Cathrine Hoff91 | | | |

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| **600m 70-100-200-230m** |  |

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| 1:43.99 | J14 |  | Hvam | 03.12.2022 |
| Ylva Granberg11-Astrid Jensen09-Tuva Forsbacka09-Marie Øverli08(Øverli: Hurdal IL) | | | |

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| **600m Mixlag 70-100-200-230m** |  |

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| 1:30.41 | JG14 |  | Hvam | 26.01.2019 |
| Elias Solberg05-Linnea Johansen06-Sophie Mannion05-Oda Rognstad05 | | | |

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| 1:37.07 | J14 |  | Hvam | 07.12.2019 |
| Amanda Ekren05-Victoria Grøva07-Elena Haugen-Teixeira07-Natalie Jøransen07 | | | |

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| **JENTER 13** | **341** |

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| **40m E** |  |

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| --- | --- | --- | --- | --- |
| 6.54 | Lene Vole Olsen | 77 | Jessheim | 21.05.1990 |
| 6.82 | Kamilla Bråthen | 77 | Jessheim | 21.05.1990 |
| 6.88 | Astrid Huitfeldt | 77 | Jessheim | 21.05.1990 |

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| **40m M** |  |

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| --- | --- | --- | --- | --- |
| 6.2 | Kristin Urnes | 75 | Jessheim | 19.05.1988 |
| 6.2 | Kristine Heggelund | 76 | Jessheim | 30.05.1989 |
| 6.5 | Katrine Finstad | 75 | Jessheim | 19.05.1988 |
| 6.6 | Astrid Martinsen | 76 | Jessheim | 30.05.1989 |
| 6.7 | Ingvill Fjellheim | 75 | Jessheim | 30.05.1988 |
| 6.7 | Maria Sølvberg | 76 | Jessheim | 30.05.1989 |
| 6.9 | Wenche Wollhaug | 75 | Jessheim | 30.05.1988 |
| 7.0 | Hege Johansen | 75 | Jessheim | 30.05.1988 |

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| **60m E** |  |

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| 8.26 | Linn Helene Bakke | 91 | Nadderud | 05.09.2004 |
| 8.47 | Astrid Knudsen Walstad | 11 | Lillestrøm | 25.05.2024 |
| 8.49 | Lene Kristin Nyland | 74 | Kongsberg | 05.09.1987 |
| 8.58 | Victoria Hillveg | 86 | Asker/Fø | 05.09.1999 |
| 8.71 | Munda Mkanda | 94 | Bjørkelangen | 10.06.2007 |
| 8.73 | Solveig Emilie Johansen | 03 | Asker/Fø | 05.06.2016 |
| 8.82 | Liv Anita Mikkelborg | 80 | Kongsberg | 28.08.1993 |
| 8.83 | Emilie Hov Andreassen | 00 | Nadderud | 15.06.2013 |
| 8.88 | Tonje Oliversen | 91 | Lillehammer/Ss | 26.06.2004 |
| 8.90 | Mari Steen Myrvang | 06 | Oslo/Bi | 17.07.2019 |
| 8.96 | Hanna Rimstad | 10 | Oslo/Bi | 03.06.2023 |
| 9.02 | Heidi Stubbs Holdal | 92 | Jessheim | 18.08.2005 |
| 9.05 | Charlotte Oliversen | 91 | Nadderud | 12.06.2004 |
| 9.05 | Elene Terese Haugan-Teixeira | 07 | Rjukan | 06.09.2020 |
| 9.07 | Liv Kristina Holter | 97 | Jessheim | 15.06.2010 |
| 9.11 | Christine Nerhagen | 91 | Lillehammer/Ss | 26.06.2004 |
| 9.12 | Hedda Algarheim Tverås | 01 | Nadderud | 14.06.2014 |
| 9.14 | Amalie Westby Liestøl | 02 | Jessheim | 03.06.2015 |
| 9.16 | Mathilde Marie Solberg | 99 | Jessheim | 20.05.2012 |
| 9.16 | Vilde Svardahl | 01 | Lillestrøm | 27.08.2014 |
| 9.19 | Tonje Moen | 00 | Nadderud | 15.06.2013 |
| 9.21 | Irene Vole Olsen | 77 | Jessheim | 19.05.1990 |
| 9.23 | Silje Scheie Bråthen | 91 | Nadderud | 12.06.2004 |
| 9.26 | Ida Camilla Edlund | 94 | Jessheim | 21.08.2007 |
| 9.30 | Vår Åsheim | 99 | Jessheim | 20.05.2012 |
| 9.31 | Mari Jellum | 79 | Jessheim | 12.09.1992 |
| 9.34 | Linnea Elisabeth Johnsen | 06 | Nadderud | 15.06.2019 |
| 9.35 | Oda Rognstad | 05 | Jessheim | 31.05.2018 |

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| **JENTER 13** | **342** |

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| **60m E forts.** |  |

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| 9.37 | Tonje Berg | 85 | Jessheim | 26.09.1988 |
| 9.39 | Andrea Svardehl | 01 | Nadderud | 14.05.2014 |
| 9.44 | Kamilla Bråthen | 77 | Jessheim | 19.05.1990 |
| 9-49 | Ylva Granberg | 11 | Lillestrøm | 25.05.2024 |
| 9.50 | Sophie Mannion | 05 | Jessheim | 31.05.2018 |
| 9.51 | Ida Berg Hansen | 92 | Jessheim | 18.08.2005 |
| 9.55 | Pernille Haslie | 91 | Lillehammer/Ss | 26.06.2004 |
| 9.57 | June Laake | 03 | Jessheim | 02.06.2016 |
| 9.58 | Sigrid Merlie | 87 | Jessheim | 22.05.2000 |
| 9.61 | Vilde Langaas-Pedersen | 11 | Rud | 15.06.2024 |
| 9.74 | Tuva Isabell Forsbacka | 07 | Jessheim | 09.06.2020 |
| 9.75 | Siv Anita Engh | 85 | Jessheim | 04.07.1998 |
| 9.80 | Tuva Forsbacka | 09 | Nadderud | 13.06.2022 |
| 9.87 | Frida Kristiansen | 94 | Jessheim | 21.08.2007 |
| 9.95 | Maren Rønneseth | 94 | Jessheim | 21.08.2007 |

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| **60m M** |  |

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| --- | --- | --- | --- | --- |
| 8.3 | Hilde Verpe | 63 | Bergen/Fa | 22.08.1976 |
| 8.3 | Kristine Heggelund | 76 | Jessheim | 13.09.1989 |
| 8.3 | Linn Helene Bakke | 91 | Jessheim | 16.08.2004 |
| 8.4 | Inger Birgitte Reppe | 68 | Rolvsrud | 13.09.1981 |
| 8.4 | Lene Kristin Nyland | 74 | Bjørkelangen | 12.09.1987 |
| 8.4 | Liv Anita Mikkelborg | 80 | Jessheim | 01.06.1993 |
| 8.5 | Inge Sand | 43 | Oslo/Bi | 09.09.1956 |
| 8.5 | Borghild Hansen | 45 | Sandvika/Ka | 22.06.1958 |
| 8.5 | Vera Martinsen | 47 | Lillestrøm | 18.06.1960 |
| 8.5 | Cecilie Laake | 66 | Lillestrøm | 08.09.1979 |
| 8.5 | Tone Sæthermoen | 69 | Rolvsrud | 19.09.1982 |
| 8.6 | Cora Halsan | 47 | Lillestrøm | 18.06.1960 |
| 8.6 | Anita Melbye | 58 | Jessheim | 19.09.1971 |
| 8.6 | Kari Fjeldberg | 68 | Rolvsrud | 13.09.1981 |
| 8.6 | Kristin Urnes | 75 | Jessheim | 04.09.1988 |
| 8.7 | Kari Wang | 56 | Fjellhamar | 08.06.1969 |
| 8.7 | Britt Folge | 66 | Lillestrøm | 08.09.1979 |
| 8.7 | Marianne Haglund | 67 | Kløfta | 04.10.1980 |
| 8.7 | Irene Schultze | 67 | Kløfta | 04.10.1980 |
| 8.7 | Liv Kristina Holter | 97 | Jessheim | 10.06.2010 |
| 8.8 | Ragnhild Sundby | 44 | Jessheim | 10.08.1957 |
| 8.8 | Marit Ørvik | 50 | Oslo/Bi | 05.10.1963 |
| 8.8 | Karin Kvamme | 58 | Jessheim | 18.09.1971 |
| 8.8 | Gry Vera Gjevert | 60 | Kløfta | 22.06.1973 |
| 8.8 | Guri Fjeldberg | 69 | Rolvsrud | 05.06.1982 |

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| **JENTER 13** | **343** |

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| **60m M forts.** |  |

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| --- | --- | --- | --- | --- |
| 8.8 | Tonje Oliversen | 91 | Jessheim | 21.05.2004 |
| 8.9 | Astrid Sundby | 42 | Eidsvoll | 07.08.1955 |
| 8.9 | Heidi Rønning | 67 | Kløfta | 04.10.1980 |
| 8.9 | Charlotte Oliversen | 91 | Jessheim | 27.05.2004 |
| 9.0 | Anne Marie Søberg | 45 | Jessheim | 08.06.1958 |
| 9.0 | Anne Mette Olsen | 54 | Lillestrøm | 09.09.1967 |
| 9.0 | Christine Oliversen | 91 | Jessheim | 27.05.2004 |
| 9.0 | Silje Scheie Bråthen | 91 | Jessheim | 27.05.2004 |
| 9.1 | Unn Henriksen | 42 | Jessheim | 28.08.1955 |
| 9.1 | Toril Granås | 46 | Jessheim | 15.09.1959 |
| 9.1 | Mabel Owren | 51 | Jessheim | 15.08.1964 |
| 9.1 | Liv Knudsen | 52 | Råholt | 12.09.1965 |
| 9.1 | Elin Knutsen | 63 | Strømmen | 19.06.1976 |
| 9.1 | Unn Hoel | 69 | Lillestrøm | 12.09.1982 |
| 9.1 | Marianne Kverneggen | 71 | Jessheim | 06.06.1988 |
| 9.1 | Ann-Catrin Willersrud | 71 | Oslo/La | 16.05.1985 |
| 9.2 | Irene Belsvik | 42 | Jessheim | 28.08.1955 |
| 9.2 | Bjørg Engelstad | 46 | Jessheim | 17.06.1959 |
| 9.2 | Anne Gro Digerud | 52 | Råholt | 12.09.1965 |
| 9.2 | May Britt Mehlen | 57 | Nannestad | 04.06.1970 |
| 9.2 | Inger Anne Nerhagen | 57 | Lillestrøm | 20.09.1970 |
| 9.2 | Astrid Martinsen | 76 | Jessheim | 25.09.1989 |
| 9.2 | Mari Jellum | 79 | Jessheim | 24.09.1992 |
| 9.3 | Line Laache | 45 | Jessheim | 01.08.1958 |
| 9.3 | Anne Karin Fagertun | 45 | Jessheim | 01.08.1958 |
| 9.3 | Ellen Refsum | 46 | Jessheim | 30.08.1959 |
| 9.3 | Kari Berrefjord | 46 | Jessheim | 15.09.1959 |
| 9.3 | Anne Majorsæter | 48 | Strømmen | 03.09.1961 |
| 9.3 | Ingunn Steen | 48 | Strømmen | 03.09.1961 |
| 9.3 | Berit Eriksen | 54 | Lillestrøm | 09.09.1967 |
| 9.3 | Hilde Sørensen | 61 | Kløfta | 04.09.1974 |
| 9.3 | Siv Anita Engh | 85 | Årnes | 01.07.1998 |
| 9.3 | Mathilde Solberg | 99 | Jessheim | 12.06.2012 |
| 9.4 | Kari Jørgensen | 44 | Jessheim | 10.08.1957 |
| 9.4 | Ingrid Møinichen | 48 | Jessheim | 07.08.1961 |
| 9.4 | Marit Wiig | 49 | Råholt | 12.09.1962 |
| 9.4 | Vår Åsheim | 99 | Jessheim | 12.06.2012 |
| 9.6 | Hege Christiansen | 76 | Årnes | 21.06.1989 |
| 9.4 | Bente Henriksen | 59 | Nannestad | 11.08.1972 |
| 9.5 | Berit Børresen | 48 | Jessheim | 07.08.1961 |
| 9.5 | Bjørg Torp | 48 | Jessheim | 07.08.1961 |
| 9.5 | Anne Lise Opheim | 59 | Nannestad | 11.08.1972 |
| 9.5 | Hege Johansen | 75 | Jessheim | 18.09.1988 |
| 9.5 | Karoline Hertzenberg | 89 | Jessheim | 21.05.2002 |

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| **JENTER 13** | **344** |

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| **60m M forts.** |  |

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| --- | --- | --- | --- | --- |
| 9.6 | Winnie Lindner | 44 | Jessheim | 29.09.1957 |
| 9.6 | Brit Elton | 45 | Jessheim | 06.07.1958 |
| 9.6 | Ada Rommen | 48 | Strømmen | 03.09.1961 |
| 9.6 | Anne Lise Opheim | 59 | Strømmen | 21.06.1964 |
| 9.6 | Ingvild Fjeldheim | 75 | Jessheim | 06.06.1988 |
| 9.6 | Jannicke Mathisen | 91 | Jessheim | 27.05.2004 |
| 9.6 | Marie Tømmerberg | 91 | Jessheim | 09.09.2004 |
| 9.7 | Gerd Erlandsen | 41 | Jessheim | 19.09.1954 |
| 9.7 | Aase Alstad | 48 | Jessheim | 07.08.1961 |
| 9.7 | Lise Ørvik | 53 | Blkaer/Br | 20.08.1966 |
| 9.7 | Turid Kamstrup Hovind | 92 | Jessheim | 09.06.2005 |
| 9.8 | Karin Lund | 41 | Jessheim | 02.08.1954 |
| 9.8 | Wenche Wollhaug | 75 | Jessheim | 06.06.1988 |
| 9.9 | Kirsten Daae Wiig | 97 | Jessheim | 10.06.2010 |
| 9.9 | Mette Harstad | 51 | Strømmen | 21.06.1964 |
| 9.9 | Anne Marie Nafstad | 52 | Råholt | 15.09.1965 |
| 9.9 | Britt Aas | 52 | Råholt | 15.09.1965 |
| 9.9 | Silje Ekroll Jahren | 88 | Jessheim | 21.05.2001 |
| 9.9 | Sofie Rostad | 94 | Jessheim | 04.06.2007 |

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| **80m M** |  |

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| --- | --- | --- | --- | --- |
| 11.3 | Liv Anita Mikkelborg | 80 | Strømmen | 11.09.1993 |
| 11.6 | Anita Melbye | 58 | Strømmen | 20.06.1971 |
| 11.8 | Kristine Heggelund | 76 | Årnes | 21.06.1989 |
| 12.0 | Kirsten Ladegård | 56 | Strømmen | 22.06.1969 |
| 12.0 | May Britt Mehlen | 57 | Strømmen | 21.06.1970 |
| 12.0 | Anne Lise Opheim | 59 | Strømmen | 18.06.1972 |
| 12.1 | Inger Anne Nerhagen | 57 | Strømmen | 21.06.1970 |
| 12.7 | Hege Christiansen | 76 | Årnes | 21.06.1989 |

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| **100m E** |  |

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| --- | --- | --- | --- | --- |
| 13.41 | Linn Helene Bakke | 91 | Bergen/Fa | 11.07.2004 |
| 13.44 | Solveig Emilie Johansen | 03 | Lillehammer/Ss | 19.06.2016 |
| 13.80 | Emilie Hov Andreassen | 00 | Lillestrøm | 25.05.2013 |
| 14.14 | Lene Kristin Nyland | 75 | Nadderud | 21.06.1987 |
| 14.20 | Liv Kristina Holter | 97 | Lillehammer/Ss | 20.06.2010 |
| 14.22 | Hedda Algarheim Tverås | 01 | Lillestrøm | 24.05.2014 |
| 14.24 | Munda Mkanda | 94 | Lillehammer/Ss | 24.06.2007 |
| 14.50 | Claudia Charles | 04 | Jessheim | 23.05.2017 |
| 14.52 | Vilde Svardahl | 01 | Lillestrøm | 24.05.2014 |
| 14.71 | Tonje Moen | 00 | Lillestrøm | 25.05.2013 |

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| **JENTER 13** | **345** |

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| **100m E** |  |

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| --- | --- | --- | --- | --- |
| 14.92 | Nikoline Håndstad | 01 | Lillestrøm | 24.05.2014 |
| 15.27 | Vår Åsheim | 99 | Lillehammer/Ss | 24.06.2012 |
| 15.35 | Pernille Haslie | 91 | Jessheim | 14.06.2004 |
| 15.40 | Kamilla Bråthen | 77 | Jessheim | 29.05.1990 |
| 15.28 | Siv Anita Engh | 85 | Bjørkelangen | 23.05.1998 |
| 15.90 | Andrea Jødal | 01 | Jessheim | 08.05.2014 |

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| **100m M** |  |

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| --- | --- | --- | --- | --- |
| 13.1 | Hilde Verpe | 63 | Strømmen | 20.06.1976 |
| 13.4 | Lene Kristin Nyland | 74 | Jessheim | 28.06.1987 |
| 13.4 | Linne Helene Bakke | 91 | Jessheim | 20.09.2004 |
| 13.6 | Inger Birgitte Reppe | 68 | Åsvang | 19.07.1981 |
| 13.6 | Ellen Undseth | 73 | Hønefoss | 13.09.1986 |
| 13.6 | Kristine Heggelund | 76 | Bjørkelangen | 09.09.1989 |
| 13.6 | Liv Anita Mikkelborg | 80 | Jessheim | 01.06.1993 |
| 13.9 | Cecilie Laake | 66 | Jessheim | 19.08.1979 |
| 14.0 | Vera Martinsen | 47 | Lillestrøm | 03.07.1960 |
| 14.0 | Kari Wang | 56 | Lillestrøm | 25.06.1969 |
| 14.0 | Tonje Oliversen | 91 | Jessheim | 20.09.2004 |
| 14.1 | Tone Sæthermoen | 69 | Blaker/Br | 26.08.1982 |
| 14.2 | Marit Ørvik | 50 | Råholt | 22.09.1963 |
| 14.2 | Liv Knudsen | 52 | Strømmen | 29.09.1965 |
| 14.2 | Anita Melbye | 58 | Nannestad | 17.06.1971 |
| 14.2 | Karin Kvamme | 58 | Lillestrøm | 26.09.1971 |
| 14.2 | Kari Fjeldberg | 68 | Jessheim | 26.06.1981 |
| 14.3 | Gro Verpe | 62 | Lørenfallet | 21.06.1975 |
| 14.3 | Britt Folge | 66 | Jessheim | 19.08.1979 |
| 14.3 | Hilde Johansen | 66 | Jessheim | 30.06.1979 |
| 14.4 | Inge Sand | 43 | Jessheim | 11.07.1956 |
| 14.4 | Torill Pedersen | 69 | Jessheim | 27.05.1982 |
| 14.5 | Rikke Rosenkilde | 50 | Råholt | 22.09.1963 |
| 14.5 | Heidi Bogstad | 67 | Jessheim | 01.09.1980 |
| 14.6 | May Britt Mehlen | 57 | Lillestrøm | 20.09.1970 |
| 14.6 | Guri Fjeldberg | 69 | Nadderud | 19.06.1982 |
| 14.6 | Kristin Urnes | 75 | Bjørkelangen | 10.08.1988 |
| 14.7 | Borghild Hansen | 45 | Jessheim | 28.05.1958 |
| 14.7 | Inger Anne Nerhagen | 57 | Lillestrøm | 20.09.1970 |
| 14.7 | Gry Vera Gjevert | 60 | Kløfta | 23.06.1973 |
| 14.7 | Unn Hoel | 69 | Jessheim | 15.08.1982 |
| 14.7 | Charlotte Oliversen | 91 | Jessheim | 20.09.2004 |
| 14.9 | Anne Marie Søberg | 45 | Kløfta | 10.08.1958 |
| 15.0 | Eli Jensen | 62 | Lørenfallet | 21.06.1975 |
| 15.0 | Marianne Haglund | 67 | Rolvsrud | 14.09.1980 |

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| **JENTER 13** | **346** |

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| **100m M forts.** |  |

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| --- | --- | --- | --- | --- |
| 15.0 | Heidi Rønning | 67 | Rolvsrud | 14.09.1980 |
| 15.1 | Cora Halsan | 47 | Råholt | 20.08.1960 |
| 15.2 | Britt Eriksen | 54 | Lillestrøm | 17.09.1967 |
| 15.2 | Anne-Lise Opheim | 59 | Strømmen | 09.09.1972 |
| 15.3 | Else Marie Dønnum | 53 | Jessheim | 02.10.1966 |
| 15.5 | Anne Gro Digerud | 52 | Strømmen | 29.09.1965 |
| 15.5 | Grete Ellingsen | 58 | Nannestad | 17.06.1971 |
| 15.5 | Turid Ligård | 58 | Råholt | 07.07.1971 |
| 15.6 | Kirsten Ladegård | 56 | Jessheim | 20.08.1969 |
| 15.6 | Siri Støverud | 73 | Jessheim | 15.09.1986 |
| 15.6 | Hanne Frydenlund | 76 | Jessheim | 30.05.1989 |
| 15.6 | Hege Christiansen | 76 | Nannestad | 14.06.1989 |
| 15.7 | Ingvild Fjeldheim | 75 | Jessheim | 30.05.1988 |
| 15.7 | Astrid Martinsen | 76 | Jessheim | 28.09.1989 |
| 15.8 | Maren Skafle | 86 | Jessheim | 14.06.1999 |
| 16.0 | Ellen Andersen | 57 | Rolvsrud | 14.06.1970 |
| 16.1 | Maria Sølvberg | 76 | Jessheim | 30.05.1989 |
| 16.2 | Tone Eriksen | 54 | Lillestrøm | 17.09.1967 |
| 16.2 | Wenche Fjeldheim | 75 | Jessheim | 30.05.1988 |

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| **200m E** |  |

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| --- | --- | --- | --- | --- |
| 27.56 | Astrid Knudsen Walstad | 11 | Lillestrøm | 26.05.2024 |
| 27.65 | Solveig Emilie Johansen | 03 | Jessheim | 27.08.2016 |
| 28.15 | Emilie Hov Andreassen | 00 | Göteborg, SWE | 30.06.2013 |
| 28.79 | Tonje Oliversen | 91 | Lillehammer/Ss | 24.06.2004 |
| 28.97 | Heidi Stubbs Holdal | 92 | Lillehammer/Ss | 23.06.2005 |
| 29.06 | Hanna Rimstad | 10 | Rud | 18.06.2023 |
| 29.14 | Liv Anita Mikkelborg | 80 | Bjørkelangen | 15.05.1993 |
| 29.46 | Hermine Opsahl Torgersen | 10 | Jessheim | 11.08.2023 |
| 29.54 | Amalie Westby Liestøl | 02 | Lillestrøm | 31.05.2005 |
| 29.61 | Charlotte Oliversen | 91 | Lillehammer/Ss | 24.06.2004 |
| 29.73 | Liv Kristina Holter | 97 | Lillestrøm | 28.08.2010 |
| 29.74 | Bettina Berg Julsrud | 12 | Nittedal | 27.04.2025 |
| 29.75 | Christine Nerhagen | 91 | Lillehammer/Ss | 24.06.2004 |
| 29.85 | Hedda Algarheim Tverås | 01 | Lillestrøm | 25.05.2014 |
| 29.98 | Mathea Edle Olsen | 05 | Moss/Me | 30.06.2018 |
| 30.06 | Mari Steen Myrvang | 06 | Asker/Fø | 08.06.2019 |
| 30.26 | Vilde Svardahl | 01 | Lillestrøm | 25.05.2014 |
| 30.30 | Vår Åsheim | 99 | Lillestrøm | 27.05.2012 |
| 30.44 | Wilma Thorbjørnson | 07 | Rjuka n | 05.09.2020 |
| 30.51 | Munda Mkanda | 94 | Jessheim | 16.08.2007 |
| 30.62 | Nikoline Håndstad | 01 | Lillestrøm | 11.05.2014 |
| 30.68 | Tonje Moen | 00 | Lillestrøm | 26.05.2013 |
| 30.96 | Oda Rognstad | 05 | Nadderud | 17.06.2018 |

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| **JENTER 13** | **347** |

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| **200m E** |  |

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| --- | --- | --- | --- | --- |
| 31.32 | Natalie Nordbech Jøranssen | 07 | Rjukan | 05.09.2020 |
| 31.49 | Tuva Forsbacka | 09 | Nadderud | 12.06.2022 |
| 31.70 | Ylva Granberg | 11 | Lillestrøm | 26.05.2024 |
| 31.71 | Claudia Charles | 04 | Jessheim | 23.05.2017 |
| 32.20 | Vilde Langaas Pedersen | 11 | Lillestrøm | 26.05.2024 |
| 32.39 | Andrea Jørdal | 01 | Lillestrøm | 25.05.2014 |
| 33.05 | Julie Hammer | 04 | Jessheim | 23.05.2017 |
| 33.21 | Tonje Berg | 85 | Nadderud | 21.06.1998 |
| 33.87 | Sofie Rostad | 94 | Jessheim | 16.08.2007 |
| 34.26 | Malene Gulbrandsen Høe | 05 | Nadderud | 17.06.2018 |
| 34.75 | Annie Myklebust | 01 | Jessheim | 27.05.2014 |
| 35.11 | Mia Jenny Østreng | 03 | Lillestrøm | 29.05.2016 |
| 35.52 | Karoline Næss | 94 | Jessheim | 16.08.2007 |

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| **200m M** |  |

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| --- | --- | --- | --- | --- |
| 28.2 | Ellen Undseth | 73 | Jessheim | 25.09.1986 |
| 28.7 | Lene Kristin Nyland | 74 | Jessheim | 21.09.1987 |
| 29.2 | Cecilie Laake | 66 | Oslo/Bi | 30.08.1979 |
| 29.6 | Kari Fjeldberg | 68 | Lørenfallet | 18.05.1981 |
| 29.7 | Liv Kristina Holter | 97 | Jessheim | 03.09.2010 |
| 30.0 | Hege Lundring | 73 | Jessheim | 25.09.1986 |
| 30.1 | Tone Sæthermoen | 69 | Jessheim | 02.10.1982 |
| 30.3 | Britt Folge | 66 | Lillestrøm | 08.09.1979 |
| 30.3 | Kristin Urnes | 75 | Jessheim | 26.09.1988 |
| 30.5 | Tonje Moen | 00 | Jessheim | 30.05.2013 |
| 31.0 | Kristin Jensen | 70 | Hauerseter | 14.06.1983 |
| 32.0 | Inger Anne Nerhagen | 57 | Lillestrøm | 20.09.1970 |
| 32.1 | Andrea Jødahl | 01 | Nadderud | 15.06.2014 |
| 32.5 | Nora Mathiesen | 97 | Jessheim | 03.09.2010 |
| 33.4 | Marie Næss | 00 | Jessheim | 30.05.2013 |
| 33.7 | Kirsten Daae Wiig | 97 | Jessheim | 03.09.2010 |
| 33.8 | Maren Fald Gården | 88 | Årnes | 12.09.2001 |
| 34.2 | Ingvild Fjeldheim | 75 | Jessheim | 26.09.1988 |
| 34.3 | Ida Berg Hansen | 92 | Jessheim | 23.04.2005 |
| 34.3 | Helena Seland Myhre | 97 | Jessheim | 03.09.2010 |
| 35.0 | Hege Johansen | 75 | Jessheim | 26.09.1988 |
| 35.1 | Karianne Kverneggen | 75 | Jessheim | 26.09.1988 |

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| **400m E** |  |

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| --- | --- | --- | --- | --- |
| 66.31 | Mathea Edle Olsen | 05 | Nittedal | 25.08.2018 |

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| **JENTER 13** | **348** |

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| **400m M** |  |

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| --- | --- | --- | --- | --- |
| 66.8 | Lene Kristin Nyland | 74 | Jessheim | 29.09.1987 |
| 68.0 | Torill Henriksen | 61 | Lillestrøm | 28.07.1974 |
| 69.1 | Inger Anne Nerhagen | 57 | Jessheim | 04.09.1970 |
| 69.3 | Gro Verpe | 62 | Lillestrøm | 02.06.1975 |
| 69.6 | Anne Karin Fagertun | 46 | Jessheim | 20.09.1959 |
| 72.4 | Eli Jensen | 62 | Lillestrøm | 02.06.1963 |
| 72.5 | Ingvild Fjeldheim | 75 | Jessheim | 03.10.1988 |
| 75.0 | Anne-Kathrine Hofseth | 75 | Jessheim | 06.06.1988 |

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| **600m** |  |

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| --- | --- | --- | --- | --- |
| 1:42.44 | Julie Hammer | 04 | Nittedal | 20.08.2017 |
| 1:43.22 | Emilie Hov Andreassen | 00 | Oslo/Bi | 14.06.2013 |
| 1:43.5 | Karin Kvamme | 58 | Bergen/Fa | 22.08.1971 |
| 1:43.77 | Amalie Westby Liestøl | 02 | Lillehammer/Ss | 21.06.2015 |
| 1:46.07 | Hermine Opsahl Torgersen | 10 | Oslo/Bi | 04.06.2023 |
| 1:46.63 | Vilde Svardahl | 01 | Asker/Fø | 31.05.2014 |
| 1:47.1 | Ellen Undseth | 73 | Kløfta | 27.05.1986 |
| 1:47.15 | Wilma Thorbjørnsson | 07 | Oslo/Sty | 13.09.2020 |
| 1:47.9 | Hege Lundring | 73 | Kløfta | 27.05.1986 |
| 1:48.41 | Charlotte Oliversen | 81 | Oslo/La | 20.06.2004 |
| 1:48.64 | Tonje Oliversen | 91 | Nadderud | 04.09.2004 |
| 1:49.1 | Torill Henriksen | 61 | Rolvsrud | 08.06.1974 |
| 1:49.52 | Mathea Edle Olsen | 05 | Nittedal | 16.09.2018 |
| 1:50.4 | Gro Verpe | 62 | Oslo/Bi | 02.09.1975 |
| 1:50.82 | Natalie Nordbech Jøransen | 07 | Oslo/St | 15.08.2020 |
| 1:53.6 | Inger Anne Nerhagen | 57 | Lillestrøm | 19.09.1970 |
| 1:54.19 | Hedda Algarheim Tverås | 01 | Lillestrøm | 24.05.2014 |
| 1:56.55 | Hanna Rimstad | 10 | Moss/Me | 21.05.2023 |
| 1:56.9 | Bente Henriksen | 59 | Lørenfallet | 13.06.1972 |
| 1:59.35 | Sofie Rostad | 94 | Oslo/Bi | 19.08.2007 |
| 1:59.7 | Turid Ligaard | 58 | Jessheim | 06.06.1971 |
| 1:59.84 | Silje Christine Berg-Knutsen | 05 | Jessheim | 11.08.2018 |
| 2:00.5 | Eli Jensen | 62 | Nannestad | 17.08.1975 |
| 2:00.73 | Elene Terese Haugan-Teixeira | 07 | Jessheim | 08.08.2020 |
| 2:01.1 | Marie Næss | 00 | Jessheim | 30.05.2013 |
| 2.01.54 | Thilde Christiansen | 93 | Nadderud | 16.06.2006 |
| 2:06.4 | Ranveig Vestli | 58 | Nannestad | 17.06.1971 |
| 2:16.90 | Kirsten Daae Wiig | 97 | Jessheim | 25.05.2010 |

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| **JENTER 13** | **342** |

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| --- | --- |
| **800m** |  |

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| --- | --- | --- | --- | --- |
| 2:25.3 | Hilde Rustad | 66 | Oslo/Bi | 31.05.1979 |
| 2:27.20 | Liv Anita Mikkelborg | 80 | Kongsberg | 05.09.1993 |
| 2:27.5 | Unn Hoel | 69 | Larvik/Lo | 04.09.1982 |
| 2:27.9 | Ellen Undseth | 73 | Hønefoss | 13.09.1986 |
| 2:30.6 | Kamilla Bråthen | 77 | Kongsvinger/Gj | 01.09.1990 |
| 2:31.12 | Wilma Torbjørnsson | 07 | Nittedal | 19.09.2020 |
| 2:31.3 | Kristin Jensen | 70 | Strømmen | 10.06.1984 |
| 2:32.19 | Herminew Opsahl Torgersen | 10 | Oslo/Sp | 06.05.2023 |
| 2:32.8 | Kari Fjeldberg | 68 | Uddevalla, SWE | 26.07.1981 |
| 2:33.0 | Hildegunn Bjerkan | 63 | Oslo/St | 04.09.1976 |
| 2:34.51 | Charlotte Oliversen | 91 | Lillehammer/Ss | 27.06.2004 |
| 2:34.85 | Karoline Hertzenberg | 89 | Oslo/Bi | 24.08.2002 |
| 2:35.4 | Inger Birgitte Reppe | 68 | Strømmen | 19.08.1981 |
| 2:35.98 | Mathea Edle Olsen | 05 | Nittedal | 25.08.2018 |
| 2:36.2 | Kristin Jensen | 70 | Strømmen | 04.06.1983 |
| 2:36.5 | Christine Nerhagen | 91 | Jessheim | 16.08.2004 |
| 2:36.83 | Tonje Oliversen | 91 | Lillehammer/Ss | 27.06.2004 |
| 2:37.6 | Astrid Knudsen Walstad | 11 | Jessheim | 05.09.2024 |
| 2:38.5 | Lene Kristin Nyland | 74 | Jessheim | 15.08.1987 |
| 2:40.3 | Kristin Urnes | 75 | Jessheim | 04.09.1988 |
| 2:40.61 | Mari Jellum | 79 | Jessheim | 12.09.1992 |
| 2:40.9 | Torill Pedersen | 69 | Strømmen | 13.06.1982 |
| 2:42.2 | Kjersti Vestengen | 68 | Strømmen | 19.08.1981 |
| 2:42.2 | Ingrid Johansen | 00 | Jessheim | 28.09.2013 |
| 2:43.8 | Gro Verpe | 62 | Nadderud | 29.06.1975 |
| 2:44.0 | Eva Catrine Torvund | 69 | Oslo/Bi | 07.06.1982 |
| 2:44.2 | Sissel Huseby | 64 | Lillestrøm | 16.09.1977 |
| 2:46.8 | Marie Tømmerberg | 91 | Jessheim | 16.08.2004 |
| 2:45.4 | Hilde Verpe | 63 | Lørenfallet | 31.08.1976 |
| 2:46.4 | Mari Jellum | 79 | Ski | 13.06.1993 |
| 2:47.2 | Pernille Haslie | 91 | Jessheim | 16.08.2004 |
| 2:48.6 | Marie Næss | 00 | Jessheim | 28.09.2013 |
| 2:48.63 | Natalie Nordbech Jøransson | 07 | Jessheim | 17.09.2020 |
| 2:48.95 | Hanne Frydenlund | 76 | Nadderud | 16.06.1989 |
| 2:49.8 | Silje Scheie Bråthen | 91 | Jessheim | 27.05.2004 |
| 2:51.5 | Silje Ekroll Jahren | 88 | Jessheim | 14.06.2001 |
| 2:53.4 | Kristine Heggelund | 76 | Jessheim | 05.06.1989 |
| 2:53.4 | Maria Ulvestad | 91 | Lørenfallet | 08.06.2004 |
| 2:55.20 | Pernille Haslie | 91 | Jessheim | 14.06.2004 |
| 2:55.8 | Ingvild Skolt | 85 | Jessheim | 17.08.1998 |
| 2:56.2 | Lise Mette Holme | 83 | Jessheim | 19.08.1996 |
| 2:59.2 | Siw Vestengen | 72 | Jessheim | 23.09.1985 |
| 3:01.2 | Anne Kamstrup Hovind | 88 | Jessheim | 14.06.2001 |

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| **JENTER 13** | **349** |

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| **800m** |  |

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| --- | --- | --- | --- | --- |
| 3:02.0 | Ina Jacobsen | 80 | Jessheim | 16.08.1993 |
| 3:04.20 | Maren Fald Gården | 88 | Jessheim | 17.09.2001 |
| 3:06.5 | Hanne Nyheim | 79 | Jesshewim | 21.08.1992 |
| 3:11.5 | Vibeke Kaasin | 81 | Jessheim | 29.08.1994 |
| 3:11.7 | Helena Seland Myhre | 97 | Jessheim | 19.09.2010 |
| 3:12.16 | Tonje Berg | 85 | Jessheim | 24.08.1998 |
| 3:12.6 | Siv Anita Engh | 85 | Jessheim | 17.08.1998 |
| 3:14.56 | Kristin Stanger | 89 | Jessheim | 23.09.2002 |
| 3:15.40 | Astrid Marie Jensen | 09 | Jessheim | 08.09.2022 |
| 3:19.97 | Sophie Nystrøm | 10 | Jessheim | 07.09.2023 |
| 3:21.1 | Anette Knudsen | 80 | Jessheim | 16.08.1993 |
| 3:21.3 | Karen Victoria Aas | 89 | Jessheim | 23.09.2002 |
| 3:21.8 | Christine Sørmo | 85 | Jessheim | 17.08.1998 |
| 3:23.9 | Linda Opdal | 80 | Jessheim | 20.09.1993 |

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| **1000m** |  |

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| 3:05.1 | Hilde Rustad | 66 | Oslo/Bi | 20.08.1979 |
| 3:58.3 | Hanne Frydenlund | 76 | Nannestad | 14.06.1989 |

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| **1500m** |  |

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| 4:42.94 | Julie Hammer | 04 | Jessheim | 17.09.2017 |
| 5:03.0 | Hilde Rustad | 66 | Jessheim | 11.06.1979 |
| 5:03.2 | Hermine Opsahl Torgersen | 10 | Tønsberg/Gr | 20.05.2023 |
| 5:04.3 | Unn Hoel | 69 | Oslo/Bi | 23.08.1982 |
| 5:08.75 | Liv Anita Mikkelborg | 80 | Lillehammer/Ss | 24.06.1993 |
| 5:11.77 | Wilma Torbjørnsson | 07 | Jessheim | 04.06.2020 |
| 5:14.1 | Målfrid Olsen | 65 | Strømmen | 24.08.1979 |
| 5:18.9 | Kamilla Bråthen | 77 | Lillehammer/Ss | 22.06.1990 |
| 5:22.23 | Christine Nerhagen | 91 | Nadderud | 13.06.2004 |
| 5:27.77 | Mathea Edle Olsen | 05 | Nittedal | 15.09.2018 |
| 5:35.3 | Anne Katrine Hofseth | 76 | Jessheim | 13.09.1989 |
| 5:44.6 | Ingvild Fjeldheim | 75 | Jessheim | 03.10.1988 |
| 5:45.52 | June Laake | 04 | Nadderud | 16.06.2017 |
| 5:53.5 | Mari Jellum | 79 | Jessheim | 16.06.1993 |
| 5:54.4 | Lise Mette Holme | 83 | Jessheim | 17.06.1996 |
| 5:56.4 | Hanne Frydenlund | 76 | Jessheim | 13.09.1989 |
| 6:23.9 | Mari Jellum | 79 | Jessheim | 15.06.1992 |
| 6:24.5 | Hanne Nyheim | 79 | Jessheim | 15.06.1992 |
| 6:33.4 | Ina Jacobsson | 80 | Jessheim | 14.06.1993 |
| 6:42.3 | Anette Knudsen | 80 | Jessheim | 14.06.1993 |
| 7:00.6 | Vibeke Kaasin | 81 | Jessheim | 13.06.1994 |

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| **JENTER 13** | **350** |

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| **3000m** |  |

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| 10:25.1 | Hilde Rustad | 66 | Jessheim | 20.08.1979 |
| 10:55.1 | Målfrid Olsen | 66 | Jessheim | 20.08.1979 |

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| **5km veiløp** |  |

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| 18:38 | Julie Hammer | 04 | Jessheim | 02.09.2017 |
| 20:41 | Hermine Torgersen | 10 | Jessheim | 30.09.2023 |
| 23:54 | Astrid Helen Walstad | 11 | Jessheim | 28.09.2024 |
| 26:32 | Ylva Granberg | 11 | Jessheim | 28.09.2024 |
| 26:55 | Astrid Bauck Jensen | 09 | Jessheim | 01.10.2022 |

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| **60m hekk 76.2 cm E** |  |

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| 9.96 | Hanna Rimstad | 10 | Gøteborg, SWE | 30.06.2023 |

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| **60m hekk 76.2 cm E** |  |

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| 10.22 | Hanna Rimstad | 10 | Oslo/Bi | 04.06.2023 |
| 10.29 | Victoria Hillveg | 86 | Lillehammer/Ss | 25.06.1999 |
| 10.36 | Linn Helene Bakke | 91 | Nadderud | 13.06.2004 |
| 10.36 | Bettina Berg Julsrud | 12 | Nittedal | 27.04.2025 |
| 10.53 | Hermine Opsahl Torgersen | 10 | Lillehammer/Ss | 24.06.2023 |
| 10.91 | Hedda Algarheim Tverås | 01 | Lillestrøm | 25.05.2014 |
| 10.92 | Vår Åsheim | 99 | Lillestrøm | 27.05.2012 |
| 11.22 | Mathilde Marie Solberg | 99 | Lillestrøm | 27.05.2012 |
| 11.24 | Tonje Moen | 00 | Lillehammer/Ss | 21.06.2013 |
| 11.52 | Elena Teresa Haugan-Teixeira | 07 | Rjukan | 05.09.2020 |
| 11.81 | Oda Rognstad | 05 | Nadderud | 17.06.2018 |
| 12.50 | Tuva Isabella Forsbacka | 07 | Jessheim | 08.08.2020 |
| 12.67 | Siv Anita Engh | 85 | Bjørkelangen | 23.05.1998 |
| 12.77 | Malena Gulbrandsen Høe | 05 | Nadderud | 17.06.2018 |
| 13.76 | Mia Jenny Østreng | 03 | Lillestrøm | 29.05.2016 |

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| **60m hekk 76.2 cm M** |  |

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| --- | --- | --- | --- | --- |
| 10.1 | Kristin Urnes | 75 | Jessheim | 04.09.1988 |
| 10.7 | Victoria Hillveg | 86 | Bjørkelangen | 17.06.1999 |
| 13.0 | Tone Furuseth | 54 | Lillestrm | 17.09.1967 |
| 13.1 | Anne Granheim | 51 | Jessheim | 15.08.1964 |
| 13.2 | Mette Harstad | 51 | Jessheim | 15.08.1964 |
| 13.5 | Berit Eriksen | 54 | Lillestrøm | 17.09.1967 |

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| **JENTER 13** | **351** |

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| **80m hekk 76.2 cm M** |  |

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| --- | --- | --- | --- | --- |
| 13.2 | Tone Sæthermoen | 69 | Larvik/Lo | 04.09.1982 |
| 13.6 | Inger Birgitte Reppe | 68 | Kongsberg | 06.09.1981 |
| 14.2 | Kristin Urnes | 75 | Jessheim | 26.09.1988 |
| 15.7 | Guri Fjeldberg | 69 | Årnes | 01.09.1982 |
| 15.8 | Kari Fjeldberg | 68 | Strømmen | 05.08.1981 |
| 16.1 | Gro Verpe | 62 | Lørenfallet | 21.06.1975 |
| 16.9 | Borghild Hansen | 45 | Kløfta | 10.08.1958 |
| 17.1 | Torill Pedersen | 69 | Jessheim | 27.05.1982 |
| 18.4 | Hege Johansen | 75 | Jessheim | 26.09.1988 |
| 18.4 | Ingvild Fjeldheim | 75 | Jessheim | 26.09.1988 |

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| **200m hekk 68 cm E** |  |

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| 31.42 | Hanna Rimstad | 10 | Rud | 17.06.2023 |
| 32.94 | Hermine Opsahl Torgersen | 10 | Oslo/St | 16.09.2023 |

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| **200m hekk 76.2 cm E** |  |

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| 40.18 | Tuva Isabel Forsbacka | 07 | Oslo/St | 12.09.2020 |

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| **200m hekk 76.2 cm M** |  |

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| --- | --- | --- | --- | --- |
| 32.8 | Tone Sæthermoen | 69 | Jessheim | 02.10.1982 |
| 34.4 | Elena Teresa Haugan-Teixeira | 07 | Rjukan | 06.09.2020 |
| 36.3 | Guri Fjeldberg | 69 | Jessheim | 02.10.1982 |

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| **Høyde** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1.68 | Hanna Rimstad | 10 | Arvika, SWE | 23.07.2023 |
| 1.62 | Kristin Urnes | 75 | Kongsberg | 10.09.1988 |
| 1.52 | Linn Helene Bakke | 91 | Asker/Fø | 21.08.2004 |
| 1.50 | Kari Fjeldberg | 68 | Kirkenær | 31.05.1981 |
| 1.50 | Mari Steen Myrvang | 06 | Oslo/Be | 04.05.2019 |
| 1.45 | Ebba Beyer | 98 | Lillestrøm | 29.05.2011 |
| 1.50 | Victoria Hillveg | 86 | Jessheim | 23.08.1999 |
| 1.40 | Tone Sæthermoen | 69 | Larvik/Lo | 04.09.1982 |
| 1.40 | Liv Kristina Holter | 97 | Oslo/Bi | 15.08.2010 |
| 1.40 | Ella Hjeltnes | 11 | Oslo/St | 15.09.2024 |
| 1.35 | Hilde Verpe | 63 | Skotterud | 11.06.1976 |
| 1.35 | Inger Birgitte Reppe | 68 | Jessheim | 13.08.1981 |
| 1.35 | Guri Fjeldberg | 69 | Kirkenær | 30.05.1982 |
| 1.35 | Kristine Heggelund | 76 | Jessheim | 13.09.1989 |
| 1.35 | Kamilla Bråthen | 77 | Jessheim | 21.05.1990 |
| 1.35 | Karoline Hertzenberg | 89 | Asker/Fø | 17.08.2002 |

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| **JENTER 13** | **352** |

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| **Høyde forts.** |  |

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| --- | --- | --- | --- | --- |
| 1.32 | Ingvild Fjeldheim | 75 | Jessheim | 26.09.1988 |
| 1.30 | Inger Anne Nerhagen | 57 | Lillestrøm | 20.09.1970 |
| 1.30 | Gro Verpe | 62 | Lørenfallet | 21.06.1975 |
| 1.30 | Eli Jensen | 62 | Lørenfallet | 21.06.1975 |
| 1.28 | Lise Ørvik | 53 | Lillestrøm | 04.09.1966 |
| 1.28 | Kristin Ladegård | 56 | Nannestad | 15.06.1969 |
| 1.27 | Borghild Hansen | 45 | Råholt | 28.06.1958 |
| 1.26 | Randi Kulleseid | 46 | Jessheim | 19.08.1959 |
| 1.26 | Ida Edlund | 94 | Jessheim | 21.08.2007 |
| 1.26 | Mabel Owren | 51 | Jessheim | 13.09.1964 |
| 1.25 | Astrid Sundby | 42 | Jessheim | 30.09.1955 |
| 1.25 | Vera Martinsen | 47 | Råholt | 20.08.1960 |
| 1.25 | Marit Ørvik | 50 | Oslo/Bi | 05.10.1963 |
| 1.25 | Else Marie Dønnum | 53 | Jessheim | 02.10.1966 |
| 1.24 | Sofie Rostad | 94 | Jessheim | 21.08.2007 |
| 1.24 | Maren Rønneseth | 94 | Jessheim | 21.08.2007 |
| 1.23 | Anne Mette Olsen | 54 | Lillestrøm | 10.09.1967 |
| 1.22 | Inge Sand | 43 | Jessheim | 30.09.1956 |
| 1.22 | Tonje Berg | 85 | Oslo/Bi | 14.06.1998 |
| 1.20 | Sigrid Merli | 87 | Jessheim | 22.05.2000 |
| 1.20 | Frida Kristiansen | 94 | Jessheim | 21.08.2007 |
| 1.18 | Liv Laache | 46 | Jessheim | 15.09.1959 |
| 1.15 | Anne Refsum | 41 | Strømmen | 02.10.1954 |
| 1.15 | Reidun Hansen | 45 | Jessheim | 01.08.1958 |
| 1.15 | Grete Ellingsen | 58 | Jessheim | 19.09.1961 |
| 1.15 | Elin Knutsen | 63 | Strømmen | 19.06.1975 |
| 1.15 | Helena Seland Myhre | 97 | Jessheim | 18.09.2010 |
| 1.15 | Malena Gulbrandsen Høe | 05 | Nadderud | 17.06.2018 |
| 1.13 | Turid Granås | 46 | Jessheim | 15.09.1959 |
| 1.12 | Anne Marie Søberg | 45 | Råholt | 28.06.1958 |
| 1.11 | Bjørg Torp | 48 | Råholt | 11.08.1961 |
| 1.11 | Anne Majorsæter | 48 | Råholt | 11.08.1961 |
| 1.10 | Hildegunn Bjerkan | 63 | Gardermoen | 17.06.1976 |
| 1.07 | Ingrid Møinichen | 48 | Jessheim | 07.08.1961 |
| 1.07 | Ingunn Steen | 48 | Jessheim | 17.08.1961 |
| 1.05 | Wenche Johansen | 56 | Fjellhamar | 08.06.1969 |

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| **Stav** |  |

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| --- | --- | --- | --- | --- |
| 3.00 | Hanna Rimstad | 10 | Rjukan | 02.09.2023 |
| 2.50 | Kristin Urnes | 75 | Jessheim | 26.09.1988 |
| 2.10 | Hermine Opsahl Torgersen | 10 | Lillehammer/Ss | 23.06.2023 |

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| **JENTER 13** | **353** |

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| **Lengde S: Sats i satsfelt** |  |

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| --- | --- | --- | --- | --- |
| 5.03 s | Hanna Rimstad | 10 | Oslo/Bi | 04.06.2023 |
| 5.02 s | Tone Sæthermoen | 69 | Lillestrøm | 12.09.1982 |
| 5.01s | Inger Birgitte Reppe | 68 | Kløfta | 20.09.1981 |
| 4.91 s | Kristin Urnes | 75 | Lunderød | 27.08.1988 |
| 4.88 s | Astrid Knudsen Walstad | 11 | Rjukan | 07.09.2024 |
| 4.83 s | Linn Helene Bakke | 91 | Nadderud | 12.06.2004 |
| 4.81s | Cecilie Laake | 66 | Lørenfallet | 22.09.1979 |
| 4.76s | Kari Fjeldberg | 68 | Kirkenær | 30.05.1981 |
| 4.70 | Anita Melbye | 58 | Eidanger | 04.07.1971 |
| 4.67 s | Lene Kristin Nyland | 74 | Hokksund | 18.06.1987 |
| 4.63 | Cora Halsan | 47 | Sandvika/Ka | 17.09.1960 |
| 4.59 | Victoria Hillveg | 86 | Jessheim | 27.05.1999 |
| 4.57 s | Irene Schultze | 67 | Kløfta | 04.10.1980 |
| 4.56 | Hilde Verpe | 63 | Strømmen | 19.06.1976 |
| 4.46 | Inge Sand | 43 | Jessheim | 30.09.1956 |
| 4.46 s | Unn Hoel | 69 | Lillestrøm | 12.09.1982 |
| 4.46 s | Ann Cathrin Wilford | 71 | Kirkenær | 19.05.1984 |
| 4.43 s | Kristine Heggelund | 76 | Jessheim | 25.09.1989 |
| 4.41 | Karin Kvamme | 58 | Nannestad | 17.06.1971 |
| 4.39 | Kari Wang | 56 | Lillestrøm | 02.09.1969 |
| 4.38 | May Britt Mehlen | 57 | Lillestrøm | 20.09.1970 |
| 4.37 s | Siri Fjeldberg | 71 | Kirkenær | 19.05.1984 |
| 4.36 s | Britt Folge | 66 | Strømmen | 02.06.1979 |
| 4.35 | Gro Verpe | 62 | Lillestrøm | 02.06.1975 |
| 4.34 | Karin Kvamme | 58 | Jessheim | 18.09.1971 |
| 4.34 s | Munda Mkanda | 94 | Lillehammer/Ss | 23.06.2007 |
| 4.33 s | Maren Rønneseth | 94 | Jessheim | 22.09.2007 |
| 4.32 s | Ida Camilla Edlund | 94 | Jessheim | 22.09.2007 |
| 4.30 | Liv Knudsen | 52 | Strømmen | 29.09.1965 |
| 4.25 | Borghild Hansen | 45 | Lillestrøm | 15.06.1958 |
| 4.25 | Vera Martinsen | 47 | Råholt | 21.08.1960 |
| 4.25 | Anne Gro Digerud | 52 | Råholt | 12.09.1965 |
| 4.25 | Berit Gullichsen | 52 | Råholt | 12.09.1965 |
| 4.24 | Astrid Sundby | 42 | Lillestrøm | 04.09.1955 |
| 4.22 s | Kamilla Bråthen | 77 | Jessheim | 19.05.1990 |
| 4.20 | Lise Ørvik | 53 | Jessheim | 02.10.1966 |
| 4.19 s | Mathilde Solberg | 99 | Nadderud | 16.06.2012 |
| 4.18 | Inger Anne Nerhagen | 57 | Lillestrøm | 20.09.1970 |
| 4.15 s | Liv Anita Mikkelborg | 80 | Jessheim | 23.09.1993 |
| 4.10 s | Frida Kristiansen | 94 | Jessheim | 22.09.2007 |
| 4.09 s | Astrid Mathisen | 76 | Jessheim | 25.09.1989 |
| 4.09 s | Andrea Jødahl | 01 | Jessheim | 02.09.2014 |
| 4.08 s | Janniche Mathisen | 91 | Årnes | 30.06.2004 |
| 4.06 | Anne Hemsen | 65 | Gardermoen | 23.08.1978 |

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| **JENTER 13** | **354** |

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| **Lengde S: Sats i satsfelt forts.** |  |

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| --- | --- | --- | --- | --- |
| 4.06 s | Nikoline Håndstad | 01 | Lillestrøm | 14.06.2014 |
| 4.05 s | Vår Åsheim | 99 | Jessheim | 20.05.2012 |
| 4.03 | Borghild Sundby | 44 | Jessheim | 10.08.1957 |
| 4.03 s | Karianne Kverneggen | 75 | Jessheim | 06.06.1988 |
| 4.00 s | Ingvild Fjeldheim | 75 | Jessheim | 06.06.1988 |
| 3.97 | Mette Harstad | 51 | Jessheim | 15.08.1964 |
| 3.97 s | Tonje Berg | 85 | Jessheim | 04.06.1998 |
| 3.95 | Anne Marie Søberg | 45 | Lillestrøm | 15.06.1958 |
| 3.95 | Reidun Hansen | 45 | Jessheim | 28.05.1958 |
| 3.95 | Ingrid Møinichen | 48 | Jessheim | 10.09.1961 |
| 3.95 | Hilde Ødemark | 64 | Jessheim | 04.08.1977 |
| 3.95 s | Karoline Hertzenberg | 89 | Jessheim | 20.06.2002 |
| 3.93 | Tove Johansen | 41 | Jessheim | 19.09.1954 |
| 3.93 | Torill Granås | 46 | Jessheim | 15.09.1959 |
| 3.90 | Unn Henriksen | 42 | Jessheim | 28.08.1955 |
| 3.90 s | Heidi Bogstad | 67 | Strømmen | 06.08.1980 |
| 3.86 | Marit Ørvik | 50 | Jessheim | 06.10.1963 |
| 3.86 s | Siv Anita Engh | 85 | Jessheim | 24.08.1998 |
| 3.82 | Anne Mette Olsen | 54 | Lillestrøm | 10.09.1967 |
| 3.82 s | Annie Myklebust | 01 | Jessheim | 02.09.2014 |
| 3.81 | Lise Ørvik | 53 | Blaker/Br | 20.08.1966 |
| 3.79 s | Sofie Rostad | 94 | Jessheim | 21.08.2007 |
| 3.75 | Anne Majorsæter | 48 | Jessheim | 07.08.1961 |
| 3.75 s | Hege Johansen | 75 | Jessheim | 06.06.1988 |
| 3.75 s | Liv Kristina Holter | 97 | Jessheim | 18.09.2010 |
| 3.73 | Karin Lund | 41 | Jessheim | 28.08.1954 |
| 3.70 | Mabel Owren | 51 | Jessheim | 13.09.1964 |
| 3.70 s | Tuva Forsbacka | 09 | Nadderud | 11.06.2022 |
| 3.68 | Else Marie Dønnum | 53 | Jessheim | 02.10.1966 |
| 3.67 | Kari Jørgensen | 44 | Jessheim | 10.08.1957 |
| 3.66 s | Wenche Wollhaug | 75 | Jessheim | 06.06.1988 |
| 3.63 s | Heidi Stubbs Holdal | 92 | Lillehammer/Ss | 25.06.2005 |
| 3.61 s | Vilde Langaas Pedersen | 11 | Lillestrøm | 25.052024 |
| 3.59 s | Sara Isabella Bertheussen | 07 | Jessheim | 08.08.2020 |
| 3.55 s | Hedda Jatau | 98 | Jessheim | 26.05.2011 |
| 3.54 | Bjørg Torp | 48 | Råholt | 26.08.1961 |
| 3.53 s | Ylva Granberg | 11 | Lillestrøm | 25.05.2024 |
| 3.51 | Aase Alstad | 48 | Råholt | 26.08.1961 |
| 3.50 | Marianne Sundby | 52 | Råholt | 12.09.1965 |
| 3.50 s | Tina Moen | 00 | Nadderud | 15.06.2013 |
| 3.46 s | Kirsten Daae Wiig | 97 | Jessheim | 25.05.2010 |
| 3.44 s | Helena Seland Myhre | 97 | Jessheim | 25.05.2010 |
| 3.41 | Bente Eriksen | 54 | Lillestrøm | 10.09.1967 |
| 3.36 | Anne Marie Nafstad | 52 | Råholt | 15.09.1965 |

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| **JENTER 13** | **355** |

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| **Lengde S: Sats i satsfelt forts.** |  |

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| --- | --- | --- | --- | --- |
| 3.35 s | Silje Svendsen | 01 | Lillestrøm | 24.05.2014 |
| 3.30 | Marit Wiig | 49 | Råholt | 12.09.1962 |
| 3.30 s | Karoline Næss | 943 | Jessheim | 21.08.2007 |
| 3.30 s | Malena Gulbrandsen Høe | 05 | Nittedal | 15.09.2018 |
| 3.29 | Inger Nyhus | 52 | Råholt | 15.09.1965 |
| 3.29 | Tone Andersen | 55 | Blaker/Br | 15.09.1968 |
| 3.26 | Britt Aas | 52 | Råholt | 15.09.1965 |
| 3.26 s | Margaret Bjørnadottir | 91 | Jessheim | 27.05.2004 |

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| **Tresteg S: Sats i satsfelt** |  |

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| 10.16 s | Hanna Rimstad | 10 | Gøteborg, SWE | 01.07.2023 |
| 9.85 Pl | Victoria Hillveg | 86 | Jessheim | 24.09.1999 |
| 9.85 | Astrid Walstad Knudsen | 11 | Rjukan | 08.09.2024 |
| 9.08 s | Munda Mkanda | 94 | Nadderud | 10.06.2007 |
| 7.70 s | Sofie Rostad | 94 | Nadderud | 17.06.2007 |
| 7.70 s | Tina Moen | 00 | Jessheim | 30.05.2013 |

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| **Kule 2 kg** |  |

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| --- | --- | --- | --- | --- |
| 13.49 | Ella Hjeltnes | 11 | Rud | 15.06.2024 |
| 13.29 | Hanne Emilie Hjeltnes | 04 | Jessheim | 16.09.2017 |
| 13.07 | Hanna Rimstad | 10 | Rud | 17.06.2023 |
| 11.71 | Hedda Algarheim Tverås | 01 | Lillestrøm | 20.05.2014 |
| 9.57 | Bettina Berg Julsrud | 12 | Nittedal | 27.04.2025 |
| 9.71 | Silje Scheie Bråthen | 91 | Jessheim | 12.07.2004 |
| 9.44 | Linn Helene Bakke | 91 | Bergen/Fa | 11.07.2004 |
| 8.74 | Munda Mkanda | 94 | Bjørkelangen | 10.06.2007 |
| 8.70 | Christine Høgbakken | 91 | Jessheim | 12.07.2004 |
| 8.68 | Andrea Jødahl | 01 | Nadderud | 14.06.2014 |
| 8.42 | Mathilde Marie Solberg | 99 | Jessheim | 23.08.2012 |
| 8.36 | Monica Lenning | 91 | Jessheim | 12.07.2004 |
| 8.13 | Silje Svendsen | 01 | Lillestrøm | 25.05.2014 |
| 7.76 | Silje Christine Berg-Knutsen | 05 | Jessheim | 11.08.2018 |
| 7.60 | Helena Seland Myhre | 97 | Jessheim | 18.09.2010 |
| 7.15 | Claudia Charles | 04 | Jessheim | 23.05.2017 |
| 6.87 | Tonje Oliversen | 91 | Jessheim | 12.07.2004 |
| 6.86 | Jannicke Mathisen | 91 | Årnes | 30.06.2004 |
| 6.73 | Ebba Beyer | 98 | Jessheim | 26.05.2011 |
| 6.58 | Charlotte Oliversen | 91 | Jessheim | 12.07.2004 |
| 6.55 | Ylva Granberg | 11 | Lillestrøm | 26.05.2024 |
| 5.53 | Tuva Isabella Forsbacka | 07 | Jessheim | 08.08.2020 |
| 5.52 | Sofie Rostad | 94 | Lillehammer/Ss | 23.06.2007 |

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| **JENTER 13** | **356** |

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| **Kule 3 kg** |  |

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| --- | --- | --- | --- | --- |
| 9.14 | Tone Sæthermoen | 69 | Lillestrøm | 12.09.1982 |
| 8.65 | Victoria Hillveg | 86 | Lillehammer/Ss | 25.06.1999 |
| 8.38 | Anita Melbye | 58 | Jessheim | 18.09.1971 |
| 8.31 | Guri Fjeldberg | 69 | Nittedal | 21.08.1982 |
| 8.02 | Lene Kristin Nyland | 74 | Jessheim | 21.09.1987 |
| 8.00 | Anita Aasheim | 66 | Rolvsrud | 27.06.1979 |
| 8.00 | Cecilie Laake | 66 | Lørenfallet | 22.09.1979 |
| 7.75 | Kjersti Stubberud | 58 | Jessheim | 18.09.1971 |
| 7.60 | Kristin Urnes | 75 | Jessheim | 03.09.1988 |
| 7.50 | Inger Birgitte Reppe | 68 | Strømmen | 19.08.1981 |
| 7.32 | Hege Jacobsen | 85 | Årnes | 01.07.1998 |
| 7.01 | Tonje Berg | 85 | Oslo/St | 05.09.1988 |
| 6.99 | Ebba Beyer | 98 | Jessheim | 15.09.2011 |
| 6.83 | Siri Fjeldberg | 71 | Strømmen | 10.06.1984 |
| 6.79 | Karin Kvamme | 58 | Lillestrøm | 26.09.1971 |
| 6.61 | Kari Fjeldberg | 68 | Jessheim | 26.09.1981 |
| 6.57 | Irene Schultze | 67 | Rolvsrud | 14.09.1980 |
| 6.48 | Hilde Verpe | 63 | Hvam | 05.09.1976 |
| 6.22 | Siv Anita Engh | 85 | Jessheim | 24.08.1998 |
| 6.10 | Unn Hoel | 69 | Lillestrøm | 12.09.1982 |
| 5.30 | Liv Anita Mikkelborg | 80 | Lillehammer/Ss | 25.06.1993 |

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| **Kule 4** |  |

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| --- | --- | --- | --- | --- |
| 6.51 | Reidun Hansen | 45 | Jessheim | 23.08.1958 |
| 6.36 | Vera Martinsen | 47 | Lillestrøm | 28.06.1960 |
| 6.16 | Cora Halsan | 47 | Kløfta | 05.09.1960 |
| 6.10 | Lise Ørvik | 53 | Lillestrøm | 04.09.1966 |
| 6.00 | May Britt Mehlen | 57 | Lillestrøm | 19.09.1970 |
| 5.92 | Wenche Korsmo | 57 | Rolvsrud | 18.06.1970 |
| 5.85 | Ellen Andersen | 57 | Rolvsrud | 18.06.1970 |
| 5.77 | Randi Holm | 53 | Lillestrøm | 04.09.1966 |
| 5.65 | Else Marie Dønnum | 53 | Jessheim | 02.10.1966 |
| 5.53 | Frøydis Esbjørsen | 51 | Jessheim | 15.08.1964 |
| 5.32 | Nina Næss | 51 | Jessheim | 15.08.1964 |

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| **Diskos 600 g** |  |

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| --- | --- | --- | --- | --- |
| 41.35 | Ella Hjeltnes | 11 | Asker/Fø | 29.09.2024 |
| 33.54 | Tonje Berg | 85 | Jessheim | 26.09.1998 |
| 33.24 | Hanna Emilie Hjeltnes | 04 | Nadderud | 16.08.2017 |
| 31.94 | Hanna Rimstad | 10 | Lillehammer/Ss | 23.06.2023 |
| 27.06 | Ingrid Maudal | 82 | Kongsberg | 26.08.1995 |
| 16.30 | Karoline Hertzenberg | 89 | Asker/Fø | 17.08.2002 |

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| **JENTER 13** | **357** |

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| **Diskos 1 kg** |  |

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| --- | --- | --- | --- | --- |
| 23.86 | Anita Melbye | 58 | Jessheim | 18.09.1971 |
| 22.50 | Guri Fjeldberg | 69 | Jessheim | 02.10.1982 |
| 22.48 | Tone Sæthermoen | 69 | Rolvsrud | 19.09.1982 |
| 19.40 | Nina Næss | 51 | Jessheim | 15.08.1964 |
| 18.74 | Irene Schultze | 67 | Jessheim | 01.09.1980 |
| 18.46 | Inger Birgitte Reppe | 68 | Jessheim | 26.09.1981 |
| 16.61 | Lise Gaupås | 51 | Jessheim | 13.09.1964 |
| 14.79 | Kirsten Daae Wiig | 97 | Jessheim | 25.05.2010 |
| 12.48 | Helena Seland Myhre | 97 | Jessheim | 25.05.2010 |

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| **Slegge 2 kg** |  |

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| 42.44 | Hanna Rimstad | 10 | Rjukan | 03.09.2023 |
| 41.72 | Ella Hjeltnes | 11 | Rjukan | 08.09.2024 |
| 31.98 | Hanna Emilie Hjeltnes | 04 | Lillestrøm | 28.05.2017 |

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| **Spyd 400 g** |  |

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| 31.70 | Hanna Emilie Hjeltnes | 04 | Nittedal | 04.09.2017 |
| 28.54 | Tonje Berg | 85 | Jessheim | 26.09.1998 |
| 27.29 | Hanna Rimstad | 10 | Nittedal | 20.08.2023 |
| 24.90 | Kristin Urnes | 75 | Bjørkelangen | 30.08.1988 |
| 24.36 | Guri Fjeldberg | 69 | Jessheim | 02.10.1982 |
| 24.28 | Ella Hjeltnes | 11 | Asker/Fø | 29.09.2024 |
| 21.17 | Amalie Westby Liestøl | 02 | Jessheim | 06.09.2015 |
| 21.12 | Unn Hoel | 69 | Jessheim | 16.09.1982 |
| 20.82 | Kristine Heggelund | 76 | Jessheim | 28.09.1989 |
| 19.50 | Malena Gulbrandsen Høe | 05 | Nadderud | 17.06.2018 |
| 18.62 | Eva Cathrine Torvund | 69 | Jessheim | 03.06.1982 |
| 18.00 | Tone Sæthermoen | 69 | Jessheim | 16.08.1982 |
| 17.47 | Andrea Jødahl | 01 | Jessheim | 27.05.2014 |
| 17.34 | Annie Myklebust | 01 | Jessheim | 27.05.2014 |
| 15.83 | Ebba Beyer | 98 | Lillehammer/Ss | 25.06.2011 |
| 14.50 | Natalie Nordbech Jøransen | 07 | Rjukan | 06.09.2020 |
| 13.46 | Wilma Torbjørnsson | 07 | Rjukan | 06.09.2020 |
| 12.70 | Oda Rognstad | 05 | Nadderud | 17.06.2018 |

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| **Spyd 600 g Gammel type til og med 1998** |  |

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| --- | --- | --- | --- | --- |
| 24.14 | Nina Næss | 51 | Jessheim | 15.08.1964 |

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| **JENTER 13** | **358** |

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| **Slengball 700 g Lang reim** |  |

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| --- | --- | --- | --- | --- |
| 36.66 | Anita Melbye | 58 | Jessheim | 19.09.1971 |
| 35.86 | Kari Wang | 56 | Lillestrøm | 07.09.1969 |
| 34.66 | May Britt Mehlen | 57 | Strømmen | 21.06.1970 |
| 33.64 | Anne Gro Digerud | 52 | Strømmen | 22.08.1965 |
| 33.36 | Cora Halsan | 47 | Jessheim | 20.09.1960 |
| 32.64 | Astrid Sundby | 42 | Jessheim | 28.08.1955 |
| 32.17 | Liv Laache | 46 | Jessheim | 15.09.1959 |
| 31.43 | Randi Kulleseid | 46 | Jessheim | 30.08.1959 |
| 30.40 | Inger Anne Nerhagen | 57 | Lillestrøm | 09.08.1970 |
| 28.84 | Nina Næss | 51 | Jessheim | 15.08.1964 |
| 29.54 | Bjørg Torp | 48 | Strømmen | 03.09.1961 |
| 28.85 | Marit Ørvik | 50 | Blaker/Br | 15.09.1963 |
| 28.62 | Kristin Ladegård | 56 | Jessheim | 24.06.1969 |
| 28.54 | Toril Granås | 46 | Jessheim | 15.09.1959 |
| 27.50 | Tone Andersen | 55 | Blaker/Br | 15.09.1968 |
| 27.31 | Inger Laache | 46 | Jessheim | 15.09.1959 |
| 27.18 | Mette Harstad | 51 | Jessheim | 15.08.1964 |
| 27.00 | Marianne Sundby | 52 | Råholt | 12.09.1965 |
| 26.84 | Lise Ørvik | 53 | Blaker/Br | 20.08.1966 |
| 25.82 | Ingrid Møinichen | 48 | Strømmen | 03.09.1961 |
| 25.88 | Aase Alstad | 48 | Strømmen | 17.08.1961 |
| 24.65 | Anne Lise Granheim | 51 | Jessheim | 15.08.1964 |
| 23.93 | Anne Majorsæter | 48 | Strømmen | 03.09.1961 |
| 23.76 | Elisabeth Eik Hansen | 52 | Strømmen | 22.08.1965 |
| 18.30 | Liv Knudsen | 52 | Råholt | 12.09.1965 |

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| **Slengball 1 kg Lang reim** |  |

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| --- | --- | --- | --- | --- |
| 35.17 | Turid Seime | 44 | Jessheim | 05.06.1957 |
| 33.02 | Vera Martinsen | 47 | Råholt | 21.09.1960 |
| 29.80 | Borhgild Hansen | 45 | Sandvika/Ka | 21.09.1958 |
| 28.62 | Wenche Hansen | 45 | Jessheim | 28.05.1958 |
| 27.82 | Densie Hagen | 44 | Jessheim | 29.09.1957 |
| 20.65 | Randi Kulleseid | 46 | Jessheim | 15.06.1959 |

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| **Liten ball 80 g** |  |

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| 38.25 | Karin Lund | 41 | Jessheim | 19.09.1954 |
| 36.20 | Heidi Bogstad | 67 | Kløfta | 04.10.1980 |
| 35.50 | Annie Refsum | 41 | Strømmen | 02.10.1954 |
| 34.78 | Tove Johansen | 41 | Jessheim | 02.08.1954 |
| 33.68 | Karin Kvamme | 58 | Jessheim | 19.09.1971 |
| 31.50 | Kristine Heggelund | 76 | Jessheim | 14.06.1989 |
| 31.30 | Hege Christiansen | 76 | Nannestad | 14.06.1989 |

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| **JENTER 13** | **359** |

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| **Liten ball 150 g** |  |

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| 50.18 | Tonje Berg | 85 | Nadderud | 21.06.1998 |
| 44.10 | Eva Torvund | 69 | Blaker/Br | 26.08.1982 |
| 39.20 | Guri Fjeldberg | 69 | Blaker/Br | 26.08.1982 |
| 37.90 | Unn Hoel | 69 | Blaker/Br | 26.08.1982 |
| 37.10 | Liv Anita Mikkelborg | 80 | Jessheim | 20.09.1993 |
| 36.72 | Anita Aasheim | 66 | Rolvsrud | 27.06.1979 |
| 21.54 | Linda Opdal | 80 | Jessheim | 20.09.1993 |

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| **3-kamp M 60m-Lengde-Slengball 700 g** |  |

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| --- | --- | --- | --- | --- |
| 2722 | Kari Wang | 56 | Blaker/Br | 28.09.1969 |
| --35.86 | | | |
| 22467 | Marit Ørvik | 50 | Blaker/Br | 15.09.1963 |
| 9.0-3.79-28.85 | | | |
| 2372 | Inger Anne Nerhagen | 57 | Lillestrøm | 09.08.1970 |
| 9.3-4.12-25.88 | | | |
| 2217 | Liv Knutsen | 52 | Råholt | 12.09.1965 |
| 9.1-4.29-18.30 | | | |
| 2191 | Lise Ørvik | 53 | Blaker/Br | 20.08.1966 |
| 9.7-3.81-26.84 | | | |
| 2063 | Anne Gro Digerud | 52 | Råholt | 12.09.1965 |
| 9.2-4.25-21.18 | | | |
| 1955 | Marianne Sundling | 52 | Råholt | 12.09.1965 |
| 10.2-3.50-27.00 | | | |
| 1909 | Tone Andersen | 55 | Blaker/Br | 15.09.1968 |
| 10.2-3.29-27.50 | | | |
| 1681 | Marit Ørvik | 50 | Blaker/Br | 15.09.1963 |
| 9.0-3.79-28.85 | | | |
| 1531 | Anne Marie Nafstad | 52 | Råholt | 12.09.1965 |
| 9.9-3.36-13.52 | | | |
| 1359 | Inger Nyhus | 52 | Råholt | 12.09.1965 |
| 10.1-3.29-10.92 | | | |
| 1253 | Britt Aas | 52 | Råholt | 12.09.1965 |
| 9.9-3.26-0 | | | |

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| **3-kamp M 100m-Lengde-Kule 3** |  |

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| --- | --- | --- | --- | --- |
| 2644 | Anita Melbye | 58 | Lillestrøm | 26.09.1971 |
| 14.4-4.44-6.97 | | | |
| 2528 | Karin Kvamme | 58 | Lillestrøm | 26.09.1971 |
| 14.9-3.96-6.79 | | | |
| 2367 | Hilde Verpe | 63 | Hvam | 05.09.1976 |
| 8.3-4.35-6.48 | | | |

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| **JENTER 13** | **360** |

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| **4-kamp M 60m-Lengde-Kule 3-800m** |  |

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| --- | --- | --- | --- | --- |
| 3994 | Tone Sæthermoen | 69 | Lillestrøm | 12.09.1982 |
| ? | | | |
| 3530 | Inger Birgitte Reppe | 68 | Kløfta | 20.09.1981 |
| 8.4-5.01-7.27-2:39.5 | | | |
| 3227 | Cecilie Laake | 66 | Lørenfallet | 22.09.1979 |
| ? | | | |
| 3209 | Guri Fjeldberg | 69 | Lillestrøm | 12.09.1982 |
| ? | | | |
| 3195 | Unn Hoel | 69 | Lillestrøm | 12.09.1982 |
| ? | | | |
| 3167 | Kari Fjeldberg | 68 | Kløfta | 20.09.1981 |
| ? | | | |
| 3068 | Lene Kristin Nyland | 74 | Haga | 08.08.1987 |
| 8.7-4.37-7.50-3:06.2 | | | |
| 3045 | Irene Schultze | 67 | Rolvsrud | 14.09.1980 |
| ? | | | |
| 2216 | Siw Westengen | 72 | Jessheim | 23.09.1985 |
| ? | | | |

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| **6-kampM 60m-Lengde-Kule/60mh-Høyde-800m** |  |

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| 5467 | Hanna Rimstad | 10 | Moss/Me | 20-21.05.2023 |
| 11.48(2)8.97(-0.4)4.94(+1.6)/10.50(2)1.59-1:56.55 | | | |

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| 5437 | Kristin Urnes | 75 | Jessheim | 03-04.09.1988 |
| 8.6-4.59-7.60/10.1-1.60-2:40.3 | | | |

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| **4-kamp kast** |  |

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| 3492 | Ella Hjeltnes | 11 | Asker/Fø | 29.09.2024 |
| 41.72-12.71-41.35-24.28 | | | |

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| **4x60m E** |  |

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| 33.46 | J13 |  | Nadderud | 12.06.2004 |
| Christine Nerhagen91-Tonje Oliversen91-Charlotte Oliversen91-Linn Helene Bakke91 | | | |

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| 33.78 | J13 |  | Asker/Fø | 21.08.2004 |
| Christine Nerhagen91-Charlotte Oliversen91-Tonje Oliversen91-Linn Helene Bakke91 | | | |

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| **JENTER 13** | **361** |

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| **4x60m M** |  |

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| 33.5 | J13 |  | Jessheim | 20.09.2004 |
| Christine Nerhagen91-Tonje Oliversen91-Charlotte Oliversen91-Linn Helene Bakke91 | | | |

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| --- | --- | --- | --- | --- |
| 34.7 | J13 |  | Jessheim | 27.05.2004 |
| Tonje Oliversen91-Charlotte Oliversen91-Christine Nerhagen91-Linn Helene Bakke91 | | | |

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| 33.5 | J13 |  | Jessheim | 27.05.2002 |
| Christine Høgbakken91-Silje Bråthen91-Pernille Haslie91-Marie Tømmerberg91 | | | |

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| **3x600m** |  |

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| --- | --- | --- | --- | --- |
| 5:51.99 | J13 |  | Asker/Fø | 21.08.2004 |
| Charlotte Oliversen91-Tonje Oliversen91-Christine Nerhagen91 | | | |

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| **JENTER 13** | **362** |

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| **INNENDØRS** |  |

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| **40m M** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 5.9 | Linn Helene Bakke | 91 | Råholt | 31.10.2004 |
| 7.0 | Katrine Hoff | 91 | Råholt | 31.10.2004 |

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| **60m E** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 8.32 | Linn Helene Bakke | 91 | Oslo/Ek | 04.12.2004 |
| 8.52 | Solveig Emilie Johansen | 03 | Hvam | 10.12.2016 |
| 8.63 | Emilie Hov Andreassen | 00 | Stange | 02.02.2013 |
| 8.67 | Munda Mkanda | 94 | Lillestrøm | 20.01.2007 |
| 8.74 | Hanna Rimstad | 10 | Rud | 25.11.2023 |
| 8.81 | Tonje Oliversen | 91 | Stange | 13.03.2004 |
| 8.85 | Camilla Høynesdal | 12 | Stange | 22,93,2925 |
| 8.91 | Liv Kristina Holter | 97 | Lillestrøm | 33.01.2010 |
| 8.95 | Bettina Berg Julsrud | 12 | Rud | 15.02.2025 |
| 8.97 | Silje Scheie Bråthen | 91 | Stange | 13.03.2004 |
| 8.98 | Heidi Stubbs Holdal | 92 | Stange | 05.03.2005 |
| 9.04 | Hanna Rimstad | 10 | Hvam | 11.03.2023 |
| 9.09 | Tonje Moen | 00 | Lillestrøm | 26.01.2013 |
| 9.13 | Elena Teres Haugan-Teixeira | 07 | Hvam | 25.01.2020 |
| 9.14 | Nikoline Håndstad | 01 | Rud | 08.02.2014 |
| 9.20 | Charlotte Oliversen | 91 | Stange | 13.03.2004 |
| 9.22 | Vilde Svardahl | 01 | Stange | 22.03.2014 |
| 9.29 | Ylva Granberg | 11 | Hvam | 07.12.2024 |
| 9.33 | Vår Åsheim | 99 | Lillestrøm | 28.01.2012 |
| 9.35 | Vilde Langaas Pedersen | 11 | Hvam | 07.12.2024 |
| 9.37 | Synne Rognstad | 03 | Hvam | 16.01.2016 |
| 9.38 | Ingrid Maudal | 82 | Lillestrøm | 19.02.1995 |
| 9.46 | Mathilde Marie Solberg | 99 | Lillestrøm | 28.01.2012 |
| 9.49 | Heidi Huse | 89 | Stange | 16.03.2002 |
| 9.49 | Kari Ingelin Sjøstrøm Johnsen | 03 | Hvam | 16.01.2016 |
| 9.55 | Silje Christine Berg-Knutsen | 05 | Stange | 17.03.2018 |
| 9.72 | Linnea Sjøstrøm Johansen | 06 | Hvam | 26.01.2019 |
| 9.90 | Sofie Rostad | 94 | Stange | 17.03.2007 |
| 9.93 | Victoria Hillveg | 86 | Stange | 06.03.1999 |
| 10.03 | Amanda Johanne Ekrem | 05 | Hvam | 08.12.2018 |
| 10.06 | Madeleine Kristiansen | 06 | Hvam | 26.01.2019 |
| 10.10 | Mona Benmalek | 92 | Lillestrøm | 09.04.2005 |
| 10.16 | Tonje Hansen | 92 | Stange | 05.03.2005 |
| 10.17 | Camilla Eilertsen | 82 | Lillestrøm | 19.02.1995 |
| 10.21 | Tina Moen | 00 | Stange | 16.01.2013 |
| 10.30 | Ida Berg Hansen | 92 | Stange | 05.03.2005 |

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| **JENTER 13** | **363** |

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| **INNENDØRS** |  |

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| **60m M** |  |

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| --- | --- | --- | --- | --- |
| 8.3 | Lene Kristin Nyland | 74 | Lillestrøm | 15.03.1987 |
| 9.4 | Astrid Mathisen | 76 | Lillestrøm | 22.01.1989 |
| 9.5 | Siri Fjeldberg | 71 | Oslo/Ek | 04.02.1984 |
| 9.6 | Ann Catrin Wilford | 71 | Oslo/Ek | 04.02.1984 |
| 9.6 | Marie Sølvberg | 76 | Lillestrøm | 22.01.1989 |
| 10.2 | Siri Hansen | 81 | Lillestrøm | 06.03.1994 |

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| **200m E** |  |

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| 28.08 | Astrid Knudsen Walstad | 11 | Hvam | 07.12.2024 |
| 28.16 | Solveig Emilie Johansen | 03 | Hvam | 10.12.2016 |
| 28.29 | Astrid Walstad | 11 | Hvam | 04.02.2024 |
| 28.58 | Hanna Rimstad | 10 | Rud | 25.11.2023 |
| 28.90 | Emilie Hov Andreassen | 00 | Stange | 17.03.2013 |
| 29.01 | Linn Helene Bakke | 91 | Oslo/Ek | 04.12.2004 |
| 29.44 | Victoria Hillveg | 86 | Stange | 06.02.1999 |
| 29.69 | Bettina Berg Julsrud | 12 | Rud | 15.02.2025 |
| 29.82 | Tonje Oliversen | 91 | Oslo/Ek | 06.03.2004 |
| 29.88 | Camilla Høynesdal | 12 | Stange | 23.03.2025 |
| 30.05 | Tonje Moen | 00 | Stange | 03.02.2013 |
| 30.09 | Julie Hammer | 04 | Hvam | 09.12.2017 |
| 30.24 | Hermine Opsahl Torgersen | 10 | Rud | 12.02.2023 |
| 30.44 | Hedda Algarheim Tverås | 01 | Rud | 09.02.2014 |
| 30.50 | Elena Teresa Haugan-Teixeira | 07 | Rud | 09.02.2020 |
| 30.59 | Amalie Westby Liestøl | 02 | Stange | 22.03.2015 |
| 30.97 | Linnea Sjøstrøm Johansen | 06 | Hvam | 07.12.2019 |
| 31.13 | Vår Åsheim | 99 | Stange | 05.02.2012 |
| 31.15 | Tuva Isabell Forsbacka | 09 | Hvam | 03.12.2022 |
| 31.24 | Charlotte Oliversen | 91 | Oslo/Ek | 06.03.2004 |
| 31.38 | Silje Scheie Bråthen | 91 | Oslo/Ek | 06.03.2004 |
| 31.45 | Andrea Jødahl | 01 | Rud | 09.02.2014 |
| 31.83 | Nikoline Håndstad | 01 | Rud | 09.02.2014 |
| 31.87 | Ylva Granberg | 11 | Hvam | 04.02.2024 |
| 31.97 | Synne Rognstad | 03 | Hvam | 16.01.2016 |
| 32.14 | Silje Svendsen | 01 | Rud | 09.02.2014 |
| 32.27 | Madeleine Kristiansen | 06 | Hvam | 07.12.2019 |
| 34.98 | Amanda Johanne Ekrem | 05 | Hvam | 08.12.2018 |
| 34.99 | Astrid marie Jensen | 09 | Hvam | 03.12.2022 |

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| **JENTER 13** | **364** |

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| **INNENDØRS** |  |

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| **600m** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1:43.35 | Julie Hammer | 04 | Hvam | 09.12.2017 |
| 1:46.73 | Emilie Hov Andreassen | 00 | Stange | 03.02.2013 |
| 1:48.66 | Hermine Opsahl Torgersen | 10 | Rud | 11.02.2023 |
| 1:49.02 | Natalie Jøransen | 07 | Hvam | 25.01.2020 |
| 1:50.60 | Amalie Westby Liestøl | 02 | Stange | 21.03.2015 |
| 1:51.22 | Vilde Svardahl | 01 | Stange | 22.03.2014 |
| 1:51.17 | Wilma Torbjørnsson | 06 | Hvam | 07.12.2019 |
| 1:52.25 | Tonje Oliversen | 91 | Stange | 13.03.2004 |
| 1:53.22 | Hedda Algarheim Tverås | 01 | Stange | 22.03.2014 |
| 1:57.37 | Mia Jenny Østreng | 03 | Hvam | 10.12.2016 |
| 1:57.46 | Silje Christine Berg-Knutsen | 05 | Stange | 17.03.2018 |
| 1:57.53 | Charlotte Oliversen | 91 | Stange | 13.03.2004 |
| 1:58.71 | Sofie Rostad | 94 | Oslo/Ek | 01.12.2007 |
| 2:08.50 | Bettina Berg Julsrud | 12 | Rud | 15.02.2025 |
| 2:09.44 | Synne Rognstad | 03 | Hvam | 16.01.2016 |
| 2:10.80 | Astrid Marie Jensen | 09 | Hvam | 03.12.2022 |
| 2:10.97 | Karoline Hertzenberg | 89 | Stange | 10.03.2002 |

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| **800m** |  |

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| 2:37.28 | Hermine Opsahl Torgersen | 10 | Rud | 14.01.2023 |
| 2:47.29 | Tonje Oliversen | 91 | Stange | 24.01.2004 |
| 2:56.18 | Hedda Algharheim Tverås | 01 | Rud | 11.01.2014 |
| 3:00.5 | Katrine Finstad | 75 | Drammen | 07.12.1988 |

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| **1000m** |  |

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| 3:17.32 | Hermine Opsahl Torgersen | 10 | Gøteborg, SWE | 02.12.2023 |

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| **60m hekk 68 cm E** |  |

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| 10.12 | Bettina Berg Julsrud | 12 | Rud | 19.01.2025 |

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| **60m hekk 76.2 E** |  |

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| --- | --- | --- | --- | --- |
| 10.24 | Hanna Rimstad | 10 | Hvam | 02.12.2023 |
| 10.38 | Victoria Hillveg | 86 | Karlstad, SWE | 10.01.1999 |
| 10.69 | Vår Åsheim | 99 | Stange | 04.02.2012 |
| 10.82 | Hermine Opsahl Torgersen | 10 | Rud | 12.02.2023 |
| 10.89 | Tonje Moen | 00 | Stange | 03.02.2013 |
| 11.11 | Elena Teresa Haugan-Teigeira | 07 | Rud | 09.02.2020 |
| 11.66 | Mathilde Marie Solberg | 99 | Lillestrøm | 28.02.2012 |
| 11.73 | Tuva Isabell Forsbacka | 09 | Hvam | 03.12.2022 |

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| **JENTER 13** | **365** |

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| **INNENDØRS** |  |

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| **60m hekk 76.2 E forts.** |  |

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| --- | --- | --- | --- | --- |
| 12.61 | Thea Brennhovd | 07 | Hvam | 26.01.2020 |
| 12.77 | Heidi Holdal | 92 | Lillestrøm | 29.01.2005 |
| 12.98 | Victoria Grøva | 07 | Hvam | 26.01.2020 |
| 13.37 | Mia Jenny Østreng | 03 | Hvam | 10.12.2016 |
| 13.40 | Madelaine Kristiansen | 06 | Hvam | 26.01.2019 |
| 13.65 | Ida Berg-Hansen | 92 | Lillestrøm | 29.01.2005 |

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| **Høyde** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1.61 | Hanna Rimstad | 10 | Stange | 11.03.2023 |
| 1.60 | Linn Helene Bakke | 91 | Oslo/Ek | 04.12.2004 |
| 1.55 | Mari Steen Myrvang | 06 | Hvam | 26.01.2019 |
| 1.47 | Victoria Hillveg | 86 | Stange | 06.03.1999 |
| 1.45 | Kristin Urnes | 75 | Lillestrøm | 24.01.1988 |
| 1.43 | Ella Hjeltnes | 11 | Hvam | 07.12.2024 |
| 1.40 | Ebba Beyer | 98 | Oslo/Ek | 03.12.2011 |
| 1.30 | Ingrid Maudal | 82 | Lillestrøm | 19.02.1995 |
| 1.30 | Karoline Hertzenberg | 89 | Stange | 10.03.2002 |
| 1.30 | Vår Åsheim | 99 | Lillestrøm | 28.01.2012 |
| 1.25 | Inger Anne Nerhagen | 57 | Lillestrøm/Pl | 15.02.1970 |
| 1.25 | Heidi Huse | 89 | Lillestrøm | 02.03.2002 |
| 1.15 | Siri Hansen | 81 | Lillestrøm | 06.03.1994 |
| 1.14 | Bettina Berg Julsrud | 12 | Hvam | 26.02.2005 |

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| **Stav** |  |

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| 2.90 | Hanna Rimstad | 10 | Rud | 25.11.2023 |
| 2.20 | Hermine Opsahl Torgersen | 10 | Gøteborg, SWe | 03.12.2023 |

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| **Lengde S: Sats i satsfelt** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 4.88 s | Astrid Knudsen Walstad | 11 | Hvam | 07.12.2024 |
| 4.79 s | Hanna Rimstad | 10 | Rud | 11.02.2023 |
| 4.75 s | Linn Helene Bakke | 91 | Oslo/St | 04.12.2004 |
| 4.63 | Anita Melbye | 58 | Lillestrøm/Pl | 29.03.1971 |
| 4.48 s | Munda Mkanda | 94 | Lillestrøm | 17.02.2007 |
| 4.47 s | Lene Kristin Nyland | 74 | Lillestrøm | 15.03.1987 |
| 4.31 s | Astrid Helen Walstad | 11 | Stange | 17.03.2024 |
| 4.29 s | Bettina Berg Julsrud | 12 | Rud | 18.01.2025 |
| 4.23 s | Vår Åsheim | 99 | Lillestrøm | 28.01.2012 |
| 4.13 s | Ingrid Maudal | 82 | Lillestrøm | 19.02.1995 |
| 4.10 s | Nikoline Håndstad | 01 | Lillestrøm | 25.01.2014 |
| 4.00 s | Mona Benmalek | 92 | Lillestrøm | 09.04.2005 |
| 3.99 s | Tuva Isabella Forsbacka | 09 | Hvam | 03.12.2022 |
| **JENTER 13** | | **366** | | |

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| **INNENDØRS** |  |

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| **Lengde S: Sats i satsfelt forts.** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 3.98 s | Heidi Stubbs Holdal | 92 | Lillestrøm | 09.04.2005 |
| 3.98 s | Ylva Granberg | 11 | Hvam | 07.12.2024 |
| 3.91 s | Tonje Moen | 00 | Lillestrøm | 26.01.2013 |
| 3.88 s | Vilde Langaas-Pedersen | 11 | Hvam | 07.12.2024 |
| 3.83 s | Andrea Jødahl | 01 | Rud | 09.02.2014 |
| 3.80 s | Ingelin Johnsen | 03 | Hvam | 16.01.2016 |
| 3.78 s | Silje Svendsen | 01 | Rud | 09.02.2014 |
| 3.72 s | Karoline Hertzenberg | 89 | Lillestrøm | 02.02.2002 |
| 3.59 s | Ida Berg Hansen | 92 | Stange | 06.03.2005 |
| 3.55 s | Tonje Hansen | 92 | Stange | 06.03.2005 |
| 3.38 s | Tina Moen | 00 | Stange | 17.03.2013 |
| 3.29 s | Vilde Langaas-Pedersen | 11 | Hvam | 04.02.2024 |
| 3.28 s | Amanda Johanne Ekrem | 05 | Hvam | 08.12.2018 |

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| **Høyde uten tilløp** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1.23 | Tone Sæthermoen | 69 | Fetsund/Øs | 26.03.1982 |
| 1.20 | Linn Helene Bakke | 91 | Råholt | 31.10.2004 |
| 1.18 | Inger Birgitte Reppe | 68 | Lørenskog | 25.03.1981 |
| 1.12 | Guri Fjeldberg | 69 | Lørenskog | 20.02.1982 |
| 1.10 | Kari Fjeldberg | 68 | Lørenskog | 25.03.1981 |
| 1.10 | Kristin Urnes | 75 | Jessheim/Je | 10.03.1988 |
| 1.05 | Gro Verpe | 62 | Fetsund | 15.03.1975 |
| 1.05 | Eli Jensen | 62 | Fetsund | 15.03.1975 |
| 1.05 | Mari Steen Myrvang | 06 | Hvam | 26.02.2019 |
| 1.00 | Wenche Johannessen | 56 | Skårer/Kj | 14.02.1969 |
| 0.99 | Ida Berg Hansen | 92 | Jessheim/No | 14.03.2005 |
| 0.98 | Christine Høgbakken | 91 | Jessheim/No | 08.03.2004 |
| 0.95 | Pernille Haslie | 91 | Jessheim/No | 08.03.2004 |
| 0.95 | Katrine Hoff | 91 | Råholt | 31.10.2004 |
| 0.93 | Mona Benmalek | 92 | Jessheim/No | 14.03.2005 |
| 0.90 | Heidi Stubbs Holdal | 92 | Jessheim/No | 14.03.2005 |
| 0.89 | Marie Tømmerberg | 91 | Jessheim/No | 08.03.2004 |
| 0.85 | Nina Kristin Nyheim | 74 | Jessaheim/Je | 10.03.1987 |
| 0.85 | Katrine Finstad | 75 | Jessheim/Je | 10.03.1988 |
| 0.85 | Maria Sølvberg | 76 | Jessheim/Je | 16.03.1989 |
| 0.80 | Ragnhild Sundby | 44 | Eidsvoll/Ås | 10.03.1957 |
| 0.80 | Karianne Kverneggen | 75 | Jessheim/Je | 10.03.1988 |

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| **Lengde uten tilløp** |  |

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| --- | --- | --- | --- | --- |
| 2.42 | Cecilie Laake | 65 | Skårer/Kj | 25.03.1979 |
| 2.39 | Tone Sæthermoen | 69 | Fetsund/Øs | 26.03.1982 |
| 2.33 | Inger Birgitte Reppe | 68 | Lørenskog | 25.03.1981 |

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| **JENTER 13** | **367** |

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| **INNENDØRS** |  |

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| **Lengde uten tilløp** |  |

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| --- | --- | --- | --- | --- |
| 2.31 | Mari Steen Myrvang | 06 | Rud | 02.04.2019 |
| 2.27 | Gro Verpe | 62 | Fetsund/Ho | 15.03.1975 |
| 2.25 | Hilde Verpe | 63 | Årnes/Fj | 19.03.1976 |
| 2.22 | Ann Catrin Wilford | 71 | Jessheim/Je | 13.03.1984 |
| 2.21 | Guri Fjeldberg | 69 | Lørenskog | 20.02.1982 |
| 2.20 | Kristin Urnes | 75 | Jessheim/Je | 10.03.1988 |
| 2.17 | Anita Melbye | 58 | Skjetten/St | 13.03.1971 |
| 2.15 | Cora Halsan | 47 | Jessheim | 03.04.1960 |
| 2.12 | Ragnhild Sundby | 44 | Eidsvoll/Ås | 10.03.1957 |
| 2.12 | Guri Anne Øverby | 45 | Lillestrøm/Hø | 16.03.1958 |
| 2.08 | Inge Sand | 43 | Lillestrøm/Vi | 04.03.1956 |
| 2.06 | Marit Ørvik | 50 | Lillestrøm/Vi | 30.03.1963 |
| 2.06 | Karianne Kverneggen | 75 | Jessheim/Je | 10.03.1988 |
| 2.05 | Irene Belsvik | 42 | Jessheim | 06.03.1955 |
| 2.05 | Astrid Mathisen | 76 | Jessheim/Je | 16.03.1989 |
| 2.03 | Nina Wætthen | 46 | Jessheim | 15.02.1959 |
| 2.01 | Charlotte Oliversen | 91 | Jessheim/No | 08.03.2004 |
| 1.98 | Christine Høgbakken | 91 | Jessheim/No | 08.03.2004 |
| 1.97 | Tonje Oliversen | 91 | Jessheim/No | 08.03.2004 |
| 1.97 | Pernille Haslie | 91 | Jessheim/No | 08.03.2004 |
| 1.96 | Marie Tømmerberg | 91 | Jessheim/No | 08.03.2004 |
| 1.95 | Toril Granås | 46 | Jessheim | 15.02.1959 |
| 1.95 | Kari Brendshøy | 50 | Lillestrøm/Vi | 30.03.1963 |
| 1.94 | Astrid Sundby | 42 | Jessheim | 06.03.1955 |
| 1.94 | Liv Laache | 46 | Jessheim | 15.02.1959 |
| 1.94 | Hanne Frydenlund | 76 | Jessheim/Je | 16.03.1989 |
| 1.93 | Katrine Finstad | 75 | Jessheim/Je | 10.03.1988 |
| 1.91 | Ida Berg Hansen | 92 | Jessheim/No | 14.03.2005 |
| 1.89 | Vera Martinsen | 47 | Jessheim | 03.04.1960 |
| 1.87 | Mette Harstad | 51 | Strømmen | 03.03.1964 |
| 1.85 | Tone Kari Fugleberg | 74 | Jessheim/Je | 10.03.1987 |
| 1.81 | Nina Kristin Nyheim | 74 | Jessheim/Je | 10.03.1987 |
| 1.81 | Heidi Stubbs Holdal | 92 | Jessheim/No | 14.03.2005 |
| 1.78 | Maria Sølvberg | 76 | Jessheim/Je | 16.03.1989 |

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| **Tresteg** |  |

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| 10.25 s | Hanna Rimstad | 10 | Rud | 12.02.2023 |

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| **JENTER 13** | **368** |

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| **INNENDØRS** |  |

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| **Kule 2 kg** |  |

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| --- | --- | --- | --- | --- |
| 14.14 | Hanna Emilie Hjeltnes | 04 | Hvam | 09.12.2017 |
| 13.54 | Ella Hjeltnes | 12 | Hvam | 07.12.2024 |
| 13.34 | Hanna Rimstad | 10 | Hvam | 02.12.2023 |
| 10.41 | Hedda Algerheim Tverås | 01 | Stange | 22.03.2014 |
| 9.54 | Bettina Berg Julsrud | 12 | Rud | 04.02.2025 |
| 9.21 | Munda Mkanda | 94 | Lillestrøm | 20.02.2007 |
| 9.13 | Ebba Beyer | 98 | Oslo/Ek | 03.12.2011 |
| 8.97 | Silje Scheie Bråthen | 91 | Oslo/Ek | 06.03.2004 |
| 8.64 | Mathilde Marie Solberg | 99 | Lillestrøm | 28.01.2012 |
| 7.87 | Andrea Jødahl | 01 | Lillestrøm | 25.01.2014 |
| 7.81 | Silje Svendsen | 01 | Rud | 09.02.2014 |
| 7.59 | Silje Christine Berg-Knutsen | 05 | Stange | 17.03.2018 |
| 7.39 | Ylva Granberg | 11 | Stange | 16.03.2024 |
| 6.15 | Sofie Rostad | 94 | Stange | 17.03.2007 |
| 6.11 | Helena Seland Myhre | 96 | Lillestrøm | 31.01.2009 |
| 5.62 | Carina Walskrå | 00 | Stange | 16.03.2013 |
| 4.68 | Tonje Moen | 99 | Stange | 17.03.2012 |

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| **Kule 3 kg** |  |

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| 8.85 | Ebba Beyer | 98 | Stange | 04.12.2011 |
| 7.88 | Ingrid Maudal | 82 | Lillestrøm | 19.02.1995 |
| 6.37 | Camilla Eilertsen | 82 | Lillestrøm | 19.02.1995 |

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| **4-kamp** |  |

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| 3057 | Bettina Berg Julsrud | 12 | Rud | |19.01.2025 |
| 10.12-4.29-8.81-2:08.50 | | | |

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| **4x100m E** |  |

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| 60.88 | J13 |  | Hvam | 10.12.2016 |
| Solveig Johansen03-Ida Johanne Folsland02-June Laake04-Mia Jenny Østreng03 | | | |

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| **4x200m** |  |

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| 2:24.38 | J13 |  | Stange | 16.03.2013 |
| Tonje Moen00-Tina Moen00-June Laake04-Carina Walskrå00 | | | |

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| **600m 70-100-200-230m** |  |

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| 1:35.18 | Ullensaker/Kisa IL | 13 | Hvam | 03.02.2024 |
| Ella Hjeltnes11-Vilde Langaas Pedersen11-Ylva Granberg11-Bettina Julsrud Berg12 | | | |

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| 1:38.46 | J13 |  | Hvam | 07.12.2019 |
| Martine Aslakskogen08-Madeleine Kristiansen06-Linnea Johansen06-Kaja Ellevold08 | | | |

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| **JENTER 12** | **369** |

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| **40m M** |  |

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| --- | --- | --- | --- | --- |
| 6.5 | Elin Heggelund | 76 | Kløfta | 19.05.1988 |
| 6.7 | Astrid Mathisen | 76 | Jessheim | 30.05.1988 |
| 6.8 | Kamilla Bråthen | 77 | Jessheim | 30.05.1989 |
| 7.0 | Hanne Frydenlund | 76 | Jessheim | 30.05.1988 |
| 7.1 | Vibeke Nessiøy | 77 | Jessheim | 30.05.1989 |

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| **60m E** |  |

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| --- | --- | --- | --- | --- |
| 8.58 | Linn Helene Bakke | 91 | Nadderud | 15.06.2003 |
| 8.68 | Victoria Hillveg | 86 | Oslo/Bi | 14.06.1998 |
| 8.81 | Munda Mkanda | 94 | Lillehammer/Ss | 24.06.2006 |
| 8.85 | Astrid Knudsen Walstad | 11 | Lillestrøm | 13.05.2023 |
| 8.92 | Emilie Hov Andreassen | 00 | Lillehammer/Ss | 23.06.2012 |
| 9.00 | Mari Steen Myrvang | 06 | Jessheim | 11.08.2018 |
| 9.00 | Bettina Berg Julsrud | 12 | Jessheim | 24.05.2024 |
| 9.02 | Tonje Oliversen | 91 | Lillehammer/Ss | 28.06.2003 |
| 9.08 | Tonje Moen | 00 | Oslo/Bi | 19.08.2012 |
| 9.10 | Hanna Rimstad | 10 | Oslo/Bi | 10.09.2022 |
| 9.17 | Vår Åsheim | 99 | Nadderud | 24.09.2011 |
| 9.17 | Oda Rognstad | 05 | Jessheim | 23.05.2017 |
| 9.22 | Liv Kristina Holter | 97 | Oslo/Bi | 23.08.2009 |
| 9.23 | Marte Skau | 98 | Jessheim | 15.06.2010 |
| 9.27 | Hedda Algarheim Tverås | 01 | Nadderud | 15.06.2013 |
| 9.32 | Charlotte Oliversen | 91 | Lillehammer/Ss | 28.06.2003 |
| 9.34 | Amalie Westby Liestøl | 02 | Lillestrøm | 24.05.2014 |
| 9.37 | Hermine Opsahl Torgersen | 10 | Jessheim | 07.08.2022 |
| 9.39 | Christine Nerhagen | 91 | Lillehammer/Ss | 28.06.2003 |
| 9.40 | Claudia Charles | 04 | Jessheim | 02.06.2016 |
| 9.44 | Silje Scheie Bråthen | 91 | Oslo/Bi | 22.06.2003 |
| 9.46 | Irene Vole Olsen | 77 | Nadderud | 16.06.1989 |
| 9.47 | Elena Teresa Haugen-Teixera | 07 | Jessheim | 06.06.2019 |
| 9.50 | Sara Isabella Bertheussen | 07 | Lillestrøm | 25.05.2019 |
| 9.52 | Marte Skogstad | 93 | Jessheim | 18.08.2005 |
| 9.53 | Marte Mikkelsen | 94 | Jessheim | 21.08.2006 |
| 9.60 | Silje Christine Berg-Knutsen | 05 | Lillestrøm | 27.05.2017 |
| 9.61 | Pernille Haslie | 91 | Jessheim | 25.09.2003 |
| 9.63 | Linnea Elisabeth Johnsen | 06 | Jessheim | 11.08.2018 |
| 9.66 | Kirsten Daae Wiig | 97 | Jessheim | 19.09.2009 |
| 9.69 | Tonje Berg | 85 | Jessheim | 28.09.1997 |
| 9.69 | Nikoline Handstad | 01 | Nadderud | 15.06.2013 |
| 9.71 | Heidi Stubbs Holdal | 92 | Jessheim | 20.09.2004 |
| 9.75 | Maren Eriksen Skappel | 96 | Jessheim | 12.06.2008 |
| 9.75 | Kari Ingelin Olsen | 03 | Jessheim | 04.06.2015 |
| 9.76 | Silje Svendsen | 01 | Lillestrøm | 25.05.2013 |

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| **JENTER 12** | **370** |

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| **60m E forts.** |  |

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| --- | --- | --- | --- | --- |
| 9.79 | Malena Gulbrandsen Høe | 05 | Jessheim | 23.05.2017 |
| 9.79 | Sophie Mannion | 05 | Jessheim | 23.05.2017 |
| 9.83 | Julie Hammer | 04 | Jessheim | 02.06.2016 |
| 9.88 | Mathilde Solberg | 99 | Nadderud | 20.06.2011 |
| 9.90 | Natalie Norbech Jøransen | 07 | Jessheim | 06.06.2019 |
| 9.97 | Hanna Emilie Hjeltnes | 04 | Lillestrøm | 28.05.2016 |
| 10.04 | Helene Høgheim | 12 | Jessheim | 08.06.2023 |
| 10.05 | Karoline Hertzenberg | 89 | Jessheim | 19.08.2001 |
| 10.09 | Andrea Jødal | 01 | Oslo/Bi | 14.06.2013 |
| 10.07 | Ebba Beyer | 98 | Jessheim | 25.05.2010 |
| 10.10 | Sofie Rostad | 94 | Jessheim | 21.08.2006 |
| 10.12 | Sigrid Moe Næss | 99 | Jessheim | 04.06.2011 |
| 10.24 | Helena Seland Myhre | 97 | Jessheim | 19.09.2009 |
| 10.25 | Ylva Granberg | 11 | Lillestrøm | 13.08.2023 |
| 10.33 | Lise Gismervik | 93 | Jessheim | 18.08.2005 |
| 10.35 | Synne Solberg | 94 | Jessheim | 22.05.2006 |
| 10.35 | Solveig Rosalie Evers | 12 | Jessheim | 11.08.2024 |
| 10.38 | Vilde Svardahl | 01 | Nadderud | 15.06.2013 |
| 10.40 | Nora Røen Hansen | 99 | Jessheim | 26.05.2011 |
| 10.41 | Hedda akre Skatvedt | 00 | Jessheim | 20.05.2012 |
| 10.42 | Marte Nordal | 05 | Lillehammer/Ss | 24.06.2017 |
| 10.46 | Hege Jacobsen | 85 | Jessheim | 26.06.1997 |
| 10.46 | Lisa Lizama | 04 | Jessheim | 02.06.2016 |
| 10.51 | Tina Moen | 00 | Nadderud | 16.06.2012 |
| 10.66 | Frøydis Åsheim | 02 | Lillestrøm | 24.05.2014 |

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| **60m M** |  |

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| --- | --- | --- | --- | --- |
| 8.4 | Lene Kristin Nyland | 74 | Sokna | 07.06.1986 |
| 8.5 | Gro Verpe | 63 | Strømmen | 11.06.1975 |
| 8.5 | Inger Birgitte Reppe | 68 | Jessheim | 18.06.1980 |
| 8.6 | Anita Melbye | 58 | Lillestrøm | 19.09.1970 |
| 8.6 | Anne Beate Kogstad | 63 | Lørenfallet | 27.05.1975 |
| 8.6 | Cecilie Laake | 66 | Lørenfallet | 23.09.1978 |
| 8.8 | Cora Halsan | 47 | Sandvika/Ka | 28.06.1959 |
| 8.8 | Gry Vera Gjevert | 60 | Strømmen | 18.06.1972 |
| 8.8 | Kristine Heggelund | 76 | Jessheim | 18.09.1988 |
| 8.8 | Ingrid Maudal | 82 | Jessheim | 26.09.1994 |
| 8.9 | Anne Marie Søberg | 45 | Jessheim | 29.09.1957 |
| 8.9 | Karin Kvamme | 58 | Lillestrøm | 19.09.1970 |
| 8.9 | Guri Fjeldberg | 69 | Rolvsrud | 13.09.1981 |
| 8.9 | Tone Sæthermoen | 69 | Jessheim | 26.09.1981 |
| 8.9 | Emilie Hov Andreassen | 00 | Jessheim | 12.06.2012 |
| 9.0 | Ragnhild Sundby | 44 | Strømmen | 26.08.1956 |

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| **JENTER 12** | **371** |

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| **60m M forts.** |  |

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| --- | --- | --- | --- | --- |
| 9.0 | Anne Berit Hauge | 64 | Gardermoen | 17.06.1976 |
| 9.0 | Hege Høgås | 70 | Strømmen | 16.06.1982 |
| 9.0 | Tonje Oliversen | 91 | Jessheim | 11.09.2003 |
| 9.0 | Vår Åsheim | 99 | Jessheim | 15.09.2011 |
| 9.1 | Rikke Rosenvinge | 50 | Råholt | 23.09.1962 |
| 9.1 | Randi Øye | 55 | Lillestrøm | 09.09.1967 |
| 9.1 | Kari Wang | 56 | Blaker/Br | 15.09.1968 |
| 9.1 | May Britt Mehlen | 57 | Fjellhamar | 08.06.1969 |
| 9.1 | Britt Scheie | 64 | Strømmen | 19.06.1976 |
| 9.1 | Anette Kiran | 82 | Jessheim | 26.09.1994 |
| 9.1 | Victoria Hillveg | 86 | Årnes | 01.07.1998 |
| 9.1 | Charlotte Oliversen | 91 | Jessheim | 11.09.2003 |
| 9.2 | Inge Sand | 43 | Jessheim | 28.08.1955 |
| 9.2 | Borghild Hansen | 45 | Jessheim | 29.09.1957 |
| 9.2 | Kari Wang | 56 | Fjellhamar | 08.09.1968 |
| 9.2 | Bente Henriksen | 59 | Jessheim | 19.09.1971 |
| 9.2 | Heidi Bogstad | 67 | Lillestrøm | 08.09.1979 |
| 9.2 | Kari Fjeldberg | 68 | Jessheim | 18.06.1980 |
| 9.2 | Hege Bjørndal | 73 | Strømmen | 01.06.1985 |
| 9.2 | Siri Støverud | 73 | Jessheim | 23.09.1985 |
| 9.2 | Tone Hauge | 86 | Jessheim | 17.09.1998 |
| 9.2 | Christine Nerhagen | 91 | Jessheim | 18.08.2003 |
| 9.3 | Toril Granås | 46 | Råholt | 28.06.1958 |
| 9.3 | Vera Martinsen | 47 | Jessheim | 30.08.1959 |
| 9.3 | Mabel Owren | 51 | Strømmen | 23.06.1963 |
| 9.3 | Inger Karlsen | 51 | Råholt | 21.09.1963 |
| 9.3 | Inger Torill Granheim | 52 | Strømmen | 21.06.1964 |
| 9.3 | Sissel Opsahl | 58 | Lillestrøm | 20.09.1970 |
| 9.3 | Silje Scheie Bråthen | 91 | Jessheim | 18.08.2003 |
| 9.4 | Anne Mette Olsen | 54 | Jessheim | 02.10.1966 |
| 9.4 | Mette Mikalsen | 55 | Lillestrøm | 09.09.1967 |
| 9.4 | Eva Torvund | 69 | Jessheim | 16.08.1981 |
| 9.4 | Nina Amundsen | 69 | Jessheim | 16.08.1981 |
| 9.5 | Kari Kolbjørnsen | 44 | Jessheim | 30.09.1956 |
| 9.5 | Ragnhild Aarø | 54 | Lillestrøm | 11.09.1966 |
| 9.5 | Marit Undseth | 76 | Bjørkelangen | 30.08.1988 |
| 9.5 | Line Gismervik | 93 | Jessheim | 09.06.2005 |
| 9.5 | Sofie Rostad | 94 | Jessheim | 23.09.2006 |
| 9.5 | Liv Kristina Holter | 97 | Jessheim | 04.06.2009 |
| 9.5 | Mathilde Solberg | 99 | Jessheim | 15.09.2011 |
| 9.6 | Berit Eriksen | 54 | Lillestrøm | 11.09.1966 |
| 9.6 | Rita Havenstrøm | 55 | Lillestrøm | 09.09.1967 |
| 9.6 | Siri Wølneberg | 73 | Jessheim | 23.09.1985 |
| 9.6 | Astrid Mathisen | 76 | Jessheim | 06.06.1988 |

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| **JENTER 12** | **372** |

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| **60m M forts** |  |

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| --- | --- | --- | --- | --- |
| 9.6 | Heidi Huse | 89 | Jessheim | 21.05.2001 |
| 9.7 | Ellen Refsum | 46 | Jessheim | 06.08.1958 |
| 9.7 | Inger Lise Opheim | 59 | Strømmen | 20.06.1971 |
| 9.7 | Ingvill Bakke | 74 | Jessheim | 28.06.1986 |
| 9.7 | Hanne Frydenlund | 76 | Jessheim | 03.10.1988 |
| 9.7 | Kirsten Daae Wiig | 97 | Jessheim | 04.06.2008 |
| 9.8 | Irene Belsvik | 42 | Strømmen | 02.10.1954 |
| 9.8 | Kari Jørgensen | 44 | Strømmen | 26.08.1956 |
| 9.8 | Ingrid Møinichen | 48 | Jessheim | 05.06.1960 |
| 9.8 | Anne Majorsæter | 48 | Råholt | 28.06.1960 |
| 9.8 | Inger Tjessem | 54 | Lillestrøm | 11.09.1966 |
| 9.8 | Inger Anne Nerhagen | 57 | Lillestrøm | 06.09.1969 |
| 9.8 | Gunhild Nytrøen | 76 | Jessheim | 06.06.1988 |
| 9.9 | Marit Wiig | 49 | Jessheim | 10.09.1961 |
| 9.9 | Anne-Lise Granheim | 51 | Jessheim | 11.09.1963 |
| 9.9 | Mette Harstad | 51 | Råholt | 21.09.1963 |
| 9.9 | Kirstenn Ladegård | 56 | Nannestad | 28.07.1968 |
| 9.9 | Monica Harstad | 74 | Jessheim | 28.06.1986 |
| 9.9 | Lise Mette Holme | 83 | Nittedal | 07.06.1994 |
| 9.9 | Karoline Hertzenberg | 89 | Jessheim | 21.05.2001 |
| 9.9 | Anne Sofie Østby | 99 | Jessheim | 15.09.2011 |
| 10.0 | Astrid Sundby | 42 | Strømmen | 02.10.1954 |
| 10.0 | Britt Elton | 45 | Jessheim | 10.08.1957 |
| 10.0 | Aase Alstad | 48 | Nannestad | 29.06.1960 |
| 10.0 | Birgit Grønøien | 50 | Råholt | 12.09.1962 |
| 10.0 | Unn Henriksen | 42 | Strømmen | 02.10.1954 |
| 10.0 | Marlene Frydenlund | 89 | Jessheim | 21.06.2001 |
| 10.0 | Janicke Mathisen | 91 | Årnes | 25.06.2003 |
| 10.1 | Kirsten Sundby | 50 | Jessheim | 07.09.1962 |
| 10.1 | Turid Kamstrup Hovind | 92 | Jessheim | 21.05.2004 |
| 10.1 | Anne Line Olsen | 97 | Jessheim | 04.06.2009 |
| 10.2 | Else Marie Dønnum | 53 | Nannestad | 15.08.1965 |
| 10.2 | Tone Furuseth | 54 | Lillestrøm | 11.09.1966 |
| 10.2 | Kristin Bardal | 55 | Lillestrøm | 09.09.1967 |
| 10.2 | Karen Aas | 89 | Jessheim | 21.05.2001 |
| 10.2 | Tonje Hansen | 92 | Jessheim | 27.05.2004 |
| 10.2 | Hedda Aakre Skatvedt | 00 | Jessheim | 12.06.2012 |
| 10.3 | Siri Foyn | 55 | Lillestrøm | 09.09.1967 |
| 10.3 | Turid Gulliksen | 73 | Haga | 14.06.1985 |
| 10.3 | Benedicte Sand | 73 | Jessheim | 23.09.1985 |
| 10.3 | Karoline Rutle | 94 | Jessheim | 15.06.2006 |
| 10.4 | Karin Bråthen | 42 | Strømmen | 02.10.1954 |
| 10.4 | Guri Øverby | 45 | Jessheim | 11.08.1957 |
| 10.4 | Kjersti Wølneberg | 73 | Jessheim | 23.09.1985 |
| 10.4 | Camilla Eilertsen | 82 | Nittedal | 07.06.1994 |

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| **JENTER 12** | **373** |

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| **80m M** |  |

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| --- | --- | --- | --- | --- |
| 12.2 | Mabel Owren | 51 | Råholt | 22.09.1963 |
| 12.3 | Inger Karlsen | 51 | Råholt | 22.09.1963 |
| 12.3 | Ragnhild Aarø | 54 | Lillestrøm | 10.09.1966 |
| 12.3 | Inger Torill Granheim | 52 | Jessheim | 16.08.1964 |
| 12.6 | Anne-Lise Granheim | 51 | Råholt | 21.09.1963 |
| 12.7 | Inger Johanne Karlsen | 51 | Råholt | 22.09.1963 |
| 12.7 | Hanne Strandnes | 51 | Råholt | 22.09.1963 |
| 12.7 | Inger Tjessem | 54 | Lillestrøm | 10.09.1966 |
| 12.8 | Berit Eriksen | 54 | Lillestrøm | 10.09.1966 |
| 13.0 | Tone Furuseth | 54 | Lillestrøm | 10.09.1966 |
| 13.1 | Mette Harstad | 51 | Råholt | 22.09.1963 |
| 13.2 | Vigdis Blaker | 51 | Råholt | 22.09.1963 |
| 13.3 | Elisabeth Magnussen | 55 | Lillestrøm | 10.09.1966 |

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| **100m E** |  |

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| 17.15 | Amalie Westby Liestøl | 02 | Jessheim | 08.05.2014 |

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| **100m M** |  |

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| --- | --- | --- | --- | --- |
| 13.8 | Lene Kristin Nyland | 74 | Kviteseid | 27.07.1986 |
| 13.9 | Inger Birgitte Reppe | 68 | Nadderud | 15.06.1980 |
| 14.2 | Cecilie Laake | 66 | Årnes | 06.09.1978 |
| 14.2 | May Britt Mehren | 57 | Strømmen | 22.06.1969 |
| 14.6 | Kristin Kulblikkseter | 67 | Jessheim | 30.06.1979 |
| 14.6 | Guri Fjeldberg | 69 | Årjäng, SWE | 19.07.1981 |
| 14.6 | Marit Undseth | 76 | Årnes | 25.06.1988 |
| 14.7 | Kari Fjeldberg | 65 | Rolvsrud | 14.09.1980 |
| 14.7 | Tone Sæthermoen | 69 | Jessheim | 26.09.1981 |
| 15.0 | Anne Berit Haug | 64 | Lørenfallet | 31.08.1976 |
| 15.0 | Eva Cathrine Torvund | 69 | Jessheim | 26.09.1981 |
| 15.1 | Randi Øye | 55 | Lillestrøm | 17.09.1967 |
| 15.1 | Kari Wang | 56 | Jessheim | 21.08.1968 |
| 15.1 | Inger Anne Nerhagen | 57 | Lillestrøm | 07.09.1969 |
| 15.1 | Britt Scheie | 64 | Strømmen | 20.06.1976 |
| 15.1 | Heidi Rønning | 67 | Strømmen | 04.06.1979 |
| 15.2 | Irene Vole Olsen | 77 | Jessheim | 28.09.1989 |
| 15.4 | Karin Kvamme | 58 | Nadderud | 28.06.1970 |
| 15.4 | Astrid Mathisen | 76 | Jessheim | 30.05.1988 |
| 15.4 | Kamilla Bråthen | 77 | Nannestad | 14.06.1989 |
| 15.7 | Gry Vera Gjevert | 60 | Strømmen | 06.09.1972 |
| 15.8 | Monika Kveby | 75 | Jessheim | 28.09.1987 |
| 16.0 | Rita Havenstrøm | 55 | Lillestrøm | 10.09.1967 |

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| **Jenter 12** | **374** |

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| **100m M forts.** |  |

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| --- | --- | --- | --- | --- |
| 16.1 | Karianne Kverneggen | 75 | Jessheim | 18.05.1987 |
| 16.3 | Anne Lise Opheim | 59 | Råholt | 07.07.1971 |
| 16.4 | Christine Sørmo | 88 | Jessheim | 13.06.2000 |
| 16.8 | Katrine Finstad | 75 | Jessheim | 18.05.1987 |

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| **200m E** |  |

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| --- | --- | --- | --- | --- |
| 29.17 | Emilie Hov Andreassen | 00 | Lillehammer/Ss | 21.06.2012 |
| 29.22 | Astrid Knudsen Walstad | 11 | Lillestrøm | 13.05.2023 |
| 30.01 | Solveig Emilie Johansen | 03 | Nadderud | 14.06.2015 |
| 30.49 | Hanna Rimstad | 10 | Oslo/St | 09.07.2022 |
| 30.60 | Amalie Westby Liestøl | 02 | Stange | 23.03.2014 |
| 30.67 | Munda Mkanda | 94 | Jessheim | 17.08.2006 |
| 30.86 | Bettina Berg Julsrud | 12 | Oslo/St | 15.09.2024 |
| 31.45 | Tonje Moen | 00 | Nadderud | 16.06.2012 |
| 32.33 | Elena Teresa Haugan-Teixeira | 07 | Jessheim | 11.08.2019 |
| 32.87 | Marte Mikkelsen | 94 | Jessheim | 17.08.2008 |
| 33.48 | Natalie Norbech Jøransen | 07 | Jessheim | 10.08.2019 |
| 33.68 | Nikoline Handstad | 01 | Göteborg, SWE | 30.06.2013 |
| 33.77 | Liv Kristina Holter | 97 | Jessheim | 03.09.2009 |
| 34.05 | Sofie Rostad | 94 | Jessheim | 17.08.2006 |
| 34.10 | Kirsten Daae Wiig | 97 | Jessheim | 19.09.2009 |
| 34.52 | Heidi Stubbs Holdal | 92 | Jessheim | 20.09.2004 |
| 36.96 | Anne-Line Olsen | 95 | Jessheim | 16.08.2007 |
| 37.10 | Tina Moen | 00 | Nadderud | 16.06.2012 |

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| **200m M** |  |

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| --- | --- | --- | --- | --- |
| 31.1 | Hedda Algarheim Tverås | 01 | Jessheim | 30.05.2013 |
| 31.8 | Vår Åsheim | 99 | Jessheim | 03.09.2011 |
| 31.9 | Mathilde Marie Solberg | 99 | Jessheim | 03.09.2011 |
| 31.9 | Vilde Svardal | 01 | Jessheim | 30.05.2013 |
| 32.5 | Andrea Jødal | 01 | Jessheim | 30.05.2013 |
| 33.4 | Hanne Frydenlund | 76 | Jessheim | 26.09.1988 |
| 33.4 | Maren Eriksen Skappel | 96 | Jessheim | 04.09.2008 |
| 33.4 | Nora Røen Hansen | 99 | Jessheim | 03.09.2011 |
| 33.7 | Nikoline Handstad | 01 | Jessheim | 30.05.2013 |
| 33.9 | Anne Sofie Østby | 99 | Jessheim | 03.09.2011 |
| 33.9 | Silje Svendsen | 01 | Jessheim | 30.05.2013 |
| 34.5 | Sanna Skancke Krauss | 01 | Jessheim | 30.05.2012 |
| 34.6 | Hedda Wilhelmsen | 01 | Jessheim | 30.05.2013 |
| 36.7 | Astrid Mathisen | 76 | Jessheim | 26.09.1988 |
| 37.9 | Marita Lampe Dye | 99 | Jessheim | 03.09.2011 |

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| **JENTER 12** | **375** |

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| **400m M** |  |

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| --- | --- | --- | --- | --- |
| 69.8 | Karin Kvamme | 58 | Jessheim | 04.10.1970 |
| 78.7 | Astrid Mathisen | 76 | Jessheim | 06.06.1988 |
| 79.4 | Gunhild Nytrøen | 76 | Jessheim | 06.06.1988 |
| 81.3 | Hanne Frydenlund | 76 | Jessheim | 06.06.1988 |

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| **500m** |  |

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| 1:36.8 | Karin Kvamme | 58 | Lillestrøm | 19.09.1970 |

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| **600m** |  |

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| --- | --- | --- | --- | --- |
| 1:47.39 | Astrid Knudsen Walstad | 11 | Rud | 17.06.2023 |
| 1:47.60 | Emilie Hov Andreassen | 00 | Lillehammer/Ss | 24.06.2012 |
| 1:49.98 | Amalie Westby Liestøl | 02 | Lillestrøm | 25.05.2014 |
| 1:50.27 | Julie Hammer | 04 | Göteborg, SWE | 01.07.2016 |
| 1:51.52 | Hermine Opsahl Torgersen | 10 | Oslo/Bi | 29.08.2022 |
| 1:53.24 | Solveig Emilie Johansen | 03 | Lillestrøm | 31.05.2015 |
| 1:53.25 | Wilma Anna Torbiôrnssen | 07 | Jessheim | 10.08.2019 |
| 1:53.71 | June Laake | 04 | Lillestrøm | 29.05.2016 |
| 1:54.71 | Hanna Rimstad | 10 | Göteborg, SWE | 17.06.2022 |
| 1:54.8 | Torill Henriksen | 61 | Kløfta | 23.06.1973 |
| 1:54.95 | Hedda Algarheim Tverås | 01 | Lillestrøm | 26.05.2013 |
| 1:55.41 | Tonje Oliversen | 91 | Asker/Fø | 24.08.2003 |
| 1:56.16 | Mia Jenny Østreng | 04 | Lillehammer/Ss | 12.07.2016 |
| 1:56.22 | Charlotte Oliversen | 91 | Asker/Fø | 24.08.2003 |
| 1.57.3 | Bente Henriksen | 59 | Jessheim | 19.09.1971 |
| 1:57.97 | Silje Christine Berg-Knutsen | 05 | Nadderud | 17.06.2017 |
| 1:59.11 | Vilde Svardahl | 01 | Lillestrøm | 09.06.2013 |
| 1:59.52 | Natalie Norbech Johansen | 07 | Nadderud | 15.06.2019 |
| 2:00.7 | Anne Lise Opheim | 59 | Jessheim | 19.09.1971 |
| 2:01.05 | Mia Nygaard Østreng | 03 | Jessheim | 31.05.2015 |
| 2:01.59 | Marie Næss | 00 | Jessheim | 23.08.2012 |
| 2:02.84 | Anniken Alnæs | 94 | Jessheim | 22.05.2006 |
| 2:02.95 | Marte Mikkelsen | 94 | Bjørkelangen | 10.06.2006 |
| 2:03.47 | Hilde Christiansen | 94 | Jessheim | 22.05.2006 |
| 2:05.65 | Malene Gulbrandsen Høe | 05 | Jessheim | 23.05.2017 |
| 2:05.94 | Tonje Moen | 00 | Nadderud | 15.06.2012 |
| 2:06.87 | Frøydis Åsheim | 02 | Lillestrøm | 25.05.2014 |
| 2:09.19 | Sofie Rostad | 94 | Jessheim | 21.08.2006 |
| 2:10.61 | Hedda Aakre Skatvedt | 00 | Jessheim | 23.08.2012 |
| 2:11.43 | Elena Teresa Haugan-Teixeira | 07 | Nadderud | 15.06.2019 |
| 2:12.03 | Ylva Granberg | 11 | Jessheim | 12.08.2023 |
| 2:13.81 | Liv Kristina Holter | 97 | Jessheim | 16.06.2009 |
| 2:14.30 | Karoline Næss | 94 | Jessheim | 22.05.2006 |
| 2:15.16 | Kirsten Daae Wiig | 97 | Jessheim | 16.06.2009 |

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| **JENTER 12** | **376** |

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| **800m** |  |

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| --- | --- | --- | --- | --- |
| 2:36.7 | Hilde Rustad | 66 | Gardermoen | 11.09.1978 |
| 2:36.89 | Hermine Opsahl Torgersen | 10 | Nittedal | 21.08.2022 |
| 2:37.3 | Kamilla Bråthen | 77 | Bjørkelangen | 10.09.1989 |
| 2:38.43 | Tonje Oliversen | 91 | Oslo/Bi | 20.06.2003 |
| 2:39.7 | Inger Birgitte Reppe | 68 | Rolvsrud | 14.09.1980 |
| 2:42.32 | Charlotte Oliversen | 91 | Lillehammer/Ss | 26.06.2003 |
| 2:43.1 | Lene Kristin Nyland | 74 | Gjøvik | 31.05.1986 |
| 2:44.6 | June Laake | 04 | Jessheim | 15.10.2016 |
| 2:45.2 | Christine Nerhagen | 91 | Årnes | 25.06.2003 |
| 2:46.0 | Amalie Westby Liestøl | 02 | Jessheim | 04.10.2014 |
| 2:47.3 | Lise Mette Holme | 83 | Jessheim | 14.08.1995 |
| 2:48.9 | Kristin Jensen | 70 | Jessheim | 15.08.1982 |
| 2:49.4 | Monica Harstad | 74 | Jessheim | 28.06.1986 |
| 2:49.5 | Sofie Rostad | 94 | Jessheim | 23.09.2006 |
| 2:50.50 | Anette Kiran | 82 | Sofiemyr | 05.06.1994 |
| 2:50.8 | Maren Eriksen Skappel | 96 | Jessheim | 20.09.2008 |
| 2:51.35 | Astrid Helene Walstad | 11 | Jessheim | 07.09.2023 |
| 2:52.1 | Guri Fjeldberg | 69 | Jessheim | 20.06.1981 |
| 2:52.7 | Eva Cathrine Torvund | 69 | Jessheim | 26.09.1971 |
| 2:54.0 | Silje Scheie Bråthen | 91 | Jessheim | 20.05.2003 |
| 2:54.4 | Natalie Norbeck Jøransen | 07 | Jessheim | 26.09.2019 |
| 2:54.7 | Katrine Finstad | 75 | Jessheim | 15.08.1987 |
| 2.55.5 | Astrid Huitfeldt | 77 | Jessheim | 13.09.1989 |
| 2:55.5 | Pernille Haslie | 91 | Jessheim | 25.09.2003 |
| 2:55.9 | Vår Åsheim | 99 | Jessheim | 19.09.2011 |
| 2:56.8 | Marie Tømmerberg | 91 | Jessheim | 25.09.2003 |
| 2:56.9 | Elisabeth Langrusten | 86 | Jessheim | 17.08.1998 |
| 2:57.27 | Karoline Hertzenberg | 89 | Oslo/Bi | 22.06.2001 |
| 2:58.6 | Nora Mathiesen | 97 | Jessheim | 19.09.2009 |
| 3:02.6 | Nora Røen Hansen | 99 | Jessheim | 19.09.2011 |
| 3:05.2 | Ingvild Skolt | 85 | Jessheim | 18.08.1997 |
| 3:05.4 | Munda Mkanda | 94 | Jessheim | 23.09.2006 |
| 3:05.8 | Christine Sørmo | 88 | Jessheim | 14.08.2000 |
| 3:08.4 | Gunhild Nytrøen | 76 | Jessheim | 19.05.1988 |
| 3:08.8 | Siri Støverud | 73 | Jessheim | 23.09.1985 |
| 3:10.7 | Siri Wølneberg | 73 | Jessheim | 23.09.1985 |
| 3:10.8 | Kjersti Wølneberg | 73 | Lørenfallet | 22.08.1985 |
| 3:11.9 | Hanne Frydenlund | 76 | Jessheim | 19.05.1988 |
| 3:13.9 | Tone Hauge | 86 | Jessheim | 17.08.1998 |
| 3:16.2 | Benedicte Sand | 73 | Jessheim | 23.09.1985 |
| 3:17.6 | Anne Sofie Østby | 99 | Jessheim | 19.09.2011 |
| 3:17.84 | Kristin Stanger | 89 | Jessheim | 19.08.2001 |
| 3:19.5 | Marte Solberg | 85 | Jessheim | 18.08.1997 |

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| **JENTER 12** | **377** |

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| **800m forts.** |  |

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| --- | --- | --- | --- | --- |
| 3:20.82 | Maud Granberg Funksjonshemmet | 11 | Jessheim | 07.09.2023 |
| 3:21.4 | Milly Smestad | 89 | Jessheim | 14.06.2001 |
| 3:25.32 | Christine Sørmo | 85 | Jessheim | 26.06.1997 |
| 3:27.7 | Kathrine Hansen | 86 | Jessheim | 17.08.1998 |
| 3:35.7 | Sara Isabella Bertheussen | 07 | Jessheim | 26.09.2019 |
| 3:36.1 | Ingrid Maudal | 82 | Nittedal | 07.06.1994 |
| 3:39.47 | Linn Helene Bakke | 91 | Jessheim | 19.06.2003 |
| 3:41.3 | Camilla Eilertsen | 82 | Nittedal | 07.06.1994 |
| 3:45.3 | Anne Kamstrup Hovind | 88 | Jessheim | 14.08.2000 |

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| --- | --- |
| **1000m** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 3:27.5 | Kamilla Bråthen | 77 | Nannestad | 14.06.1989 |
| 3:48.51 | Anette Kiran | 82 | Lillehammer/Ss | 23.06.1994 |

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| **1500m** |  |

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| --- | --- | --- | --- | --- |
| 5:06.29 | Julie Hammer | 04 | Göteborg, SWE | 02.07.2016 |
| 5:15.69 | Kamilla Bråthen | 77 | Lillehammer/Ss | 22.06.1989 |
| 5:27.9 | Lise Mette Holme | 83 | Jessheim | 12.06.1995 |
| 5:30.11 | Hermine Opsahl Torgersen | 10 | Nadderud | 10.06.2022 |
| 5:32.27 | June Laake | 04 | Drammen/Ma | 17.09.2016 |
| 5:49.52 | Hanna Rimstad | 10 | Jessheim | 12.06.2022 |
| 6:04.8 | Elisabeth Langrusten | 86 | Jessheim | 17.06.1998 |
| 6:31.8 | Ingvill Skolt | 85 | Jessheim | 16.06.1997 |
| 7:34.4 | Vibeke Kasin | 81 | Jessheim | 14.06.1993 |

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| **1000m kappgang** |  |

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| 6.22.13 | Hanna Rimstad | 10 | Nadderud | 12.06.2022 |

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| **60m hekk 68 cm E** |  |

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| --- | --- | --- | --- | --- |
| 10.85 | Bettina Berg Julsrud | 12 | Rud | 16.06.2024 |
| 12.13 | Sofie Rostad | 94 | Oslo/Bi | 19.08.2006 |
| 14.56 | Mia Nygaard Østreng | 03 | Nittedal | 23.08.2015 |

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| **60m hekk 76.2 cm E** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 10.32 | Hanna Rimstad | 10 | Oslo/St | 09.09.2022 |
| 10.55 | Victoria Hillveg | 86 | Lillehammer/Ss | 26.06.1998 |
| 10.58 | Vår Åsheim | 99 | Nadderud | 24.09.2011 |
| 11.05 | Hermine Opsahl Torgersen | 10 | Oslo/St | 09.09.2022 |
| 11.90 | Elena Teresa Haugan-Teixeira | 07 | Jessheim | 10.08.2019 |

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| **JENTER 12** | **378** |

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| **60m hekk 76.2 cm E forts.** |  |

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| 12.02 | Hanna Emilie Hjeltnes | 04 | Lillestrøm | 29.05.2016 |
| 12.62 | Andrea Jødal | 01 | Oslo/Bi | 14.06.2013 |
| 12.64 | Malena Gulbrandsen Høe | 05 | Lillestrøm | 28.05.2017 |
| 13.25 | Tonje Moen | 00 | Oslo/Bi | 18.08.2012 |
| 13.53 | Mia Nygaard Østreng | 03 | Lillestrøm | 31.05.2015 |
| 13.91 | June Laake | 04 | Nadderud | 12.06.2016 |
| 14.27 | Silje Svendsen | 01 | Oslo/Bi | 14.06.2013 |
| 14.28 | Marie Næss | 00 | Jessheim | 23.08.2012 |
| 14.53 | Tina Moen | 00 | Nadderud | 17.06.2012 |

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| **60m hekk 76.2 cm M** |  |

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| --- | --- | --- | --- | --- |
| 11.3 | Kristin Urnes | 75 | Jessheim | 23.09.1987 |
| 11.4 | Hege Bjørndal | 73 | Årnes | 05.06.1985 |
| 12.0 | Tone Sæthermoen | 69 | Strømmen | 05.08.1981 |
| 12.2 | Inger Birgitte Reppe | 68 | Jessheim | 18.06.1980 |
| 12.4 | Anita Melbye | 58 | Lillestrøm | 19.09.1970 |
| 13.0 | Kari Fjeldberg | 68 | Jessheim | 18.06.1980 |
| 14.9 | Astrid Mathisen | 76 | Jessheim | 26.09.1988 |

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| **80m hekk 76.2 cm M** |  |

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| --- | --- | --- | --- | --- |
| 13.4 | Astrid Sundby | 42 | Jessheim | 20.09.1964 |
| 18.3 | Else Marie Dønnum | 53 | Jessheim | 14.09.1965 |

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| **200m hekk 68 cm E** |  |

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| 32.13 | Hanna Rimstad | 10 | Nittedal | 20.08.2022 |
| 35.05 | Hermine Opsahl Torgersen | 10 | Oslo/St | 10.09.2022 |
| 39.28 | Bettina Berg Julsrud | 12 | Nittedal | 17.08.2024 |

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| **800m hinder 50 cm** | **5 hindere – vanngrav 15cm** |

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| 2:42.29 | Hermine Opsahl Torgersen | 10 | Jessheim | 05.08.2022 |
| 2:51.75 | Hanna Rimstad | 10 | Jessheim | 05.08.2022 |

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| **5 km veiløp** |  |

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| 21.25 | Hermine Opsahl Torgersen | 10 | Jessheim | 01.10.2022 |
| 24:28 | Astrid Knudsen Walstad | 11 | Jessheim | 30.09.2023 |

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| **JENTER 12** | **379** |

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| **Høyde** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1.60 | Mari Steen Myrvang | 06 | Nittedal | 16.09.2018 |
| 1.58 | Hanna Rimstad | 10 | Göteborg, SWE | 18.06.2022 |
| 1.49 | Victoria Hillveg | 86 | Oslo/Bi | 12.06.1998 |
| 1.45 | Linn Helene Bakke | 91 | Jessheim | 26.05.2003 |
| 1.30 | Inger Anne Nerhagen | 57 | Lillestrøm | 02.09.1969 |
| 1.30 | Kari Fjeldberg | 68 | Jessheim | 18.06.1980 |
| 1.30 | Inger Birgitte Reppe | 68 | Jessheim | 18.06.1980 |
| 1.30 | Guri Fjeldberg | 69 | Uddevalla, SWE | 26.07.1981 |
| 1.30 | Kamilla Bråthen | 77 | Bjørkelangen | 24.08.1989 |
| 1.30 | Ingrid Maudal | 82 | Jessheim | 22.09.1994 |
| 1.30 | Vår Åsheim | 99 | Jessheim | 15.09.2011 |
| 1.29 | Trine Ruud | 69 | Strømmen | 17.06.1981 |
| 1.29 | Kristin Urnes | 75 | Jessgeim | 15.08.1987 |
| 1.25 | Cora Halsan | 47 | Jessheim | 22.07.1959 |
| 1.25 | Anita Melbye | 58 | Jessheim | 21.08.1970 |
| 1.25 | Eli Jensen | 62 | Jessheim | 11.09.1974 |
| 1.25 | Charlotte Oliversen | 91 | Jessheim | 19.06.2003 |
| 1.23 | Inger Torill Granheim | 52 | Jessheim | 13.09.1964 |
| 1.23 | Karoline Hertzenberg | 89 | Jessheim | 19.09.2001 |
| 1.23 | Malena Gulbrandsen Høe | 05 | Jessheim | 23.05.2017 |
| 1.22 | Kirsten Daae Wiig | 97 | Jessheim | 16.06.2009 |
| 1.21 | Mabel Owren | 51 | Jessheim | 11.09.1963 |
| 1.20 | Grete Ellingsen | 58 | Lillestrøm | 19.09.1970 |
| 1.20 | Tone Sæthermoen | 69 | Jessheim | 26.09.1981 |
| 1.20 | Marte Mikkelsen | 94 | Bjørkelangen | 10.06.2006 |
| 1.20 | Liv Kristina Holter | 97 | Jessheim | 16.06.2009 |
| 1.20 | Silje Svendsen | 01 | Lillestrøm | 26.05.2013 |
| 1.20 | Silje Christine Berg-Knutsen | 05 | Jessheim | 23.05.2017 |
| 1.20 | Natalie Nordbech Jøransen | 07 | Jessheim | 11.08.2019 |
| 1.15 | Anne Majorsæter | 48 | Råholt | 20.08.1960 |
| 1.15 | Hege Bjørndal | 73 | Haga | 23.08.1985 |
| 1.15 | Kristin Bjørndalen | 74 | Stræmmen | 11.06.1987 |
| 1.15 | Tonje Berg | 85 | Jessheim | 01.09.1997 |
| 1.15 | Tonje Oliversen | 91 | Lillehammer/Ss | 28.06.2003 |
| 1.15 | Sofie Rostad | 94 | Jessheim | 12.06.2006 |
| 1.12 | Toril Granås | 46 | Jessheim | 23.07.1958 |
| 1.10 | Vigdis Blaker | 51 | Råholt | 18.08.1963 |
| 1.10 | Inger Karlsen | 51 | Råholt | 18.08.1963 |
| 1.10 | Randi Øye | 55 | Lillestrøm | 10.09.1967 |
| 1.10 | Britt Havenstrøm | 55 | Lillestrøm | 10.09.1967 |
| 1.10 | Siri Fjeldberg | 71 | Rolvsrud | 19.09.1982 |
| 1.10 | Andrea Jødal | 01 | Lillestrøm | 26.05.2013 |
| 1.10 | Marte Nordal | 05 | Lillestrøm | 28.05.2017 |

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| **JENTER 12** | **380** |

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| **Høyde forts.** |  |

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| --- | --- | --- | --- | --- |
| 1.10 | Sara Isabella Bertheussen | 07 | Oslo/Be | 04.05.2019 |
| 1.10 | Bettina Berg Julsrud | 12 | Jessheim | 11.08.2024 |
| 1.08 | Anne Mette Olsen | 54 | Jessheim | 02.10.1966 |
| 1.05 | Marit Wiig | 49 | Jessheim | 10.09.1961 |
| 1.05 | Inger Lise Granheim | 51 | Jessheim | 25.09.1963 |
| 1.05 | Mette Harstad | 51 | Jessheim | 25.09.1963 |
| 1.05 | Hanne Sofie Østby | 99 | Jessheim | 15.09.2011 |
| 1.05 | Cecilie Høitomt | 91 | Bjørkelangen | 13.06.2003 |
| 1.05 | Hedda Aakre Skatvedt | 00 | Jessheim | 23.08.2012 |
| 1.00 | Tone Furuseth | 54 | Lillestrøm | 10.09.1966 |
| 1.00 | Inger Tjessem | 54 | Lillestrøm | 10.09.1866 |
| 1.00 | Hanne Sofie Borgen | 99 | Jessheim | 29.05.2011 |

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| **Stav** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 2.30 | Hanna Rimstad | 10 | Oslo/St | 09.09.2022 |
| 1.90 | Kristin Urnes | 75 | Jessheim | 23.09.1987 |
| 1.90 | Hermine Opsahl Torgersen | 10 | Oslo/St | 09.09.2022 |

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| **Lengde S: Sats i satsfelt** |  |

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| --- | --- | --- | --- | --- |
| 4.74 | Anita Melbye | 58 | Lillestrøm | 20.09.1970 |
| 4.69s | Inger Birgitte Reppe | 68 | Bohus, SWE | 27.07.1980 |
| 4.63 s | Hanna Rimstad | 10 | Brandbu | 24.09.2022 |
| 4.56 s | Astrid Knudsen Walstad | 11 | Lillestrøm | 13.05.2023 |
| 4.53 s | Linn Helene Bakke | 91 | Jessheim | 18.08.2003 |
| 4.53 s | Munda Mkanda | 94 | Lillehammer/Ss | 25.06.2006 |
| 4.48s | Tone Sæthermoen | 69 | Strømmen | 19.08.1981 |
| 4.45 | Cora Halsan | 47 | Jessheim | 20.09.1959 |
| 4.43 s | Lene Kristin Nyland | 74 | Sokna | 09.06.1986 |
| 4.39 | Hilde Verpe | 63 | Hvam | 21.09.1975 |
| 4.39 | Cecilie Laake | 66 | Lørenfallet | 23.09.1978 |
| 4.37 s | Guri Fjeldberg | 69 | Kirkenær | 30.05.1981 |
| 4.31 s | Hege Bjørndal | 73 | Oslo/La | 16.05.1985 |
| 4.22 s | Kari Fjeldberg | 68 | Kløfta | 04.10.1980 |
| 4.22 s | Ingrid Maudal | 82 | Sofiemyr | 04.06.1994 |
| 4.21 s | Victoria Hillveg | 86 | Jessheim | 26.09.1998 |
| 4.17 s | Kamilla Bråthen | 77 | Bjørkelangen | 09.09.1989 |
| 4.15 s | Vår Åsheim | 99 | Oslo/Bi | 20.08.2011 |
| 4.13 s | Tonje Oliversen | 91 | Jessheim | 19.06.2003 |
| 4.06 | Mabel Owren | 51 | Blaker/Br | 15.09.1963 |
| 4.03 | Mari Steen Myrvang | 06 | Jessheim | 27.09.2018 |
| 4.02 | Anne Beate Kogstad | 63 | Hvam | 21.09.1975 |
| 4.02 s | Bettina Julsrud | 12 | Oslo/St | 14.09.2024 |

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| **JENTER 12** | **381** |

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| **Lengde S: Sats i satsfelt forts.** |  |

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| --- | --- | --- | --- | --- |
| 4.01 | Ragnhild Sundby | 44 | Strømmen | 26.08.1956 |
| 4.01 s | Amalie Westby Liestøl | 02 | Lillestrøm | 24.05.2014 |
| 4.00 | Inger Torill Grangeim | 52 | Nannestad | 26.07.1964 |
| 3.99 s | Ingrid Vole Olsen | 77 | Jessheim | 13.09.1989 |
| 3.99 s | Emilie Hov Andreassen | 00 | Jessheim | 20.05.2012 |
| 3.95 | Borghild Hansen | 45 | Jessheim | 29.09.1957 |
| 3.95 | May Britt Mehren | 57 | Årnes | 17.08.1969 |
| 3.95 | Inger Anne Nerhagen | 57 | Blaker/Br | 28.09.1969 |
| 3.94 | Gro Verpe | 62 | Kløfta | 04.09.1974 |
| 3.94 s | Bettina Berg Julsrud | 12 | Jesssheim | 10.08.2024 |
| 3.92 s | Kirsten Daae Wiig | 97 | Jessheim | 19.09.2009 |
| 3.90 | Eli Jensen | 62 | Gardermoen | 14.06.1974 |
| 3.90 s | Silje Svendsen | 01 | Nadderud | 15.06.2013 |
| 3.89 s | Marit Undseth | 76 | Jessheim | 30.08.1988 |
| 3.88 | Karin Kvamme | 58 | Lillestrøm | 20.09.1970 |
| 3.88 s | Ann Cathrine Ullerud | 71 | Kirkenær | 23.05.1983 |
| 3.85 s | Hanne Frydenlund | 76 | Jessheim | 31.08.1988 |
| 3.85 s | Karoline Hertzenberg | 89 | Jessheim | 19.08.2001 |
| 3.85 s | Silje Scheie Bråthen | 91 | Årnes | 25.06.2003 |
| 3.85 s | Sofie Rostad | 94 | Jessheim | 23.09.2006 |
| 3.81 | Charlotte Oliversen | 91 | Jessheim | 19.06.2003 |
| 3.80 | Kari Wang | 56 | Fjellhamar | 08.09.1968 |
| 3.80 s | Solveig Emilie Johansen | 03 | Jessheim | 02.07.2015 |
| 3.79 | Inge Sand | 43 | Jessheim | 04.10.1955 |
| 3.79 | Britt Scheie | 64 | Strømmen | 19.06.1976 |
| 3.78s | Heidi Bogstad | 67 | Strømmen | 02.06.1979 |
| 3.78 s | Marte Mikkelsen | 94 | Bjørkelangen | 10.06.2006 |
| 3.77 s | Astrid Huitfeldt | 77 | Jessheim | 17.09.1989 |
| 3.73 | Toril Granås | 46 | Jessheim | 23.07.1958 |
| 3.73 s | Julie Hammer | 04 | Lillestrøm | 11.05.2016 |
| 3.72 | Anne Mette Olsen | 54 | Jessheim | 02.10.1946 |
| 3.72 s | Silje Christine Berg-Knutsen | 05 | Lillestrøm | 27.05.2017 |
| 3.71 s | Siri Støverud | 73 | Oslo/La | 16.05.1985 |
| 3.71 s | Tonje Berg | 85 | Jessheim | 28.09.1997 |
| 3.69 | Vera Martinsen | 47 | Jessheim | 30.08.1959 |
| 3.69 | Kirsten Ladegård | 56 | Nannestad | 28.07.1968 |
| 3.67 | Anne Marie Søberg | 45 | Jessheim | 10.08.1957 |
| 3.65 s | Andrea Jødal | 01 | Nadderud | 15.06.2013 |
| 3.64 s | Natalie Nordbech Jøransen | 07 | Jessheim | 11.08.2019 |
| 3.63 s | Ingvild Brekke | 74 | Haga | 05.06.1986 |
| 3.63 s | Anniken Alnæs | 94 | Jessheim | 22.05.2006 |
| 3.63 s | Hanna Emilie Hjeltnes | 04 | Lillestrøm | 28.05.2016 |
| 3.62 s | Karianne Kverneggen | 75 | Jessheim | 18.05.1987 |
| 3.62 s | Sanna Skancke Krauss | 01 | Jessheim | 30.05.2013 |

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| **JENTER 12** | **382** |

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| **Lengde S: Sats i satsfelt forts.** |  |

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| --- | --- | --- | --- | --- |
| 3.60 | Ingrid Møinichen | 47 | Jessheim | 15.09.1959 |
| 3.60 s | Helena Seland Myhre | 97 | Jessheim | 19.09.2009 |
| 3.60 s | Tonje Moen | 00 | Oslo/Bi | 24.09.2012 |
| 3.60 s | Elena Teresa Haugan-Teixeira | 07 | Nadderud | 15.06.2019 |
| 3.60 s | Sara Isabella Bertheussen | 07 | Nadderud | 15.06.2019 |
| 3.59 s | Malena Gulbrandsen Høe | 05 | Nadderud | 17.06.2017 |
| 3.58 | Anne-Lise Granheim | 51 | Blaker/Br | 15.09.1963 |
| 3.58 s | Astrid Mathisen | 76 | Nadderud | 17.06.1988 |
| 3.58 s | Nikoline Håndstad | 01 | Jessheim | 30.05.2013 |
| 3.57 | Kjersti Wølneberg | 73 | Jessheim | 23.09.1985 |
| 3.57 s | Mathilde Solberg | 99 | Jessheim | 26.05.2011 |
| 3.56 s | Ebba Beyer | 98 | Jessheim | 25.05.2010 |
| 3.55 s | Jannicke Mathisen | 91 | Årnes | 25.06.2003 |
| 3.55 s | Tina Moen | 00 | Nadderud | 15.06.2012 |
| 3.54 s | Siri Wølneberg | 73 | Jessheim | 23.09.1985 |
| 3.54 s | Anette Kiran | 82 | Nittedal | 07.06.1994 |
| 3.54 | Christine Nerhagen | 91 | Lillehammer/Ss | 29.06.2003 |
| 3.51 | Kari Jørgensen | 44 | Jessheim | 30.09.1956 |
| 3.51 s | Frøydis Åsheim | 02 | Oslo/Bi | 13.06.2014 |
| 3.50 | Unni Henriksen | 42 | Jessheim | 30.06.1954 |
| 3.50 | Mette Harstad | 51 | Råholt | 17.08.1963 |
| 3.49 | Irene Belsvik | 42 | Strømmen | 02.10.1954 |
| 3.48 | Randi Øye | 55 | Lillestrøm | 10.09.1967 |
| 3.48 s | Katrine Finstad | 75 | Jessheim | 18.05.1987 |
| 3.47 | Inger Karlsen | 51 | Jessheim | 25.09.1963 |
| 3.46 | Vigdis Blaker | 51 | Råholt | 18.08.1963 |
| 3.46 s | Monica Brekke | 74 | Jessheim | 28.06.1986 |
| 3.43 | Rita Havenstrøm | 55 | Lillestrøm | 10.09.1967 |
| 3.41 | Guri Øverby | 45 | Jessheim | 11.08.1957 |
| 3.40 | Astrid Sundby | 42 | Strømmen | 02.10.1954 |
| 3.40 s | Hege Vinjum | 76 | Jessheim | 06.06.1988 |
| 3.40 s | Nora Røen Hansen | 99 | Jessheim | 15.09.2011 |
| 3.35 | Berit Eriksen | 54 | Lillestrøm | 11.09.1966 |
| 3.35 s | Siri Hansen | 81 | Jessheim | 23.09.1993 |
| 3.31 | Else Marie Dønnum | 53 | Nannestad | 15.08.1965 |
| 3.31 s | Camilla Eilertsen | 82 | Nittedal | 07.06.1994 |
| 3.31 | Tone Furuseth | 54 | Lillestrøm | 11.09.1966 |
| 3.30 | Anne Majorsæter | 48 | Jessheim | 20.06.1960 |
| 3.29 | Benedicte Sand | 73 | Jessheim | 23.09.1985 |
| 3.28 s | Tonje Hansen | 92 | Jessheim | 27.05.2004 |
| 3.26 | Marit Wiig | 49 | Jessheim | 10.09.1961 |
| 3.24 s | Heidi Stubs Holdal | 92 | Jessheim | 27.05.2004 |
| 3.23 | Ingrid Møinichen | 48 | Råholt | 21.08.1960 |
| 3.21 | Solveig Langmo | 50 | Jessheim | 06.10.1962 |

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| **JENTER 12** | **383** |

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| **Lengde S: Sats i satsfelt forts.** |  |

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| --- | --- | --- | --- | --- |
| 3.21 | Mette Mikalsen | 55 | Lillestrøm | 10.09.1967 |
| 3.20 s | Mona Benmalek | 92 | Jessheim | 20.09.2004 |
| 3.20 | Synne Solberg | 94 | Jessheim | 22.05.2006 |
| 3.19 s | Annie Myklebust | 01 | Jessheim | 30.04.2013 |
| 3.17 | Britt Elton | 45 | Jessheim | 10.08.1957 |
| 3.17 | Aase Alstad | 48 | Jessheim | 20.05.1960 |
| 3.14 s | Tone Hauge | 86 | Årnes | 01.07.1998 |
| 3.12 s | Hedda Aakre Skatvedt | 00 | Jessheim | 23.08.2012 |
| 3.09 s | Kristin Stanger | 89 | Årnes | 04.07.2001 |
| 3.08 | Ragnhild Aarø | 54 | Lillestrøm | 11.09.1966 |
| 3.01 s | Karoline Næss | 94 | Jessheim | 22.05.2006 |
| 3.00 | Siri Foyn | 55 | Lillestrøm | 10.09.1967 |

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| **Tresteg** |  |

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| --- | --- | --- | --- | --- |
| 10.05 s | Hanna Rimstad | 10 | Oslo/St | 0909.2022 |
| 9.25 s | Mari Steen Myrvang | 06 | Nittedal | 16.09.2018 |
| 9.24 s | Astrid Knudsen Walstad | 11 | Oslo/St | 14.05.2023 |

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| **Kule 2 kg** |  |

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| --- | --- | --- | --- | --- |
| 12.48 | Hanna Emilie Hjeltnes | 04 | Göteborg, SWE | 01.07.2016 |
| 11.15 | Hedda Algarheim Tverås | 01 | Asker/Fø | 01.06.2013 |
| 11.05 | Hanna Rimstad | 10 | Oslo/St | 09.07.2022 |
| 10.91 | Ella Hjeltnes | 11 | Jessheim | 02.09.2023 |
| 9.85 | Ingrid Maudal | 82 | Sofiemyr | 25.09.1994 |
| 9.13 | Hege Bjørndal | 73 | Løken | 14.08.1985 |
| 8.72 | Munda Mkanda | 94 | Jessheim | 22.05.2006 |
| 8.50 | Bettina Berg Julsrud | 12 | Lillestrøm | 26.05.2024 |
| 8.40 | Silje Scheie Bråthen | 91 | Jessheim | 18.08.2003 |
| 8.39 | Christine Nerhagen | 91 | Nadderud | 14.06.2003 |
| 8.21 | Lene Kristin Nyland | 74 | Løken | 18.06.1986 |
| 8.20 | Victoria Hillveg | 86 | Lillehammer/Ss | 25.06.1998 |
| 7.98 | Tonje Berg | 85 | Jessheim | 01.09.1997 |
| 7.77 | Linn Helene Bakke | 91 | Nadderud | 14.06.2003 |
| 7.72 | Mathilde Solberg | 99 | Jessheim | 15.09.2011 |
| 7.66 | Ingvild Brekke | 74 | Løken | 29.06.1986 |
| 7.32 | Anette Kiran | 82 | Sofiemyr | 04.06.1994 |
| 7.01 | Anne Sofie Østby | 99 | Jessheim | 15.09.2011 |
| 6.95 | Oda Rognstad | 05 | Jessheim | 23.05.2017 |
| 6.94 | Nora Røen Hansen | 99 | Jessheim | 15.09.2011 |
| 6.81 | Charlotte Oliversen | 91 | Bjørkelangen | 13.05.2003 |
| 6.72 | Amalie Westby Liestøl | 02 | Lillestrøm | 25.05.2014 |
| 6.68 | Kamilla Bråthen | 77 | Bjørkelangen | 24.08.1989 |

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| **JENTER 12** | **384** |

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| **Kule 2 kg** |  |

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| --- | --- | --- | --- | --- |
| 6.68 | Ebba Beyer | 98 | Jessheim | 25.05.2010 |
| 6.54 | Silje Svendsen | 01 | Lillestrøm | 26.05.2013 |
| 6.53 | Karoline Næss | 94 | Jessheim | 22.05.2006 |
| 6.43 | Siri Støverud | 73 | Jessheim | 23.09.1985 |
| 6.34 | Camilla Eilertsen | 82 | Nittedal | 07.06.1994 |
| 6.34 | Andrea Jødal | 01 | Lillestrøm | 26.05.2013 |
| 6.21 | Tonje Oliversen | 91 | Bjørkelangen | 13.05.2003 |
| 6.18 | Sofie Rostad | 94 | Jessheim | 23.09.2006 |
| 6.18 | Silje Christine Berg-Knutsen | 05 | Jessheim | 23.05.2017 |
| 6.14 | Solveig Emilie Johansen | 03 | Jessheim | 02.07.2015 |
| 6.12 | Sophie Mannion | 05 | Jessheim | 23.05.2017 |
| 6.04 | Tina Moen | 00 | Jessheim | 23.08.2012 |
| 6.02 | Vår Åsheim | 99 | Jessheim | 15.09.2011 |
| 5.58 | Irene Vole Olsen | 77 | Bjørkelangen | 24.08.1989 |
| 5.53 | Janniche Mathisen | 91 | Årnes | 26.05.2003 |
| 5.50 | Ylva Granberg | 11 | Jessheim | 12.08.2023 |
| 5.34 | Marita Lampe Dye | 99 | Jessheim | 15.09.2011 |
| 5.30 | Sara Isabella Bertheussen | 07 | Oslo/Be | 04.05.2019 |
| 5.26 | Frøydis Åsheim | 02 | Göteborg, SWE | 27.06.2014 |
| 4.86 | Cecilie Høytomt | 91 | Jessheim | 26.05.2003 |
| 4.77 | Astrid Mathisen | 76 | Nadderud | 17.06.1988 |

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| **Kule 3 kg** |  |

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| --- | --- | --- | --- | --- |
| 7.50 | Inger Birgitte Reppe | 68 | Kløfta | 04.10.1980 |
| 7.31 | Kjersti Stubberud | 58 | Lillestrøm | 20.09.1970 |
| 7.10 | Guri Fjeldberg | 69 | Jessheim | 24.06.1981 |
| 7.08 | Anita Melbye | 58 | Lillestrøm | 20.09.1970 |
| 6.83 | Anne Beate Kogstad | 63 | Lørenfallet | 21.06.1975 |
| 6.77 | Cecilie Laake | 66 | Årnes | 06.09.1978 |
| 6.21 | Milly Smestad | 89 | Jessheim | 28.05.2001 |
| 5.91 | Tone Sæthermoen | 69 | Jessheim | 26.09.1981 |
| 5.83 | Renate Malbye | 63 | Lørenfallet | 21.06.1975 |
| 5.41 | Kari Fjeldberg | 68 | Kløfta | 04.10.1980 |
| 5.07 | Hilde Verpe | 63 | Hvam | 21.09.1975 |

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| **Kule 4 kg** |  |

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| --- | --- | --- | --- | --- |
| 6.58 | Cora Halsan | 47 | Jessheim | 20.09.1959 |
| 5.59 | Anita Melbye | 58 | Rolvsrud | 14.06.1970 |

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| **JENTER 12** | **385** |

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| **Diskos 600 g** |  |

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| --- | --- | --- | --- | --- |
| 30.66 | Ella Hjeltnes | 11 | Rud | 18.06.2023 |
| 27.36 | Hanna Emilie Hjeltnes | 04 | Nittedal | 20.08.2016 |
| 25.37 | Hanna Rimstad | 10 | Jessheim | 10.07.2022 |
| 23.64 | Ingrid Maudal | 82 | Sofiemyr | 25.09.1994 |
| 16.12 | Tonje Berg | 85 | Jessheim | 28.09.1997 |
| 13.90 | Karoline Hertzenberg | 89 | Jessheim | 17.09.2001 |

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| **Diskos 1 kg** |  |

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| 14.27 | Cora Halsan | 47 | Jessheim | 19.09.1959 |

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| **Slegge 2 kg** |  |

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| --- | --- | --- | --- | --- |
| 33.01 | Ella Hjeltnes | 11 | Oslo/St | 15.09.2023 |
| 31.43 | Hanna Emilie Hjeltnes | 04 | Nadderud | 11.06.2016 |
| 28.88 | Hanna Rimstad | 10 | Nadderud | 11.06.2022 |

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| **Spyd 400 g** |  |

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| 25.62 | Hanna Emilie Hjeltnes | 04 | Nittedal | 21.08.2016 |
| 23.51 | Hedda Algarheim Tverås | 01 | Jessheim | 30.05.2013 |
| 21.56 | Tonje Berg | 85 | Jessheim | 28.09.1997 |
| 19.46 | Amalie Westby Liestøl | 02 | Jessheim | 02.09.2014 |
| 16.91 | Malena Gulbrandsen Høe | 05 | Nittedal | 20.08.2017 |
| 12.00 | Line Nielsen | 82 | Jessheim | 26.09.1994 |
| 10.30 | Astrid Knudsen Walstad | 11 | Jessheim | 12.05.2023 |
| 7.46 | Tina Moen | 00 | Oslo/Bi | 24.09.2012 |

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| **Spyd 600 g Gammel type til og med 1998** |  |

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| 18.90 | Guri Fjeldberg | 69 | Gardermoen | 27.06.1981 |

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| **Liten ball 80 g** |  |

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| --- | --- | --- | --- | --- |
| 42.00 | Silje Scheie Bråthen | 91 | Nadderud | 14.06.2003 |
| 40.81 | Astrid Sundby | 42 | Jessheim | 19.09.1954 |
| 37.50 | Kirsten Daae Wiig | 97 | Jessheim | 16.06.2009 |
| 32.15 | Astrid Huitfeldt | 77 | Jessheim | 13.09.1989 |
| 30.62 | Anita Melbye | 58 | Lillestrøm | 20.09.1970 |
| 30.30 | Karin Kvamme | 58 | Lillestrøm | 20.09.1970 |
| 29.08 | Kari Kragset | 82 | Ski | 13.06.1993 |
| 28.80 | Kamilla Bråthen | 77 | Nannestad | 14.06.1989 |
| 28.74 | Ingrid Maudal | 82 | Bjørkelangen | 28.05.1994 |
| 26.30 | Irene Vole Olsen | 77 | Nannestad | 14.06.1989 |

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| **JENTER 12** | **386** |

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| **Liten ball 150 g** |  |

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| 46.25 | Hanna Emilie Hjeltnes | 04 | Nadderud | 12.06.2016 |
| 41.36 | Ella Hjeltnes | 11 | Rud | 18.06.2023 |
| 39.60 | Eva Cathrine Torvund | 69 | Jessheim | 26.09.1981 |
| 35.86 | Silje Svendsen | 01 | Nadderud | 16.06.2013 |
| 33.60 | Guri Fjeldberg | 69 | Rolvsrud | 13.09.1981 |
| 32.82 | Hege Bjørndal | 73 | Årnes | 05.06.1985 |
| 31.65 | Kirsten Daae Wiig | 97 | Nadderud | 14.06.2009 |
| 31.00 | Kari Fjeldberg | 68 | Kløfta | 04.10.1980 |
| 30.26 | Inger Birgitte Reppe | 68 | Kløfta | 04.10.1980 |
| 28.74 | Kjersti Wølneberg | 73 | Lørenfallet | 22.08.1985 |
| 27.00 | Siri Wølneberg | 73 | Lørenfallet | 22.08.1985 |
| 26.02 | Lise Starheim | 73 | Kløfta | 23.09.1985 |
| 24.93 | Lene Kristin Nyland | 74 | Fetsund/Fe | 09.06.1986 |
| 24.36 | Tina Moen | 00 | Lillehammer/Ss | 22.06.2012 |
| 23.93 | Bettina Berg Julsrud | 12 | Rud | 16.06.2024 |
| 23.48 | Ingvild Brekke | 74 | Haga | 05.06.1986 |
| 20.00 | Sara Isabella Bertheussen | 07 | Lillestrøm | 25.05.2019 |
| 18.05 | Julie Hammer | 04 | Lillestrøm | 11.05.2016 |
| 17.14 | Siri Støverud | 73 | Lørenfallet | 22.08.1985 |

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| **Slengball 700 g Lang reim** |  |

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| --- | --- | --- | --- | --- |
| 33.82 | Cora Halsan | 47 | Jessheim | 15.09.1959 |
| 32.72 | Anita Melbye | 58 | Lillestrøm | 15.08.1971 |
| 31.50 | May Britt Mehren | 57 | Blaker/Br | 27.09.1969 |
| 27.70 | Inger Anne Nerhagen | 57 | Blaker/Br | 27.09.1969 |
| 26.40 | Kari Wang | 56 | Blaker/Br | 15.09.1968 |
| 26.30 | Mabel Owren | 51 | Blaker/Br | 15.09.1963 |
| 25.34 | Eva Bergh | 55 | Lillestrøm | 10.09.1967 |
| 25.30 | Mette Harstad | 51 | Blaker/Br | 15.09.1963 |
| 24.75 | Merete Gjestvang | 51 | Jessheim | 11.09.1963 |
| 23.45 | May Britt Mehren | 57 | Jessheim | 24.06.1969 |
| 23.25 | Inger Torill Granheim | 52 | Jessheim | 15.08.1964 |
| 23.15 | Anne Majorsæter | 48 | Jessheim | 20.09.1960 |
| 23.00 | Rita Havenstrøm | 55 | Lillestrøm | 10.09.1967 |
| 22.50 | Anne-Lise Granheim | 51 | Blaker/Br | 15.09.1963 |
| 21.00 | Siri Foyn | 55 | Lillestrøm | 10.09.1967 |
| 20.92 | Else Marie Dønnum | 53 | Råholt | 12.09.1965 |
| 20.60 | Vigdis Blaker | 51 | Jessheim | 25.09.1963 |

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| **Slengball 1 kg Kort reim** |  |

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| --- | --- | --- | --- | --- |
| 19.08 | Kirsten Daae Wiig | 97 | Lillestrøm | 30.05.2009 |

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| **JENTER 12** | **387** |

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| **3-kamp M 60m-Lengde-Slengball 700 g** |  |

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| --- | --- | --- | --- | --- |
| 2934 | Anita Melbye | 58 | Lillestrøm | 09.08.1970 |
| 9.8-4.36-27.85 | | | |
| 2652 | May Britt Mehren | 57 | Blaker/Br | 28.09.1969 |
| 9.3-3.83-31.50 | | | |
| 2594 | Inger Anne Nerhagen | 57 | Blaker/Br | 28.09.1969 |
| 9.5-3.95-27.70 | | | |
| 2585 | Kari Wang | 56 | Blaker/Br | 15.09.1968 |
| 9.1-3.67-26.40 | | | |
| 1865 | Else Marie Dønnum | 53 | Råholt | 12.09.1965 |
| 10.3-3.11-20.92 | | | |
| 2518 | Mabel Owren | 51 | Blaker/Br | 15.09.1963 |
| 9.7-4.06-26.30 | | | |
| 2158 | Matte Harstad | 51 | Blaker/Br | 15.09.1963 |
| 10.3-3.57-25.30 | | | |
| 2091 | Anne-Lise Granheim | 51 | Blaker/Br | 15.09.1963 |
| 10.2-3.58-22.50 | | | |

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| **3-kamp M 60m-Lengde-Kule 3** |  |

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| --- | --- | --- | --- | --- |
| 2552 | Cecilie Laake | 66 | Lørenfallet | 23.09.1978 |
| ? | | | |
| 2484 | Hilde Verpe | 63 | Hvam | 21.09.1975 |
| 8.7-4.39-5.07 | | | |
| 2412 | Anne Beate Kogstad | 63 | Hvam | 21.09.1975 |
| 8.8-4.02-5.71 | | | |

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| **4-kamp M 80m-Lengde-Kule 3-800m** |  |

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| --- | --- | --- | --- | --- |
| 3468 | Inger Birgitte Reppe | 68 | Rolvsrud | 14.09.1980 |
| 8.7-6.62-4.57-2:39.7 | | | |

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| --- | --- | --- | --- | --- |
| 3306 | Guri Fjeldberg | 69 | Kløfta | 20.09.1981 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 3191 | Tone Sæthermoen | 69 | Kløfta | 20.09.1981 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 3045 | Kari Fjeldberg | 68 | Rolvsrud | 14.09.1980 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 2776 | Siri Støverud | 73 | Jessheim | 23.09.1985 |
| ? | | | |

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| **JENTER 12** | **388** |

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| **4-kamp M 80m-Lengde-Kule 3-800m forts.** |  |

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| --- | --- | --- | --- | --- |
| 2579 | Siri Wølneberg | 73 | Jessheim | 23.09.1985 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 2484 | Kjersti Wølneberg | 73 | Jessheim | 23.09.1985 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 2265 | Benedicte Sand | 73 | Jessheim | 23.09.1985 |
| ? | | | |

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| **4-kamp M 60m-Lengde-Kule 2-800m** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 2245 | Ingrid Maudal | 82 | Nittedal | 07.06.1994 |
| 9.8-3.97-8.48-3:36.1 | | | |

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| --- | --- | --- | --- | --- |
| 2221 | Anette Kiran | 82 | Nittedal | 07.05.1994 |
| 10.0-3.54-6.84-3:11.7 | | | |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1546 | Camilla Eilertsen | 82 | Nittedal | 07.06.1994 |
| 10.4-3.31-6.24-3:41.3 | | | |

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| **4x60m E** |  |

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| --- | --- | --- | --- | --- |
| 34.91 | J12 |  | Nadderud | 14.06.2003 |
| Christine Nerhagen91-Charlotte Oliversen91-Tonje Oliversen91-Linn Helene Bakke91 | | | |

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| --- | --- | --- | --- | --- |
| 35.63 | J12 |  | Nadderud | 11.06.2022 |
| Bettina Berg Julsrud12-Hanna Rimstad10-Hermine Torgersen10-Anna Jørgensen11 | | | |

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| 35.95 | J12 |  | Nadderud | 18.09.2021 |
| Tuva Forsbacka09-Hermine Torgersen10-Lea Hammer10-Anna Jørgensen11 | | | |

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| 36.65 | J12 |  | Jessheim | 26.05.2003 |
| Christine Nerhagen91-Silje Bråthen91-Tonje Oliversen91-Linn Helene Bakke91 | | | |

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| --- | --- | --- | --- | --- |
| 37.81 | J11-12 |  | Jessheim | 27.05.2002 |
| ? | | | |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 38.57 | J12 |  | Jessheim | 10.08.2019 |
| Vie Rudi Lund10-Wilma Torbjôrnsson07-Natalie Jøransen07-Elena Haugan-Teixeira07 | | | |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 39.80 | J12 |  | Lillestrøm | 30.05.2010 |
| Ebba Beyer98-Vår Åsheim99-Nora Hansen99-Hanne Borgen99 | | | |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 40.65 | J12 |  | Jessheim | 26.05.2003 |
| Jannicke Mathisen91-Cecilie Høytomt91-Charlotte Oliversen91-Turid Hovind92 | | | |
| **JENTER 12** | | **389** | | |

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| **4x60m E forts.** |  |

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| --- | --- | --- | --- | --- |
| 40.75 | J12 |  | Jessheim | 10.08.2019 |
| Lea Hammer10-Hermine Torgersen10-Betina Jahren Brate07-Erle Tangestuen07 | | | |

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| --- | --- | --- | --- | --- |
| 41.37 | J12 |  | Asker/Fø | 06.06.2010 |
| Ebba Beyer98-Hanne Borgen99-Hedda Skatvedt00-Marte Næss00 | | | |

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| **4x60m M** |  |

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| --- | --- | --- | --- | --- |
| 34.5 | J12 |  | Strømmen | 06.09.1979 |
| Heidi Bogstad67-Kristin Kublikksæther67-Inger Birgitte Reppe68-Heidi Rønning67 | | | |

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| --- | --- | --- | --- | --- |
| 35.3 | J11-12 |  | Strømmen | 25.09.1985 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 35.5 | J11-12 |  | Rolvsrud | 09.09.1980 |
| ? | | | |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 36.4 | J11-12 |  | Årnes | 31.08.1978 |
| Kirsten Ladegård56-Inger Anne Nerhagen57-May Britt Mehlen57-Kari Wang56 | | | |

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| --- | --- | --- | --- | --- |
| 37.6 | J11-12 |  | Strømmen | 25.08.1971 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 39.1 | J11-12 |  | Jessheim | 07.06.1974 |
| ? | | | |

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| 39.1 | J11-12 |  | Lillestrøm | 03.09.1975 |
| ? | | | |

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| 40.4 | J11-12 |  | Jessheim | 11.09.1986 |
| ? | | | |

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| 40.5 | J 11-12 |  | Lillestrøm | 20.08.1967 |
| ? | | | |

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| 45.0 | J12 |  | Jessheim | 26.05.2005 |
| ? | | | |

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| **JENTER 12** | **390** |

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| **4x100m E** |  |

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| --- | --- | --- | --- | --- |
| 62.60 | J12 |  | Lillestrøm | 30.05.2015 |
| Solveig Johansen03-June Laake04-Silje Berg-Knutsen05-Hedda Finne04 | | | |

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| **3x600m** |  |

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| --- | --- | --- | --- | --- |
| 6:17.44 | J12 |  | Asker/Fø | 20.05.2006 |
| Karoline Næss94-Sofie Rostad94-Anniken Alnes94 | | | |

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| --- | --- |
| **3x800m** |  |

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| --- | --- | --- | --- | --- |
| 8:24.43 | J12 |  | Asker/Fø | 23.08.2003 |
| Tonje Oliversen91-Christine Nerhagen91-Charlotte Oliversen91 | | | |

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| **JENTER 12** | **391** |

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| **INNENDØRS** |  |

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| **40m M** |  |

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| --- | --- | --- | --- | --- |
| 6.7 | Heidi Holdal | 92 | Råholt | 31.10.2004 |
| 7.1 | Tonje Hansen | 92 | Roholt | 31.10.2004 |
| 7.3 | Ida Berg Hansen | 92 | Råholt | 31.10.2004 |

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| **60m E** |  |

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| --- | --- | --- | --- | --- |
| 8.71 | Linn Helene Bakke | 91 | Karlstad, SWE | 15.02.2003 |
| 8.76 | Astrid Helene Walstad | 11 | Hvam | 02.12.2023 |
| 9.00 | Bettina Berg Julsrud | 12 | Rud | 30.11.2024 |
| 9.08 | Emilie Hov Andreassen | 00 | Stange | 18.03.2012 |
| 9.10 | Munda Mkanda | 94 | Stange | 19.03.2006 |
| 9.15 | Oda Rognstad | 05 | Stange | 19.03.2017 |
| 9.19 | Summer Steinsrud | 01 | Oslo/Ek | 07.12.2013 |
| 9.20 | Elena Teresa Haugen-Teixeira | 07 | Hvam | 07.12.2019 |
| 9.20 | Victoria Grøva | 07 | Hvam | 07.12.2019 |
| 9.21 | Hanna Rimstad | 10 | Hvam | 03.12.2022 |
| 9.24 | Hedda Algerheim Tverås | 01 | Oslo/Ek | 07.12.2013 |
| 9.32 | Amalie Westby Liestøl | 02 | Rud | 08.02.2014 |
| 9.36 | Camilla Høynesdal | 12 | Hvam | 07.12.2024 |
| 9.41 | Hermine Opsahl Torgersen | 10 | Rud | 12.02.2022 |
| 9.44 | Silje Scheie Bråthen | 91 | Lillestrøm | 01.02.2003 |
| 9.50 | Tonje Oliversen | 91 | Lillestrøm | 01.02.2003 |
| 9.54 | Marte Mikkelsen | 94 | Stange | 19.03.2006 |
| 9.56 | Tonje Moen | 00 | Stange | 18.03.2012 |
| 9.58 | Andrea Christensen | 01 | Lillestrøm | 26.01.2013 |
| 9.62 | Vår Åsheim | 99 | Stange | 20.03.2011 |
| 9.68 | Sara Isabella Bertheussen | 07 | Hvam | 07.12.2019 |
| 9.71 | Silje Christine Berg-Knutsen | 05 | Stange | 19.03.2017 |
| 9.73 | Solveig Rosalie Evers | 12 | Hvam | 07.12.2024 |
| 9.74 | Anne Sofie Østby | 99 | Oslo/Ek | 03.12.2011 |
| 9.78 | Karoline Hjelm Bakkerud | 06 | Hvam | 13.01.2018 |
| 9.80 | Nikoline Håndstad | 01 | Stange | 17.03.2013 |
| 9.82 | Ingelin Johansen | 03 | Stange | 22.04.2015 |
| 9.83 | Andrea Jødahl | 01 | Stange | 17.03.2013 |
| 9.83 | Linnea Elisabeth Johansen | 06 | Stange | 18.03.2018 |
| 9.84 | Silje Svendsen | 01 | Stange | 17.03.2013 |
| 9.88 | Charlotte Oliversen | 91 | Lillestrøm | 01.02.2003 |
| 9.93 | Selma Kvam | 04 | Hvam | 02.03.2016 |
| 9.97 | Sophie Mannion | 05 | Stange | 19.03.2017 |
| 10.06 | Christine Henriksen | 07 | Hvam | 26.01.2019 |
| 10.10 | Isabella Mentzoni | 11 | Stange | 12.03.2023 |
| 10.16 | Karoline Hertzenberg | 89 | Lillestrøm | 03.02.2001 |
| 10.17 | Madeleine Kristiansen | 06 | Hvam | 08.12.2018 |

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| **JENTER 12** | **392** |

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| **INNENDØRS** |  |

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| **60m E forts.** |  |

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| --- | --- | --- | --- | --- |
| 10.19 | Pernille Nilsen | 04 | Hvam | 16.01.2016 |
| 10.20 | Benedikte Rønneberg | 06 | Hvam | 13.01.2018 |
| 10.22 | Sofie Rostad | 94 | Stange | 19.03.2006 |
| 10.25 | Natalie Norbech Jøransen | 07 | Hvam | 26.01.2019 |
| 10.27 | Malena Gulbrandsen Høe | 05 | Lillestrøm | 28.01.2017 |
| 10.30 | Marita Lampe Olsen | 99 | Oslo/Ek | 03.12.2011 |
| 10.30 | Ylva Granberg | 11 | Stange | 12.03.2023 |
| 10.35 | Vilde Langaas Pedsersen | 11 | Hvam | 04.02.2023 |
| 10.44 | Hanna Emilie Hjeltnes | 04 | Hvam | 16.01.2016 |
| 10.45 | Jannicke Mathisen | 91 | Lillestrøm | 29.03.2003 |
| 10.45 | Helena Seland Myhre | 97 | Stange | 15.03.2009 |
| 10.55 | Amanda Dahl | 04 | Hvam | 16.03.2016 |
| 10.75 | Cecilie Høitomt | 91 | Lillestrøm | 29.03.2003 |
| 10.79 | Ingrid Petrikke Huuse | 06 | Hvam | 08.12.2018 |
| 10.81 | Tina Moen | 00 | Stange | 18.03.2012 |
| 10.84 | Astrid Marie Jensen | 09 | Hvam | 04.12.2021 |
| 10.85 | Nora Røen Hansen | 99 | Stange | 20.03.2011 |
| 10.87 | Frøydis Åsheim | 02 | Stange | 22.03.2014 |
| 11.27 | Milly Karoline Smestad | 89 | Lillestrøm | 03.02.2001 |

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| **60m M** |  |

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| --- | --- | --- | --- | --- |
| 9.5 | Ingrid Maudal | 82 | Lillestrøm | 06.03.1994 |
| 10.1 | Turid Brendløkken | 76 | Drammen | 07.12.1988 |
| 10.2 | Camilla Eilertsen | 82 | Lillestrøm | 06.03.1994 |
| 10.8 | Line Nielsen | 82 | Lillestrøm | 06.03.1994 |

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| **200m E** |  |

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| --- | --- | --- | --- | --- |
| 29.28 | Astrid Helene Walstad | 11 | Hvam | 05.02.2023 |
| 30.04 | Emilie Hov Andreassen | 00 | Stange | 18.03.2012 |
| 30.64 | Bettina Berg Julsrud | 12 | Hvam | 07.12.2024 |
| 30.78 | Solveig Emilie Johansen | 03 | Stange | 22.03.2015 |
| 30.84 | Munda Mkanda | 94 | Stange | 19.03.2006 |
| 31.17 | Hermine Opsagl Torgersen | 10 | Rud | 13.02.2022 |
| 31.54 | Vår Åsheim | 99 | Stange | 20.03.2011 |
| 31.57 | Lena Kisel | 13 | Hvam | 26.01.2025 |
| 31.71 | Elena Teresa Haugan-Teixeira | 07 | Hvam | 07.12.2019 |
| 31.91 | Bettina Berg Julsrud | 12 | Stange | 17.03.2024 |
| 32.11 | Natalie Norbech Jøransen | 07 | Hvam | 07.12.2019 |
| 32.14 | Andrea Jørdal | 01 | Stange | 17.03.2013 |
| 32.39 | Hanna Rimstad | 10 | Hvam | 23.01.2022 |
| 32.61 | Silje Christine Berg-Knutsen | 05 | Hvam | 25.03.2017 |

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| **JENTER 12** | **393** |

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| **INNENDØRS** |  |

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| **200m E** |  |

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| --- | --- | --- | --- | --- |
| 32.95 | Karoline Hjelm Bakkerud | 06 | Stange | 18.03.2018 |
| 32.83 | Malene Gulbrandsen | 05 | Stange | 19.03.2017 |
| 33.01 | Nikoline Håndstad | 01 | Stange | 17.03.2013 |
| 33.16 | Silje Svendsen | 01 | Stange | 17.03.2013 |
| 33.45 | Pernille Nilsen | 04 | Hvam | 16.01.2016 |
| 33.51 | Ylva Granberg | 11 | Hvam | 02.12.2023 |
| 34.33 | Sofie Rostad | 94 | Stange | 19.03.2006 |
| 34.52 | Sara Isebella Bertheussen | 07 | Hvam | 26.01.2019 |
| 34.95 | Hanna Emilie Hjeltnes | 04 | Hvam | 16.01.2016 |
| 35.81 | Helena Seland Myhre | 97 | Stange | 15.03.2009 |
| 35.93 | Nora Røen Hansen | 99 | Stange | 20.03.2011 |
| 35.99 | Frøydis Åsheim | 02 | Stange | 23.03.2014 |
| 36.17 | Annie Myklebust | 01 | Stange | 17.03.2013 |
| 37.50 | Florencia Gali | 12 | Hvam | 04.01.2024 |
| 37.58 | Astrid Marie Jensen | 09 | Hvam | 04.12.2021 |
| 38.10 | Ingrid Petrikke Huuse | 06 | Hvam | 08.12.2018 |
| 40.31 | Carina Kjøbli Walskrå | 00 | Stange | 18.02.2012 |

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| **600m** |  |

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| --- | --- | --- | --- | --- |
| 1:51.98 | Hermine Opsahl Torgersen | 10 | Rud | 26.11.2022 |
| 1:52.98 | Amalie Westby Liestøl | 02 | Stange | 22.03.2014 |
| 1:53.57 | Emilie Hov Andreassen | 00 | Stange | 17.03.2012 |
| 1:57.21 | Solveig Emilie Johansen | 03 | Stange | 21.03.2015 |
| 1:57.24 | Hanna Rimstad | 10 | Rud | 12.02.2022 |
| 2:01.06 | June Laake | 03 | Stange | 12.03.2016 |
| 2:02.70 | Sofie Rostad | 94 | Stange | 18.03.2006 |
| 2:03.43 | Malena Gulbrandsen Høe | 05 | Lillestrøm | 28.01.2017 |
| 2:04.25 | Silje Christine Berg-Knutsen | 05 | Stange | 18.03.2017 |
| 2:10.70 | Frøydis Åsheim | 02 | Rud | 09.02.2014 |
| 2:12.13 | Sophie Mannion | 05 | Stange | 18.03.2017 |
| 2:17.12 | Helena Seland Myhre | 97 | Stange | 14.03.2009 |
| 2:21.56 | Nikoline Handstad | 01 | Lillestrøm | 26.01.2013 |
| 2:32.02 | Klara Slåstad | 11 | Hvam | 04.02.2023 |
| 2:41.07 | Carina Kjøbli Walskrå | 00 | Stange | 17.03.2012 |

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| **60m hekk 68 cm E** |  |

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| 10.46 | Bettina Berg Julsrud | 12 | Hvam | 07.12.2024 |
| 11.63 | Victoria Hillveg | 86 | Lillestrøm | 22.03.1998 |

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| **JENTER 12** | **394** |

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| **INNENDØRS** |  |

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| **60m hekk 76.2 cm E** |  |

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| 10.66 | Hanna Rimstad | 10 | Hvam | 03.12.2022 |
| 11.25 | Elena Teresa Haugan-Teixeira | 07 | Hvam | 07.12.2019 |
| 11.28 | Vår Åsheim | 99 | Lillestrøm | 29.01.2011 |
| 11.37 | Bettina Berg Julsrud | 12 | Hvam | 04.02.2024 |
| 11.81 | Victoria Grøva | 07 | Hvam | 07.12.2019 |
| 12.06 | Andrea Christensen | 01 | Lillestrøm | 26.01.2013 |
| 12.36 | Victoria Grøva | 07 | Hvam | 26.01.2019 |
| 13.01 | Natalie Norbech Jøransen | 07 | Hvam | 26.01.2019 |
| 13.20 | Andrea Jødahl | 01 | Lillestrøm | 26.01.2013 |
| 14.00 | Malena Gulbrandsen Høe | 05 | Lillestrøm | 28.01.2017 |
| 14.30 | Hanna Emilie Hjeltnes | 04 | Hvam | 10.12.2016 |
| 14.85 | Madeleine Kristiansen | 06 | Hvam | 13.01.2018 |

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| **Høyde** |  |

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| --- | --- | --- | --- | --- |
| 1.54 | Mari Steen Myrvang | 06 | Karlstad, SWE | 15.12.2018 |
| 1.52 | Hanna Rimstad | 10 | Stange | 12.03.2022 |
| 1.44 | Victoria Hillveg | 86 | Lillestrøm | 22.03.1998 |
| 1.40 | Linn Helene Bakke | 91 | Lillestrøm | 29.03.2003 |
| 1.34 | Lise Mette Holme | 83 | Jevnaker | 25.03.1995 |
| 1.25 | Natalie Nørbech Jøransen | 07 | Hvam | 26.01.2019 |
| 1.20 | Malena Gulbrandsen Høe | 05 | Lillestrøm | 28.01.2017 |
| 1.20 | Christine Henriksen | 07 | Hvam | 26.01.2019 |
| 1.15 | Tonje Oliversen | 91 | Lillestrøm | 01.12.2003 |
| 1.10 | Hanna Emilie Hjeltnes | 04 | Hvam | 16.01.2016 |
| 1.10 | Silje Christine Berg-Knutsen | 05 | Lillestrøm | 28.01.2017 |
| 1.05 | Silje Scheie Bråthen | 91 | Lillestrøm | 01.02.3003 |
| 1.05 | Pernille Nilsen | 04 | Hvam | 16.01.2016 |
| 1.05 | Amanda Dahl | 04 | Hvam | 16.01.2016 |
| 1.05 | Sara Isabella Bertheussen | 07 | Hvam | 26.01.2019 |
| 1.05 | Astrid Marie Jensen | 09 | Hvam | 04.12.2021 |
| 1.00 | Ingrid Maudal | 82 | Lillestrøm | 06.03.1994 |
| 1.00 | Camilla Eilertsen | 82 | Lillestrøm | 06.03.1994 |
| 1.00 | Line Nielsen | 82 | Lillestrøm | 06.03.1994 |
| 1.00 | Andrea Jødahl | 01 | Lillestrøm | 26.01.2013 |
| 1.00 | Anna Eva Søderholm | 07 | Hvam | 26.01.2019 |

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| **Stav** |  |

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| 1.70 | Hermine Opsahl Torgersen | 10 | Rud | 26.11.2022 |

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| **JENTER 12** | **395** |

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| **INNENDØRS** |  |

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| **Lengde S: Sats i satsfelt** |  |

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| --- | --- | --- | --- | --- |
| 4.69 s | Hanna Rimstad | 10 | Rud | 26.11.2022 |
| 4.52 s | Linn Helene Bakke | 91 | Oslo/Ek | 11.01.2003 |
| 4.29 s | Vår Åsheim | 99 | Lillestrøm | 29.01.2011 |
| 4.28 s | Lise Mette Holme | 83 | Jevnaker | 25.03.1995 |
| 4.20 | Astrid Helene Walstad | 11 | Hvam | 05.02.2023 |
| 4.21 s | Summer Steinsrud | 01 | Oslo/Ek | 07.12.2013 |
| 4.19 s | Munda Mkanda | 94 | Stange | 19.03.2006 |
| 4.15 s | Bettina Berg Julsrud | 12 | Rud | 30.11.2024 |
| 4.10 s | Hermine Opsahl Torgersen | 10 | Gæteborg, SWE | 04.12.2022 |
| 4.00 s | Emilie Hov Andreassen | 00 | Stange | 18.03.2012 |
| 3.98 s | Ingrid Maudal | 82 | Lillestrøm | 06.03.1994 |
| 3.97 s | Tonje Oliversen | 91 | Lillestrøm | 01.02.2003 |
| 3.97 s | Ylva Granberg | 11 | Hvam | 02.12.2023 |
| 3.92 s | Camilla Høynesdal | 12 | Hvam | 07.12.2024 |
| 3.90 s | Amalie Westby Liestøl | 02 | Rud | 08.02.2014 |
| 3.80 s | Charlotte Oliversen | 91 | Lillestrøm | 01.02.2003 |
| 3.80 s | Silje Christine Berg-Knutsen | 05 | Stange | 19.03.2017 |
| 3.70 s | Nikoline Handstad | 01 | Stange | 17.03.2003 |
| 3.67 s | Marte Mikkelsen | 94 | Stange | 19.03.2006 |
| 3.67 s | Hanna Emilie Hjeltnes | 04 | Hvam | 10.12.2016 |
| 3.64 s | Natalie Norbech Jøransen | 07 | Hvam | 26.01.2019 |
| 3.63 s | Oda Rognstad | 05 | Stange | 19.03.2017 |
| 3.55 s | Amanda Dahl | 04 | Hvam | 16.01.2016 |
| 3.52 s | Benedikte Rønneberg | 06 | Hvam | 17.01.2018 |
| 3.50 s | Sanna Skancke Krauss | 01 | Stange | 17.03.2013 |
| 3.47 s | Malene Gulbrandsen Høe | 05 | Stange | 19.03.2017 |
| 3.45 s | Tina Moen | 00 | Oslo/Ek | 01.12.2012 |
| 3.44 s | Anne Sofie Østby | 99 | Oslo/Ek | 03.12.2011 |
| 3.38 s | Sofie Rostad | 94 | Stange | 19.03.2006 |
| 3.38 s | Silje Svendsen | 01 | Stange | 17.03.2013 |
| 3.34 s | Tonje Moen | 00 | Stange | 18.03.2012 |
| 3.26 s | Pernille Nilsen | 04 | Hvam | 16.01.2016 |
| 3.26 2 | Karoline Hjelm Bakkerud | 06 | Stange | 18.03.2018 |
| 3.22 s | Ingelin Johansen | 03 | Stange | 22.03.2015 |
| 3.21 s | Jannicke Mathisen | 91 | Lillestrøm | 29.03.2003 |
| 3.21 s | Annie Mylebust | 01 | Stange | 17.03.2013 |
| 3.20 s | Sophie Mannion | 05 | Stange | 19.03.2017 |
| 3.20 s | Sara Isabella Bertheussen | 07 | Hvam | 26.01.2019 |
| 3.18 s | Andrea Jødahl | 01 | Stange | 17.03.2013 |
| 3.12 s | Camilla Eilertsen | 82 | Lillestrøm | 06.03.1994 |
| 3.12 s | Nora Røen Hansen | 99 | Stange | 20.03.2011 |
| 3.12 s | Marita Lampe Dye | 99 | Oslo/Ek | 03.12.2011 |
| 3.06 s | Christine Henriksen | 07 | Hvam | 26.01.2019 |
| 3.05 s | Cecilie Høitomt | 91 | Lillestrøm | 29.03.2003 |
| 3.05 s | Frøydis Åsheim | 02 | Stange | 23.03.2014 |
| **JENTER 12** | | **396** | | | |

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| **INNENDØRS** |  |

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| **Tresteg S: Sats i satsfelt** |  |

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| 9.42 | Hanna Rimstad | 10 | Rud | 13.02.2022 |
| 7.92 | Hanna Emilie Hjeltnes | 04 | Hvam | 02.03.2016 |

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| **Høyde uten tilløp** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1.10 | Hanna Rimstad | 10 | Hvam | 22.12.2022 |
| 1.06 | Kristin Urnes | 75 | Jessheim/Je | 10.03.1987 |
| 1.05 | Cecilie Laake | 66 | Skedsmo/ST | 04.03.1978 |
| 1.05 | Inger Birgitte Reppe | 68 | Lørenskog | 26.03.1980 |
| 1.05 | Guri Fjeldberg | 69 | Haga/Fr | 09.02.1981 |
| 1.00 | Ida Berg Hansen | 92 | Råholt | 31.10.2004 |
| 0.96 | Siri Fjeldberg | 71 | Skårer | 20.03.1983 |
| 0.95 | Anne Mæhlen | 68 | Haga/Fr | 17.02.1980 |
| 0.95 | Munda Mkanda | 94 | Jessheim/No | 13.02.2006 |
| 0.90 | Astrid Mathisen | 76 | Jessheim/Je | 10.03.1988 |
| 0.80 | May Britt Mehren | 57 | Skårer/Kj | 14.02.1969 |
| 0.80 | Sofie Rostad | 94 | Jessheim/No | 13.03.2006 |

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| **Lengde uten tilløp** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 2.26 | Hege Bjørndal | 73 | Jessheim/Je | 12.03.1985 |
| 2.21 | Cecilie Laake | 66 | Skedsmo/ST | 04.03.1978 |
| 2.17 | Inger Birgitte Reppe | 68 | Lørenskog | 26.03.1980 |
| 2.14 | Hanna Rimstad | 10 | Hvam | 31.12.2022 |
| 2.13 | Cora Halsan | 47 | Jessheim | 15.02.1959 |
| 2.13 | Inger Torill Granheim | 52 | Strømmen | 03.03.1964 |
| 2.11 | Guri Fjeldberg | 69 | Haga/Fr | 09.02.1981 |
| 2.11 | Siri Fjeldberg | 71 | Skårer | 20.03.1983 |
| 2.09 | Britt Scheie | 64 | Årnes/Fj | 19.03.1976 |
| 2.06 | Ragnhild Sundby | 44 | Lillestrøm/Vi | 04.03.1956 |
| 2.05 | Mabel Owren | 51 | Lillestrøm/Vi | 30.03.1963 |
| 2.05 | Munda Mkanda | 94 | Jessheim/No | 16.01.2006 |
| 2.02 | Ann Sørensen | 64 | Årnes/Fj | 19.03.1976 |
| 2.00 | Hilde Verpe | 63 | Fetsund | 15.03.1975 |
| 1.98 | Kari Johansen | 51 | Lillestrøm/Vi | 30.03.1963 |
| 1.98 | Anne Mæhlen | 68 | Haga/Fr | 17.02.1980 |
| 1.98 | Astrid Huitfeldt | 77 | Jessheim/Je | 16.03.1989 |
| 1.96 | Grete Vegel | 47 | Jessheim | 15.02.1959 |
| 1.96 | Kristin Finstad | 65 | Fetsund/Ho | 12.03.1977 |
| 1.96 | Christine Henriksen Utendørs | 07 | Jessheim | 16.09.2019 |
| 1.92 | Ida Berg Hansen | 92 | Råholt | 31.10.2004 |
| 1.91 | Tonje Hansen | 92 | Råholt | 31.10.2004 |
| 1.90 | Brit Elton | 45 | Eidsvoll | 10.03.1957 |

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| **JENTER 12** | **397** |

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| **INNENDØRS** |  |

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| **Lengde uten tilløp forts.** |  |

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| --- | --- | --- | --- | --- |
| 1.89 | Astrid Mathisen | 76 | Jessheim/Je | 10.03.1988 |
| 1.89 | Marte Aaserød Mikkelsen | 94 | Jessheim/No | 13.03.2006 |
| 1.87 | Elena Teresa Haugan-Teixeira | 07 | Jessheim | 16.09.2019 |
| 1.86 | Marianne Sundling | 52 | Strømmen | 03.03.1964 |
| 1.86 | Gunn Korsmo | 54 | Sørumsand | 06.03.1966 |
| 1.85 | Anne Majorsæter | 48 | Jessheim | 03.04.1960 |
| 1.82 | Natalie Jøransen Utendørs | 07 | Jessheim | 16.09.2019 |
| 1.81 | Sara Isabella Bertheussen Uten. | 07 | Jessheim | 16.09.2019 |
| 1.80 | Ingrid Møinichen | 48 | Jessheim | 03.04.1960 |
| 1.80 | Anne-Lise Granheim | 51 | Lillestrøm/Vi | 30.03.1963 |
| 1.80 | Victoria Grøva Utendørs | 07 | Jessheim | 16.09.2019 |
| 1.77 | Lillian Tronsen | 51 | Lillestrøm/Vi | 30.03.1963 |
| 1.77 | Sofie Rostad | 94 | Jessheim/No | 16.01.2006 |
| 1.72 | Synne Solberg | 94 | Jessheim/No | 13.03.2006 |
| 1.69 | Turid Brendløkken | 76 | Jessheim/Je | 10.03.1987 |
| 1.65 | Elin Fugleberg | 76 | Jessheim/Je | 10.03.1987 |

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| **Kule 2 kg** |  |

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| --- | --- | --- | --- | --- |
| 12.09 | Hanna Rimstad | 10 | Hvam | 03.12.2022 |
| 12.08 | Hanna Emilie Hjeltnes | 04 | Hvam | 10.12.2016 |
| 11.69 | Ella Hjeltnes | 11 | Hvam | 02.12.2023 |
| 9.75 | Hedda Algarheim Tverås | 01 | Oslo/Ek | 07.12.2013 |
| 9.15 | Bettina Berg Julsrud | 12 | Hvam | 07.12.2024 |
| 9.09 | Selma Nilsen | 04 | Stange | 12.03.2016 |
| 9.01 | Selma Nordseth Kvam | 04 | Hvam | 02.03.2014 |
| 8.43 | Ingrid Maudal | 82 | Lillestrøm | 06.03.1994 |
| 8.26 | Munda Mkanda | 94 | Stange | 18.03.2006 |
| 7.57 | Linn Helene Bakke | 91 | Stange | 15.03.2003 |
| 6.96 | Amalie Westby Liestøl | 02 | Stange | 22.03.2014 |
| 6.87 | Christine Henriksen | 07 | Hvam | 26.01.2019 |
| 6.85 | Andrea Christensen | 01 | Stange | 16.03.2013 |
| 6.85 | Silje Christine Berg-Knutsen | 05 | Stange | 18.03.2017 |
| 6.78 | Lise Mette Holme | 83 | Jevnaker | 25.03.1995 |
| 6.58 | Tina Moen | 00 | Oslo/Ek | 01.12.2012 |
| 6.41 | Anne Sofie Østby | 99 | Oslo/Ek | 03.12.2011 |
| 6.27 | Oda Rognstad | 05 | Stange | 18.03.2017 |
| 6.19 | Camilla Eilertsen | 82 | Lillestrøm | 06.03.1994 |
| 6.17 | Milly Karoline Smestad | 89 | Lillestrøm | 06.03.2001 |
| 6.13 | Astrid Marie Jensen | 09 | Hvam | 04.12.2021 |
| 6.12 | Ylva Granberg | 11 | Hvam | 02.12.2023 |
| 6.10 | Silje Christine Berg-Knutsen | 05 | Lillestrøm | 28.01.2017 |

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| **JENTER 12** | **398** |

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| **INNENDØRS** |  |

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| **Kule 2 kg forts.** |  |

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| 6.06 | Andrea Jødahl | 01 | Lillestrøm | 26.01.2013 |
| 5.77 | Marita Lampe Dye | 99 | Oslo/Ek | 03.12.2011 |
| 5.73 | Anna Eva Søderholm | 07 | Hvam | 26.01.2019 |
| 5.72 | Jannicke Mathisen | 91 | Lillestrøm | 29.03.2003 |
| 5.62 | Carina Walskrå | 00 | Stange | 17.03.2012 |
| 5.47 | Cacilie Høitomt | 91 | Lillestrøm | 29.03.2003 |
| 5.17 | Frøydis Åsheim | 02 | Stange | 22.03.2014 |
| 4.97 | Hermine Opsahl Torgersen | 10 | Stange | 12.03.2022 |
| 4.92 | Isabella Martinsen | 11 | Stange | 11.03.2023 |
| 4.84 | Line Nielsen | 82 | Lillestrøm | 06.03.1994 |

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| **Kule 3 kg** |  |

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| 9.66 | Ella Hjeltnes | 11 | Rud | 25.11.2023 |

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| **4x100m** |  |

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| 61:63 | Ull/Kisa IL | 16 | Stange | 12.03.2022 |
| Hanna Hjeltnes11-Lea Hammer10-Hanna Rimstad10-Hermine Opsahl Torgersen10 | | | |

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| **600m stafett (70-100-200-230)** |  |

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| 1:34.37 |  | 11 | Hvam | 02.12.2023 |
| Ella Hjeltnes11-Vilde Langaas-Pedersen12-Ylva Granberg11-Astrid Knudsen11 | | | |

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| **JENTER 11** | **399** |

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| **40m** |  |

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| --- | --- | --- | --- | --- |
| 6.5 | Astrid Huitfeldt | 77 | Jessheim | 30.05.1988 |
| 6.9 | Kamilla Bråthen | 77 | Jessheim | 19.05.1988 |
| 7.0 | Ragnhild Mehus | 77 | Jessheim | 30.05.1988 |
| 7.1 | Katrine Finstad | 75 | Løken | 31.05.1986 |

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| **60m E** |  |

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| --- | --- | --- | --- | --- |
| 8.82 | Linn Helene Bakke | 91 | Jessheim | 19.08.2002 |
| 9.03 | Victoria Hillveg | 86 | Lillehammer/Ss | 28.06.1997 |
| 9.03 | Munda Mkanda | 94 | Oslo/Bi | 28.08.2005 |
| 9.25 | Emilie Hov Andreassen | 00 | Oslo/Bi | 21.08.2011 |
| 9.28 | Anna Jørgensen | 11 | Jessheim | 07.08.2022 |
| 9.44 | Vår Åsheim | 99 | Lillestrøm | 29.05.2010 |
| 9.44 | Oda Rognstad | 05 | Jessheim | 02.06.2016 |
| 9.45 | Bettina Julsrud Berg | 12 | Lillestrøm | 13.05.2023 |
| 9.51 | Tonje Oliversen | 91 | Jessheim | 23.09.2002 |
| 9.54 | June Laake | 04 | Lillehammer/Ss | 20.06.2015 |
| 9.56 | Charlotte Oliversen | 91 | Jessheim | 23.09.2002 |
| 9.65 | Kirsten Daae Wiig | 97 | Lillestrøm | 27.09.2008 |
| 9.67 | Christine Nerhagen | 91 | Jessheim | 20.06.2002 |
| 9.70 | Silje Berg-Knutsen | 05 | Jessheim | 25.06.2016 |
| 9.71 | Sandra Amundsen | 93 | Jessheim | 20.09.2004 |
| 9.73 | Julie Hammer | 04 | Hokksund | 25.05.2015 |
| 9.74 | Silje Scheie Bråthen | 91 | Jessheim | 23.09.2002 |
| 9.74 | Amalie Westby Liestøl | 02 | Lillestrøm | 25.05.2013 |
| 9.74 | Lea Hammer | 10 | Jessheim | 08.08.2021 |
| 9.77 | Emma Kristiane Nilsen | 04 | Lillestrøm | 30.05.2015 |
| 9.81 | Malena Gulbrandsen Høe | 05 | Oslo/Be | 08.05.2016 |
| 9.89 | Mari Steen Myrvang | 06 | Nittedal | 03.06.2017 |
| 9.90 | Hermine Opsahl Torgersen | 10 | Jessheim | 08.08.2021 |
| 9.93 | Anne Mette Holme | 83 | Lillehammer/Ss | 25.06.1994 |
| 9.98 | Maria Næss | 00 | Nadderud | 04.06.2011 |
| 10.07 | Tonje Moen | 00 | Nadderud | 24.09.2011 |
| 10.08 | Hedda Algarheim Tverås | 01 | Jessheim | 20.05.2012 |
| 10.10 | Linnea Johnsen | 06 | Jessgheim | 23.05.2017 |
| 10.15 | Ingrid Maudal | 82 | Bjørkelangen | 15.05.1993 |
| 10.17 | Sophie Mannion | 05 | Jessheim | 02.06.2016 |
| 10.19 | Sofie Rostad | 94 | Jessheim | 22.08.2005 |
| 10.20 | Selma Norseth Kvam | 04 | Nadderud | 14.06.2015 |
| 10.28 | Anette Kiran | 82 | Bjørkelangen | 15.05.1993 |
| 10.40 | Benedikte Rønneberg | 06 | Jessheim | 23.05.2017 |
| 10.48 | Oda Kaspara Gladheim | 05 | Jessheim | 02.06.2016 |
| 10.50 | Hermine Thiis-Evensen | 13 | Jessheim | 24.05.2024 |
| 10.51 | Tone Hauge | 86 | Jessheim | 26.06.1997 |

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| **JENTER 11** | **400** |

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| **60m E forts.** |  |

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| --- | --- | --- | --- | --- |
| 10.59 | Ida Tranum | 04 | Jessheim | 04.06.2015 |
| 10.62 | Mariann Rasen | 96 | Jessheim | 21.08.2007 |
| 10.62 | Helene Arnesen | 05 | Jessheim | 02.06.2016 |
| 10.64 | Madeleine Kristiansen | 06 | Jessheim | 23.05.2017 |
| 10.66 | Marie Tømmerberg | 91 | Jessheim | 23.09.2002 |
| 10.68 | Celine Anseth Scheie | 95 | Jessheim | 21.08.2006 |
| 10.68 | Helena Seland Myhre | 97 | Jessheim | 02.06.2008 |
| 10.68 | Hanne Emilie Hjeltnes | 04 | Nittedal | 22.08.2015 |
| 10.70 | Maren Toppen | 99 | Jessheim | 25.05.2010 |
| 10.74 | Jannicke Mathisen | 91 | Jessheim | 23.09.2002 |
| 10.76 | Maria Rogstad | 97 | Jessheim | 10.08.2008 |
| 10.87 | Mona Benmalek | 93 | Jessheim | 20.09.2004 |
| 10.90 | Amanda Dahl | 04 | Lillestrøm | 30.05.2015 |
| 10.92 | Synne Solberg | 94 | Jessheim | 22.08.2005 |
| 10.97 | Kristine Markegård | 04 | Lillestrøm | 30.05.2015 |
| 10.99 | Marte Markegård | 04 | Lillestrøm | 30.05.2015 |
| 10.99 | Ingerid Petrikke Huuse | 06 | Jessheim | 23.05.2017 |
| 11.03 | Karoline Næss | 94 | Jessheim | 22.08.2005 |
| 11.07 | Nora Røen Hansen | 99 | Jessheim | 25.05.2010 |
| 11.12 | Nora Mathisen | 97 | Jessheim | 18.08.2008 |
| 11.16 | Hannah Kastel | 05 | Jessheim | 02.06.2016 |
| 11.16 | Irene Frilseth | 79 | Jessheim | 27.09.1990 |
| 11.17 | Tina Moen | 00 | Nadderud | 24.09.2011 |
| 11.24 | Karoline Merli | 89 | Jessheim | 22.05.2000 |
| 11.26 | Frøydis Åsheim | 02 | Lillestrøm | 25.05.2013 |
| 11.55 | Hanne Sofie Borgen | 99 | Jessheim | 25.05.2010 |
| 11.58 | Ida Kristine Holter | 94 | Jessheim | 18.08.2005 |

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| **60m M** |  |

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| --- | --- | --- | --- | --- |
| 8.7 | Linn Helene Bakke | 91 | Jessheim | 12.09.2002 |
| 8.8 | Cora Halsan | 47 | Sandvika/Ka | 22.06.1958 |
| 8.9 | Britt Scheie | 64 | Strømmen | 11.06.1975 |
| 8.9 | Inger Birgitte Reppe | 68 | Lillestrøm | 08.09.1979 |
| 8.9 | Lene Kristin Nyland | 74 | Jessheim | 23.09.1985 |
| 9.1 | Hilde Verpe | 63 | Kløfta | 04.09.1974 |
| 9.1 | Guri Fjeldberg | 69 | Rolvsrud | 14.09.1980 |
| 9.1 | Emilie Hov Andreassen | 00 | Jessheim | 15.09.2011 |
| 9.2 | Anita Melbye | 58 | Blaker/Br | 27.09.1969 |
| 9.3 | Torill Henriksen | 61 | Lørenfallet | 13.06.1972 |
| 9.3 | Anne Berit Haug | 64 | Hønefoss | 14.09.1975 |
| 9.3 | Victoria Hillveg | 86 | Jessheim | 16.06.1997 |
| 9.4 | Rikke Rosenkilde | 50 | Strømmen | 01.09.1961 |
| 9.4 | Inger Torill Granheim | 52 | Råholt | 21.09.1963 |

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| **JENTER 11** | **401** |

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| **60m M forts.** |  |

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| --- | --- | --- | --- | --- |
| 9.4 | Anne Sofie Scheie | 59 | Lillestrøm | 19.09.1970 |
| 9.4 | Gry Vera Gjevert | 60 | Jessheim | 19.09.1971 |
| 9.4 | Anne Sundheim | 64 | Hønefoss | 14.09.1975 |
| 9.4 | Cecilie Laache | 66 | Strømmen | 22.08.1977 |
| 9.4 | Silje Scheie Bråthen | 91 | Jessheim | 12.09.2002 |
| 9.5 | Anne Willersrud | 71 | Larvik/Lo | 04.09.1982 |
| 9.5 | Christine Nerhagen | 91 | Jessheim | 12.09.2002 |
| 9.6 | Unn Berit Knutsen | 56 | Lillestrøm | 09.09.1967 |
| 9.6 | Siri Fjeldberg | 71 | Larvik/Lo | 04.09.1982 |
| 9.6 | Ingrid Maudal | 82 | Ski | 13.06.1993 |
| 9.6 | Charlotte Oliversen | 91 | Årnes | 11.09.2002 |
| 9.7 | Ragnhild Sundby | 44 | Jessheim | 04.10.1955 |
| 9.7 | May Gunn Knutsen | 54 | Råholt | 12.09.1965 |
| 9.7 | Tone Nordby Andersen | 55 | Lillestrøm | 11.09.1966 |
| 9.7 | Kamilla Bråthen | 77 | Strømmen | 08.06.1988 |
| 9.7 | Astrid Huitfeldt | 77 | Jessheim | 18.09.1988 |
| 9.8 | Marit Wiig | 49 | Råholt | 28.06.1960 |
| 9.8 | Ranghild Mehus | 77 | Jessheim | 18.09.1988 |
| 9.8 | Tonje Moen | 00 | Jessheim | 15.09.2011 |
| 9.8 | Solveig Emilie Johansen | 03 | Jessheim | 05.06.2014 |
| 9.9 | Anne Marie Søberg | 45 | Strømmen | 26.08.1956 |
| 9.9 | May Britt Mehlen | 57 | Nannestad | 28.07.1968 |
| 9.9 | Anniken Lunder | 62 | Kløfta | 22.06.1973 |
| 9.9 | Mariann Hansen | 96 | Jessheim | 04.06.2007 |
| 10.0 | Elisabeth Magnussen | 55 | Lillestrøm | 11.09.1966 |
| 10.0 | Monica Harstad | 74 | Haga | 14.06.1985 |
| 10.0 | Sidsel Bakken | 55 | Lillestrøm | 11.09.1966 |
| 10.0 | Katrine Finstad | 75 | Årnes | 03.09.1985 |
| 10.0 | Tonje Oliversen | 91 | Årnes | 11.09.2002 |
| 10.0 | Hedda Algarheim Tverås | 01 | Jessheim | 12.06.2012 |
| 10.1 | Nina Iversen | 46 | Jessheim | 10.08.1957 |
| 10.1 | Trine Korsmo | 52 | Jessheim | 25.09.1963 |
| 10.1 | Inger Anne Nerhagen | 57 | Blaker/Br | 15.09.1968 |
| 10.1 | Sofie Rostad | 94 | Jessheim | 09.06.2005 |
| 10.1 | Anniken Alnæs | 94 | Årnes | 29.06.2005 |
| 10.2 | Kirsten Ladegård | 56 | Lillestrøm | 09.09.1967 |
| 10.2 | Ingrid Brekke | 74 | Haga | 23.08.1985 |
| 10.3 | Ellen Refsum | 46 | Jessheim | 10.08.1957 |
| 10.3 | Aase Alstad | 48 | Jessheim | 15.09.1959 |
| 10.3 | Bjørg Torp | 49 | Råholt | 28.06.1960 |
| 10.3 | Kristin Indredavik | 74 | Oslo/La | 16.05.1985 |
| 10.3 | Tone Kari Fuglesang | 74 | Jessheim | 23.09.1985 |
| 10.3 | Marianne Kverneggen | 75 | Jessheim | 28.06.1986 |

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| **JENTER 11** | **402** |

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| **60m M forts.** |  |

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| --- | --- | --- | --- | --- |
| 10.3 | Siri Hansen | 82 | Jessheim | 23.09.1993 |
| 10.3 | Anette Finstad | 85 | Haga | 06.06.1996 |
| 10.3 | Marie Tømmerberg | 91 | Jessheim | 12.09.2002 |
| 10.4 | Inger Laache | 46 | Jessheim | 10.08.1957 |
| 10.4 | Grete Vegel | 47 | Eidsvoll/My | 03.08.1958 |
| 10.4 | Greta Langmo | 50 | Jessheim | 10.09.1961 |
| 10.4 | Lill Strømberg | 55 | Lillestrøm | 11.09.1966 |
| 10.4 | Nna Strand | 74 | Jessheim | 23.09.1985 |
| 10.4 | Elisabeth Brovold | 60 | Jessheim | 19.09.1971 |
| 10.4 | Turid Kamstrup Hovind | 92 | Jessheim | 11.09.2003 |
| 10.5 | Ingborg Dønnum | 49 | Jessheim | 20.09.1960 |
| 10.5 | Synnøve Bekkelund | 53 | Jessheim | 16.08.1964 |
| 10.5 | Else Marie Dønnum | 53 | Jessheim | 16.08.1964 |
| 10.5 | Anette Kiran | 82 | Nittedal | 08.06.1993 |
| 10.5 | Nora Røen Hansen | 99 | Jessheim | 10.06.2010 |
| 10.6 | Nina Snare | 74 | Haga | 14.06.1985 |
| 10.7 | Grete Uhlen | 49 | Jessheim | 20.09.1960 |
| 10.7 | Tone Sand | 50 | Jessheim | 10.09.1961 |
| 10.7 | Kari Kragset | 82 | Nittedal | 08.06.1993 |
| 10.7 | Lise Mette Holme | 82 | Jessheim | 23.09.1993 |
| 10.7 | Elisabeth Johannessen | 82 | Jessheim | 23.09.1993 |
| 10.7 | Ida Kristine Holter | 94 | Jessheim | 09.06.2005 |

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| **80m E** |  |

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| --- | --- | --- | --- | --- |
| 12.63 | Kirsten Daae Wiig | 97 | Lillestrøm | 27.09.2008 |

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| **80m M** |  |

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| --- | --- | --- | --- | --- |
| 12.3 | Inger Torill Granheim | 52 | Råholt | 22.09.1963 |
| 13.0 | Tone Nordby Andersen | 55 | Lillestrøm | 10.09.1966 |
| 13.3 | Elisabeth Magnussen | 55 | Lillestrøm | 11.09.1966 |
| 13.4 | Ingrid Maudal | 82 | Strømmen | 11.09.1993 |
| 13.9 | Sidsel Bakken | 55 | Lillestrøm | 10.09.1966 |
| 14.0 | Lill Strømberg | 55 | Lillestrøm | 10.09.1966 |
| 14.2 | Else Marie Dønnum | 53 | Jessheim | 16.08.1964 |
| 14.4 | Nikola Olsen | 55 | Jessheim | 10.09.1966 |
| 14.4 | Kari Kragset | 82 | Strømmen | 11.09.1993 |

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| **100m E** |  |

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| --- | --- | --- | --- | --- |
| 14.63 | Solveig Amilie Johansen | 04 | Drammen/Ma | 23.08.2015 |

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| **JENTER 11** | **403** |

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| **100m M** |  |

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| --- | --- | --- | --- | --- |
| 14.5 | Anne Beate Kogstad | 63 | Jessheim | 11.09.1974 |
| 14.6 | Anniken Lunder | 62 | Jessheim | 29.06.1973 |
| 14.7 | Inger Birgitte Reppe | 68 | Strømmen | 04.06.1979 |
| 15.3 | Anne Berit Haug | 64 | Lørenfallet | 21.06.1975 |
| 15.4 | Anita Melbye | 58 | Lillestrøm | 07.09.1969 |
| 15.4 | Guri Fjeldberg | 69 | Rolvsrud | 14.09.1980 |
| 15.7 | Gry Vera Gjevert | 60 | Jessheim | 19.09.1971 |
| 15.8 | Kamilla Bråthen | 77 | Jessheim | 30.05.1988 |
| 15.9 | Kristin Ladegård | 56 | Lillestrøm | 09.09.1967 |
| 16.1 | Astrid Huitfeldt | 77 | Jessheim | 30.05.1988 |
| 16.4 | Astrid Mathisen | 76 | Jessheim | 28.09.1987 |
| 16.5 | Kristin Urnes | 75 | Fetsund/Fe | 09.06.1986 |

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| **200m E** |  |

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| --- | --- | --- | --- | --- |
| 31.55 | Emilie Hov Andreassen | 00 | Nadderud | 20.06.2011 |
| 32.19 | Amalie Westby Liestøl | 02 | Lillehammer/Ss | 20.06.2013 |
| 32.36 | Bettina Julsrud Berg | 12 | Jessheim | 11.08.2023 |
| 32.47 | Anna Jørgensen | 11 | Jessheim | 06.08.2022 |
| 32.66 | Lea Hammer | 10 | Nadderud | 17.09.2021 |
| 32.68 | June Laake | 04 | Arvika, SWE | 26.07.2015 |
| 33.38 | Hedda Algarheim Tverås | 01 | Nadderud | 16.06.2012 |
| 33.54 | Hermine Opsahl Torgersen | 10 | Nadderud | 17.09.2021 |
| 33.60 | Vår Åsheim | 99 | Nadderud | 13.06.2010 |
| 36.10 | Ella Hjeltnes | 11 | Oslo/St | 11.09.2022 |

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| **200m M** |  |

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| --- | --- | --- | --- | --- |
| 31.1 | Emilie Hov Andreassen | 00 | Jessheim | 03.09.2011 |
| 31.4 | Munda Mkanda | 94 | Jessheim | 23.04.2005 |
| 33.3 | Vår Åsheim | 99 | Jessheim | 03.09.2010 |
| 33.4 | Amalie Westby Liestøl | 02 | Jessheim | 30.05.2013 |
| 35.9 | Helena Seland Myhre | 97 | Jessheim | 04.09.2008 |
| 36.9 | Anne Line Olsen | 97 | Jessheim | 04.09.2008 |
| 37.0 | Karoline Næss | 94 | Jessheim | 23.04.2005 |
| 37.8 | Randi Daae Wiig | 00 | Jessheim | 03.09.2011 |
| 39.8 | Ida Holter | 94 | Jessheim | 23.04.2005 |
| 40.2 | Carine Walskrå | 00 | Jessheim | 03.09.2011 |

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| **600m** |  |

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| --- | --- | --- | --- | --- |
| 1:51.20 | Julie Hammer | 04 | Lillehammer/Ss | 21.06.2015 |
| 1:51.44 | Mathea Rundgren Olsen | 06 | Nittedal | 20.08.2017 |
| 1:57.25 | Emilie Hov Andreassen | 00 | Nadderud | 23.09.2011 |
| 1:57.39 | June Laake | 04 | Lillehammer/Ss | 21.06.2015 |

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| **JENTER 11** | **404** |

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| **600m forts.** |  |

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| --- | --- | --- | --- | --- |
| 1:57.91 | Silje Berg-Knutsen | 05 | Nadderud | 12.06.2016 |
| 2:00.68 | Hermine Opsahl Torgersen | 10 | Nadderud | 19.09.2021 |
| 2:02.98 | Lea Hammer | 10 | Nadderud | 19.09.2021 |
| 2:03.00 | Amalie Westby Liestøl | 02 | Lillehammer/Ss | 23.06.2013 |
| 2:03.5 | Mariann Rasen | 96 | Jessheim | 04.06.2007 |
| 2:03.87 | Anniken Alnæs | 94 | Bjørkelangen | 04.06.2005 |
| 2:05.0 | Torill Henriksen | 61 | Lørenfallet | 13.06.1972 |
| 2:05.02 | Hedda Algarheim Tverås | 01 | Lilleshammer/Ss | 24.06.2012 |
| 2:06.04 | Sophie Mannion | 06 | Jessheim | 23.05.2017 |
| 2:06.35 | Solveig Emilie Johansen | 03 | Lillestrøm | 25.05.2014 |
| 2:09.64 | Sofie Rostad | 94 | Asker/Fø | 29.05.2005 |
| 2:09.64 | Bettina Julsrud Berg | 12 | Oslo/Sp | 06.05.2023 |
| 2:09.69 | Malena Gulbrandsen Høe | 05 | Nadderud | 12.06.2016 |
| 2:09.82 | Kirsten Daae Wiig | 97 | Lillestrøm | 23.08.2008 |
| 2:10.20 | Hedda Aakre Skatvedt | 00 | Nadderud | 23.09.2011 |
| 2:11.75 | Hedda Johanne Finne | 04 | Lillehammer/Ss | 21.06.2015 |
| 2:15.65 | Celina Kristiansen | 97 | Jessheim | 18.08.2008 |
| 2:16.12 | Jennie Alette Aronsen | 12 | Lillestrøm | 13.05.2023 |
| 2:18.93 | Frøydis Åsheim | 02 | Lillestrøm | 09.06.2013 |
| 2:19.14 | Karoline Næss | 94 | Jessheim | 22.08.2005 |
| 2:20.35 | Mai Østreng | 03 | Lillestrøm | 25.05.2014 |
| 2:22.28 | Nora Røen Hansen | 99 | Oslo/Bi | 05.06.2010 |
| 2:23.52 | Sanna Schancke Krauss | 01 | Jessheim | 23.08.2012 |
| 2:26.22 | Annie Myklebust | 01 | Jessheim | 23.08.2012 |
| 2:34.04 | Ingerid Petrikke Huuse | 06 | Jessheim | 23.05.2017 |
| 2:29.70 | Celine Anseth Skeie | 95 | Jessheim | 21.08.2006 |
| 2.42.80 | Maren Toppen | 99 | Jessheim | 25.05.2010 |
| 2:44.7 | Carina Walskrå | 00 | Jessheim | 19.09.2011 |
| 2:49.07 | Hanne Sofie Borgen | 99 | Jessheim | 25.05.2010 |

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| **800m** |  |

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| --- | --- | --- | --- | --- |
| 2:50.40 | Kamilla Bråthen | 77 | Raufoss | 03.09.1988 |
| 2:52.00 | Hermine Opsahl Torgersen | 10 | Nittedal | 21.08.2021 |
| 2:52.8 | Hilde Rustad | 66 | Lillestrøm | 16.09.1977 |
| 2:53.5 | Emilie Hov Andreassen | 00 | Jessheim | 19.09.2011 |
| 2:54.9 | Silje Berg-Knutsen | 05 | Jessheim | 15.10.2016 |
| 2:56.5 | Lene Kristin Nyland | 74 | Jessheim | 23.09.1985 |
| 2:56.94 | Lea Hammer | 10 | Nittedal | 21.08.2021 |
| 2:59.0 | Astrid Huitfeldt | 77 | Jessheim | 18.09.1988 |
| 2:59.09 | Charlotte Oliversen | 91 | Jessheim | 23.09.2002 |
| 2:59.4 | Hedda Aakre Skatvedt | 00 | Jessheim | 19.08.2011 |
| 2:59.80 | Tonje Oliversen | 91 | Jessheim | 23.09.2002 |
| 3:00.0 | Anette Kiran | 82 | Lillehammer/Ss | 27.06.1993 |

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| **JENTER 11** | **405** |

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| **800m forts.** |  |

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| --- | --- | --- | --- | --- |
| 3:00.9 | Amalie Westby Liestøl | 02 | Jessheim | 28.09.2013 |
| 3:01.0 | Christine Nerhagen | 91 | Jessheim | 13.06.2002 |
| 3:06.98 | Silje Scheie Bråthen | 91 | Jessheim | 23.09.2002 |
| 3:07.6 | Katrine Finstad | 75 | Jessheim | 28.06.1986 |
| 3:08.5 | Kirsten Daae Wiig | 97 | Jessheim | 20.09.2008 |
| 3:08.6 | Vår Åsheim | 99 | Jessheim | 19.09.2010 |
| 3:14.9 | Anne Line Olsen | 97 | Jessheim | 20.09.2008 |
| 3:16.0 | Sophie Mannion | 05 | Jessheim | 15.10.2016 |
| 3:16.9 | Cecilie Bakkerud | 08 | Jessheim | 26.09.2019 |
| 3:18.1 | Nina Sand | 74 | Jessheim | 23.09.1985 |
| 3:20.33 | Natalie Norbech Jøransen | 07 | Jessheim | 27.09.2018 |
| 3:21.5 | Sofie Rostad | 94 | Jessheim | 26.05.2005 |
| 3:22.9 | Randi Daae Wiig | 00 | Jessheim | 19.09.2011 |
| 3:24.0 | Turid Kamstrup Hovind | 92 | Jessheim | 12.06.2003 |
| 3:27.7 | Elisabeth Johannessen | 82 | Jessheim | 20.09.1993 |
| 3:32.4 | Kristin Stanger | 89 | Jessheim | 14.08.2000 |
| 3:34.4 | Tone Kari Fuglesang | 74 | Jessheim | 23.09.1985 |
| 3:34.9 | Ingrid Maudal | 82 | Jessheim | 20.09.1993 |
| 3:40.2 | Nina Kristin Nyheim | 74 | Jessheim | 23.09.1985 |
| 3:41.93 | Hermine Eian | 07 | Jessheim | 27.09.2018 |
| 3:43.0 | Kari Kragset | 82 | Nittedal | 08.06.1993 |
| 3:43.5 | Anette Finstad | 85 | Årnes | 12.06.1996 |
| 3:43.5 | Ingvild Skolt | 85 | Årnes | 12.06.1996 |
| 3:47.2 | Ingrid Brekke | 74 | Jessheim | 23.09.1985 |
| 3:48.2 | Christina Rieber-Mohn | 08 | Jessheim | 26.09.2019 |

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| **5km veiløp** |  |

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| --- | --- | --- | --- | --- |
| 22:46 | Hermine Opsahl Torgersen | 10 | Jessheim | 02.10.2021 |
| 27:48 | Klara Slåstad | 12 | Jessheim | 30.09.2023 |

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| **60m hekk 68 cm E** |  |

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| --- | --- | --- | --- | --- |
| 11.02 | Vår Åsheim | 99 | Nadderud | 13.06.2010 |
| 11.24 | Bettina Julsrud Berg | 12 | Rud | 18.06.2023 |
| 11.63 | Munda Mkanda | 94 | Oslo/Bi | 27.08.2005 |
| 11.94 | Malena Gulbrandsen Høe | 05 | Nadderud | 12.06.2016 |
| 12.37 | June Laake | 04 | Lillestrøm | 31.05.2015 |
| 12.50 | Julie Hammer | 04 | Oslo/Bi | 08.08.2015 |
| 13.18 | Solveig Emilie Hjeltnes | 04 | Nittedal | 23.08.2015 |
| 13.26 | Silje Berg-Knutsen | 05 | Lillestrøm | 29.05.2016 |
| 13.45 | Tonje Moen | 00 | Nadderud | 19.06.2011 |
| 13.91 | Malene Høe | 04 | Nittedal | 23.08.2015 |
| 14.60 | Mia Østreng | 03 | Oslo/Bi | 13.06.2014 |
| 14.80 | Hedda Johanne Finne | 04 | Lillestrøm | 31.05.2015 |
| 15.56 | Tina Moen | 00 | Nadderud | 24.09.2011 |
| **JENTER 11** | | **406** | | |

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| **60m hekk 76.2 cm E** |  |

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| 10.97 | Victoria Hillveg | 86 | Lillehammer/Ss | 27.06.1997 |
| 11.08 | Lea Hammer | 10 | Nadderud | 19.09.2021 |
| 12.29 | Hermine Opsahl Torgersen | 10 | Nadderud | 19.09.2021 |
| 13.19 | Lise Mette Holme | 83 | Oslo/Bi | 02.07.1994 |

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| **60m hekk 76.2 cm M** |  |

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| 12.4 | Tone Sæthermoen | 69 | Strømmen | 06.08.1980 |
| 13.5 | Guri Fjeldberg | 69 | Strømmen | 06.08.1980 |
| 13.8 | Kamilla Bråthen | 77 | Årnes | 24.06.1988 |

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| **200m hekk 68 cm E** |  |

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| 38.30 | Lea Hammer | 10 | Nittedal | 21.08.2021 |
| 41.54 | Hermine Opsahl Torgersen | 10 | Nittedal | 21.08.2021 |

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| **800m hinder 40 cm** | **5 hindere – vanngrav 15cm** |

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| 3:10.53 | Lea Hammer | 10 | Jessheim | 06.08.2021 |
| 3:11.01 | Hermine Opsahl Torgersen | 10 | Jessheim | 06.08.2021 |

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| **Høyde** |  |

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| --- | --- | --- | --- | --- |
| 1.41 | Victoria Hillveg | 86 | Bjørkelangen | 24.05.1997 |
| 1.30 | Lise Mette Holme | 83 | Oslo/Bi | 01.07.1994 |
| 1.30 | Ebba Beyer | 98 | Jessheim | 16.06.2009 |
| 1.30 | Mari Steen Myrvang | 06 | Nittedal | 03.06.2017 |
| 1.29 | Linn Helene Bakke | 91 | Lillehammer/Ss | 28.06.2002 |
| 1.25 | Hedda Algarheim Tverås | 01 | Jessheim | 23.08.2012 |
| 1.22 | Ella Hjeltnes | 11 | Nittedal | 21.08.2022 |
| 1.21 | Inger Torill Granheim | 52 | Jessheim | 09.10.1963 |
| 1.20 | Cora Halsan | 47 | Jessheim | 01.08.1958 |
| 1.20 | Anne Marie Scheie | 59 | Lillestrøm | 19.09.1970 |
| 1.20 | Vår Åsheim | 99 | Jessheim | 15.06.2010 |
| 1.16 | Lise Ørvik | 53 | Jessheim | 15.08.1964 |
| 1.16 | Bente Haugen | 59 | Lillestrøm | 19.09.1970 |
| 1.15 | Guri Fjeldberg | 69 | Kløfta | 04.10.1980 |
| 1.15 | Kamilla Bråthen | 77 | Årnes | 24.06.1988 |
| 1.15 | Silje Scheie Bråthen | 91 | Jessheim | 20.06.2002 |
| 1.15 | Selma Norseth Kvam | 04 | Nadderud | 14.06.2015 |
| 1.12 | Else Marie Dønnum | 53 | Jessheim | 15.08.1964 |
| 1.11 | Benedikte Rønneberg | 06 | Jessheim | 23.05.2017 |
| 1.10 | Anne Lise Sundbø | 63 | Jessheim | 11.09.1974 |

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| **JENTER 11** | **407** |

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| **Høyde forts.** |  |

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| --- | --- | --- | --- | --- |
| 1.10 | Kirsten Ladegård | 56 | Lillestrøm | 10.09.1967 |
| 1.10 | Trine Haug Ruud | 69 | Jessheim | 18.06.1980 |
| 1.10 | Christine Nerhagen | 91 | Jessheim | 20.06.2002 |
| 1.10 | Celine Anseth Skeie | 95 | Jessheim | 12.06.2006 |
| 1.10 | Kirsten Daae Wiig | 97 | Jessheim | 18.08.2008 |
| 1.10 | Tonje Moen | 00 | Jessheim | 15.09.2011 |
| 1.10 | Hanna Emilie Hjeltnes | 04 | Lillestrøm | 31.05.2015 |
| 1.10 | Hedda Johanne Finne | 04 | Lillehammer/Ss | 13.09.2015 |
| 1.05 | Bjørg Torp | 49 | Råholt | 20.08.1960 |
| 1.05 | Britt Scheie | 63 | Gardermoen | 14.06.1974 |
| 1.05 | Hildegunn Bjerkan | 63 | Gardermoen | 14.06.1974 |
| 1.05 | Astrid Huitfeldt | 77 | Jessheim | 18.09.1988 |
| 1.05 | Ingrid Maudal | 82 | Strømmen | 11.09.1993 |
| 1.05 | Sofie Rostad | 94 | Jessheim | 22.08.2005 |
| 1.00 | Tone Nordby Andersen | 55 | Lillestrøm | 10.09.1966 |
| 1.00 | Elisabeth Magnussen | 55 | Lillestrøm | 10.09.1966 |
| 0.95 | Kari Kragset | 82 | Strømmen | 11.09.1993 |
| 0.95 | Maria Rogstad | 97 | Jessheim | 18.08.2008 |
| 0.95 | Hanne Sofie Borgen | 99 | Jessheim | 25.05.2010 |
| 0.95 | Maren Toppen | 99 | Jessheim | 15.06.2010 |
| 0.95 | Malene Høe | 04 | Nittedal | 23.08.2015 |
| 0.93 | Aase Alstad | 48 | Jessheim | 15.09.1959 |
| 0.90 | Frida Fiveland | 89 | Jessheim | 22.05.2000 |

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| **Lengde S: Sats i satsfelt** |  |

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| --- | --- | --- | --- | --- |
| 4.35 | Anita Melbye | 58 | Kongsberg | 14.09.1969 |
| 4.27 s | Linn Helene Bakke | 91 | Jessheim | 19.08.2002 |
| 4.21s | Guri Fjeldberg | 69 | Strømmen | 06.08.1980 |
| 4.16 s | Anna Jørrgensen | 11 | Jessheim | 06.08.2022 |
| 4.14 s | Vår Åsheim | 99 | Oslo/Bi | 22.05.2010 |
| 4.11 | Hilde Verpe | 63 | Kløfta | 04.09.1974 |
| 4.10 s | Munda Mkanda | 94 | Jessheim | 22.08.2005 |
| 4.06 s | Emilie Hov Andreassen | 01 | Nadderud | 23.09.2011 |
| 4.04s | Inger Birgitte Reppe | 68 | Årnes | 28.08.1979 |
| 3.98 s | Amalie Westby Liestøl | 02 | Lillestrøm | 25.05.2013 |
| 3.95 | Cora Halsan | 47 | Lillestrøm | 15.06.1958 |
| 3.95 | Anne Beate Kogstad | 63 | Kløfta | 04.09.1974 |
| 3.88 s | Kamilla Bråthen | 77 | Bjørkelangen | 30.08.1988 |
| 3.86 s | Silje Berg-Knutsen | 05 | Nittedal | 20.08.2016 |
| 3.80 | Cecilie Laache | 66 | Strømmen | 22.08.1977 |
| 3.80 s | Malena Gulbrandsen Høe | 05 | Oslo/Bi | 13.06.2016 |
| 3.75 s | Victoria Hillveg | 86 | Bjørkelangen | 24.05.1997 |

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| **JENTER 11** | **408** |

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| **Lengde S: Sats i satsfelt forts.** |  |

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| --- | --- | --- | --- | --- |
| 3.75 s | Silje Scheie Bråthen | 91 | Årnes | 11.09.2002 |
| 3.72 s | Kirsten Daae Wiig | 97 | Lillehammer/Ss | 22.06.2008 |
| 3.70 | Ragnhild Sundby | 44 | Jessheim | 04.10.1955 |
| 3.68 | Inger Torill Granheim | 52 | Råholt | 18.08.1963 |
| 3.67 | May Britt Mehlen | 57 | Nannestad | 28.07.1968 |
| 3.66 | Inger Anne Nerhagen | 57 | Blaker/Br | 15.09.1968 |
| 3.66 s | Marit Undseth | 76 | Jessheim | 18.05.1987 |
| 3.66 s | Tonje Oliversen | 91 | Årnes | 11.09.2002 |
| 3.65 s | Bettina Julsrud Berg | 12 | Rud | 16.06.2023 |
| 3.64 s | June Laake | 04 | Lillestrøm | 30.05.2015 |
| 3.63 s | Charlotte Oliversen | 91 | Jessheim | 23.09.2002 |
| 3.61 | Torill Henriksen | 61 | Strømmen | 09.09.1972 |
| 3.61 s | Monica Harstad | 74 | Oslo/La | 16.05.1985 |
| 3.61 s | Lena Kristin Nyland | 74 | Jessheim | 23.09.1985 |
| 3.61 s | Ebba Beyer | 98 | Jessheim | 16.06.2009 |
| 3.60 | Rikke Rosenkilde | 50 | Jessheim | 10.09.1961 |
| 3.56 s | Lea Hammer | 10 | Jessheim | 07.08.2021 |
| 3.52 s | Astrid Huitfeldt | 77 | Jessheim | 06.06.1988 |
| 3.52 s | Christine Nerhagen | 91 | Årnes | 11.09.2002 |
| 3.48 s | Solveig Emilie Johansen | 03 | Jessheim | 02.09.2014 |
| 3.46 | Lise Ørvik | 53 | Jessheim | 15.08.1964 |
| 3.44 | Unn Berit Knutsen | 56 | Lillestrøm | 10.09.1967 |
| 3.42 | Nina Brandvold | 63 | Gardermoen | 14.06.1974 |
| 3.42 s | Hedda Johanne Finne | 04 | Lillehammer/Ss | 12.09.2015 |
| 3.41 s | Julie Hammer | 04 | Asker/Fø | 06.06.2015 |
| 3.37 | Marit Wiig | 49 | Råholt | 21.08.1960 |
| 3.40 s | Celine Anseth Skeie | 95 | Jessheim | 21.08.2006 |
| 3.40 s | Vie Rudi Lund | 10 | Jessheim | 03.06.2021 |
| 3.37 s | Kristin Indredavik | 74 | Oslo/La | 16.05.1985 |
| 3.35 | Kirsten Ladegård | 56 | Lillestrøm | 10.09.1967 |
| 3.34 s | Ingrid Maudal | 82 | Jessheim | 23.09.1993 |
| 3.32 s | Sofie Rostad | 94 | Asker/Fø | 29.05.2005 |
| 3.31 s | Hanna Emilie Hjeltnes | 04 | Nadderud | 12.06.2015 |
| 3.30 | Elisabeth Magnussen | 55 | Lillestrøm | 11.09.1966 |
| 3.29 s | Amanda Dahl | 04 | Lillestrøm | 30.05.2015 |
| 3.28 s | Katrine Finstad | 75 | Jessheim | 11.06.1986 |
| 3.27 | May Gunn Knutsen | 54 | Råholt | 12.09.1965 |
| 3.27 s | Sanna Schancke Krauss | 01 | Jessheim | 23.08.2012 |
| 3.26 | Else Marie Dønnum | 53 | Jessheim | 15.08.1964 |
| 3.26 | Tone Nordby Andersen | 55 | Blaker/Br | 21.08.1966 |
| 3.25 s | Anette Erikstad | 85 | Hurdal | 29.05.1996 |
| 3.23 s | Nora Røen Hansen | 99 | Jessheim | 15.06.2010 |
| 3.20 s | Marie Tømmerberg | 91 | Årnes | 11.09.2002 |

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| **JENTER 11** | **409** |

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| **Lengde S: Sats i satsfelt forts.** |  |

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| --- | --- | --- | --- | --- |
| 3.20 s | Anniken Alnæs | 94 | Årnes | 29.06.2005 |
| 3.19 s | Helena Seland Myhre | 97 | Jessheim | 02.06.2008 |
| 3.18 s | Jannicke Mathisen | 91 | Jessheim | 23.09.2002 |
| 3.18 s | Tonje Moen | 00 | Nadderud | 23.09.2011 |
| 3.17 s | Hermine Opsahl Torgersen | 10 | Jessheim | 07.08.2021 |
| 3.12 s | Karoline Næss | 94 | Jessheim | 01.10.2005 |
| 3.12 s | Frøydis Åsheim | 02 | Lillestrøm | 25.05.2013 |
| 3.10 s | Anette Kiran | 82 | Nittedal | 08.06.1993 |
| 3.08 | Eva Berg | 55 | Jessheim | 02.10.1966 |
| 3.06 | Synnøve Bekkelund | 53 | Jessheim | 15.08.1964 |
| 3.06 s | Tina Moen | 00 | Nadderud | 23.09.2011 |
| 3.05 s | Turid Brendløkken | 76 | Jessheim | 18.05.1987 |
| 3.04 | Kari Kragset | 82 | Nittedal | 08.06.1993 |
| 3.02 | Nina Sand | 74 | Jessheim | 23.09.1985 |
| 3.00 s | Jeanette Korslund | 76 | Jessheim | 18.05.1987 |
| 2.97 s | Maria Rogstad | 97 | Jessheim | 18.08.2008 |
| 2.97 s | Maren Toppen | 99 | Jessheim | 25.05.2010 |
| 2.95 | Grete Vegel | 47 | Eidsvoll/My | 03.08.1958 |
| 2.93 | Tone Kari Fuglesang | 74 | Jessheim | 23.09.1985 |
| 2.92 s | Irene Frilseth | 70 | Jessheim | 27.09.1990 |
| 2.90 | Trine Korsmo | 52 | Jessheim | 25.09.1963 |
| 2.88 s | Andrea McCall | 00 | Jessheim | 15.09.2011 |
| 2.85 | Anne Fagertun | 45 | Jessheim | 30.09.1956 |
| 2.75 s | Mariann Hansen | 96 | Jessheim | 04.06.2007 |
| 2.67 s | Ingrid Bakke | 74 | Jessheim | 23.09.1985 |
| 2.67 | Annie Myklebust | 01 | Jessheim | 23.08.2012 |
| 2.63 | Sidsel Bakke | 55 | Lillestrøm | 11.09.1966 |
| 2.59 s | Hanne Sofie Borgen | 99 | Lillehammer/Ss | 20.06.2010 |

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| **Tresteg** |  |

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| --- | --- | --- | --- | --- |
| 7.46 s | Malena Gulbrandsen Høe | 05 | Nittedal | 21.08.2016 |
| 7.24 s | Ella Hjeltnes | 11 | Oslo/St | 09.09.2022 |
| 6.88 s | Hanna Emilie Hjeltnes | 04 | Nittedal | 23.08.2015 |

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| **Kule 2 kg** |  |

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| --- | --- | --- | --- | --- |
| 9.07 | Hanna Emilie Hjeltnes | 94 | Lillestrøm | 31.05.2015 |
| 8.69 | Ella Hjeltnes | 11 | Oslo/St | 10.09.2022 |
| 8.11 | Hedda Algarheim Tverås | 01 | Nadderud | 15.06.2012 |
| 7.89 | Ingrid Maudal | 82 | Jessheim | 20.09.1993 |
| 7.81 | Selma Norseth Kvam | 04 | Lillestrøm | 31.05.2015 |
| 7.32 | Victoria Hillveg | 86 | Oslo/Bi | 14.06.1997 |

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| **JENTER 11** | **410** |

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| **Kule 2 kg forts.** |  |

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| --- | --- | --- | --- | --- |
| 7.28 | Hedda Johanne Finne | 04 | Lillehammer/Ss | 12.09.2015 |
| 6.82 | Lene Kristin Nyland | 74 | Jessheim | 23.09.1985 |
| 6.74 | Kamilla Bråthen | 77 | Strømmen | 08.06.1988 |
| 6.67 | Hege Normann | 85 | Jessheim | 26.06.1996 |
| 6.65 | Lise Mette Holme | 83 | Bjørkelangen | 17.09.1994 |
| 6.51 | Anette Kiran | 82 | Nittedal | 08.06.1993 |
| 6.51 | Nora Røen Hansen | 00 | Jessheim | 26.05.2011 |
| 6.44 | Bettina Julsrud Berg | 12 | Rud | 15.06.2023 |
| 6.23 | Amalie Westby Liestøl | 02 | Lillestrøm | 26.05.2013 |
| 6.08 | Silje Berg-Knutsen | 05 | Nittewdal | 20.08.2016 |
| 5.84 | Karoline Næss | 94 | Jessheim | 01.10.2005 |
| 5.83 | Kari Kragset | 82 | Ski | 13.06.1993 |
| 5.59 | Malena Gulbrandsen Høe | 05 | Lillestrøm | 29.05.2016 |
| 5.43 | Kirsten Daae Wiig | 97 | Jessheim | 20.09.2008 |
| 5.42 | June Laake | 04 | Jessheim | 02.07.2015 |
| 5.41 | Ingrid Brekke | 74 | Jessheim | 23.09.1985 |
| 5.32 | Ingvild Skolt | 85 | Årnes | 12.06.1996 |
| 4.88 | Nina Sand | 74 | Jessheim | 23.09.1985 |
| 4.73 | Tone Kari Fugleberg | 74 | Jessheim | 23.09.1985 |
| 4.57 | Astrid Huitfeldt | 77 | Nadderud | 17.06.1988 |
| 4.60 | Vibeke Nessiøy | 78 | Bjørkelangen | 24.08.1989 |
| 4.49 | Nina Kristin Nyheim | 74 | Jessheim | 23.09.1985 |

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| **Kule 3 kg** |  |

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| --- | --- | --- | --- | --- |
| 6.33 | Guri Fjeldberg | 69 | Rolvsrud | 14.09.1980 |
| 5.49 | Siri Fjeldberg | 71 | Jessheim | 02.10.1982 |

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| **Diskos 600 g** |  |

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| 26.22 | Ella Hjeltnes | 11 | Oslo/St | 11.09.2022 |
| 18.94 | Victoria Hillveg | 86 | Jessheim | 28.09.1997 |
| 16.67 | Hanna Emilie Hjeltnes | 04 | Nittedal | 22.08.2015 |

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| **Slegge 2 kg** |  |

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| 20.29 | Ella Hjeltnes | 11 | Oslo/St | 09.09.2022 |
| 19.10 | Hanna Emilie Hjeltnes | 04 | Lillestrøm | 31.05.2015 |

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| **JENTER 11** | **411** |

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| **Spyd 400 g** |  |

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| 18.96 | Hanna Emilie Hjeltnes | 04 | Nittedal | 23.08.2015 |
| 15.75 | Kirsten Daae Wiig | 97 | Oslo/Bi | 24.05.2008 |
| 15.25 | Amalie Westby Liestøl | 02 | Jessheim | 30.05.2013 |
| 14.93 | Malena Gulbrandsen Høe | 05 | Nittedal | 21.08.2016 |
| 13.26 | Victoria Hillveg | 86 | Jessheim | 28.09.1997 |
| 12.10 | Ella Hjeltnes | 11 | Oslo/St | 11.09.2022 |
| 9.68 | Maren Toppen | 99 | Jessheim | 25.05.2010 |
| 9.65 | Hedda Algarheim Tverås | 01 | Jessheim | 20.05.2012 |
| 9.48 | Vår Åsheim | 99 | Jessheim | 25.05.2010 |
| 8.80 | Tina Moen | 00 | Jessheim | 23.09.2011 |

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| **Slengball 700 g Lang reim** |  |

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| --- | --- | --- | --- | --- |
| 31.07 | Marit Wiig | 49 | Jessheim | 20.09.1960 |
| 31.02 | Anita Melbye | 58 | Lillestrøm | 07.09.1969 |
| 27.39 | Bjørg Torp | 49 | Råholt | 21.08.1960 |
| 24.94 | Gry Vera Gjevert | 60 | Jessheim | 19.09.1971 |
| 23.91 | Lise Ørvik | 53 | Jessheim | 16.08.1964 |
| 21.84 | Inger Anne Nerhagen | 57 | Blaker/Br | 15.09.1968 |
| 21.45 | Else Marie Dønnum | 53 | Jessheim | 16.08.1964 |
| 21.08 | Tone Nordby Andersen | 55 | Lillestrøm | 11.09.1966 |
| 19.74 | Synnøve Bekkelund | 53 | Jessheim | 16.08.1964 |
| 17.80 | Trine Korsmo | 52 | Jessheim | 25.09.1963 |
| 17.76 | Sidsel Bakken | 55 | Lillestrøm | 11.09.1966 |

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| **Slengball 1 kg Kort reim** |  |

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| --- | --- | --- | --- | --- |
| 21.43 | Kirsten Daae Wiig | 97 | Lillestrøm | 27.09.2008 |
| 19.59 | Ingrid Maudal | 82 | Strømmen | 11.09.1993 |
| 12.69 | Kari Kragset | 82 | Strømmen | 11.09.1993 |
| 9.75 | Ingvild Skolt | 85 | Haga | 06.06.1986 |
| 9.40 | Katrine Anthonisen | 88 | Jessheim | 24.09.1999 |
| 9.20 | Anette Erikstad | 85 | Haga | 06.06.1996 |

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| **Liten ball 80 g** |  |

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| 35.02 | Kirsten Daae Wiig | 97 | Nadderud | 07.06.2008 |
| 33.06 | Marthe Schnitler | 78 | Jessheim | 13.09.1989 |
| 32.20 | Kamilla Bråthen | 77 | Bjørkelangen | 30.08.1988 |
| 29.08 | Kari Kragset | 82 | Ski | 13.06.1993 |
| 27.75 | Ingrid Maudal | 82 | Jessheim | 20.09.1993 |
| 26.80 | Victoria Hillveg | 86 | Bjørkelangen | 23.08.1997 |
| 21.49 | Anette Kiran | 82 | Jessheim | 20.09.1993 |
| 15.60 | Anette Erikstad | 85 | Hurdal | 29.05.1996 |

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| **JENTER 11** | **412** |

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| **Liten ball 150 g** |  |

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| 36.09 | Ella Hjeltnes | 11 | Nadderud | 12.09.2022 |
| 33.15 | Hanna Emilie Hjeltnes | 04 | Lillestrøm | 30.05.2015 |
| 32.53 | Selma Norseth Kvam | 04 | Nadderud | 14.06.2015 |
| 32.10 | Guri Fjeldberg | 69 | Kløfta | 04.10.1980 |
| 27.78 | Inger Birgitte Reppe | 68 | Rolvsrud | 27.06.1979 |
| 22.54 | Hedda Johanne Finne | 04 | Nadderud | 14.06.2015 |
| 22.35 | Bettina Julsrud Berg | 12 | Rud | 18.06.2023 |
| 20.98 | Kristin Urnes | 75 | Fetsund/Fe | 09.06.1986 |
| 20.20 | Lene Kristin Nyland | 74 | Lørenfallet | 22.08.1985 |
| 19.90 | Tone Kari Fugleberg | 74 | Lørenfallet | 22.08.1985 |
| 18.19 | Frøydis Åsheim | 02 | Oslo/Bi | 14.06.2013 |
| 17.94 | Malena Gulbrandsen Høe | 05 | Lillestrøm | 28.05.2016 |
| 17.70 | Lene Kristin Nyheim | 74 | Lørenfallet | 22.08.1985 |
| 17.68 | Marte Markegård | 04 | Lillestrøm | 30.05.2015 |
| 17.42 | Sofie Rostad | 94 | Jessheim | 20.09.2004 |
| 16.55 | Kristine Markegård | 04 | Lillestrøm | 30.05.2015 |
| 15.10 | Selma Kristiane Nilsen | 04 | Lillestrøm | 30.05.2015 |

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| **3-kamp M 60m-Lengde-Slengball 700 g** |  |

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| --- | --- | --- | --- | --- |
| 2934 | Anita Melbye | 58 | Blaker/Br | 28.09.1969 |
| 9.2-4.08-25.00 | | | |

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| --- | --- | --- | --- | --- |
| 2427 | Inger Anne Nerhagen | 57 | Blaker/Br | 15.09.1968 |
| 10.1-3.66-21.84 | | | |

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| **3-kamp M 60m-Lengde-Slengball 700 g** | **forts.** |

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| --- | --- | --- | --- | --- |
| 2138 | May Gunn Knutsen | 54 | Råholt | 12.09.1965 |
| 9.7-3.27-13.50 | | | |

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| --- | --- | --- | --- | --- |
| 2089 | Tone Nordby Andersen | 55 | Blaker/Br | 20.08.1966 |
| 10.4-30.5-18.26 | | | |

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| **3-kamp M 60m-Lengde-Kule 3** |  |

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| --- | --- | --- | --- | --- |
| 1678 | Siw Iren Hamberg | 64 | Hvam | 21.09.1975 |
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| **4-kamp M 60m-Lengde-Kule 2-800m** |  |

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| --- | --- | --- | --- | --- |
| 2397 | Anette Erikstad | 85 | Årnes | 12.06.1986 |
| 11.0-3.16-5.15-3:43.5 | | | |

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| **JENTER 11** | **413** |

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| **3-kamp M 60m-Lengde-Kule 3 forts.** |  |

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| --- | --- | --- | --- | --- |
| 2382 | Anette Kiran | 82 | Nittedal | 08.06.1993 |
| 10.5-6.51-3.10-3:17.1 | | | |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 2347 | Ingvild Skolt | 85 | Årnes | 12.06.1986 |
| 12.0-2.97-5.32-3:43.5 | | | |

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| --- | --- | --- | --- | --- |
| 2044 | Ingrid Maudal | 82 | Nittedal | 08.06.1993 |
| 19.3-6.04-3.25-3:40.5 | | | |

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| --- | --- | --- | --- | --- |
| 1705 | Kari Kragset | 82 | Nittedal | 08.06.1993 |
| 11.0-5.51-3.04-3:43.0 | | | |

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| **4-kamp M 60m-Lengde-Kule 3-800m** |  |

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| --- | --- | --- | --- | --- |
| 3422 | Inger Birgitte Reppe | 68 | Lørenfallet | 22.09.1979 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 3358 | Lene Kristin Nyland | 74 | Jessheim | 23.09.1985 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 3270 | Guri Fjeldberg | 69 | Rolvsrud | 14.09.1980 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 3028 | Anne Willersrud | 71 | Lillestrøm | 12.09.1982 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 2980 | Siri Fjeldberg | 71 | Lillestrøm | 12.09.1982 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 2490 | Nina Sand | 74 | Jessheim | 23.09.1985 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 2313 | Tone Kari Fuglesang | 74 | Jessheim | 23.09.1985 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 2071 | Ingrid Brekke | 74 | Jessheim | 23.09.1985 |
| ? | | | |

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| --- | --- | --- | --- | --- |
| 1979 | Nina Kristin Nyheim | 74 | Jessheim | 23.09.1985 |
| ? | | | |

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| **4-kamp 60m-Lengde-Kule 2-800m** |  |

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| --- | --- | --- | --- | --- |
| 2943 | Lise Mette Holme | 83 | Nittedal | 07.06.1994 |
| 9.9-4.03-6.18-3:02.0 | | | |

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| **JENTER 11** | **414** |

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| **4x60m E** |  |

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| --- | --- | --- | --- | --- |
| 36.89 | J111 |  | Nadderud | 20.09.2002 |
| Christine Nerhagen91-Silje Bråthen91-Linn Helene Bakke91-Charlotte Oliversen91 | | | |

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| --- | --- | --- | --- | --- |
| 39.47 | J11 |  | Asker/Fø | 31.05.2008 |
| Kirsten Wiig97-Helena Myhre97-Celina Larsen97-Hedda Lie97 | | | |

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| **3x600m** |  |

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| --- | --- | --- | --- | --- |
| 6:58.35 | J11 |  | Asker/Fø | 31.05.2008 |
| Helena Myhre97-Kristin Wiig97-Celina Larsen97 | | | |

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| **JENTER 11** | **415** |

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| **INNENDØRS** |  |

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| --- | --- |
| **60m E** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 8.95 | Solveig Emilie Johansen | 03 | Rud | 05.12.2015 |
| 8.96 | Linn Helene Bakke | 91 | Oslo/Ek | 07.12.2002 |
| 9.16 | Emilie Hov Andreassen | 00 | Oslo/Ek | 03.12.2011 |
| 9.21 | Anna Jørgensen | 11 | Rud | 13.02.2022 |
| 9.27 | Astrid Helene Walstad | 11 | Hvam | 03.12.2022 |
| 9.57 | Oda Rognstad | 05 | Hvam | 16.01.2016 |
| 9.64 | Karoline Hjelm Bakkerud | 06 | Hvam | 09.12.2017 |
| 9.67 | Munda Mkanda | 94 | Stange | 06.03.2005 |
| 9.69 | Kajsa Marie Ellevold | 08 | Hvam | 07.12.2019 |
| 9.71 | Hedda Algarheim Tverås | 01 | Oslo/Ek | 01.12.2012 |
| 9.73 | Emma Kristine Nilsen | 04 | Stange | 22.03.2015 |
| 9.73 | Sara Isabella Bertheussen | 07 | Hvam | 08.12.2018 |
| 9.73 | Hermine Opsahl Torgersen | 10 | Hvam | 04.12.2021 |
| 9.77 | Norina Vestre | 11 | Hvam | 03.12.2022 |
| 9.81 | June Laake | 04 | Stange | 22.03.2015 |
| 9.84 | Vår Åsheim | 99 | Lillestrøm | 30.01.2010 |
| 9.84 | Bettina Julsrud Berg | 12 | Stange | 12.03.2023 |
| 9.88 | Amalie Westby Liestøl | 02 | Stange | 17.03.2013 |
| 9.89 | Ebba Beyer | 98 | Lillestrøm | 29.03.2009 |
| 9.89 | Linnea Elisabeth Johnsen | 06 | Rud | 02.12.2017 |
| 9.97 | Natalie Nordbech Jøransen | 07 | Hvam | 08.12.2018 |
| 10.03 | Tuva Forsbacka | 09 | Rud | 09.02.2020 |
| 10.19 | Kirsten Daae Wiig | 97 | Lillestrøm | 26.01.2008 |
| 10.21 | Silje Berg Knutsen | 05 | Lillestrøm | 30.01.2016 |
| 10.21 | Mari Steen Myrvang | 06 | Hvam | 14.01.2017 |
| 10.30 | Ella Hjeltnes | 11 | Rud | 26.11.2022 |
| 10.32 | Ylva Sophie Granberg | 11 | Hvam | 03.12.2022 |
| 10.35 | Andrea Christiansen | 01 | Lillestrøm | 28.01.2012 |
| 10.37 | Hedda Johanne Finne | 04 | Stange | 22.03.2015 |
| 10.38 | Heidi Stubbs Holdal | 92 | Lillestrøm | 29.03.2003 |
| 10.39 | Elina Hvattum | 08 | Hvam | 26.01.2019 |
| 10.49 | Cecilie Hjelm Bakkerud | 08 | Hvam | 07.12.2019 |
| 10.50 | Marie Næss | 00 | Stange | 20.03.2011 |
| 10.52 | Pernille Bergseth | 08 | Hvam | 07.12.2019 |
| 10.53 | Martine Dimmen | 04 | Stange | 22.03.2015 |
| 10.54 | Jenny Fjelstad | 07 | Hvam | 03.03.2018 |
| 10.55 | Ida Jellum | 95 | Stange | 19.03.2006 |
| 10.56 | Sophie Mannion | 05 | Stange | 13.03.2015 |
| 10.56 | Cecilie Hjelm Bakkerud | 08 | Hvam | 26.01.2019 |
| 10.58 | Selma Norseth Kvam | 04 | Stange | 22.03.2015 |
| 10.58 | Pernille Nilsen | 04 | Stange | 22.03.2015 |
| 10.59 | Oda Gladheim | 05 | Hvam | 16.01.2016 |
| 10.62 | Tiril Bergum | 07 | Hvam | 13.01.2018 |

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| **JENTER 11** | **416** |

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| **INNENDØRS** |  |

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| **60m E forts.** |  |

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| --- | --- | --- | --- | --- |
| 10.67 | Benedikte Rønneberg | 06 | Hvam | 14.01.2017 |
| 10.73 | Martine Aslakskogen | 08 | Hvam | 07.12.2019 |
| 10.75 | Vilde Orkelbog Ingvaldsen | 08 | Hvam | 26.01.2019 |
| 10.82 | Ewa Eriksson Furuseth | 07 | Hvam | 08.12.2018 |
| 10.92 | Vilje Sørgård Iversen | 14 | Hvam | 25.01.2025 |
| 11.01 | Agnes Bye-Andersen | 14 | Stange | 23.03.2025 |
| 11.06 | Amanda Dahl | 04 | Stange | 22.03.2015 |
| 11.06 | Marianna Larssen Nje | 08 | Hvam | 26.01.2019 |
| 11.12 | Julie Flatner Hansen | 99 | Lillestrøm | 30.03.2010 |
| 11.16 | Hermine Einan | 07 | Hvam | 08.12.2018 |
| 11.55 | Hanna Emilie Hjeltnes | 04 | Stange | 22.03.2015 |
| 11.56 | Carina Walskrå | 00 | Oslo/Ek | 03.12.2011 |
| 11.59 | Anna Søderholm | 07 | Hvam | 03.03.2018 |
| 11.63 | Frøydis Åsheim | 02 | Lillestrøm | 26.01.2013 |
| 11.69 | Iren Gjerde | 84 | Lillestrøm | 19.02.1995 |
| 11.71 | Ingrid Trondsen Engelstad | 07 | Hvam | 08.12.2018 |
| 11.72 | Madeleine Kristiansen | 06 | Hvam | 14.01.2017 |
| 11.83 | Siri Opaker | 98 | Oslo/Ek | 10.01.2009 |
| 11.99 | Emilie Gregersen | 07 | Hvam | 08.12.2018 |

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| **60m M** |  |

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| --- | --- | --- | --- | --- |
| 11.7 | Nina Henriksen | 83 | Lillestrøm | 06.03.1994 |

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| **200m E** |  |

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| --- | --- | --- | --- | --- |
| 30.04 | Emilie Hov Andreassen | 00 | Stange | 20.03.2011 |
| 30.90 | Astrid Helene Walstad | 11 | Hvam | 03.12.2022 |
| 31.25 | Anna Jørgensen | 11 | Rud | 13.02.2022 |
| 32.56 | Tuva Forsbacka | 09 | Hvam | 25.01.2020 |
| 32.67 | Hermine Opsahl Torgersen | 10 | Hvam | 04.12.2021 |
| 32.89 | June Laake | 04 | Stange | 22.03.2015 |
| 33.07 | Karoline Hjelm Bakkerud | 06 | Hvam | 09.12.2017 |
| 33.42 | Elena Teresa Haugan-Teixeira | 07 | Hvam | 08.12.2018 |
| 33.51 | Oda Rognstad | 05 | Hvam | 16.01.2016 |
| 33.61 | Karoline Ødemark Hov | 98 | Stange | 15.03.2009 |
| 33.73 | Sara Isabella Bertheussen | 07 | Hvam | 08.12.2018 |
| 34.86 | Ylva Sophie Granberg | 11 | Hvam | 03.12.2022 |
| 35.71 | Thea Brennhovd Granlund | 07 | Hvam | 13.01.2018 |
| 33.88 | Natalie Nordbech Jøransen | 07 | Hvam | 08.12.2018 |
| 36.34 | Madeleine Kristiansen | 06 | Hvam | 09.12.2017 |
| 37.37 | Martine Aslakskogen | 08 | Hvam | 07.12.2019 |
| 37.41 | Vilje Sørgård Iversen | 14 | Hvam | 26.01.2025 |

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| **JENTER 11** | **417** |

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| **INNENDØRS** |  |

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| **200m E forts.** |  |

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| --- | --- | --- | --- | --- |
| 37.51 | Oda Gladheim | 05 | Hvam | 16.01.2016 |
| 37.54 | Pernille Bergseth | 08 | Hvam | 07.12.2019 |
| 38.12 | Ella Hjeltnes | 11 | Hvam | 23.01.2022 |
| 38.28 | Bettina Julsrud Berg | 12 | Hvam | 05.02.2023 |
| 38.95 | Ewa Eriksson Furuseth | 07 | Hvam | 08.12.2018 |
| 39.64 | Hermine Einan | 07 | Hvam | 08.12.2018 |
| 40.26 | Benedikte Kristiansen | 06 | Hvam | 14.01.2017 |
| 41.40 | Emilie Gabrielsen | 07 | Hvam | 08.12.2018 |
| 42.57 | Elida Hembre | 09 | Hvam | 26.01.2020 |
| 43.05 | Sunniva Julie Simensen | 10 | Hvam | 06.03.2021 |
| 43.13 | Ingrid Trondsen Engelstad | 07 | Hvam | 08.12.2018 |

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| **600m** |  |

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| --- | --- | --- | --- | --- |
| 1:59.85 | June Laake | 04 | Rud | 05.12.2015 |
| 2:01.26 | Emilie Hov Andreassen | 00 | Oslo/Bi | 03.12.2011 |
| 2:01.74 | Silje Berg Knutsen | 05 | Stange | 12.03.2016 |
| 2:02.65 | Mia Jenny Østreng | 04 | Rud | 05.12.2015 |
| 2:02.67 | Amalie Westby Liestøl | 02 | Oslo/Ek | 07.12.2013 |
| 2:05…32 | Anna Jørgensen | 11 | Rud | 12.02.2022 |
| 2:09.45 | Andrea Liestøl | 02 | Stange | 16.03.2013 |
| 2:06.75 | Hedda Algarheim Tverås | 01 | Oslo/Ek | 01.12.2012 |
| 2:09.74 | Hermine Opsahl Torgersen | 10 | Hvam | 06.03.2021 |
| 2:11.58 | Odd Gladheim | 05 | Stange | 12.03.2016 |
| 2:11.74 | Marie Næss | 00 | Stange | 20.03.2011 |
| 2:12.85 | Silje Berg Knutsen | 05 | Lillestrøm | 30.01.2016 |
| 2:14.31 | Munda Mkanda | 94 | Stange | 05.03.2005 |
| 2:15.22 | Vår Åsheim | 99 | Lillestrøm | 30.03.2010 |
| 2:15.38 | Bettina Julsrud Berg | 12 | Stange | 11.03.2023 |
| 2:21.78 | Solveig Emilie Johansen | 03 | Stange | 22.03.2014 |
| 2:24.36 | Julie Flatner Hansen | 99 | Lillestrøm | 30.01.2010 |
| 2:24.46 | Ebba Beyer | 98 | Stange | 14.03.2009 |
| 2:25.04 | Selma Norseth Kvam | 04 | Stange | 21.03.2015 |
| 2:30.49 | Vilje Iversen | 14 | Stange | 22.02.2025 |

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| **60m hekk 68 cm E** |  |

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| --- | --- | --- | --- | --- |
| 11.45 | Vår Åsheim | 99 | Lillestrøm | 30.01.2010 |
| 11.56 | Lea Hammer | 10 | Hvam | 04.12.2021 |
| 12.07 | Elena Teresa Haugen-Teixeira | 07 | Hvam | 08.12.2018 |
| 12.25 | Victoria Grøve | 07 | Hvam | 08.12.2018 |
| 12.31 | Hermine Opsahl Torgersen | 10 | Hvam | 04.12.2021 |
| 12.38 | Natalie Nordbech Jørgensen | 07 | Hvam | 08.12.2018 |

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| **JENTER 11** | **418** |

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| **INNENDØRS** |  |

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| **60m hekk 68 cm E forts.** |  |

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| --- | --- | --- | --- | --- |
| 12.56 | Elida Hembre | 09 | Hvam | 26.01.2020 |
| 12.70 | Bettina Julsrud Berg | 12 | Hvam | 05.02.2023 |
| 13.04 | Elina Hvattum | 08 | Hvam | 26.01.2019 |
| 13.14 | Silje Christine Berg-Knutsen | 05 | Lillestrøm | 30.01.2016 |
| 13.86 | Thea Brennhovd Granlund | 07 | Hvam | 13.01.2018 |
| 13.94 | Ewa Eriksson Furuseth | 07 | Hvam | 08.12.2018 |
| 14.49 | Andrea Christensen | 01 | Lillestrøm | 28.01.2012 |
| 14.98 | Julie Flatner Hansen | 99 | Lillestrøm | 30.01.2010 |
| 15.55 | Madeleine Kristiansen | 06 | Hvam | 14.01.2017 |

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| **Høyde** |  |

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| --- | --- | --- | --- | --- |
| 1.25 | Mari Steen Myrvang | 06 | Hvam | 25.04.2017 |
| 1.25 | Astrid Helene Walstad | 11 | Hvam | 03.12.2022 |
| 1.15 | Ella Hjeltnes | 11 | Rud | 26.11.2022 |
| 1.10 | Lise Mette Holme | 83 | Lillestrøm | 06.03.1994 |
| 1.05 | Christine Henriksen | 07 | Hvam | 08.12.2018 |
| 1.04 | Eline Hvattum | 08 | Hvam | 26.01.2019 |
| 1.01 | Marianna Larsen Nje | 08 | Hvam | 26.01.2019 |
| 1.00 | Sara Isabella Bertheussen | 07 | Hvam | 08.12.2018 |
| 0.90 | Ingrid Trondsen Engelstad | 07 | Hvam | 08.12.2018 |
| 0.90 | Elida Hembre | 09 | Hvam | 26.01.2020 |
| 0.90 | Vilje Sørgård Iversen | 15 | Hvam | 26.01.2025 |
| 0.85 | Oda Rognstad | 05 | Hvam | 16.01.2016 |
| 0.80 | Kaja Hembre | 06 | Hvam | 14.01.2017 |

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| **Lengde S: Sats i satsfelt** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 4.28 s | Astrid Helene Walstad | 11 | Hvam | 03.12.2022 |
| 4.11 s | Linn Helene Bakke | 91 | Oslo/Ek | 07.12.2002 |
| 3.90 s | Vår Åsheim | 99 | Lillestrøm | 13.03.2010 |
| 3.79 s | Lise Mette Holme | 83 | Lillestrøm | 06.03.1994 |
| 3.66 s | Ebba Beyer | 98 | Lillestrøm | 29.03.2009 |
| 3.60 s | Kirsten Daae Wiig | 97 | Lillestrøm | 26.01.2008 |
| 3.51 s | Oda Rognstad | 05 | Stange | 12.03.2016 |
| 3.49 s | Elena Teresa Haugan-Teixeira | 07 | Hvam | 13.01.2018 |
| 3.48 s | Oda Gladheim | 05 | Hvam | 16.01.2016 |
| 3.45 s | Natalie Nordbech Jøransen | 07 | Hvam | 08.12.2018 |
| 3.43 s | Karoline Ødemark Hov | 98 | Stange | 15.03.2009 |
| 3.42 s | Norina Vestre | 11 | Hvam | 03.12.2022 |
| 3.40 s | Tuva Forsbacka | 09 | Rud | 09.02.2020 |
| 3.36 s | Hermine Opsahl Torgersen | 10 | Hvam | 05.03.2021 |
| 3.35 s | Sophie Mannion | 05 | Stange | 13.03.2016 |

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| **JENTER 11** | **419** |

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| **INNENDØRS** |  |

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| **Lengde S: Sats i satsfelt forts.** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 3.34 s | Amalie Westby Liestøl | 02 | Stange | 16.03.2013 |
| 3.34 s | June Laake | 04 | Stange | 22.03.2015 |
| 3.33 s | Munda Mkanda | 94 | Stange | 06.03.2005 |
| 3.33 s | Emma Kristine Nilsen | 04 | Stange | 22.03.2015 |
| 3.33 s | Karoline Hjelm Bakkerud | 06 | Hvam | 14.01.2017 |
| 3.32 s | Hanne Normann | 85 | Lillestrøm | 02.02.1996 |
| 3.31 s | Christine Henriksen | 07 | Hvam | 08.12.2018 |
| 3.30 | Bettina Julsrud Berg | 12 | Rud | 12.02.2023 |
| 3.28 s | Benedikte Rønneberg | 06 | Hvam | 14.01.2017 |
| 3.26 s | Sara Isabella Bertheussen | 07 | Hvam | 08.12.2018 |
| 3.23 s | Silje Berg Knutsen | 05 | Lillestrøm | 30.01.2016 |
| 3.22 s | Elina Hvettum | 08 | Hvam | 26.01.2019 |
| 3.21 s | Iren Gjerde | 84 | Jevnaker | 25.03.1995 |
| 3.20 s | Solveig Emilie Johansen | 03 | Stange | 23.03.2014 |
| 3.15 s | Tiril Bergum | 07 | Hvam | 13.01.2018 |
| 3.14 s | Vilde Langaas-Pedersen | 12 | Hvam | 02.12.2023 |
| 3.13 s | Vilde Orkelbog Ingvaldsen | 08 | Hvam | 26.01.2019 |
| 3.12 s | Heidi Stubbs Holdal | 92 | Lillestrøm | 29.03.2003 |
| 3.09 s | Mari Myrvang | 06 | Hvam | 14.01.2017 |
| 3.08 s | Amanda Dahl | 04 | Stange | 22.03.2015 |
| 3.07 s | Frøydis Åsheim | 00 | Lillestrøm | 20.03.2011 |
| 3.02 s | Martine Dimmen | 04 | Stange | 22.03.2015 |
| 3.00 s | Hedda Johanne Finne | 04 | Stange | 22.03.2014 |
| 2.96 s | Pernille Nilsen | 04 | Stange | 22.03.2015 |
| 2.87 s | Selma Norseth Kvam | 04 | Stange | 22.03.2015 |
| 2.80 s | Hanna Emilie Hjeltnes | 04 | Stange | 22.03.2015 |

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| **Høyde uten tilløp** |  |

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| --- | --- | --- | --- | --- |
| 1.10 | Siri Fjeldberg | 71 | Fetsund/Øs | 26.03.1982 |
| 1.05 | Iren Gjerde | 84 | Lillestrøm | 19.02.1995 |
| 1.00 | Guri Fjeldberg | 69 | Lørenskog | 26.03.1980 |
| 0.95 | Celina Anseth Skeie | 95 | Nittedal | 26.03.2006 |
| 0.93 | Kirsten Daae Wiig | 97 | Jessheim | 11.02.2008 |
| 0.90 | Astrid Huitfeldt | 77 | Jessheim/Je | 10.03.1988 |
| 0.85 | Anita Melbye | 58 | Skårer/Kj | 14.02.1969 |
| 0.85 | Turid Brendløkken | 76 | Jessheim | 10.03.1987 |
| 0.85 | Mari Steen Myrvang | 06 | Ski/Un | 14.03.2017 |
| 0.80 | Synne Solberg | 94 | Jessheim/No | 14.03.2005 |

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| **JENTER 11** | **420** |

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| **INNENDØRS** |  |

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| **Lengde uten tilløp** |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 2.13 | Siri Fjeldberg | 71 | Lørenskog | 26.02.1982 |
| 2.11 | Inger Birgitte Reppe | 68 | Fetsund | 10.03.1979 |
| 2.01 | Guri Fjeldberg | 69 | Lørenskog | 26.03.1980 |
| 1.96 | Kristin Daae Wiig | 97 | Jessheim | 03.03.2008 |
| 1.92 | Bjørg Opsahl | 55 | Fetsund/Ho | 12.03.1977 |
| 1.91 | Arnild Sletta | 46 | Eidsvoll | 10.03.1957 |
| 1.91 | Inger Torill Granheim | 52 | Lillestrøm/Vi | 30.03.1963 |
| 1.90 | Wenche Thorbjørnsen | 53 | Strømmen | 03.03.1964 |
| 1.89 | Anne Willersrud | 71 | Fetsund/Øs | 26.03.1982 |
| 1.86 | Ragnhild Sundby | 44 | Jessheim | 06.03.1955 |
| 1.82 | Gro Lindbøl | 69 | Haga/Fr | 17.02.1980 |
| 1.80 | Astrid Huitfeldt | 77 | Jessheim/Je | 10.03.1988 |
| 1.78 | Celina Anseth Skeie | 95 | Jessheim/No | 16.01.2006 |
| 1.76 | Guri Lunder | 66 | Fetsund/Ho | 12.03.1977 |
| 1.73 | Anja Nordnes | 97 | Jessheim | 11.02.2008 |
| 1.72 | Vilde Ingvaldsen Utendørs | 08 | Jessheim | 16.09.2019 |
| 1.71 | Ida Jellum | 95 | Jessheim/No | 16.01.2006 |
| 1.69 | Christine Mohn Utendørs | 08 | Jessheim | 16.09.2019 |
| 1.68 | Aase Alstad | 48 | Jessheim | 15.02.1959 |
| 1.63 | Ingrid Møinichem | 48 | Jessheim | 15.02.1959 |
| 1.62 | Randi Grøndahl | 49 | Jessheim | 15.02.1959 |
| 1.62 | Hedvig Kindlien Utendørs | 08 | Jessheim | 16.09.2019 |
| 1.58 | Synne Solberg | 94 | Jessheim/No | 14.03.2005 |
| 1.58 | Cecilie Bakkerud Utendørs | 08 | Jessheim | 16.09.2019 |

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| **Kule 2 kg** |  |

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| --- | --- | --- | --- | --- |
| 11.12 | Ella Hjeltnes | 11 | Hvam | 03.12.2022 |
| 9.69 | Hedda Algarheim Tverås | 01 | Oslo/Ek | 01.12.2012 |
| 9.62 | Hanna Emilie Hjeltnes | 04 | Rud | 05.12.2015 |
| 7.93 | Selma Norseth Kvam | 04 | Stange | 21.03.2015 |
| 7.01 | Anna Jørgensen | 11 | Rud | 13.02.2022 |
| 6.36 | Vilde Orkelbog Ingvaldsen | 08 | Hvam | 26.01.2019 |
| 6.24 | Bettina Julsrud Berg | 12 | Hvam | 04.02.2023 |
| 6.17 | Marianna Larsen Nje | 08 | Hvam | 26.01.2019 |
| 5.80 | Natalie Nordbech Jøransen | 07 | Hvam | 08.12.2018 |
| 5.71 | Amalie Westby Liestøl | 02 | Oslo/Ek | 16.03.2013 |
| 5.60 | Silje Berg Knutsen | 05 | Stange | 12.03.2016 |
| 5.50 | Karoline Hjelm Bakkerud | 06 | Hvam | 14.01.2017 |
| 5.41 | Elina Hvattum | 08 | Hvam | 26.01.2019 |
| 5.21 | Tuva Forsbacka | 09 | Rud | 09.02.2020 |
| 5.19 | Hanne Normann | 85 | Lillestrøm | 03.03.1996 |
| 5.14 | Kaja Hembre | 06 | Hvam | 14.01.2017 |

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| **JENTER 11** | **421** |

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| **Kule 2 kg** |  |

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| 4.83 | Sunniva Julie Simonsen | 10 | Hvam | 06.03.2021 |
| 4.70 | Oda Gladheim | 05 | Stange | 12.03.2016 |
| 4.70 | Mari Steen Myrvang | 06 | Ski/Ih | 14.03.2017 |
| 4.60 | Frøydis Åsheim | 02 | Lillestrøm | 26.01.2013 |
| 4.55 | Anna Søderholm | 07 | Hvam | 03.03.2018 |
| 4.41 | Vilje Sørgård Iversen | 14 | Hvam | 25.01.2025 |
| 4.39 | Solveig Emilie Johansen | 03 | Stange | 22.03.2014 |
| 4.36 | Rebecka Helle Aas | 07 | Hvam | 08.12.2018 |
| 4.25 | Iren Gjerde | 84 | Lillestrøm | 19.02.1995 |
| 4.23 | Agnes Bye-Andresen | 14 | Hvam | 25.01.2025 |

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| **4x50m** |  |

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| 37.79 | J11 |  | Hvam | 25.01.2025 |
| Iselin Høynesdal16-Johanne Veidahl15-Agnes Bye-Andresen16-Vilje Sørgård Iversen14 | | | |

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| **4x100m E** |  |

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| --- | --- | --- | --- | --- |
| 66.25 | J11 |  | Stange | 12.03.2016 |
| Silje Berg-Knutsen05-Oda Gladheim05-Oda Rognstad05-Sophie Mannion05 | | | |